



# Tanglewood Park 5/10K Walk - Forsyth County Y-3593

Sponsored by the Winston Wanderers, PO Box 674, Clemmons, NC  
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## IN CASE OF EMERGENCY: DIAL 911

Event Related Assistance: Bill Solarek [sbsolar@woh.rr.com](mailto:sbsolar@woh.rr.com) (937) 668-3310

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

**Start/Finish Point:** Tanglewood Park Dog Park Parking Lot 4061 Clemmons Rd, Clemmons, NC

**Directions** from I-40: Tanglewood park is in Clemmons NC southwest of Winston-Salem. From east, take exit #182 Harper Road/Tanglewood exit. Turn left on Harper Road. From west, take Exit#182 Harper Road/Tanglewood exit. Turn right on Harper Road. Turn right on Clemmons Road (St. Rt. 158). Take 1st left into Tanglewood Park. Once in park take the 1st left following campground and dog park signs. NOTE: If you continue straight, you will reach a guard shack and be asked to pay to enter the park. This is NOT necessary. Continue to parking lot on right across the road from the dog park (Tanglewoof)

**WALK COMPLETION AND CREDIT:** Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participants Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when they submit the event completion info as a paying for credit participant. Note however that the \$2 coupon for the downloaded PDF expires in 60 days.

Parking: Parking Lot

Restrooms: Several around park

### Walking Instructions:

1. From the parking lot follow the greenway path that parallels road to 1<sup>st</sup> intersection. Turn **LEFT** keeping woods on right. Follow greenway to intersection before barn and stables.
2. Turn **LEFT** on path keeping barn on right barn. Cross over bridge and immediately turn **LEFT** on road (Manor House Circle, not marked). Continue up Manor House Circle to the 3rd gate of wrought Iron fence directly across from historic Manor House. Turn **LEFT** and pass through gate to enter gardens. *Feel free to explore the gardens. There are many seasonal blooming plants, interesting trees, children's exhibits, and a Carnivorous Plants display.*
3. After exploring gardens, proceed straight passing under the arbor. Take stairs at back of arbor area down to path. Continue straight to intersection. Turn **RIGHT** toward Wildflower Garden. Pass through gate and continue straight through Wildflower area (*spectacular in Spring*).
4. Exit Wildflower area through gate at opposite side of Wildflower area. Continue straight on Treasure Tree Trail, passing over bridge. Immediately after bridge turn **LEFT**.

5. Continue straight to exit woods to a grassy area. Turn **RIGHT** and follow grass (later dirt and or gravel) path  
Follow trail staying left to small lake (Mallard Lake), continue on trail with the lake on left back into the woods. Follow

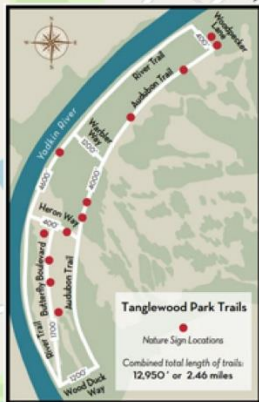
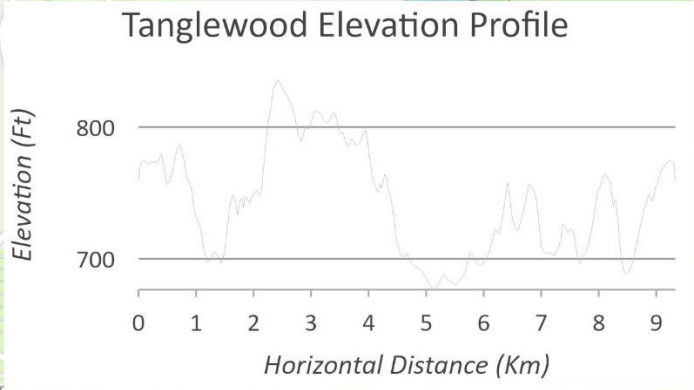
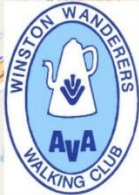


Trail markers to “T” intersection (Note: trail markers go left at this point). Turn **LEFT** at “T” then

- continue passing shelter on right. Bear left to continue on path/road.
6. Continue to intersection with gravel road. Turn **RIGHT** on gravel road to paved Main Entrance Road (Tanglewood Park road). Carefully cross street to greenway. **5K** – Turn **Right** on Greenway. Follow Greenway, cross Main Entrance Road, and continue to River Birch Circle intersection. Go to Instruction #12. **10K** – go to instruction #7
7. Turn **LEFT** on greenway. Follow greenway veering right past 1894 train and paralleling River Birch Circle road.
8. Continue on greenway past playground on left (restroom available), downhill past maintenance buildings to the end on the greenway. Jog left a short distance to River Birch Road and turn **RIGHT** on River Birch road continuing downhill to a parking lot on left.
9. Turn **LEFT** on wide gated gravel service road (Audubon Trail). Follow trail past golf course on left to a marsh area on right. Take trail to the **RIGHT** (Heron Way) straight to “T” intersection.
10. Turn **RIGHT** on River Trail. Follow River Trail to Woodpecker Lane.
11. Turn **RIGHT** on Woodpecker Lane. Follow Woodpecker Lane to parking lot. Exit woods, cross parking lot and turn **LEFT** on River Birch Circle road. Continue on River Birch road to intersection with Main Entrance road (Tanglewood Park road). Carefully cross Tanglewood Park Road and turn **LEFT** on the greenway.
12. Follow greenway crossing bridge and passing left of barns.  
(Restrooms available near shelter at top of hill)
13. Continue **STRAIGHT** on greenway paralleling Tanglewood Park road. Continue on greenway as it veers right to parallel Campground road. Continue straight to return to the start point parking lot.

# Tanglewood Park AVA - 5/10K Walk Winston Wanderers

Start/Finish  
Tanglewood Park  
Dog Park Parking Lot  
4061 Clemmons Rd, Clemmons, NC



Red = 5K route only

Yadkin River Nature Trail

