

## Grinnell, Iowa (Poweshiek County)

10k walk with two 5 k options

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Start Point: McNally's Foods, 1021 Main Street, Grinnell, IA.

Driving directions to Start Point: Exit 182 from I-80. Drive north approximately 3 miles to Fifth Avenue in Grinnell, turn right one block to Main Street, then left half a block to the start point.

Restrooms are available at the back of the store, open 7a.m. to 11p.m. daily. Restrooms are also available in parks along the walk route.

There is ample parking on Main Street near McNally's.

The trail is rated 1A. There are a few hills on the Arbor Lake portion of the walk which could make it qualify as a 2 A or 2B.

Special Programs: Town Hall/City Hall (Arbor Lake); Step to the Beat (downtown/campus); and Par for Etche Course (both 5k's).

Grinnell's Chamber of Commerce and Convention and Visitors Bureau have assembled a Community Art

(\*) and an Architectural Treasures (\*\*) walking tour. They can be accessed at [www.grinnellchamber.org](http://www.grinnellchamber.org).

Many of the features in the tours are found on our walk, especially the Downtown/Campus route and will be noted with asterisks as indicated.

### 5K Walk Directions:

Instructions are included in brackets for the Downtown/Campus 5 K in direction number 1. The Arbor Lake 5 K follows the 10 K directions until direction number 14, then returns to the Start point.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



Emergency: Dial 911

Event POC: Corinne Nelson

515-422-1772

## WALK DIRECTIONS

1. Exit the front door of McNally's and turn Left on Main Street.  
[Downtown/Campus 5K walkers turn LEFT on 5<sup>th</sup> Avenue, then RIGHT on Broad Street, Passing Grinnell Arts Center (\*) on your left and Merchants National Bank (\*,\*\*) on your right. Cross 4<sup>th</sup> Avenue and join the 10K route at #15].
2. 10K and Arbor Lake 5K walkers continue to 4<sup>th</sup> Avenue, cross and turn LEFT.
3. Walk about halfway down the block and turn RIGHT into the alley by the Grinnell State Bank. Walk past the Dino mural (\*) to Commercial Street (not marked) and turn LEFT.
4. At Broad Street turn RIGHT and continue across the railroad tracks. After passing the old glove factory (\*\*), cross to the left side of the street, continue to 1<sup>st</sup> Avenue and turn RIGHT. (1K).
5. Continue to West Street and cross with the stop light. Turn LEFT and cross 1<sup>st</sup> Avenue.
6. Walk straight on West Street to a half a block beyond Marvin Avenue (2K).
7. Turn RIGHT at the Arbor Lake Park trail sign.
8. Walk on the park trail, going straight at the first "Y" intersection. The lake will be on your left. You will pass a park with a shelter and restroom up the hill on your right and a series of story boards from the library.
9. At the parking lot (3K), take the sidewalk to your LEFT across a white bridge, up the hill to a "T" intersection.
10. Veer RIGHT onto the cemetery road. At the crossroad near the Manatt mausoleum, turn RIGHT and walk between the white fences and up the hill to the entrance to Hazelwood Cemetery at 1<sup>st</sup> and Prairie.
11. Continue straight on Prairie one block (4K) and follow as it curves to your RIGHT. At the first cross

- street (Reed Street, but there is no sign) turn LEFT.
12. Follow Reed Street over the railroad tracks and past Grinnell Regional Hospital.
  13. Turn RIGHT at 4<sup>th</sup> Avenue and walk 5 blocks to Main Street. Note CITY HALL at 4<sup>th</sup> Ave and Spring St. [5K walkers cross Main and turn LEFT, returning to the start point.] (5K)
  14. Continue straight on 4<sup>th</sup> Avenue to Broad Street, passing the Jewel Box Bank (Merchant's National Bank (\*, \*\*)) Cross and turn RIGHT.
  15. Follow the curved sidewalk that cuts through Central Park and continues diagonally through the park to the corner of 3<sup>rd</sup> Avenue and Park. (Rock Island station (\*\*)) and Grinnell Railway Express (\*) are across 3rd Avenue). (6K)
  16. Make a sharp LEFT onto Park St. Walk three blocks to the traffic light at 6<sup>th</sup> Avenue. Cross and turn RIGHT across Park.
  17. Walk along 6<sup>th</sup> Avenue as the sidewalk curves past the Buchsbaum Arts Center (Step to the Beat), over the railroad tracks, past Mears Cottage and Main Hall.
  18. Cross and turn LEFT at East St. Just after Parking Lot T, turn RIGHT at the sign to the Grinnell College Garden. Walk through the garden and across the grass to the sidewalk along Elm St. (no sign) and turn LEFT. (7K)
  19. At 8<sup>th</sup> Ave. cross and turn LEFT. Walk about 1 1/2 blocks to the sidewalk just before the railroad tracks and turn LEFT.
  20. Follow this sidewalk a little over a block, until just before it begins to curve left. Turn RIGHT and follow the sidewalk straight across campus to the large sandstone building, Goodnow Hall (\*\*).
  21. Walk around the front of Goodnow Hall, along Park St. Take the first sidewalk to your LEFT between Goodnow Hall and the Buchsbaum Arts

Center. Take the first sidewalk to your LEFT and walk straight toward the modern black building (Humanities and Social Studies). Follow the sidewalks as they curve to the right around this building and through Kington Plaza.

22. CROSS and turn LEFT on 8<sup>th</sup> Ave. to Park Street, cross then turn RIGHT. Continue past the international houses straight to College Park Road, one block beyond 10<sup>th</sup> Ave. CROSS and turn LEFT. Walk the sidewalk passing Merrill Park (Par for the Course) to the second shelter and playground at the intersection with Main St. (9K)

23. Turn LEFT and cross 11<sup>th</sup> Ave to follow Main Street back to the Start point.  
NOTE: cross-traffic DOES NOT STOP at Main Street, so watch carefully before crossing at intersections.

WE HOPE YOU ENJOYED  
TODAY'S WALK!!

BE SURE TO LOG BACK INTO THE  
OSB SYSTEM TO FINISH/COMPLETE  
YOUR ONLINE REGISTRATION BY  
ENTERING YOUR PARTICIPATION  
DATE, DISTANCES AND ANY  
SPECIAL PROGRAMS

