

Burroughs Mt. - Mt. Rainier NP - Sunrise Area
Seasonal Hike - 8K and 10K EVENTS - Y3384
Evergreen State Volkssport Association - In Pierce County, WA - Rated 3C

Driving Directions and Restroom Info

This on-line packet contains the following 4 pages of information:

1. This Table of Contents page including Driving Directions to the hike start point parking lot and Restroom info. (1 page).
2. Safety and other Important Information (1 page).
3. Directions for the 8K and 10K hike (1 page).
4. Map for the 8K and 10K hike (1 page).

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Driving Directions to the Sunrise parking lot N 46.54' 52.02" W 121.38' 31.62"

EASTBOUND from Enumclaw on SR 410. ANGLE RIGHT at the White River/Sunrise entrance road. There is an entrance fee or use one of the federal passes to enter the park. From the White River Entrance Station, drive 13 miles to the Sunrise parking lot.

WESTBOUND from Yakima on US 12 and SR 410 over Chinook Pass. Continue west on SR410 and turn LEFT at the poorly marked entrance to the White River/Sunrise entrance road. The junction is on the left side of SR 410 opposite a low, rocked Mather Memorial Parkway sign on your right. There is an entrance fee or use one of the federal passes to enter the park. From the White River Entrance Station, drive 13 miles to the Sunrise parking lot.

Restroom Information

Restrooms are available at the White River Entrance Station and there is a restroom building at the Sunrise parking lot next to the trailhead. There is also a vault toilet at the backcountry campground near Shadow Lake.

We hope you enjoy your hike to the Frozen Lake saddle, Burroughs Mt., the fabulous views of Mt. Rainier and hiking through part of the Sunrise Nature Trails area in Mt. Rainier Nat'l Park.

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Burroughs Mt. - Mt. Rainier NP Hike

Good-to-know stuff before you do the hike

Hike Description:

This is a wilderness trail hike with all of the trail above 6,000' elevation and much of it above treeline so it is very scenic but is also very exposed to any possible weather changes. From the Sunrise parking lot, the trail climbs 200' up onto Sourdough Ridge and then up another 200' as you hike along the rocky ridge to a 5 way trail junction saddle near Frozen Lake. There are great views of Mt. Rainier and peaks to the north from along Sourdough Ridge. You then hike up the Burroughs Mt. Trail (another 400' elevation gain) to a junction where the 8 K'ers turn and descend while the 10 K'ers continue up the ridge another kilometer and 200' elevation to a ridge top rock pile on a shoulder of Mt. Rainier with stunning views in all directions. 10 K'ers then return down the ridge to the junction and both 8K and 10K hikers descend 600' into the Sunrise Nature Trails area and Shadow Lake before winding through subalpine forests and up 200' elevation back to the parking lot. Total elevation gain and loss on the trail is about 1300'. When you enter the park, be sure to pick up a Mt. Rainier Nat'l Park map at the entrance station and take it with you on the hike. It will help you identify glaciers and rock formations on Mt. Rainier, as well as other mountain peaks in the area when you are at viewpoints.

Costs:

There is an entrance fee to enter the park or you must use one of the applicable federal passes to enter the park.

Safety Information:

Wear hiking boots or good hiking shoes. The trail system is generally well signed at every junction. The trail system consists of good trails but there are major portions that are rocky and uneven to walk on. Trekking poles are recommended for balance in the rocky areas. Take the 10 essentials with you as this is a wilderness hike. Carry water and/or a portable water filtration system. Weather can change quickly in the mountains so check weather reports before going and be prepared for possible weather changes.

Camping Info:

The White River Nat'l Park Campground (no reservations - first come/first serve) is fairly close by and there is a hike-in backcountry campground in the Sunrise area that is situated well away from the parking lot. Before camping, contact the park as a permit is required to camp in any of these locations and sometimes camping permits are hard to get during high use times of the summer.

Supplemental Information, Timed Entry Reservations, and Other Words to the Wise:

Between July 1st and Labor Day from 7 am to 3 pm, the park limits the vehicles that are allowed through the White River Entrance Station in order to meter traffic on the Sunrise road. Check the Mt. Rainier NP website for "Timed Entry Reservations" if you want to enter during these hours and take that into consideration if you plan to do this hike. Plan enough time to get to the trailhead and do your hike before dark or changing weather. Getting to the Sunrise parking lot can take longer than you figure due to slow traffic on the roads. Because this is a wilderness hike, your progress will be somewhat slower than your normal walking pace on flat, paved ground, so plan your time accordingly. The trailhead is at 6,200' so "bad" weather (rain, snow, sleet, etc.) can happen with very short notice. Take "bug juice" as the Shadow Lake area can be buggy in summer before the first frost. With winters that have lots of snow, snow patches can last long into the summer so check trail conditions on the Nat'l Park site before you go. Don't leave any valuables in your car.

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If an EMERGENCY, Contact park rangers at Sunrise Visitor Center

Both 8K and 10K start with #1.

1. Restrooms on the right at far end of parking lot. Facing restrooms (RRs) with your back to the parking lot, the paved trail (a road) starts just to the **RIGHT** of the RRs. Just beyond the RRs, stay **STRAIGHT** at the road junction that angles left to the picnic area.

2. Turn **RIGHT** on gravel Sourdough Ridge trail (sign to Burroughs Mt. trail and other hikes).

3. **ANGLE LEFT** at the "Y" (sign to Burroughs Mt. trail and others).

4. At the ridge trail junction, **ANGLE LEFT** on the Sourdough Ridge trail toward Frozen Lake.

5. At the Huckleberry Crk trail junction "Y", **ANGLE LEFT** and stay on the Sourdough Ridge trail toward Frozen Lake.

6. At next trail junction "T", (viewpt to the left), **TURN RIGHT** toward Burroughs Mt. trail and others. You will then pass Frozen Lake (domestic water supply) on your right.

7. At the ridge top 5 way trail junction, **ANGLE SLIGHTLY LEFT** up the Burroughs Mt Trail.

8. At the next trail junction on the ridge, (Sunrise Rim trail), **8K hikers TURN LEFT** and descend off Burroughs Mt. down toward Shadow Lake. Then continue with #12. **10K hikers** continue **STRAIGHT** on the Burroughs Mt. trail with #9.

9. 2nd Burroughs is a rounded hilltop rock pile where the trail appears to end. There is an old chair made from rocks that is a memorial to an early mountain climber. 10K hikers **TURN AROUND** here and.....

10. **RETURN BACK DOWN** the Burroughs trail from the 2nd Burroughs rock pile to the first trail junction.

11. **TURN RIGHT** at the junction and follow the Sunrise Rim trail down off the ridge into the Sunrise Nature trails area.

12. At the next trail junction, stay **STRAIGHT** on the Wonderland Trail. The Sunrise walk-in campground with a vault toilet is on your left.

13. At the next "Y", **ANGLE RIGHT** and stay on the main trail (no sign).

14. **CROSS** a small wooden bridge over the outlet for Shadow Lake (lake on your left). **ANGLE RIGHT** at the "Y" just past the bridge (no sign) and stay on the main trail.

15. At the next junction, stay **STRAIGHT** on the Sunrise Rim trail toward Sunrise. (Wonderland Trail turns right.)

16. At the next small trail junction (no sign), **ANGLE LEFT** toward Sunrise and stay on the main trail.

17. In a short distance is a junction to Emmons Vista overlook to your right. **ANGLE LEFT** back to the parking lot.

We hope you enjoy your hike in Mt. Rainier Nat'l Park.
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The walk directions and maps may only be used in conjunction with a signed AVA athletic waiver. All other uses are prohibited.

Be sure to log back into the OSB system (my.ava.org) to finish/complete your online registration after doing the walk. The OSB system does not deduct any walking fee from a walker's event bank until they have submitted walk completion info the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (Nevertheless, a fee of \$2 for a downloaded pdf is deducted from the user's Event Bank when the pdf is downloaded. Later, any pdf fees are credited back to a walker's Event Bank when he/she submits the walk completion info as a paying for credit walker.) The \$2 "coupon" for the downloaded pdf expires in 60 days.

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8k + 10k

Burroughs Mt

