



The East Texas Trekkers
 Welcomes You to
Thibodaux
Lafourche Parish
 AVA Sanctioned Year Round Event



This walk is composed of 5km and 11km routes. The walk is rated 1A and is along city sidewalks. The walk passes the parish courthouse and historic homes, buildings, cemeteries, and parks. The walk starts at the Jean Lafitte National Park Visitor Center at 314 St Mary.

Walk Registration:

Please use the Online Start Box (OSB) or contact the POC register remotely. If using the OSB, then complete the walk online as indicated below. If registering remotely, insert cards will be mailed to you. Directions and stamp will be available during the MLK weekend events Jan 11-15 from the POC.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Driving Directions to Start Point:

The walk starts at the Jean Lafitte National Park Visitor Center at 314 St Mary in Thibodaux. From the north, take LA-20 (Canal St) south to Thibodaux. After crossing Bayou Lafourche, turn right/west on 1st St, then left on St Patrick to St Mary. Right on St Mary to the Jean Lafitte National Park Visitor Center on the right. Restrooms available at the start and at various businesses along the route.

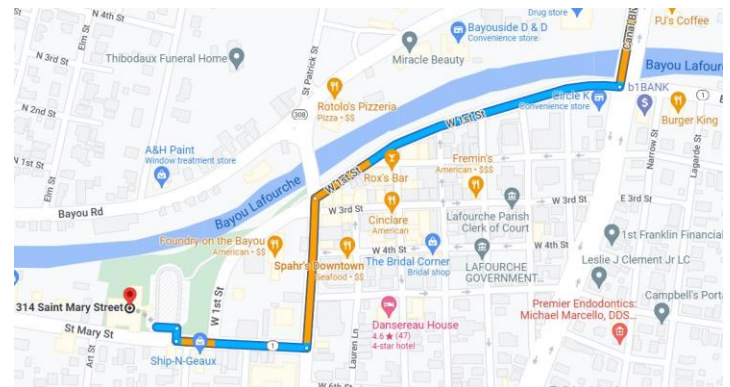


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Thibodaux - Lafourche Parish – 5/11K

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Drive to the Jean Lafitte National Park at 314 St Mary in Thibodaux.

Special Programs: Rockin' Around the Clock, Walking with America's Veterans, City Hall

1. **From the parking lot**, tour the visitor center if open (restrooms available). Then follow the driveway back to St Mary.
2. **CROSS** then **LEFT** a short distance to Church St.
3. **RIGHT** on Church 1 block to 7th St, then **LEFT** on 7th 1 block to Jackson St and the front of the St John Episcopal Church and cemetery.
4. **RIGHT** on Jackson 1 block to 8th.
5. **RIGHT** on 8th St 1 short block to Harrison, then **LEFT** on Harrison 1 long block to 10th.
6. **LEFT** on 10th 2 blocks to Canal St (LA-20).
7. **CAREFULLY CROSS** LA-20, then **LEFT** on Canal 3 blocks to 7th St.
8. **5k ONLY: Continue** on Canal 4 blocks to 4th St. **GO TO STEP 21.**
9. **11k ONLY: RIGHT** on 7th 5 blocks to Goode.
10. **RIGHT** on Goode to Elm St passing the Elementary School.
11. **LEFT** on Elm 1 block to Tetreau.
12. **LEFT** on Tetreau to 7th.
13. **RIGHT** on 7th 2+ blocks to Cardinal.
14. **RIGHT** on Cardinal 1 long block to N Acadia (note S Acadia is the other side of the divided st).
15. **LEFT** on N Acadia 1 block to Bayou (on left, MLK on right).
16. **RIGHT** on Peltier Park Dr and follow it as it circles thru the park and then exits on Menard St.
17. **LEFT** on Menard 2+ block to the St Joseph Cemetery on the right.
18. **RIGHT, then LEFT** to enter the cemetery. Take the 1st road on right to the north end of the cemetery, then left and left and left to exit the cemetery where you came in.
19. **RIGHT** on Menard about 10 blocks to Narrow St.
20. **RIGHT** on Narrow 1 block to 4th St.
21. **5k REJOINS HERE: LEFT** on 4th St 5-6 blocks to Focus St.
22. **RIGHT** on Focus 1 block to 3rd St, then **RIGHT** on 3rd 5 blocks to Patriot.
23. **LEFT** on Patriot 1 block to 2nd, then **LEFT** on 2nd to the end at 1st St.
24. **RIGHT** on 1st St 5 blocks to Canal Blvd (bridge).
25. **LEFT** across the bridge and continue about 3 blocks to the front of Municipal Auditorium. Cross the grounds to the 'Lion' statue.
26. **LEFT** toward the auditorium, but keeping it on your left. Continue thru the grounds and the park.
27. **LEFT** at end of park to N 10th, then **RIGHT** on 10th 1 block to St Patrick St.
28. **LEFT** on St Patrick about 6 blocks to the St Patrick St Bridge.
29. **CROSS** the bridge, then veer **RIGHT** onto the nature trail next to the bayou paralleling 1st St.
30. **FOLLOW** the trail back to the Visitor Center and your car. **END of walk.**

POC: Helen Hull – 972-530-1026

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

