

Light Rail – East Main Station YR3573 5K/10K Rated 2A



Interlaken Trailblazers welcomes you to East Main - Bellevue

Starting Point: East Main Light Rail Station 235 112th Ave. SE, Bellevue, WA 98004

GPS LOCATION [47°36'29"N 122°11'28"W](#)

Restrooms: Bellevue Downtown Park, Meydenbauer Beach Park (Seasonal), Surrey Down (10k only)

This walk is designed to be accessed via light rail.

Line 2 stations with parking:

South Bellevue Park and Ride – (1500 spaces) 2516 Bellevue Way SE, Bellevue, WA 98004. Take the link (North) toward Redmond Tech station and debark at East Main station (1st stop)

Bel-Red Station – (300 spaces) 13102 NE Spring Blvd Bellevue, WA 98005. Take the link (South) toward South Bellevue. Debark at East Main Station (4th stop)

Redmond Technology Station – (323 spaces) 15590 NE 36th St, Redmond, WA 98052. Take the link (South) toward South Bellevue. Debark at East Main station (6th Stop)

To board, purchase your ticket at a kiosk (or tap your Orca card). Select platform for your direction.

If you prefer to not take light rail, you can park at Bellevue Downtown Park 100 100th Ave NE, Bellevue, WA 98004. 47.6123609, -122.2058913,294. Start with direction #7. Or park at Meydenbauer Beach Park 419 98th Ave NE, Bellevue, WA 98004 and start with direction #11.

Special Programs: AVA – A-Z (B) Par for the Course, Walking with Wild Things (10k only) ESVA: That's Entertainment

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

WALK COMPLETION AND CREDIT: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participants Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the users Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a users Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days

POC:
Katie Sell
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(425)753-1772
(Text msg preferred)

Index	
Page 1	Introduction, Info and Details
Page 2 & 3	10K Walk Directions & Map
Page 4	5k Walk Directions and Map



Light Rail - East Main Station Y3573 10K rated 3B

Emergency dial 911

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Start: 235 112th Ave. SE, Bellevue, WA 98004

Walk directions and map may only be used by those who have a signed AVA athletic waiver.

All other uses prohibited Note: this is a busy urban route, be aware and use all walk signals where provided.

1. Disembark at East Main Station.
2. **LEFT** on 112th Ave. SE, keeping Light Rail station on your left. Continue to Main St. (*Or, for restroom, walk to the far south end of the Station platform. LEFT to CROSS 112th Ave. SE at the light - sign for cross street: "SE 300 Block". Walk to the Hilton hotel entry. Look for the fancy elevators straight ahead. Restrooms are in the hallway beyond the elevators. Then return to the street. CROSS 112th, turn RIGHT on 112th, and walk to Main St.*).
3. **LEFT** on Main St. Continue to 102nd Ave. NE.
4. **RIGHT** on 102nd. Walk one block to the park.
5. **CROSS** NE 1st St. Go up the steps into the park.
6. **LEFT** to follow the path alongside the water. (*Note, restroom building to your left, beyond the playground area. Then return to path by water.*). Continue up another set of stairs.
7. **LEFT** at wide sidewalk leading thru parking lot.
8. At the street (100th Ave. NE), activate the flashing signal at the crosswalk and **CROSS** 100th. Then **LEFT** on 100th. Walk one block to NE 1st St.
9. **RIGHT** on 1st. Walk to the end, for stairs down.
10. Walk down stairway (51 steps. For alternate, turn **RIGHT** on 98th Ave. NE to walk slight uphill to the metal handrail on your left. Take the short stairway down and then walk on concrete sidewalk down to the parking lot).
11. **LEFT** at the parking lot, then follow the concrete sidewalk down to the water.
12. Continue, as the concrete sidewalk **VEERS RIGHT** to keep close to beach (*restrooms ahead, seasonal*).
13. Pass under the pier and continue on, through the marina, keeping water to your right.
14. At the end of the marina, turn **LEFT** to go slightly uphill, to the stop sign at Meydenbauer Way SE.
15. Carefully **CROSS** Meydenbauer and turn **RIGHT**, to continue on left side of Meydenbauer.
16. Where Meydenbauer **VEERS LEFT**, turn **RIGHT** to carefully **CROSS** Meydenbauer, to walk on the sidewalk on the right side, and continue uphill (Yacht Club, white picket fence on your right).
17. **RIGHT** on 101st Ave. SE. Walk one block.
18. **LEFT** at the crosswalk to **CROSS** 101st.
19. Enter the park and follow the paved path slightly uphill, then **RIGHT** at the next path and slightly down, to corner at SE 3rd St. and 102nd Ave. SE.
20. **LEFT** to **CROSS** 102nd. Walk to Bellevue Way SE.
21. **RIGHT** on Bellevue. Walk to light at SE 8th St. At this intersection Bellevue Way veers left, and 104th Ave. SE begins (unmarked), going straight.
22. **CROSS** 8th, then **STRAIGHT** on 104th (nursery on left). Where sidewalk narrows, walk single-file as needed.
23. At SE 16th St., carefully **CROSS** 16th. Then **LEFT** to carefully **CROSS** 104th.
24. **RIGHT** on 104th. Walk on left side several blocks.
25. As 104th curves left, watch for **CROSSWALK** at Killarney Glen Park (one block after SE 19th St.).
26. **RIGHT** to carefully **CROSS** 104th at the crosswalk.
27. Enter the park. At the parking lot, **RIGHT** on the gravel path, passing tennis courts on right.
28. At the basketball court, take the asphalt path (either R or L) around the court to the wide gravel path beyond. Follow the gravel path as it loops around the park, through the forest.
29. At the intersection of gravel paths, **RIGHT** to continue toward the chain link fence with wood posts. Follow the path **LEFT** back to parking lot.
30. Exit the park and carefully **CROSS** 104th.
31. **RIGHT** on 104th. Continue on 104th to SE 25th St.
32. **LEFT** on 25th. Continue to 108th Ave. SE. (*restrooms at Enatai Park on your right – enter park, take path on right from parking lot, uphill, to restrooms*).
33. **LEFT** on 108th Ave. SE. Walk for several blocks.
34. At SE 20th St., continue **STRAIGHT** to **CROSS** 20th, then immediate **RIGHT** to **CROSS** 107th Ave. SE (at this intersection, 107th is at an oblique angle). Then **LEFT** to continue on the left side of 108th.
35. At the light at Bellevue Way SE, carefully **CROSS** Bellevue Way and continue **STRAIGHT** on 108th.
36. At SE 11th St., **RIGHT** to **CROSS** 108th at the crosswalk, and continue downhill on 11th.
37. As 11th **VEERS LEFT**, it becomes 109th Ave. SE.
38. **RIGHT** on 110th Ave. SE. Walk about 100 feet to next street (SE 9th St. - unmarked) (9K)
39. **LEFT** on unmarked street (9th). Walk one block.
40. **LEFT** on 111th Pl. SE. Walk to end.
41. Enter park. At first intersection on path, **RIGHT**. Walk past viewpoint on right, then restrooms and basketball on left. Continue slight uphill.
42. Look for a very short path on your right, leading to a street-end (111th Ave. SE - unmarked).
43. **RIGHT** onto 111th. Walk several blocks to the end.
44. Enter park. Follow concrete path, always taking the **RIGHT FORK**, down some steps, to road (112th Ave.).
45. **RIGHT** on 112th. Return to start. East Main Light Rail Station is on your **RIGHT**.

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Note: this is a busy urban route, be aware and use all walk signals where provided

1. Disembark at E Main Station.
2. **LEFT** on 112th Ave. SE, keeping Light Rail station on your left. Continue to Main St. (*Or, for restroom, walk to the far south end of the Station platform. LEFT to CROSS 112th Ave. SE at the light - sign for cross street: "SE 300 Block". Walk to the Hilton hotel entry. Look for the fancy elevators straight ahead. Restrooms are in the hallway beyond the elevators. Then return to the street. CROSS 112th, turn RIGHT on 112th, and walk to Main St.*).
3. **CROSS** then **LEFT** on Main St. Continue on Main, several blocks to 102nd Ave. NE.
4. **RIGHT** on 102nd. Walk one block to the park.
5. **CROSS** NE 1st St. Go up the steps into the park.
6. **LEFT** to follow the path alongside the water. (*Note, restroom building to your left, beyond the playground area. Then return to path by water.*). Continue up another set of stairs.
7. **LEFT** at wide sidewalk leading thru parking lot.
8. At the street (100th Ave. NE), activate the flashing signal at the crosswalk and **CROSS** 100th. Then **LEFT** on 100th. Walk one block to NE 1st St.
9. **RIGHT** on 1st. Walk to the end, for stairs down.
10. Walk down stairway (51 steps. For alternate, turn **RIGHT** on 98th Ave. NE to walk slight uphill to the metal handrail on your left. Take the short stairway down and then walk on concrete sidewalk down to the parking lot).
11. **LEFT** at the parking lot, then follow concrete sidewalk down to the water.
12. Continue, as the concrete sidewalk **VEERS RIGHT** to keep close to beach (*seasonal restrooms ahead*).
13. Pass under the pier. **LEFT** up concrete steps to the pier
14. Walk out to the end of the pier and enjoy the view (*part of the distance total*). Return to the beach.
15. **RIGHT** to follow the ramp down, then the walkway through the marina (keeping water on your right).
16. At the end of the marina, turn **LEFT** to go slightly uphill, to the stop sign at Meydenbauer Way SE.
17. Carefully **CROSS** Meydenbauer and turn **RIGHT**, to continue on left side of Meydenbauer.
18. Where Meydenbauer **VEERS LEFT**, turn **RIGHT** to carefully **CROSS** Meydenbauer, to walk on the sidewalk on the right side, and continue uphill (Yacht Club, white picket fence on your right).
19. **RIGHT** on 101st Ave. SE. Walk one block.
20. **LEFT** at the crosswalk to **CROSS** 101st.
21. Enter the park and follow the paved path slightly uphill, then **RIGHT** at the next path and slightly down, to corner at SE 3rd St. and 102nd Ave. SE.
22. **LEFT** on 102nd. Walk to Main St.
23. **RIGHT** on Main. Walk several blocks to 110th Pl. SE.
24. **CROSS** 110th Pl. and then enter the park on the concrete sidewalk.
25. At the first fork, turn **RIGHT** and follow the loopy sidewalk until you reach the concrete stairs down.
26. **RIGHT** down the steps, to road (112th Ave.).
27. **RIGHT** on 112th. Return to start. East Main Light Rail Station is on your **RIGHT**.
28. To board, purchase your ticket at a kiosk (or tap your Orca card). Select the platform for your direction (north = Redmond Technology, or south = South Bellevue).

