

CENTRAL VIRGINIA WALKERS

Deep Run Park – Henrico VA YRE

10K & 5K Walks

START POINT: Deep Run Park 9900 Ridgefield Pkwy Henrico VA 23233

GPS: 37.626280185172426, -77.58933107301807

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In case of Emergency: Dial 911

Event related assistance:
Chris Kelly 804-909-9916

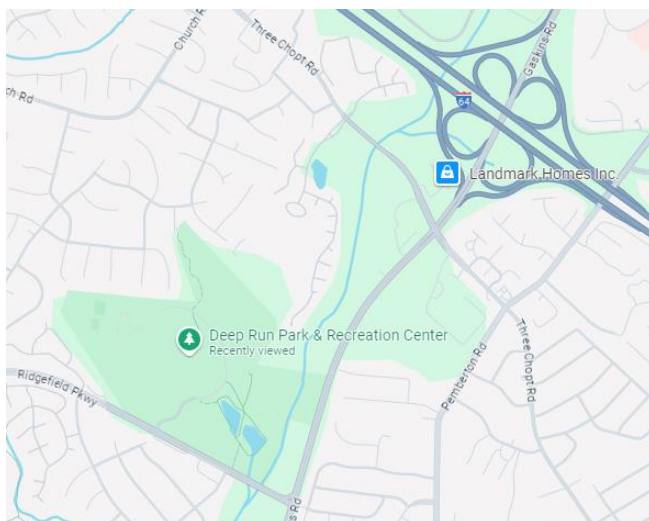


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Driving Directions:

1. From I-64, take Gaskins Road South Exit
2. Right on to Ridgefield Parkway
3. Right into Deep Run Park and follow signs to Shelter #4



These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver.

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Special Programs:

Par-For-The-Course

Virginia Counties Henrico

Rails to Trails

Walking the United States - States - Virginia

Walking the USA A-Z: "H" for Henrico

History:

Welcome to the Central Virginia Walker's Deep Run Park – Henrico VA. Deep Run Park has an extensive area of woodlands dotted with ponds as well as a swampy creek bed complete with boardwalk. Mixed-use trails crisscross through the woods and encircle each of the ponds. While traveling around the ponds look for eastern painted turtles and eastern river cooters basking near the surface. As you scan, don't forget to look for eastern amberwings, slaty skimmers and other dragonflies skimming the surface. Check along the wooded streambeds between ponds for eastern phoebes sitting quietly, occasionally joined by a red-shouldered hawk soaring overhead.

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On all roads, please walk on the left side, facing traffic.

1. Depart shelter #4, turn right, walk about 20 meters (do not go through the wooden posts), and turn right onto the asphalt path.
2. Go past the asphalt trail on the right (which runs behind the shelter). At the T-intersection, turn LEFT, walk toward the park road, and cross the road at the pedestrian crosswalk.
3. Walk between some upright wooden posts to the asphalt trail.
4. At the T-intersection (with some park benches), bear LEFT.
5. Go through some more upright wooden posts and turn RIGHT onto a sidewalk bordering an alley (this is Cottrell Road, but it has no signs).
6. The alley/road empties onto a street, this will be Cedar Knoll Lane (no sign). Turn LEFT onto it.
7. Turn LEFT at the stop sign on to Cox Road.
8. Turn RIGHT on Brookmont Drive.
9. Go through the covered bridge (1+ mile). Erected by the hardy developers of King's Grant, this imposing structure spans the roaring torrent that is Stony Run.
10. Turn LEFT on Lawnmeadow Drive.
11. Turn LEFT on Silverbrook Drive.
12. Turn LEFT on Singingwoods Lane.
13. Turn RIGHT on Brookmont Drive.
14. Turn LEFT on Cox Road (2+ miles).
15. Turn RIGHT on Cedar Knoll Lane.
16. Proceed on Cedar Knoll Lane until you come to the alley you walked on earlier, near a house with a sign, "Dover Hunt," by it. There is also a mailbox labeled "2917 Cottrell Road," (even though it's on Cedar Knoll).
17. Turn RIGHT on to Cottrell Road (the alley; you came out of the park on this and now you're going back the way you went out).
18. Turn LEFT into Deep Run Park by the park sign.
19. Where the trail forks, bear right.
20. Go through the uprights, cross the park road and turn RIGHT on the first trail.
21. Follow the trail back to the Start Point.

IF YOU'RE WALKING THE 5-K TRAIL, YOU ARE FINISHED. IF YOU ARE DOING THE 10-K.

22. Go back to the trail off to the right and walk back (yet again) to the T-intersection as you did before.
23. This time, turn RIGHT, and follow the trail to a sidewalk.
24. Turn RIGHT onto the sidewalk.
25. Follow the sidewalk to the left around the parking lot road, follow it in front of a large building (and the only building), which is the Deep Run Recreation Center (closed weekends).
26. Follow the sidewalk as it bears right and cross road to Maintenance Road.
27. Go through some more wooden uprights (a sign to the left reads, "No parking. Maintenance road") and follow the wide path past some picnic shelters on the right. Keep the small lake (or large pond) to your right.
28. This path will converge with several others near a dog waste station to your left front. Take the branch leading off to your RIGHT front (about "two o'clock") which is closest to the water. This path will be going between two ponds.

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29. Bear RIGHT over a little bridge (with railings)
....
30. ...and take an almost immediate LEFT, go about 15 paces, and turn RIGHT on a narrower asphalt path, heading to a main road which you can probably hear.
31. Go up the wooden stairs, and turn LEFT to the light, and carefully cross Ridgefield Parkway with the light.
32. After crossing the Parkway, continue straight ahead; you're now on Falconbridge Drive.
33. Turn LEFT onto Idlebrook Drive (at 21120 Idlebrook, you've walked four miles).
34. Turn LEFT onto Falconbridge Drive.
35. Turn LEFT onto Rounding Run.
36. At the stop sign, cross Falconbridge Drive.
37. Turn right and back to Ridgefield Parkway (you've walked five miles when you reach the intersection with Moon Wind Place), cross the Ridgefield Parkway at the light, and go down the steps to the asphalt path that you came up earlier.
38. At the intersection, turn RIGHT and then almost immediately LEFT, where you will be following the path around the pond/lake, keeping it to your left. You'll pass a wooden deck on your left, shortly after starting this leg.
39. Follow this path around the lake (on the left). It straightens, and you'll pass the path between the lakes on the left and continue straight out the way you came in.
40. Pass between the uprights, cross the park road, and go to the sidewalk.
41. Follow the sidewalk passing in front of the Recreation Center, cross the drive, and turn RIGHT on the sidewalk.
42. Just before the sidewalk ends, turn LEFT on the asphalt path.
43. Take the next LEFT back to the Finish.

Thank you for walking with us. We hope you enjoyed Deep Run Park

OSB: Don't forget to log into the OSB system to complete your walk and the registration process.

Remote Registration:
Send the completed Start Card with the number of stamps needed to:

Chris Kelly
12311 Ridgefield Parkway
Henrico, VA 23233.

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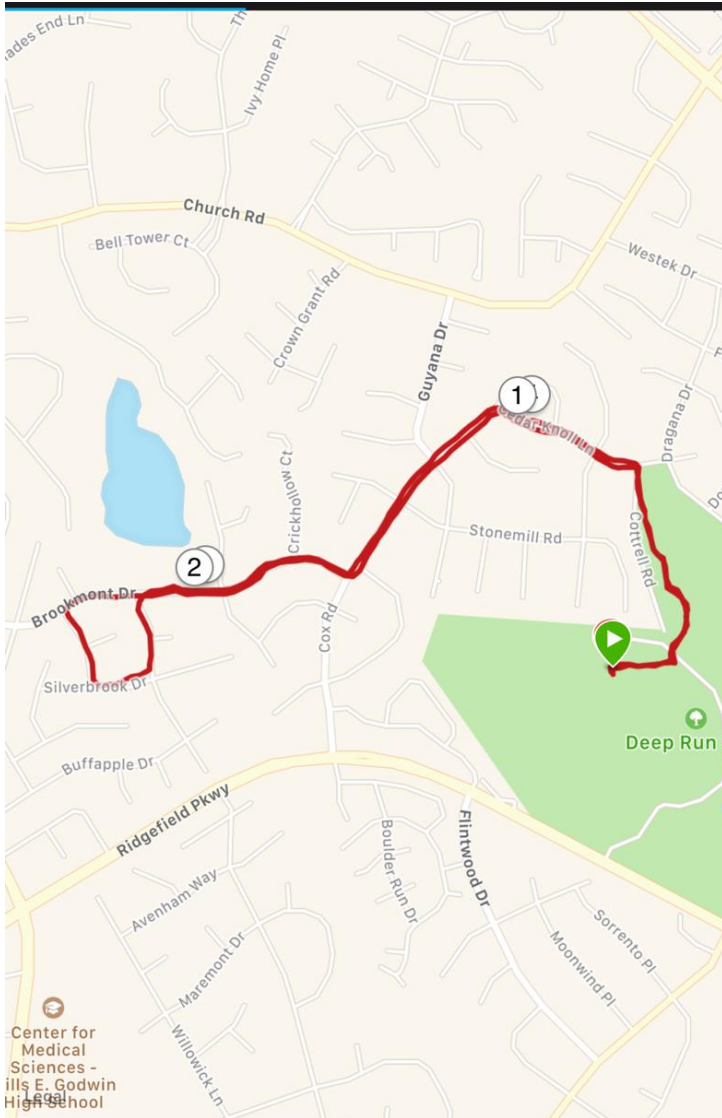
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1st 5K Map



2nd 5K Map

