



## DEMON DEACONS TRAIL – Forsyth County 5/10 KM Walk YXXXX

Sponsored by the Winston Wanderers, PO Box 674, Clemmons, NC  
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**IN CASE OF EMERGENCY: DIAL 911**

**Event Related Assistance: Bill Solarek [sbsolar@woh.rr.com](mailto:sbsolar@woh.rr.com) (937)668-3310**

**These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.**

**Start/Finish Point:** 2250 Reynolda Road, Winston-Salem, NC


**Directions:** From the east (Raleigh, Greensboro), merge with I-40 East, take the second Silas Creek Parkway (North) exit; bear right at Wake Forest University/Reynolda Road (exit 67), turn right on Reynolda Road. Continue past the entrance to Reynolda Village and turn left at the Museum banner. From the west (Asheville), merge with I-40 East, take the second Silas Creek Parkway (North) exit; bear right at Wake Forest University/Reynolda Road (exit 67), turn right on Reynolda Road. Continue past the entrance to Reynolda Village and turn left at the Museum banner.



**WALK COMPLETION AND CREDIT:** Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participant's Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a user's Event Bank when they submit the event completion info as a paying for credit participant. Note however that the \$2 coupon for the downloaded PDF expires in 60 days.


Parking: Parking Lot

 Restrooms: start point and around trail.

1. From Parking Lot A, cross the road that leads to the Reynolda House and continue straight on the service road down toward the rear of the Reynolda House and loading dock.
 

 *Reynolda House Museum of American Art was originally the home of Katharine Smith and R.J. Reynolds, founder of the R.J. Reynolds Tobacco Company*
2. Just before trash containers take a path into the woods to the **Right**
3. In a short Distance the trail intersects (T) a larger trail. Turn **Right** on the larger trail. Continue Straight on trail until it dead ends at a (T) with another trail. Turn **Left**.
4. Turn **Right** at the Reynolda Gardens Trails sign toward Grayln. Continue on trail keeping the field on the right and crossing over 2 boardwalks.
5. Cross road (entrance to Reynolda House) and turn **Left** to Reynolda Road. Cross Reynolda Road at crosswalk and continue on sidewalk to a road (entrance road to Graylyn).
6. Turn **Right** on Grayln entrance road passing guard house.
7. At the Grayln Manor House you can enter to explore the house now converted to a hotel or continue straight. Restroom available.
 

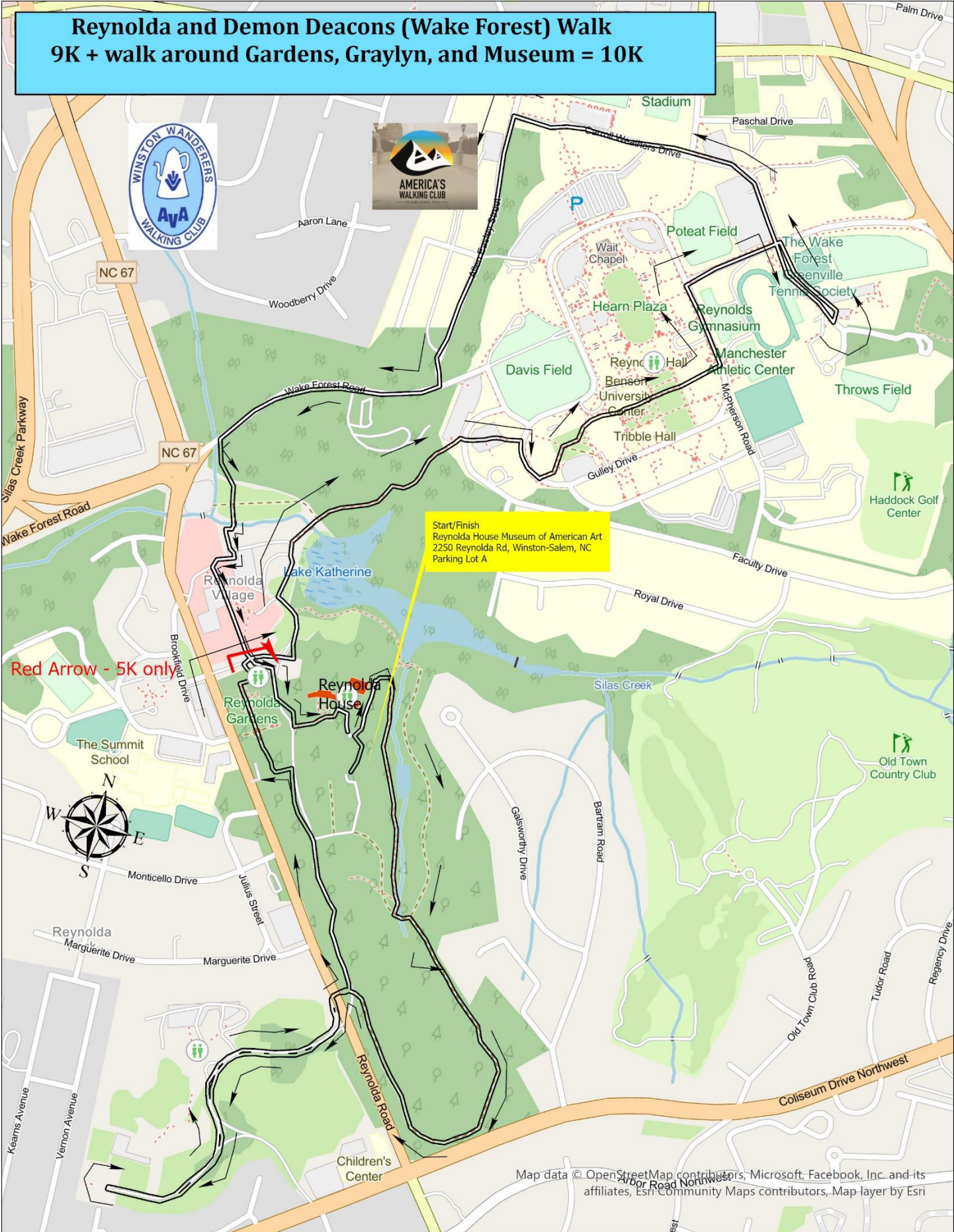
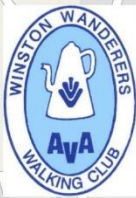
 *Graylyn International Conference Center is the former residence of Mr. and Mrs. Bowman Gray. In 1972, the property was donated to Wake Forest University and restored to its original splendor.*
8. Continue straight on entrance road toward the Mews. Bear right toward the entrance to the Mews. Enter the Mews through the gate and explore the Mews, which were stables converted into Guest Rooms.
9. Return to the Mews entrance gate and retrace your steps back to the Grayln Manor House. Continue past the Graylen Manor House back to the sidewalk and crosswalk crossing Reynolda Road.
10. Follow the sidewalk a short distance to the road (entrance road to Reynolda House) and turn **Left** on entrance road.
11. Head straight toward Reynolda House. **5K** – Continue to Reynolda House and Parking Lot A. **10K** - When you come to Parking Lot B look for the first trail into the woods on left at about the middle of Parking Lot B. Turn **Left** on the trail.
12. Follow the trail past a small wooden cabin to a bench. Turn **Right** at the bench to the gardens. Continue straight through the gardens (of course feel free to explore and enjoy the gardens) and gazebos toward the greenhouse.
13. Go up a few steps to the Greenhouse and turn **Right** then **Left** at the  end of the greenhouse past the restrooms.
14. Continue to the street and turn **Right**. Continue straight on a paved walkway to a T intersection at a parking lot. Turn **Left** to pass through bollards.
15. Continue to another parking lot on your left. Bear right.
16. At “T” intersection turn **Right** to cross over the bridge.
17. Continue straight to Wake Forest University
18. At the street (Faculty Dr. – no sign), cross Faculty Dr. and enter the Parking Lot. Cut diagonally across the parking lot toward a paved walkway at the far end of the Parking Lot.
19. Take the walkway to Gulley St (no sign). Turn **Right** on Gulley Street to keep Salem Hall on your left and Winston Hall on your right. At the end of Salem Hall turn **Left** then **Left** again on a side walk leading up stairs. Climb stairs and to an intersection veering right toward library.
20. **Left** to left side of library. Then turn **Right** going up, down, then up stairs. Continue straight past large building on left and across plaza with firepits on left. Continue straight between Manchester and Greene Halls.
21. At Wingate Rd. (no sign) turn **Left** passing in front of Reynolds Gymnasium.
22. Turn **Right** on Wake Forest Rd to Carroll Weathers Dr. Turn Right on Carroll Weathers Dr.
23. At top of hill bear Left through parking lot to Arnold Palmer Museum/Timothy Lam Anthropology Museum and Brian Piccolo Hall.
 

 *The Anthological Museum has free exhibits when open. Restroom available.*
24. **Reverse direction** to return to Wake Forest Rd. At Wake Forest Rd continue straight on Carroll Weathers Dr. to Allen Easley St. at T.

25. Turn **Left** on Allen Easley St to Wake Forest Drive.  
*The Scales Fine Art Center is behind the Scales Art Center on left.*  
*There are free exhibitions when open*
26. Turn **Right** on Wake Forest Dr. to Guard Shack at entrance to WFU.
27. Immediately to the left of the Guard Shack is a path leading into the woods. Turn **Left** onto path to a large grass area.
28. Cut across the field toward a bridge with black wrought iron rails. Cross bridge and turn **Right** around building to street. Turn **Right** on street then turn **Left** at stop sign. Continue straight through Reynolda Village to “T” intersection to “All Through the House” store.
29. Turn **Left** on walkway to Reynolda House then in a short distance turn **Right** through gate to a crosswalk.
30. Take the pebble path at the end of the crosswalk to Reynolda House.
31. Follow pebble path and slate path to cross in front of Reynolda House.
32. Parking Lot A (start/finish) is to your right.

# Reynolda and Demon Deacons (Wake Forest) Walk

9K + walk around Gardens, Graylyn, and Museum = 10K



Start/Finish  
Reynolda House Museum of American Art  
2250 Reynolda Rd, Winston-Salem, NC  
Parking Lot A

Red Arrow - 5K only