



Sedro Woolley – Skagit County
Northern State Historic Walk
Seasonal, #12698, Y3534, 10k, Rating 1B
Walk Directions, Please recycle,
Emergency Dial 911



Sedro Woolley – Skagit County



Northern State Historic Walk

City / State: Sedro Woolley, WA

Event Name: Sedro Woolley – Northern State Historic

Event Type: Year-Round Walk - Y

Distance - Trail Ratings: 5/10k km – 1B

Description: This walk is a mixture of gravel trails, grass trails and concrete walkways. Enjoy beautiful mountain views, paths winding past old pasture trails, and historic buildings as you walk through Sedro Woolley's abandoned Northern State Hospital Grounds. At one time the hospital (that you walk alongside) was the largest hospital for the mentally ill and was a town unto itself that included a working farm. You will see Hanson Creek, walk over a wooded bridge, along forested lanes, past old barns, sheds and an unmarked gravesite (cemetery). This walk is in the foothills of the Cascade Mountains.

Restrooms at start/finish and port-a-potties along the route.

Amenities: Strollers: No | Wheelchairs: No | Pets: Yes
| Restrooms: Yes

Start Times: Park hours are dawn to dusk

Start Point: 25625 Helmick Rd, Sedro Woolley WA

Driving Directions: If coming from North: Turn east on Hi-Way State 20, follow State 20 until you cross over Hi-Way State 9, go approximately 1.1 miles to Helmick Road, turn left onto Helmick Rd, go approximately ¾ miles to Veteran's State Park. If you are coming from South: Turn right onto Hi-Way State 20 in Burlington. Go east on Hi-way 20 until you cross Hi-Way State 9, go approximately 1.1 miles to Helmick Road, and go another ¾ miles to Veteran's State Park.

Awards & Fees: IVV Credit Only

Start point Latitude & Longitude coordinates: **48.530, -122.195**

E-Mail Contact: nwttclub@gmail.com

Please use the Online Start Box (OSB) to register and complete the event. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

WALK COMPLETION AND CREDIT: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee for a downloaded PDF is deducted from the user's Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the coupon for the downloaded PDF will expire in 60 days.



Sedro Woolley – Skagit County
Northern State Historic Walk
Seasonal, #12698, Y3534, 10k, Rating 1B
Walk Directions, Please recycle,
Emergency Dial 911



1. **EXIT** Pavilion
2. Walk **THROUGH** Veteran's Memorial Park
3. Walk **BACK** towards the main road through the parking lot.
4. Just before you reach the main road, turn **RIGHT** at gravel trail called Veteran's Loop Trail keeping next to the fence.
5. When you have walked to the end of Veteran's Loop Trail, turn **RIGHT** down trail.
6. **STRAIGHT** at first Y.
7. Keep going **STRAIGHT** at Y, up the rise to the barns.
8. At the top of the rise, **FOLLOW** trail as it curves towards fence and more barns.
9. Turn **RIGHT** at T walking towards the line of trees.
10. Turn **LEFT** at tree line onto gravel road.
11. **FOLLOW** gravel road and **CONTINUE** walking past 3 small posts.
12. Turn **LEFT** to cemetery (observe marker by picnic table and feel free to walk through cemetery and observe the numbered grave sites). **RETRACE** your steps to the entry of cemetery.
13. **RETRACE** your steps and walk through the three posts.
14. At the power pole to your right when the road curves, take a **RIGHT** past the power pole onto a narrow gravel path.
15. At the end of the short gravel path, turn **LEFT** onto the field and walk between the first two barns to the road.
16. Turn **RIGHT**, walk past the silo on your left.
17. At silo, go **RIGHT** onto gravel path and follow around passing bench to your right.
18. At first trail marker (it says Horse Barn Trail) turn **RIGHT**.
19. At the end of grass trail, turn **RIGHT** onto gravel path and follow around passing bench to your right.
20. At T intersection, turn **RIGHT** towards the yellow building (explore and return to main trail).
21. **CONTINUE** on gravel path to your right.
22. **RIGHT** past trail marker, (there are port-a-potties to your left down the trail but not the right direction of the walk).
23. **CONTINUE** on gravel road.
24. Turn **RIGHT** at the intersection, do not cross the bridge.
25. At gravel yard, continue **STRAIGHT** down grassy road.
26. Keep going **STRAIGHT CROSSING** Elk Trail.
27. At the end of trail, turn **LEFT** and walk under wooden arch.
28. **FOLLOW** gravel path on Pumphouse Trail.
29. At Y in trail, keep to your **RIGHT**.
30. At next Y, continue **LEFT** passing Hill Creek Trail.
31. At Y in trail, keep to your **RIGHT**.
32. Keep **RIGHT** at yellow shed and bridge that crosses creek
33. **FOLLOW** trail to top of hill and large clearing
34. At end of clearing, **TURN AROUND** and go back **CROSSING** bridge.
35. Turn **RIGHT** down trail.
36. Go through wooden arch and go past gravel piles keeping to your **RIGHT** on gravel path.
37. Keep **RIGHT** at the T and cross bridge over creek passing Swift Center sign on your left.
38. Keep **STRAIGHT** passing fence on your **RIGHT** and another trail to your left and walk-up small hill (port-a-potty at top of hill to your left).
39. Walk **STRAIGHT** towards abandoned hospital.
40. Walk **STRAIGHT** down covered walkway past historic hospital.
41. Walk to the end of the roadway. At the end of Hub Drive, turn **LEFT**.
42. **LEFT** on Thompson DR walking past Washington Army National Guard sign on your right.
43. **CONTINUE STRAIGHT** on Thompson PVT DR.
- 44.



Sedro Woolley – Skagit County
Northern State Historic Walk
Seasonal, #12698, Y3534, 10k, Rating 1B
Walk Directions, Please recycle,
Emergency Dial 911



45. Walk past the gate and Northern State Recreation area sign.
46. **CROSS** bridge and go **RIGHT** down the trail.
47. Continue **STRAIGHT** curving **RIGHT** on gravel road. Pass sign to your left (food processing at Northern State).
48. Continue **STRAIGHT** past Veteran's Loop.
49. At the next intersection, keep **RIGHT** towards start point and pavilion.

We hope you enjoyed this walk!

Northern State Mental Hospital was once the largest hospital for mentally ill people in Washington. The hospital was established in 1909. The site at one time included patient and staff housing, and a dairy, and a farm for growing vegetables and raising livestock. It had a water reservoir, sewage system, lumber mill, quarry, steam plant, greenhouse, canning facility, dining room, bakery, gymnasium and dairy.

