



Roseville Central Park Walk

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DATES: Tues, Apr 1st until Wed, Dec 31st, 2025

TIMES: Dawn to Dusk

DISTANCE: Wet Meadows 6 km rated 2B, Bennett Lake 5 km rated 1A

CONTACT: Lynne Grigor, lynnedesignflow@gmail.com, (763) 780-4567

COUNTY: Ramsey County

SPECIAL PROGRAMS: Centurion Achievement Challenge; IVV-Americas; Par-For-The-Course ; Walking the United States - States; Walking the USA, A - Z

AWARD: IVV CREDIT ONLY

IMPORTANT EVENT INFORMATION: Park at the Roseville Central Park West athletic complex or nearby park lots.

Restrooms are available at the start point picnic shelter and along the park trails.

Restrooms: Yes, Pets: Yes, Strollers: Easy, Wheelchairs: Easy

This event is hosted on the Online Start Box (OSB)

The detailed location of, and driving directions to, the event starting point are included in the event directions, downloaded from the Online Start Box (OSB). The POC does not provide event directions nor accept alternate payment methods.

COMMENTS: The Bennett Lake 5 km Loop begins at the award-winning Muriel Sahlin Arboretum healing garden, a collaboration between Roseville Park and Recreation and Ramsey County Master Gardeners. Enjoy the theme gardens, pavilion, fountain, and community demonstration orchard. The walk continues through wetlands, playgrounds, and picnic areas around Bennett Lake on paved trails shared with bikes at a few locations with two street crossings. The route is mainly level with a few small hills and is in mixed sun and shade. Several restrooms and many benches are located along the route.

The 6 km route loops through Wet Meadows on boardwalks in Harriet Alexander Nature Center and Acorn Park. These meadows are wetlands that collect stormwater runoff from residential streets and yards during high rainfall years and are drier during droughts. The plants are an interesting mix of grasses, wildflowers, and small shrubs. They are tough survivors that live in wet and dry conditions and are tolerant of chemicals that run off from residential properties and streets. They are native species mixed with invasive non—native plants. The Wet Meadows support a diverse community of plants and wildlife and are great places to view a variety of birds, butterflies, and animals. They are noisy places too; just listen to the number and variety of birds! The Harriet Alexander Wet Meadow is larger and has more open water, so it is home to waterfowl, catbirds, and robins. The Acorn Park Wet Meadow is smaller and surrounded by large trees, so you are more likely to see chickadees and a variety of finches. Deer like to bed down in the grasses at both locations.

The OSB system does not deduct any walking fee from a walkers Event Bank until they have submitted walk completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the users Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a walkers Event Bank when he/she submits the walk completion info as a paying for credit walker. Note however that the \$2 coupon for the downloaded PDF expires in 60 days. Also note that an event registration expires after 30 days, but if your registrations lapses, you may re-register without cost.

Roseville Central Park Walk — Bennett Lake 5 km Loop

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- 1) Start from the Central Park Athletic Complex parking lot facing Dale St and turn **Right** onto the asphalt trail along Dale St crossing the wooden bridge
- 2) **Right** onto the asphalt trail heading into the arboretum
- 3) **Left** passing the Healing Garden arbor
- 4) **Right** toward the fountain passing it on your left
- 5) **Straight** at the next trail intersection keeping the pavilion on your left
- 6) **Right** at the T in front of the Community Orchard
- 7) **Left** at the next T and go straight through a wetland to ballfields [1 km]
- 8) **Right** at the ballfields going around the north end to a pedestrian crossing at Victoria St.
- 9) **Cross** Victoria St.
- 10) **Straight** on a curving trail uphill keeping a parking lot, tennis courts, and picnic shelter on your left.

Restrooms and water at the shelter

- 11) **Right** at the T at Bennett Lake just past the playground on your left

Par for the Course AVA Special Program

- 12) **Circle** the lake staying on the trail closest to the lake [2 km]

Restrooms at the shelters on your right near the fishing pier and amphitheater

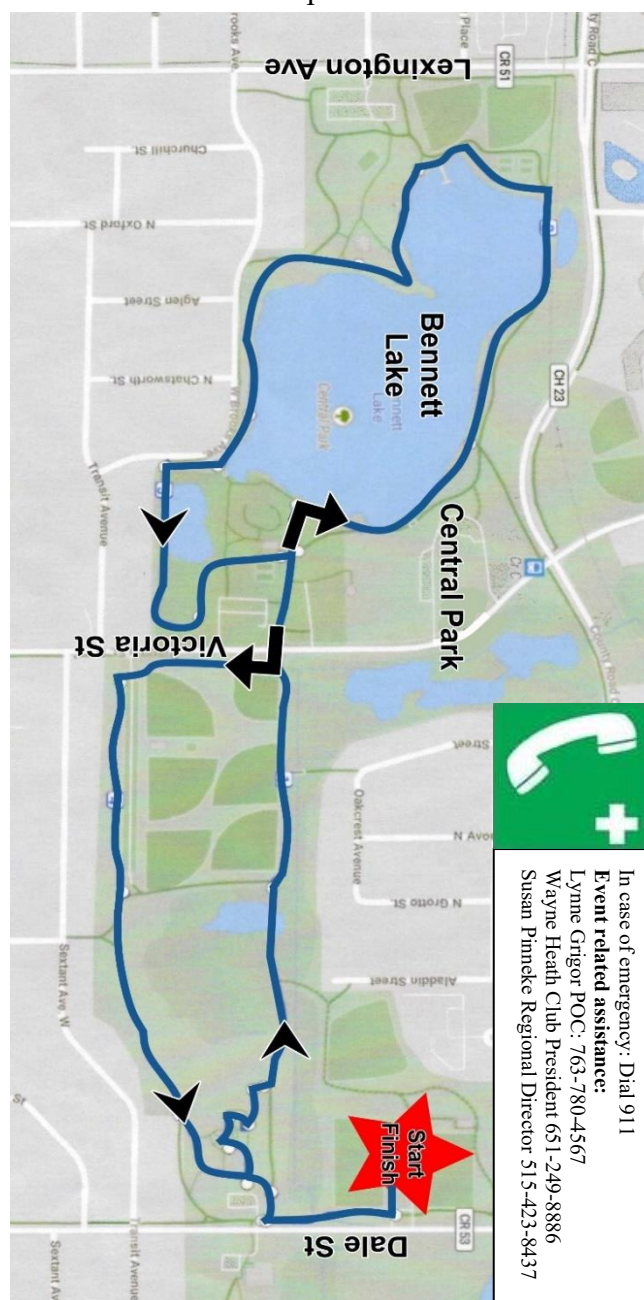
- 13) At the Y to the wood bridge to the playground go **Right**. **Do not cross the bridge**. [3 km]
- 14) **Left** at the T passing a pond on your left and through a field with exercise equipment as the trail curves right and passes between tennis courts and a picnic shelter

Restrooms available

- 15) **Right** on the trail at the end of the tennis courts going downhill to the pedestrian crossing at Victoria St
- 16) **Cross** Victoria St.
- 17) **Right** at the T heading toward the park entrance with the ballfields on your left
- 18) **Cross** the park driveway at the park welcome sign following the trail uphill and curving left through a wooded area *or for restrooms and a level route go left through*

the parking lot, the trail picks up at the far end of the parking lot

- 19) **Right** at the end of the ballfields taking the Left fork at the immediate Y heading into a wooded area [4 km]
- 20) **Left** into the arboretum when you emerge from the woods
- 21) **Pass** the next left in the trail and take the **Second Left** heading toward the arbor of the healing garden at the parking lot
- 22) **Right** at the T past the arbor
- 23) **Left** on the trail just before Dale St and return to the start point





Roseville Central Park Walk — Wet Meadow 6 km Loop

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1. Start from the Central Park Athletic Complex parking lot facing Dale St turn **Right** onto the asphalt trail along Dale St and cross the wooden bridge
2. **Left** crossing Dale St at the crosswalk
3. **Straight** on the sidewalk passing the U of M Wildlife Rehabilitation Center on your right into the Harriet Alexander Nature Center
4. **Right** at the asphalt trail near the handicapped parking signs going uphill past the Nature Center building
5. **Left** onto the sand and gravel trail at the prairie restoration sign following the trail as it curves left away from the beehives
6. **Right** onto the boardwalk **staying right** through the wet meadow until you return to the sand and gravel trail
7. **Left** onto the sand and gravel trail following the main trail as it curves right at the prairie restoration sign
8. **Left** at the T onto the asphalt trail going uphill and around the athletic fields
9. **Left** at the T at the T in the trail immediately before County Rd B2 [2km]
10. **Left** onto Cohansey St passing Sextant and Transit Aves
11. **Right** onto Brooks Ave (at green bike route sign) crossing Western St. Follow Brooks Ave as it curves left and right
12. **Left** onto asphalt trail into Acorn Park taking an immediate right at the Y passing the welcome sign on your right [3km]
13. **Stay on main trail** passing through disc golf course [Par for the Course Special Program]
14. **Right** at the next Y in trail passing the Acorn Park Natural Areas Map on your left
15. **Immediate Right** at the Y following this trail onto the boardwalk through the Acorn Park Wet Meadow and onto the asphalt trail
16. **Left** at the next Y keeping the Wet Meadow on your left
17. **Right** at next Y passing the Acorn Park map again on your right [4 km]
18. **Right** at the next Y staying on the main trail through the disc golf course
19. **Right** at the trail crossing just before the park parking lot keeping left and following this trail as it curves left to the park driveway near the tennis courts (portable toilet at tennis courts)
20. **Right** on the park driveway **Left** onto sidewalk along County Road C crossing Western, Cohansey, and Nature View. Note that the trail overlooks the Harriet Alexander Wet Meadow on your left [5 km at Western]
21. **Cross Dale St** (stop sign here) **Left** on the asphalt trail along Dale St and you will soon see the start point on the right



In case of emergency: Dial 911
Event related assistance:
Lynne Grigor POC: 763-780-4567
Wayne Heath Club President 651-249-8886
Susan Pinneke Regional Director 515-423-8437



Roseville Central Park Walk — Wet Meadow 6 km Loop

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