

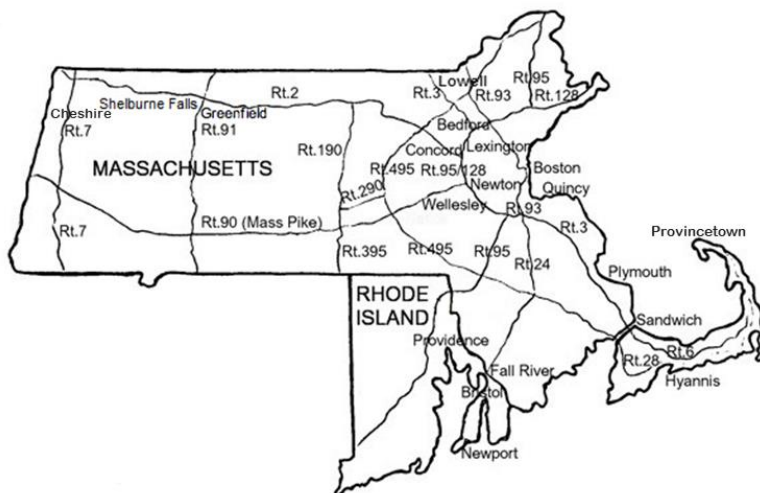
Arnold Arboretum Walk in Roslindale, Massachusetts

10km & 5km routes

EVENT ID: Y3431

OPEN: April 1 to December 15,

TRAIL DESCRIPTION: 5km and 10km routes on paved paths through the Arnold Arboretum of Harvard University, a free public park designed by Frederick Law Olmsted, and city sidewalks in Adams Square & residential streets in Roslindale. Arnold Arboretum (highest elevation 259 feet). Note: those completing the 10km distance break from the 5km route for a loop through the north (Bussey Hill) section of the Arboretum, with rhododendrons, azaleas, & lilacs, and continue to the rose garden, Hunnewell Visitor Center, the Arborway Gate, and the Bonsai Garden before reconnecting with the 5km route.



5km loop in south half of Arnold Arboretum includes Peters Hill past hawthorns, crabapple, and ancient conifers for a view of Boston skyline; then explores residential area to the Roslindale Wetlands, which supports many species of birds, reptiles, and mammals. The Roslindale Wetlands is one of 29 properties maintained by the City of Boston. Work is ongoing to remove invasive plant species.

TRAIL RATING: On city sidewalks, paved trails, and wood chip paths, both routes have an AVA rating of 2B, difficult for strollers and not suitable for wheelchairs.

AVA SPECIAL PROGRAMS:

- Par for the Course
- Walking the USA A – Z: R for Roslindale

REGISTRATION: IVV Credit is available with online registration (<https://my.ava.org>). All walkers must pay the nominal participant fee through OSB, whether getting IVV Credit or not.

AWARD: There is no award for this event.

START ADDRESS: Roslindale Branch of Boston Public Library, 4246 Washington Street, Roslindale, MA 02131. See their website for open dates/hours: www.bpl.org/locations/roslindale/

PARKING: Parking in Taft Hill Terrace opposite Adams Park. Taft Hill Terrace parking 2 hours Monday-Friday, unlimited Saturday & Sundays. From Taft Hill parking, walk to start by exiting lot to Poplar St. Continue down Poplar to Washington St. Library across Washington on left. **Additional street parking nearby** on Washington Street, Belgrade Avenue, and Robert Street.

RESTROOMS: If the Library is closed, other public restroom options along the route may be limited.

DRIVING DIRECTIONS:

From the West:

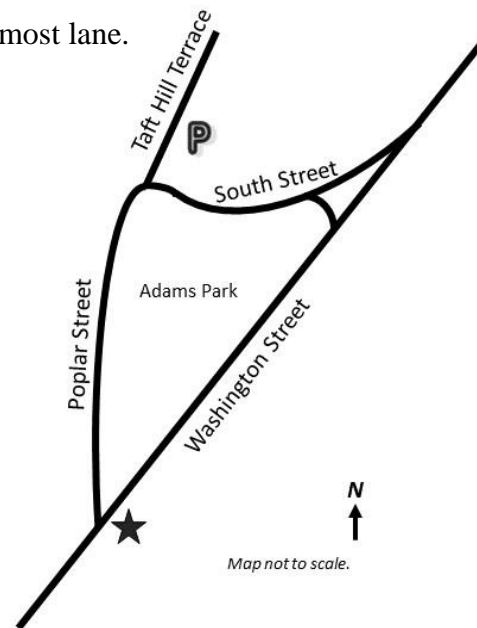
1. **Route 9 East to Hammond Pond Parkway South.
2. Continue through 4 rotaries to Belgrade Ave.
3. LEFT on Belgrade Ave to end at Corinth St.
4. Proceed on Corinth to end at Washington Street.
5. *Continue through light at Poplar St and get into leftmost lane.
6. Sharp LEFT at end of Adams Park.
7. First RIGHT into parking lot.

From the North:

1. Route 128 South to Route 9 East.
2. Follow from ** above.

From the South:

1. I-95 North (Rt. 128) to Exit 29A.
2. Merge onto Providence Highway N.
3. Continue to Dedham Rotary.
4. First exit to Washington Street.
5. Continue 3.3 miles to Roslindale Square.
6. Follow from * above.



PUBLIC TRANSIT DIRECTIONS:

Boston has an excellent subway system, for further information see: www.mbta.com

Take Orange Line to Forest Hills, then buses 35, 36, or 37 to Taft Hill Terrace stop, or bus 34 to Poplar Street stop.

REMEMBER: you must log back into the Online Start Box at <https://my.ava.org> to finish online registration procedure after completing this event. Any checkpoints noted in the walk directions are for your own amusement/education and are not validated in OSB.

In case of Emergency Dial 911

Contact Paul Kelly with questions at paul.v.kelly@verizon.net or 617-416-8428.

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Thanks for attending our walk! If you are interested in other nearby AVA events, you may want to consider the Freedom Trail route which explores Boston's early history, the Boston Back Bay walk, or other events in Massachusetts or Rhode Island, please see our website: <https://walknmass.org>

Walking and Dining around Rozzie Village

by Paul Kelly

If you plan to take the Roslindale Volkswalk, starting at the Boston Public Library, your walk begins in Roslindale Square (also known as Roslindale Village). You may in fact decide to walk here because there are several eating establishments worth a visit, many of which you will pass on Corinth Street minutes before you complete the walk. Some of these restaurants don't open until 5, so you may want to plan your walk accordingly. Three are well worth the delay.

When Linda and I moved to Roslindale in 1981, there was in the neighborhood just one restaurant, Vinnie Marino's, which specialized in Italian and Lebanese cuisine. It closed in the 90s. We were forced to venture further up Washington Street to the **Pleasant Café**, which is still there and still a great place to dine.

One of the hallmarks of the Pleasant Café is their pizza, thin-crust and rated the best in Boston by Channel 10. We order their pizza almost weekly. They also serve a full Italian menu. The Pleasant Café appeared as a location in two feature films, *The Boston Strangler* and *The Holdovers*. You might just sit in a booth occupied by Paul Giamatti! There is ample parking across the street. 4515 Washington Street. Open 11:30 am every day except Sunday, when it opens at noon.

If you don't want to venture out of the Square, you will pass several establishments on your way back to the library:

The Square Root is at 2 Corinth Street and serves mostly coffee, salads, and sandwiches. The sandwiches are well made. Open 7:00 am weekdays, 8 am weekends.

Blue Star Restaurant – is across the street from The Square Root at 11 Corinth Street and serves breakfast and lunch items. We have eaten there but not as often as at Fornax, below. It's open until 3.

Sophia's Grotto on or near Corinth is in a courtyard at 22R Birch Street. They offer Italian dishes well prepared. Their gnocchi is excellent! Pizzas are small but tasty. They don't open until 5 on weekdays, but do open at 10:30 on Sunday and 12:00 on Saturday.

Fornax Bread Company, on 27 Birch Street, prepares very good sandwiches and soup. Their bread is unmatched. Try the caprese on sfilatino (basil, tomatoes, and mozzarella on a long thin roll). It's our favorite.

Mi Finca, at 4397 Washington Street, opens at 11 am every day and serves Mexican and Italian dishes. They just received a liquor license from the city.

On South Street, at the beginning of the walk, are two fine restaurants, but they don't open until 5 (and they don't take reservations). If you time your walk to end around 5, you are pretty sure to find a seat.

Delfino (closed Monday and Tuesday) is our favorite Italian restaurant in Boston. We especially like the Piggy Figgy. Opens at 5.

753 South (also closed Monday and Tuesday) serves elevated pub fare. We have enjoyed their Cuban sandwich, the fish tacos, and the St. Louis style ribs. Opens at 5.

Steps away are



Roslindale/Arboretum/Jamaica Plain 5K & 10K

Seasonal Event - April 1 – December 15



Contact: Paul Kelly 617-416-8428

Emergency: Dial 911

These directions may be used only upon registration at this sanctioned IVV/AVA event.
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| 1. Exit the library and turn RIGHT. | See LOOP 1 map |
| 2. Continue to traffic light at Cummins Highway. | To your right stands the Roslindale Power Substation, constructed in 1911 to support streetcars. Restored in 2019, it now houses a beer hall and coworking space. |
| 3. Turn LEFT and cross Washington Street with the light to Adams Park. | |
| 4. Turn RIGHT to end of Adams Park at South Street. | This spot was the location of Taft's Tavern, a way station on the Dedham Turnpike in the 18 th century, long before the park was founded. |
| 5. Turn LEFT on South Street and continue to next intersection, Poplar Street. Turn RIGHT and cross South Street toward Taft Hill Terrace. | |
| 6. Turn LEFT, cross Taft Hill Terrace, and continue on South Street. Continue past Citizen's Bank and through the tunnel under the Needham rail line. | |
| 7. Turn first RIGHT onto Conway Street. NOTE: Conway Street turns left at Arborough. Stay STRAIGHT on Arborough. | |
| 8. At the end of Arborough, continue STRAIGHT through the opening in the wall to the Arboretum and uphill on the wood-chip path. | |
| 9. At the end of the wood-chip path, turn RIGHT onto the paved path. Follow downhill to the sign on your right for the Poplar Gate. Turn RIGHT to proceed to the Poplar Gate, the intersection between South and Bussey Streets. | Across the street you can almost see the railroad bridge crossing at South Street. Here in 1887, a train went off the rails, killing 23 and injuring 115. |
| 10. Retrace your steps to the main path. Turn RIGHT and stay on the main path as it bears right with Peters Hill rising magnificently to your left. | |

Effie's Kitchen at 37 Poplar Street (you also passed it on the way from the parking lot to the library), which serves Greek specialties and terrific baklava. The dining area is tiny, but if you get a seat and like gyros or souvlaki, we recommend it. It opens at 11 am Monday-Saturday

Chilacate at 4257 Washington Street also serves Mexican food that people we know admire. It opens daily at 11.

Shanti Restaurant at 4197 Washington Street serves decent Indian cuisine but they don't open until 3:00 PM. Their sister restaurant is in Quincy across the street from the start of the Presidents' Walk.

Napper Tandy's at 4195 Washington Street is an Irish pub with good inventive hamburgers. Open weekdays at 3, weekends at noon

Forty years have passed since we moved to Roslindale, and the opportunities to have a filling and tasty meal have multiplied more than tenfold. So come do the Roslindale walk and stay for a bite.

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| 11. Go RIGHT to the access path to Bussey Street. 5K WALKERS: GO TO STEP #29. 10K WALKERS CONTINUE AT #12. | |
| 12. 10K WALKERS: Cross Bussey Street and follow the paved path to the right to the T intersection. | See LOOP 2 map |
| 13. Turn LEFT to continue up the hill on the same paved path. | |
| 14. Pass the Centre St gate on your left and the Bussey Hill marker on your right. At the bottom of the hill with the pond in front of you, turn LEFT to reach the <u>Hunnewell Visitors Center</u> . | The Visitor Center often has diverting displays of projects in the Arboretum. Also, restrooms and a water fountain. |
| 15. Turn RIGHT after exiting the Hunnewell Visitors Center , retrace your steps a short distance and bear RIGHT on the wood-chip path (3-4' wide). | |
| 16. As another path intersects from the left, turn RIGHT to continue on this wood-chip path to the foot of the broad stone stairs. | |
| 17. Climb the stairs to the grapevine on the wall. Turn LEFT. | |
| 18. Follow the path to the paved main artery through the Arboretum. Turn RIGHT. | |
| 19. At the next path to the right, turn RIGHT and follow the path until it ends at the <u>Bonsai Gardens</u> . | Currently on display: 71 specimens consisting of a range of evergreen and deciduous species, one over 270 years old. |
| 20. Retrace your steps to the paved road. | |
| 21. Turn RIGHT to go up to the top of the paved road. At the top, turn RIGHT towards the Centre St. gate. | Centre Street was in the 17 th century the Dedham Post Road, connecting Roxbury to Dedham. |
| 22. Before you reach the Centre St. gate, turn LEFT on the 4' wide wood-chip path which parallels Centre St. | |
| 23. Follow the 4' wide wood-chip path (Do not take the narrower path that goes to the left.) until you reach a "Y" intersection. | |
| 24. Turn RIGHT on the 8' wide path as it continues to parallel Centre St and then bends to the left paralleling Walter St. | |
| 25. When the gate is in sight, take the right-hand path to continue to the gate. | |
| 26. Turn RIGHT, and pass through the gate. | |
| 27. Turn LEFT on Walter St to the traffic light. Use the walk button to cross Bussey Street safely. | |
| 28. Turn LEFT on Bussey St, and continue to the Bussey Street entrance. | |
| 29. 5K & 10K WALKERS. At the Bussey Street entrance to the Peters Hill section of the Arboretum, go uphill and to your RIGHT at the Peters Hill sign. | See LOOP 1 map |

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| 30. Proceed RIGHT up Peters Hill. Near the top of Peters Hill. turn onto a path on your LEFT. | Note the sign for the Walter Street Burying Ground on your right. |
| 31. Follow this path to the top of Peters Hill and enjoy the view of the Boston skyline to the North. | |
| 32. Retrace your steps to the path round the hill and continue LEFT. | |
| 33. At the next intersection, take the path to the RIGHT to the Mendum Street gate. | |
| 34. Turn RIGHT onto Mendum Street to end at Walter Street (no sign). | Near this corner was founded the Second Church of Roxbury in 1711. |
| 35. Turn RIGHT on Walter St and an immediate LEFT to use the crosswalk to cross Walter St. Turn LEFT and continue on Walter St to Coniston Rd. | |
| 36. Turn RIGHT on Coniston and continue to the Roslindale Wetlands Urban Wild on the right. | Projects are underway to improve public access to Boston's Urban Wild. Community groups have supported the Wetlands since 2003. |
| 37. Turn RIGHT and follow the path into the Roslindale Wetlands Urban Wild. Turn LEFT to go over the boardwalk. | |
| 38. Continue over the boardwalk and follow the path to the opening in the fence. | |
| 39. Exit LEFT and continue on Selwyn Street to Knoll Street on your left. | |
| 40. Turn LEFT and continue on Knoll to the end at Walter Street. | |
| 41. Turn RIGHT on Walter Street, which becomes South Street at Farquhar Street and continue to the light at Robert Street. | At corner of Robert & South, note playground across the street at Fallon Field – Par for the Course |
| 42. Turn LEFT to cross South Street and continue on Robert Street to end at Belgrade Avenue (no sign), just past Alexander the Great Park. | AVA Special Program |
| 43. At next crosswalk, turn RIGHT to cross Belgrade Avenue to traffic island and then LEFT in crosswalk to cross Corinth Street. | |
| 44. Continue RIGHT PAST The Square Root Café to the end at Washington Street, cross, and return to the library. | |

Roslindale, MA LOOP 1

5K route and portion of 10K distance



Roslindale, MA LOOP 2

second portion of 10K distance

