



The Dallas Trekkers
 Welcomes You to the
Northaven Trail
 AVA Sanctioned Year Round Event



Walk the Northaven Trail and neighborhoods, including the new pedestrian bridge over Central Expressway. Sections of the Trail are lined with flowering, native plants and grasses.

OSB Registration:

Please use the Online Start Box (OSB) to register and complete the event. The sponsoring club only receives credit for OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

Walk Completion and Credit:

In order for you and our club to receive credit, be sure to log back in to the OSB System and enter your participation date, distances, and Special Programs (if applicable).

Start Point Address and Driving Directions:

East Walks, Freda Stern Parking Lot: 10803 Freda Stern Dr. Dallas, 75230 (Google Maps Plus Code: V6XG+C5 Dallas, Texas). North- or southbound on US 75, take the Royal Lane Exit. Turn west 1 long block to Freda Stern Dr. Turn right on Freda Stern to the parking lot.

West Walks with Disney Streets: Northaven Trail College Park Parking Lot (Google Maps Plus Code: W538+3C Dallas, Texas). North- or southbound on Midway Rd, turn east for 0.3 mi. to the parking lot on your left (just after Crestline Dr.).

Restrooms and Parking:

There are restrooms at the YMCA directly across from the College Park parking lot. Near the Freda Stern parking lot, there are several fast food restaurants and a gas station at the intersection of U.S.-75 and Royal lane. Parking is free at both locations.

Special Programs:

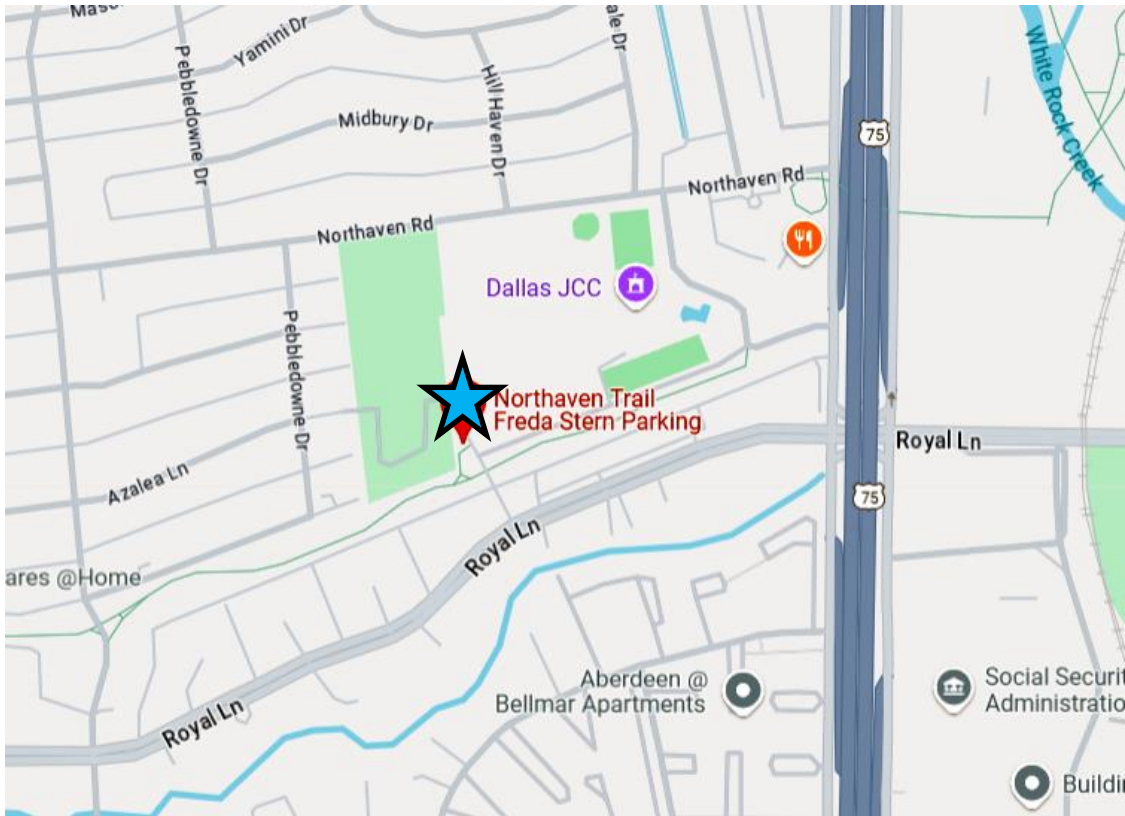
None.

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START POINT LOCATION NORTHAVEN TRAIL – FREDA STERN 5 km & 10 km EAST WALKS

Northaven Trail Freda Stern Parking Lot, 10803 Freda Stern Dr. Dallas, 75230 (Google Maps Plus Code: V6XG+C5 Dallas, Texas). North- or southbound on US 75, take the Royal Lane Exit. Turn west 1 long block to Freda Stern Dr. Turn right on Freda Stern to the parking lot.



NORTHAVEN TRAIL – FREDA STERN 5 km & 10 km EAST WALKS

Northaven Trail Freda Stern Parking Lot, 10803 Freda Stern Dr. Dallas, 75230 (Google Maps Plus Code: V6XG+C5 Dallas, Texas). North- or southbound on US 75, take the Royal Lane Exit. Turn west 1 long block to Freda Stern Dr. Turn right on Freda Stern to the parking lot.

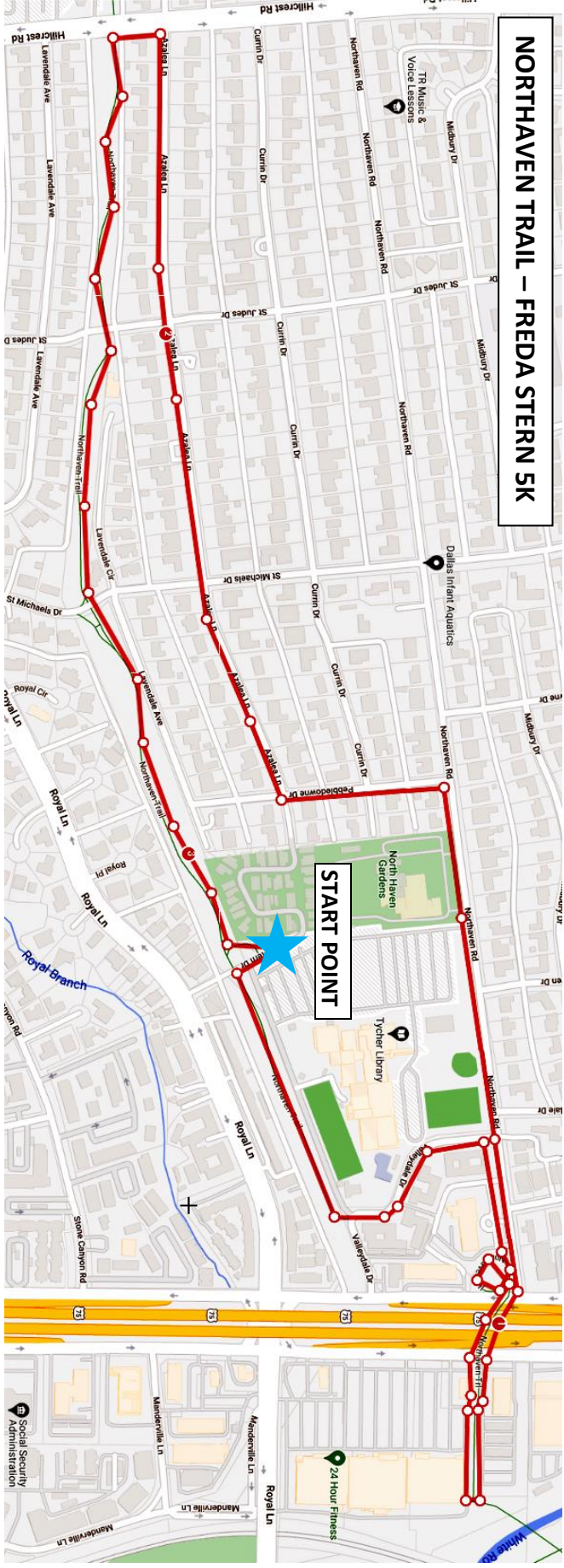
WALK INSTRUCTIONS

1. From the Freda Stern parking lot, turn **LEFT** on the Northaven Trail to Valleydale Drive.
 2. **CROSS and LEFT** on Valleydale to Northaven Rd.
 3. **RIGHT** on Northaven to the Overpass.
 4. **FOLLOW** the trail up the ramp and across the Overpass to the other side of the highway (US75).
 5. **CONTINUE** on the trail to the yellow bollards.
 6. At the yellow bollards, **TURN AROUND** and re-cross the highway to Northaven Rd.
 7. **CONTINUE** on Northaven, crossing Valleydale and past Northaven Gardens.
 8. Turn **LEFT** on Pebbledown for 2 blocks to Azalea Ln.
 9. Turn **RIGHT** on Azalea for 3 blocks to Hillcrest Dr.
 10. Turn **LEFT** on Hillcrest for ½ block to the Northaven Trail.
- 10 km SKIP TO #12**
- 5 km:**
11. Turn **LEFT** on the Trail, returning to **FINISH** at the Freda Stern parking lot.
 12. **10 km:** turn **RIGHT** on the Trail and continue for about 1 ½ km to Preston Rd.
 13. At Preston Rd, **TURN AROUND** and return on the Trail to **FINISH** at the Freda Stern parking lot.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



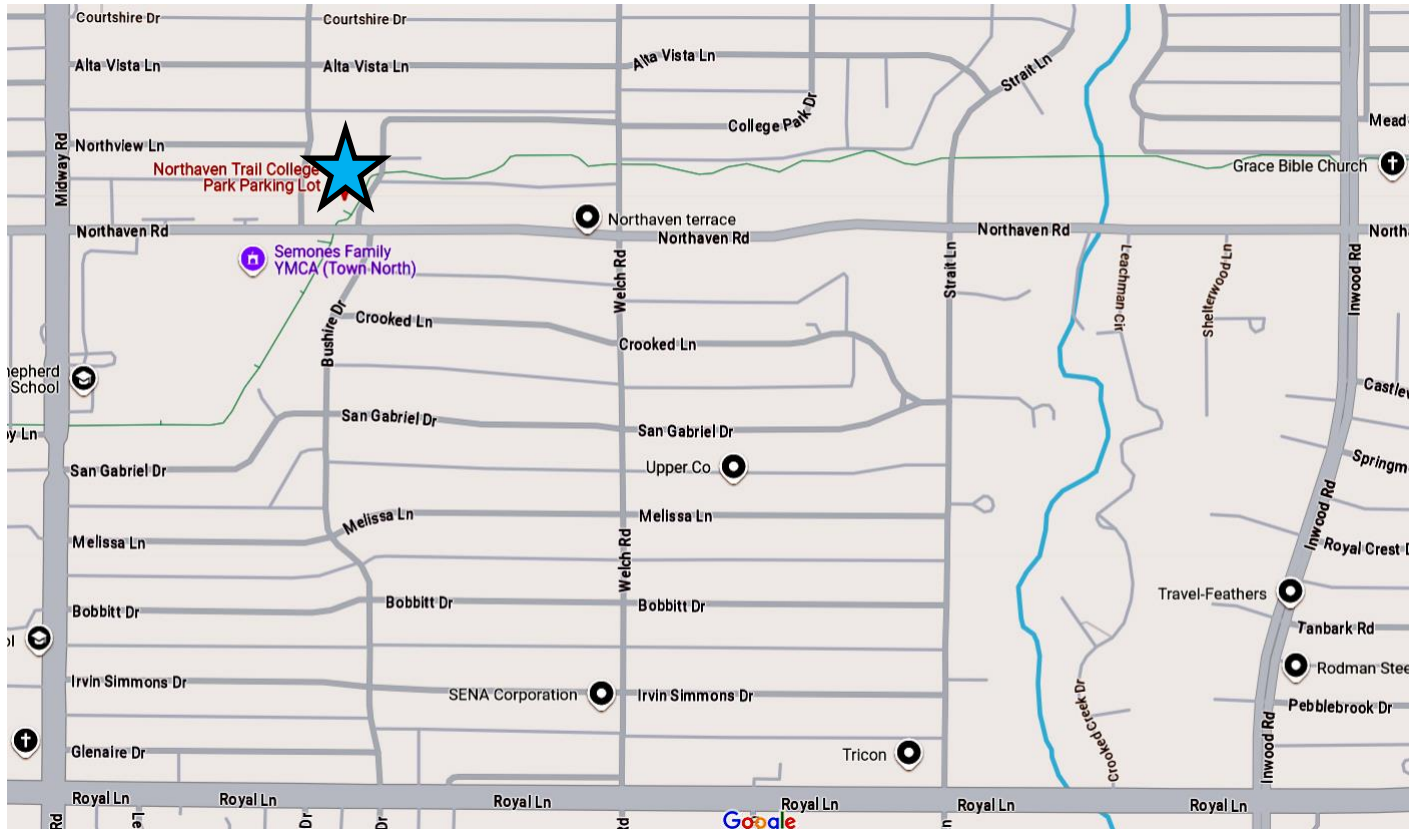
NORTHAVEN TRAIL – FREDA STERN 10K



NORTHAVEN TRAIL – FREDA STERN 5K

START POINT LOCATION NORTHAVEN TRAIL – 5 km & 10km WEST with DISNEY STREETS

Northaven Trail College Park Parking Lot (Google Maps Plus Code: W538+3C Dallas, Texas). North- or southbound on Midway Rd, turn east for 0.3 mi. to the parking lot on your left (just after Crestline Dr.).



NORTHAVEN TRAIL – 5 km WEST with DISNEY STREETS

Northaven Trail College Park Parking Lot (Google Maps Plus Code: W538+3C Dallas, Texas). North- or southbound on Midway Rd, turn east for 0.3 mi. to the parking lot on your left (just after Crestline Dr.).

5 km WALK INSTRUCTIONS

1. **CROSS** Northaven Road to the YMCA.
2. Turn **RIGHT** on Northaven Road and continue to Midway Road.
3. **CONTINUE** on Northaven to Pinocchio Dr.
4. Turn **LEFT** on Pinocchio for 1 block to the Northaven Trail.
5. Turn **RIGHT** on the Trail to Snow White Dr.
6. **CROSS** and turn **RIGHT** on Snow White to Northaven Rd.
7. Turn **LEFT** on Northaven for 3 blocks to Rosser Rd.
8. Turn **Left** on Rosser Rd back to the Northaven Trail.
9. Turn **Right** on the Trail to Cox Lane.
10. Turn **Left** on Cox Ln to Waldorf Circle.
11. Turn **LEFT** to end of Waldorf Circle.
12. Take the sidewalk between the utility pole and the fence and immediately turn **LEFT**.
13. Follow the sidewalk to the street (Peter Pan Lane).
14. Turn **LEFT** on Peter Pan for 4 blocks to Aladdin Drive.
15. Turn **LEFT** on Aladdin for 1 long block to Sleepy Lane.
16. **CROSS** Sleepy Lane and turn **RIGHT** on the Northaven Trail.
17. Follow the trail back to the Northaven Trail College Park Parking Lot to **FINISH**.

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NORTHAVEN TRAIL – 10 km WEST with DISNEY STREETS

Northaven Trail College Park Parking Lot (Google Maps Plus Code: W538+3C Dallas, Texas). North- or southbound on Midway Rd, turn east for 0.3 mi. to the parking lot on your left (just after Crestline Dr.).

10 km WALK INSTRUCTIONS

1. **CROSS** Northaven Road to the YMCA.
2. Turn **RIGHT** on Northaven for 1 block to Midway Road.
3. **CROSS** Midway and continue for 1 block to Cinderella Lane.
4. Turn **LEFT** on Cinderella for 1 block to the Northaven Trail.
5. Turn **RIGHT** on the Trail for 1 block to Pinocchio Dr.
6. Turn **RIGHT** on Pinocchio to Northaven Rd.
7. Turn **LEFT** on Northaven for 5 blocks to Rosser Road.
8. Turn **LEFT** on Rosser back to the Northaven Trail.
9. Turn **RIGHT** on the Trail and cross Vinecrest Dr., Cox Lane, Marsh Lane, and Cromwell Dr. (about 1 mile).
10. Continue on the Trail as it turns left through Royal Park.
11. Continue, crossing Royal Ln, Princess Ln, and Norcross Ln to Merrell Road (about 1 mile).
12. Turn **LEFT** on Merrell for 1 block to Cromwell Dr.
13. Turn **LEFT** on Cromwell for 11 blocks to Townsend Dr.
14. Turn **RIGHT** on Townsend to end at Vinecrest Dr. (about $\frac{3}{4}$ mile).
15. Turn **LEFT** on Vinecrest to the Northaven Trail.
16. Turn **RIGHT** on the Trail and follow it back to the Northaven Trail College Park Parking Lot to **FINISH**.

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