

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

This event is composed of 5 and 10 km routes. Both routes walk you through the Southern Nazarene University campus and surrounding neighborhoods and along Rt 66. These are flat walks with dining opportunities, parks and historic college buildings. Please enjoy the numerous Rt 66 and town murals found along the route.

Driving directions to the start point: The starting point is the coffee shop Serve Coffee and Community, 6736 NW 39th Expressway Bethany. From Tulsa: take I-44 south to Oklahoma City. Continue west on I-44 to US Rt 66/NW 39 Expy, (exit 123B). West on Rt 66/NW 39 Expy to Bethany/Warr Acres. The store is between N College and N Asbury, on the south (left) side of the street. Parking in front and back of business. Parking in the back will accommodate larger vehicles, including motor homes or buses.

Walk Registration:

Registration is available online or a physical start box. Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match. For example, if you register using the OSB, do not complete your event by using the PSB (nor sign the PSB log sheet). The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB."

Walk Completion:

Once you have completed the walk, please login to your Online Start Box account and click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as any applicable AVA special Programs to generate stamped "virtual" insert cards that you may choose to print out.

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Please walk against traffic when not using sidewalks or closed roads.

There is a large parking lot behind the starting point suitable for cars, motor homes, and buses.

Both the 5 and 10 Km routes share the same route up through line 24. At this point, the 5 km walkers will jump to line 40.

1. Exit the front door of Serve Coffee and Community; right (R) on NW 39th Expressway/Rt 66. *Bathrooms, food, drinks/water.*
 2. Left (L) on N Peniel Avenue *using light to cross NW 39TH Expressway/Rt 66.*
 3. R on NW 42nd St.
 4. L on N Redmond Ave.
 5. L on NW 44th St.
 6. Left on N Peniel Ave; *dangerous drop in sidewalk before next turn.*
 7. R on NW 43rd St.
 8. L on N College Ave, Southern Nazarene University, Crimson Storm.
 9. R on sidewalk (look for gazebo) across from Webster Commons (16)/fountain. Continue crossing N Ashbury Ave jogging R and then L onto NW 41st St.
 10. L on N Mueller Ave.
 11. L around the front of the Bethany First Church of the Nazarene; first you will be parallel with 39th and then there are steps going down to N Asbury.
 12. Cross Asbury to sidewalk and cont. straight to N College. The backs of Herrick (1), Bresee (2) and Marchant Welcome Center/garden (3) will be on your R. *Bathrooms in 3 at front of bldg.*
 13. L on N. College (closed street).
 14. R on diagonal sidewalk toward fountain. L on circle sidewalk between Webster Commons (16) on L and fountain on R. L on the diagonal sidewalk toward and past the tennis courts (on your L). *Bathrooms, food, souvenirs in 16.*
 15. R on Peniel Ave.
 16. R on NW 39th Expressway/Rt 66. *Do not cross the road.*
 17. L on N. College crossing at the light.
 18. R on NW 38TH St.
 19. L on N Asbury Ave.
 20. R on NW 37th St.
 21. Jog R, then L to continue on NW 37th St.
 22. R at second entrance into Parking area, the baseball field will be on your L.
 23. Take first L keeping the baseball field on your L to NW 38TH and N Beaver Avenue.
 24. R on N Beaver (sidewalk). *5K walk skip 10K insert and go to line 40.*
- 10K insert**-----
25. L on NW 38th Terrace
 26. R on N Rockwell Ave.
 27. L on NW 39th St.

Bethany 5K/10K Walk
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28. L on N Divis Ave.
29. R on NW 36TH St. (sidewalk)
30. R into Eldon Lyon Park Entrance.
31. R to sidewalk that goes around the perimeter of the park. Keep R at any intersections.
32. R at park entrance.
33. L on NW 36th Street.
34. R on Wilburn Ave.
35. L on NW 33rd St.
36. L on N Rockwell Ave. *Cross at light.*
37. R on NW 36th St.
38. L on Beaver to NW 38 Terrace.
39. Jog R to road/entrance across from NW38th Terrace.
- End 10K insert**-----
40. R at first road/entrance on R across from NW 38th Terrace.
41. Follow drive past the Center and to the left.
42. R at parking lot first entrance. A side walk starts in the middle of the parking lot on your L.
43. R on N Mueller Ave just past the bldgs.
44. L at NW 38th St.
45. L on N Asbury Ave.
46. R on NW 39th Expressway/Rt 66 to Serve Coffee and Community.

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In Case of an emergency call: 911
POC: Leslie Jones, 405-641-0948

