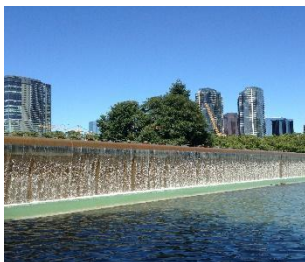


Light Rail – Spring District & Bel-Red Station YR3576 6K/10K Rated 2A



Interlaken Trailblazers welcomes you to the Spring District - Bellevue

Starting Point: Spring District Station GPS LOCATION

Restrooms: Mercury's Coffee at 3k

This walk is designed to be accessed via light rail.

Line 2 stations with parking:

South Bellevue Park and Ride – (1500 spaces) 2516 Bellevue Way SE, Bellevue, WA 98004. Take the link (North) toward Redmond Tech station and debark at Spring District station (4th stop)

Bel-Red Station – (300 spaces) 13102 NE Spring Blvd Bellevue, WA 98005. Take the link (South) toward South Bellevue. Debark at Spring District Station (1st stop) (OR PARK AND START ON INSTRUCTION #13)

Redmond Technology Station – (323 spaces) 15590 NE 36th St, Redmond, WA 98052 Take the link (South) toward South Bellevue. Debark at Spring District station (3rd Stop)

To board, purchase your ticket at a kiosk (or tap your Orca card). Select platform for your direction.

If you prefer not to take light rail, you can park at Bel-Red Station and start with direct #13

Special Programs: AVA – A-Z (B) Rails to Trails, Step to the Beat ESVA: That's Entertainment

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

WALK COMPLETION AND CREDIT: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participants Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the users Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a users Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days

POC:
Katie Sell
aclavjar@gmail.com
(425)753-1772
(Text msg preferred)

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Light Rail -Spring District and Bel-Red Stations Y3576 6K rated 2B



© 2026 Interlaken Trailblazers Volkssport Club Start: 12164 NE Spring Blvd, Bellevue WA 98004

These walk directions and map may only be used by those who have a signed AVA Athletic waiver. All other uses are prohibited.

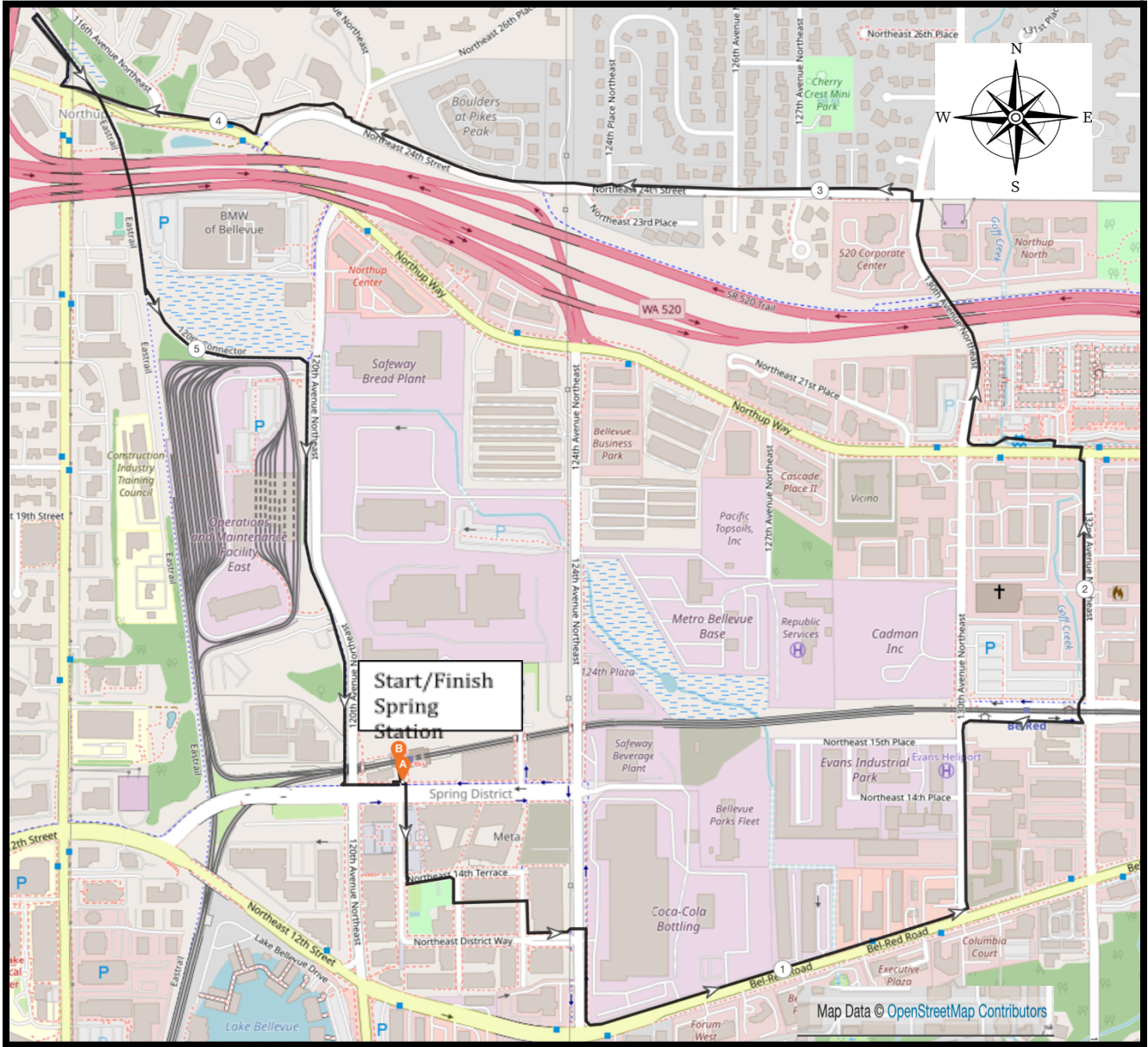
Be aware: Construction is continuing in this area. Please follow all sidewalk detours.

1. Disembark at Spring District and go up to street.
2. Walk through wide plaza to NE Spring Blvd.
3. **CROSS** Spring. Walk one block to NE 14th Terrace.
4. **CROSS** and **LEFT** on 14th and walk a short distance to a plaza.
5. **RIGHT** into the plaza, passing the porch swings on your left. Walk to the end, at the sand pit.
6. **LEFT** at the sand pit, and continue, **CROSSING** unmarked street, to pass between buildings.
7. At next street (address on building = 1288), **CROSS** and turn **RIGHT**.
8. Walk to NE District Way.
9. **LEFT** on District. Walk one block to 124th Ave. NE.
10. **CROSS** then **RIGHT** on 124th. Walk to Bel-Red Road.
11. **LEFT** on Bel-Red. Continue to 130th Ave. NE.
12. **CROSS** then **LEFT** on 130th. Walk to NE Spring Blvd.
13. **RIGHT** on Spring, passing Bel-Red Light Rail Station on your left. Walk to next corner at 132nd Ave. NE.
14. **LEFT** to **CROSS** Spring. Mind the barrier arms which alert for incoming train traffic, and carefully cross the tracks.
15. Continue on 132nd, to NE 20th St.
16. **CROSS** then **LEFT** on 20th. Walk to 130th Ave. NE. (*restroom, Mercurys Coffee, just before 130th*)
17. **RIGHT** on 130th. Go uphill to NE 24th St.
18. At 24th, **LEFT** to **CROSS** 130th, then immediate **RIGHT** to **CROSS** 24th. Then **LEFT** to continue on right side of 24th. (3K)
19. Stay on 24th, to the end, at Northup Way.
20. **RIGHT** on Northup.
21. **CROSS** 116th Ave NE, then **CROSS** pedestrian bridge.
22. At bright green handrail on your right (you may notice, oddly, 116th is also at this corner – *see Palace Rug Gallery as a landmark*), **RIGHT** on ramp, down to Eastlink Trail. Use handrail in wet conditions.
23. **RIGHT** on the wide gravel trail (Eastlink Trail). Continue on, as the Trail goes beneath the underpasses (for WA-520), to a fork.
24. Take **LEFT** fork to 120th Ave. NE.
25. At street (120th Ave. NE – unmarked), turn **RIGHT**. Continue to traffic light at NE Spring Blvd.
26. **LEFT** to **CROSS** 120th Ave NE. Continue one block to 121st Ave. NE.
27. **LEFT** at 121st to return to Spring District Station.

We hope you enjoyed this walk!

To board, purchase your ticket at a kiosk (or tap your Orca card). Select platform for your direction (North = Redmond Tech. South = South Bellevue).

Bellevue Link -Spring District Y3576 6K





Light Rail -Spring District and Bel-Red Stations Y3576 10K rated 2B



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These walk directions and map may only be used by those who have a signed AVA Athletic waiver. All other uses are prohibited.

Be aware: Construction is continuing in this area. Please follow all sidewalk detours.

1. Disembark at Spring District and go up to street.
2. Walk through wide plaza to NE Spring Blvd.
3. **CROSS** Spring. Walk one block to NE 14th Terrace.
4. **CROSS** and **LEFT** on 14th and walk a short distance to a plaza.
5. **RIGHT** into the plaza, passing the porch swings on your left. Walk to the end, at the sand pit.
6. **LEFT** at the sand pit, and continue, **CROSSING** unmarked street, to pass between buildings.
7. At next street (address on building = 1288), **CROSS** and turn **RIGHT**.
8. Walk to NE District Way.
9. **LEFT** on District. Walk one block to 124th Ave. NE.
10. **CROSS** then **RIGHT** on 124th. Walk to Bel-Red Road.
11. **LEFT** on Bel-Red. Continue to 130th Ave. NE.
12. **CROSS** then **LEFT** on 130th. Walk to NE Spring Blvd.
13. **RIGHT** on Spring, passing Bel-Red Light Rail Station on your left. Continue to the next traffic light.
14. At this light, Spring veers right, and the main road you're on **VEERS LEFT** to become 136th Pl. NE. **CROSS** Spring and continue on 136th (following light rail tracks on your left). Continue to NE 20th St.
15. **CROSS** then **LEFT** on 20th. Walk to 130th Ave. NE.
(restroom, Mercurys Coffee, just before 130th)
16. **RIGHT** on 130th. Go uphill to NE 24th St.
17. At 24th, **LEFT** to **CROSS** 130th, then immediate **RIGHT** to **CROSS** 24th. Then **LEFT** to continue on right side of 24th. (4K)
18. Stay on 24th, to the end, at Northup Way.
19. **RIGHT** on Northup.
20. **CROSS** 116th Ave NE, then **CROSS** pedestrian bridge.
21. At bright green handrail on your right (*you may notice, oddly, 116th is also at this corner – see Palace Rug Gallery as a landmark*), **RIGHT** on ramp, down to Eastlink Trail. Use handrail in wet conditions.
22. **LEFT** on the wide gravel trail (Eastlink Trail). Walk about 1.5K to the crosswalk at 108th Ave. NE.
23. At 108th, turn around and retrace your steps on Eastlink Trail, this time, passing the ramp with the green handrails. (8K) Continue on, as the Trail goes beneath the underpasses (for WA-520), to a fork.
24. Take **LEFT** fork to 120th Ave. NE.
25. At street (120th Ave. NE – unmarked), turn **RIGHT**. Continue to traffic light at NE Spring Blvd.
26. **LEFT** to **CROSS** 120th NE. Continue one block to 121st Ave. NE.
27. **LEFT** at 121st to return to Spring District Station.

To board, purchase your ticket at a kiosk (or tap your Orca card). Select platform for your direction (North = Redmond Tech. South = South Bellevue)

We hope you enjoyed your walk today.

Bellevue Link -Spring District Y3576 10K

