

**Fort Washington Walk – 5 & 10 KM Year-Round Event
Hosted by the Annapolis Amblers**

Table Of Contents:

Section Contents	Pages
Table of Contents, Trail Description, Special Programs, Website, Start Point, Amenities, Walk Registration/Completion, Historical Notes	1
5 KM Directions	2
10 KM Directions	3
Map	4

Trail Description:

Fort Washington is a National Park that contains the physical remains of several forts from 1808-1922. The 5K trail (1A) visits the main fort and stays on paved paths and relatively flat natural surfaces. The 10K trail (3B) visits the main fort and goes around the full park. The 10K trail has a couple of significant hills with exposed roots. We highly recommend bringing walking sticks or walking the 5K loop twice if you are not as steady on your feet.

Special Programs: None

Annapolis Amblers Website: www.annapolisamblers.org

Start Point:

Fort Washington Park, 13551 Fort Washington Road, Fort Washington, MD 20744

Amenities:

There are porta pots along the route and restrooms at the Visitor Center and some pavilions. Bring water with you.

Driving Directions:

Take your best route to MD-210. Go West on Fort Washington Road and follow signs to the Visitor Center parking lot.


Walk Registration:

Registration takes place online using the AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Note: The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distance and any special program using the OSB. See below.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please log in to your Online Start Box account, click on the “My Start Box” tab, then the “Finish Table” tab, and click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

	<p>In case of Emergency: Dial 911 Event related assistance: Thomas DeHetre: 301-848-9475</p>	<p>These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.</p>
--	--	---

Fort Washington Walk – 5 KM Walk (1A)

1. From the parking lot, **WALK** to the Visitor’s Center (yellow house). If open, stop and check out the shop and exhibits. parking lot where you left your vehicle. (5.2km)
2. Leave the Visitor’s Center staying to the right to walk past a series of story boards at the circle and then continue straight to the ‘T’ intersection. **TURN RIGHT** and walk to the fort entrance.
3. **ENTER** the fort and walk **COUNTERCLOCKWISE** around the inside of the fort. Enjoy great views of the Woodrow Wilson Bridge, the Potomac River, and Mount Vernon which is off in the distance to the south/left. Explore the areas open to the public if you so desire.
4. **RETURN** to the parking lot where you left your vehicle, **TURN RIGHT** to walk through the parking lot to the road.
5. **TURN LEFT**, then **VEER RIGHT** at the “Yield Sign.” **VEER RIGHT** again at the intersection. **TURN RIGHT** at the next road to walk in front of two brick buildings. At the circle, **REVERSE** your steps back to the “Stop Sign” and **TURN RIGHT**.
6. At the next “Stop Sign,” **TURN RIGHT**. At the ‘Y’ (Picnic Areas Sign) **VEER LEFT**. Continue until you reach the “River Trail Sign” directly ahead of you. **REVERSE** your steps back to the “Picnic Areas Sign.”
7. **TURN LEFT** and follow the road to the circle with the “Keep Right Sign.” Continue around the circle and **REVERSE** your steps to the ‘T’ intersection. **TURN LEFT** at the “Stop Sign.”
8. **TURN LEFT** at the “Yield Sign” onto the main park entrance road. Follow the road, **VEERING RIGHT** at the intersection, with a parking lot on your right, and continue to the

Thank you for walking with the Annapolis Amblers. We hope you enjoyed your walk. If you have not already done so, please login to my.ava.org then click on the “My Start Box” tab, then the “Finish Table” tab to “complete” your walk.



In case of Emergency: Dial 911
Event related assistance:
Thomas DeHetre: 301-848-9475

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Fort Washington - 5 & 10 KM Walk Directions
Fort Washington Walk – 10 KM Walk (3B)

1. From the parking lot, walk to the Visitor Center (yellow house). Stop and check out shop and exhibits if open.
parking lot and walk **CLOCKWISE** around the meadow. **REJOIN** the road through the last parking spot in the parking lot and **TURN LEFT**.
2. **LEAVE** the Visitor Center, stay right to walk past a series of story boards at the circle and then continue to ‘T.’ **TURN RIGHT** and head to the Fort.
3. **ENTER** the fort and walk **COUNTERCLOCKWISE** around the inside of the fort. Enjoy great views of the Woodrow Wilson Bridge, the Potomac River, and Mount Vernon which is off in the distance to the south/left. Explore the areas open to the public if you so desire.
4. **TURN LEFT** after exiting the fort and walk down to the lighthouse. (1.1K) **TURN LEFT** to walk along the rivers (right). You will cross several boardwalks.
5. Just after a piece of the fort’s infrastructure, **TURN LEFT** up the hill. At the ‘Y,’ you can proceed up either fork. Left side has stairs and the right has roots. (2.5K) Catch your breath at the viewing area for your last glimpse of Mount Vernon.
6. **CONTINUE** on the trail/paved road, crossing a grassy area and passing a battery on the left. At maintenance area **CONTINUE STRAIGHT** on paved road. (3.2K)
7. **TURN LEFT** at ‘T’ with picnic area sign on left. Continue on the road, going around the loop and retracing your steps past the parking area labeled “D-2.”
8. **TURN LEFT** at the next road and walk to the end of the parking lot near Pavilion C. **RETRACE** your steps to the main road and **TURN LEFT**.
9. At the next road, **TURN LEFT** toward Pavilion A. This time proceed through the
10. At the ‘T,’ **TURN LEFT** and then at next Stop sign, **TURN LEFT** again. (5.6K) **TURN RIGHT** at the Entrance Station. At the cross walk, carefully **TURN LEFT and CROSS** the main entrance road.
11. Follow the Swan Creek Trail (blue blazes). Stay **RIGHT** at ‘Y,’ continuing to follow the blue blazes. Stay right at all perceived intersections keeping the river on your right.
12. At a ‘T,’ **TURN RIGHT** (trail sign on right) and then immediately **TURN LEFT** to stay on the trail. As you get within view of the light house, you will see a parking lot and porta potty. **TURN LEFT** to go up the hill.
13. **TURN LEFT** to walk through the parking lot and proceed on the left side of the road up the hill to the main road.
14. At Stop sign, **TURN LEFT** and walk counterclockwise around the loop and along the main road. **TURN RIGHT** carefully crossing the main road and proceed in the walking/bike path back towards the Visitor Center.
15. At the parking lot, **STAY LEFT** to walk back to the start point.

Thank you for walking with the Annapolis Amblers. We hope you enjoyed your walk. If you have not already done so, please login to my.ava.org then click on the “My Start Box” tab, then the “Finish Table” tab to “complete” your walk.

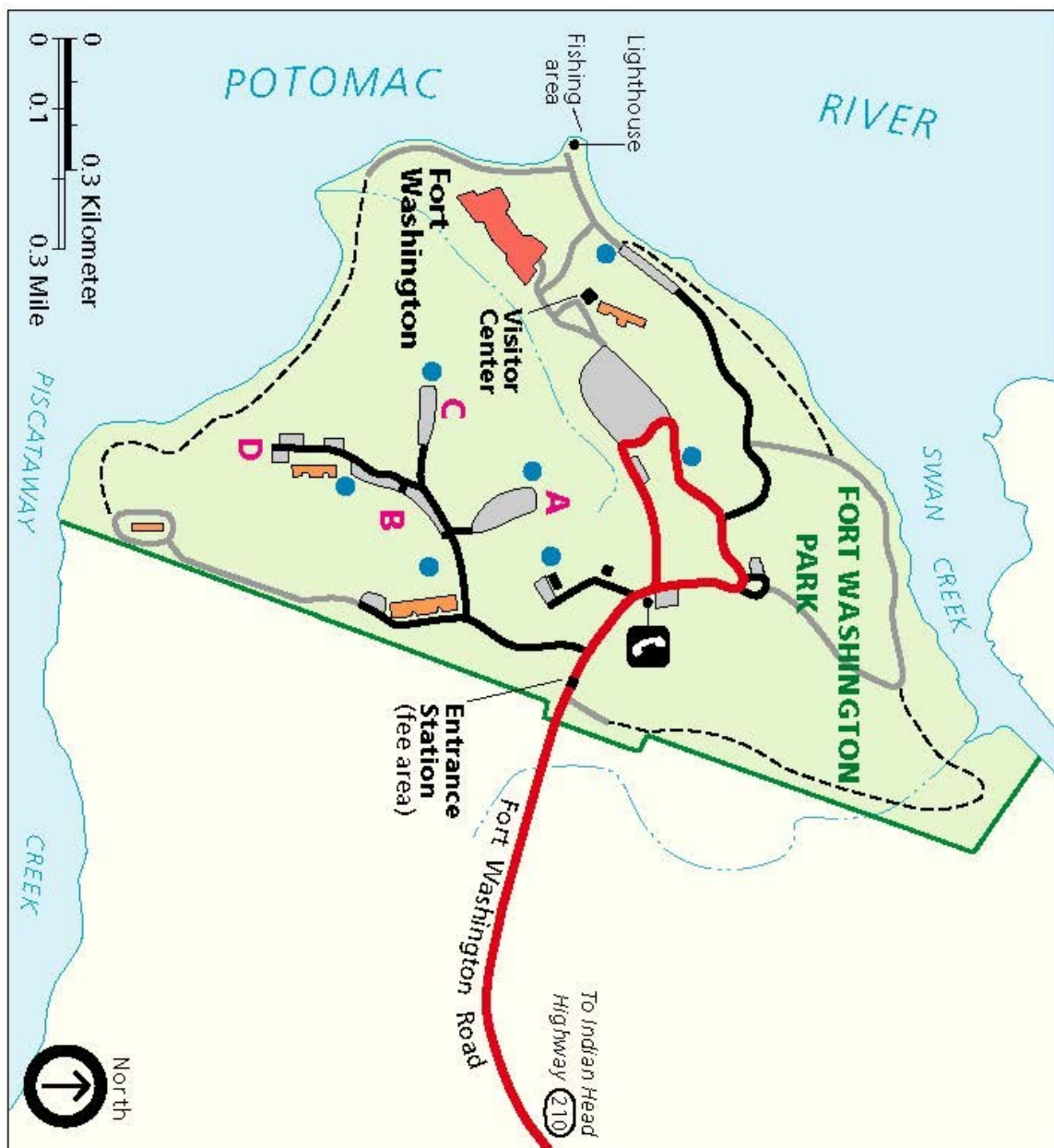


In case of Emergency: Dial 911
Event related assistance:
Thomas DeHetre: 301-848-9475

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

Fort Washington - 5 & 10 KM Walk Directions

Map retrieved from <https://www.nps.gov/fowa/planyourvisit/maps.htm>



- Map Legend:**
- Parking lot
 - Service road (motor vehicles prohibited)
 - Foot trail
 - Endicott battery
 - Telephone
 - Reserved picnic area
 - Restrooms

	<p>In case of Emergency: Dial 911 Event related assistance: Thomas DeHetre: 301-848-9475</p>	<p>These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.</p>
--	--	---