



Southeast Striders Walking Club

US 441 The Lake 6K/10K Walk© Y3528 2025

The Southeast Striders Walking Club is one of the newest members of AVA: America’s Walking Club. We welcome you to our US 441 The Lake 5k/10k Year-Round Event (YRE) and thank you for taking interest in one of our walks. The US 441 The Lake 5K/10k provides a good cross-section of Sandy Creek Park – Athens Premier municipal park. Both the 5 and 10k walks take you through all facets of Sandy Creek Park providing gorgeous views of Lake Chapman along the way. The hiking trails meander through old hardwood forests and along Lake Chapman and are representative of the beautiful rolling hills of Northeast Georgia. The trail is rated 2C.

Walk Registration

Please use the online start box provided by AVA: America’s Walking Club (www.my.ava.org). After signing in, select the 'My Start Box' tab. Press the “Help” button in the upper right-hand corner for the instructions to sign a waiver and register for this event. Payment for event credit and walk directions uses your credit card. The walk directions and insert cards are PDFs that you can download and print as needed. The entire online process should take approximately 10 minutes for a first-time user. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit

Once you have physically completed the walk, please login to your Online Start Box account and select the “Finish Table” tab. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you can later choose to print and mail to AVA Headquarters.

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Sandy Creek Park

Athens is the home of the University of Georgia, the state's signature university, and the first and oldest land grant college in the USA. UGA was founded in 1785 and is the birthplace of public higher education in the nation. UGA now registers over 40,000 students. With three other colleges in town, Athens is a premier American College Town.



Sandy Creek Park is Athens' premier municipal park. The park is a 782-acre natural recreational area that includes more than 20 miles of foot trails, a 260-acre lake, swim beach, boat ramp (electric motors only), hardwood forests, fields, disc golf course, picnic areas, playgrounds, rental facilities, and off-leash dog parks. Activities available include basketball and tennis courts, camping, hiking, fishing, horseback riding, volleyball, and more. \$2 admission.

US 441 The Lake Start Point Location:

**Sandy Creek Park, 400 Bob Holman Road,
Athens, GA. Beach Front parking lot.**


Driving Directions

Sandy Creek Park is just 5 miles North of Downtown Athens. From the US 441 loop on the North side of Athens, take the US 441 North exit for appr. 3 miles to Bob Holman Road. Right onto Bob Holman Road for appr. ½ mile to the entrance to Sandy Creek Park on your right. After entering the park, continue around the circle until you see the lake. Park in the lot facing away from the lake. Walking sticks and sturdy boots are optional. There are occasional roots and rocks along the unpaved portion of the trail. A significant part of the trail is on paved surfaces.

Restrooms

Public Restrooms are available at several locations throughout Sandy Creek Park, including along the route you took to get to the start point.

Emergency Numbers

	In Case of emergencies dial 911 Event related assistance: dial Harold Weber (904)704-8402 or Marie Weber (904) 703-8403.
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Walking Instructions

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



Southeast Striders Walking Club

US 441 The Lake 10K Walk Instructions ©

Start Point: 400 Bob Holman Road, Athens, Georgia Sandy Creek Park 706 631-3631

<https://www.accgov.com/7837/Fees> 8-5:30pm winter, 7-8:30pm summer.

CLOSED MONDAYS. Pets on leash always. \$2 for ages 4-64, 65 and older, free.

Enter the park, Turn right, restrooms are ahead on the left. Continue around the circle until you see the lake. Park in the lot facing away from the lake. There are multiple restrooms on this route. Walking sticks and sturdy shoes for 10k, optional for 5k. There are occasional roots or rocks along the unpaved trails. A significant part of the 5k route is on paved surfaces.

1. From the parking lot, walk **RIGHT** to Sandy Creek Drive.
2. **LEFT** onto Campsite Drive to cross the dam.
3. At the directional sign on your right, bear left around the sign onto Buckeye Horse Trail.
4. At chain link fence, walk **LEFT**.
5. **Follow fence to end of fence.**
6. **Bear LEFT at end of fence.**
7. **At 4-way intersection walk straight ahead (lake is visible ahead).**
8. See Crows Nest on left, walk straight ahead.
9. See fishing pier on right, walk straight ahead.
10. **LEFT** at the ditch.
11. Cross wooden bridge on right.
12. **Bear LEFT** at the "Y".
13. Cross bridge with railings on your right.
14. Cross paved road, walk onto the dirt trail at the cross walk.
15. At "Y" walk ahead to fence and gate.
16. Walk between the benches and see Walter L. Cook, Jr. Memorial.
17. Pass through a gas utility clearing.
18. Walk past the .5 mi marker.
19. Walk over the wooden bridge (1).
20. Walk over the wooden bridge (2).
21. Walk to wooden bridge (3).
22. Turn around and retrace your steps to Cook's Trail ahead.
23. At Cook's Trail "Y" bear **RIGHT**.
24. At paved road and directional sign, turn **LEFT**.
25. Walk downhill and cross the dam.
26. **RIGHT** At the end of the dam railings to enter the **Lakeside Trail**. Keep lake on your right.
27. Pass the canoe rack and boathouse.
28. Follow the asphalt trail down alongside the beachfront, keeping the lake on your right.
29. At the end of the beach, leave the asphalt and enter the **Lakeside Trailhead** on your right.
30. Keep the lake on your right.
31. At the "T", stay right.
32. At the pavement, stay right.
33. Continue the trail until you see the wooden stairs on your left.
34. **Walk up the stairs** and follow the **Lakeside Trail** immediately to the right.
35. Pass the metal fishing pier.
36. Pass the **restrooms** and shelter on your left.
37. At the **Boat Ramp** parking lot, **leave the Lakeside Trail** and walk **RIGHT** around the edge of the parking lot. Keep the lake on your right. (**DO NOT ENTER** the lakeside trail).
38. Exit the boat ramp parking lot.

39. **LEFT** at the "T" intersection.
40. Walk **LEFT** at the next intersection.
41. Walk halfway around the parking lot.
42. Walk toward the picnic shelter to the end of the asphalt path viewing the lake.
43. Retrace your steps back to the parking lot.
44. **LEFT** at the intersection – ignore the one-way sign.
45. **LEFT** at the "T" (no sign) onto Beechtree Drive.
46. **LEFT at intersection, Parking Lot #9 And Picnic Area C. Stay on the right side of the parking lot.**
47. **RIGHT** onto the dirt path to the lake.
48. At the lake, retrace your steps back to the parking lot.

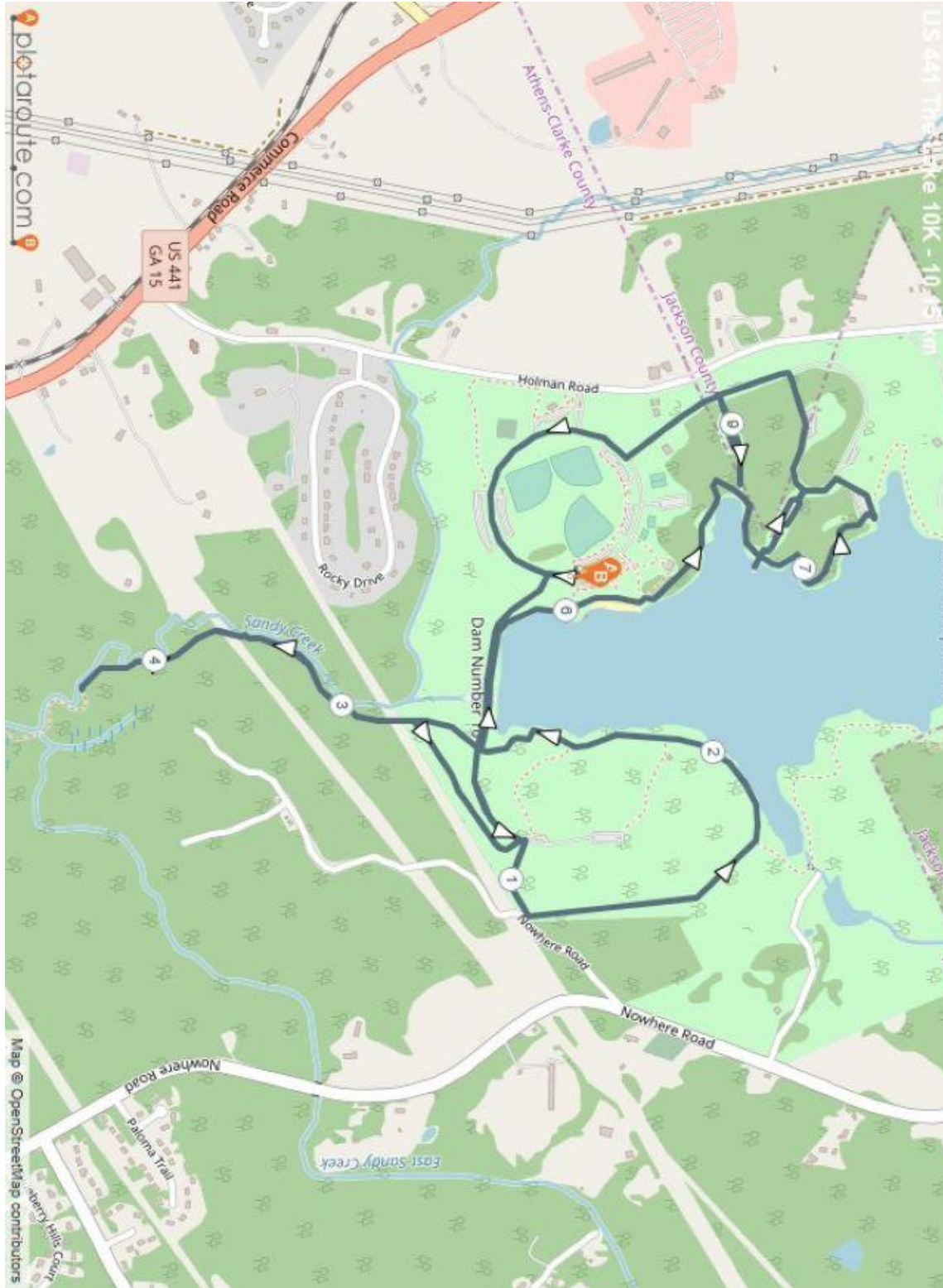
49. **LEFT** onto Beechtree Drive.
50. **RIGHT** onto Sandy Park Drive.
51. Pass the restrooms on your left and all the dog parks.
52. **LEFT** into the parking lot and **Finish Point**.

Congratulations! You completed Southeast Striders US 441 The Lake 10k.

This walk was created by an AVA Certified Trailmaster. Thank you for participating in our walk.

Marie Weber POC
904 704-8402 904 703-8403

US 441 The Lake 10k Map





Southeast Striders Walking Club

US 441 The Lake 6K Walk Instructions

Start Point: **400 Bob Holman Road, Athens, Georgia Sandy Creek Park 706 631-3631**

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CLOSED MONDAYS. Pets on leash always. \$2 for ages 4-64, 65 and older, free.

Enter the park, Turn right, restrooms are ahead on the left. Continue around the circle until you see the lake. Park in the lot facing away from the lake. There are multiple restrooms on this route. Walking sticks and sturdy shoes - optional for 5k. There are occasional roots or rocks along the unpaved trails. A significant part of the 5k route is on paved surfaces.

1. From the parking lot, **RIGHT** onto the road.
2. **LEFT** at the next intersection onto Campsite Drive. Walk over the dam.
3. Pass the first parking area on your left. (Restrooms on your left).
4. **Circle RIGHT** around Parking Area #15.
5. Pass Parking Area #14 & Crow's Nest.
6. **RIGHT** At the end of the dam railings to enter the **Lakeside Trail**. Keep lake on your right.
7. Pass the canoe rack and boathouse.
8. Follow the asphalt trail down toward the beachfront, keeping the lake on your right.
9. At the end of the beach, leave the asphalt and enter the **Lakeside Trailhead** on your right.
10. Keep the lake on your right.
11. At the "T", stay right.
12. At the pavement, stay right.
13. Continue the trail until you see the wooden stairs on your left.
14. **Walk up the stairs** and follow the **Lakeside Trail** immediately to the right.
15. Pass the metal fishing pier.
16. Pass the **restrooms** and shelter on your left.
17. At the **Boat Ramp** parking lot, **leave the Lakeside Trail** and walk **RIGHT** around the edge of the parking lot. Keep the lake on your right.
18. (DO NOT ENTER the lakeside trail).
19. Exit the boat ramp parking lot.
20. **LEFT** at the "T" intersection.
21. Walk **LEFT** at the next intersection.
22. Walk halfway around the parking lot.
23. Walk toward the picnic shelter to the end of the asphalt path viewing the lake.
24. Retrace your steps back to the parking lot.
25. **LEFT** at the intersection – ignore the one-way sign.
26. **LEFT** at the "T" (no sign) onto Beechtree Drive.
27. Pass Parking Lot #9 & Picnic Area C.
28. **LEFT** onto Sandy Park Drive.
29. Pass the restrooms and dog parks on your right.
30. **RIGHT** into the parking lot and **Finish Point**.

Congratulations! You completed Southeast Striders
US 441 The Lake 5k.

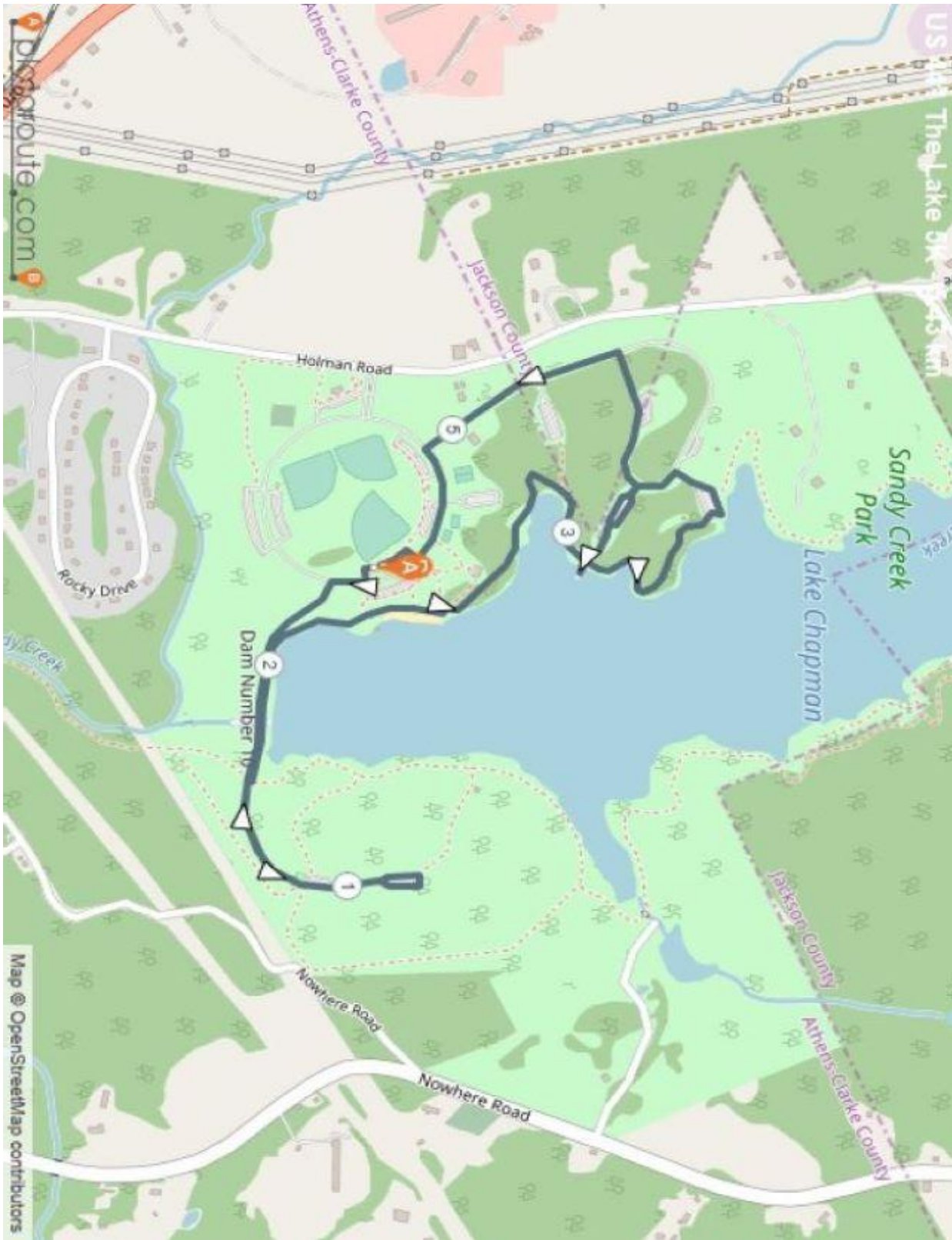
This walk was created by an AVA Certified Trailmaster.

Thank you for participating in our walk.

Marie Weber POC marie@netweber.org

904 704-8402 904 703-8403

US 441 The Lake 6K Map





Southeast Striders Walking Club

US 441 The Lake 6k and 10k

2024 Special Programs

Walking USA A-Z, Walking the United States (50 States), Par for the course

Southeast Striders Listing of YRE's And Traditional Events

Watson Mill Bridge State Park 6/11k YRE

Watkinsville 5/10k YRE

North Oconee River Greenway & Sandy Creek Nature Center 6/11K

Athens Sampler 5/10K

US 441 The Lake 6/10K

Please see our website: www.SoutheastStridersWalkingClub.org

Like us on facebook at Southeast Striders Walking Club