



Fredericksburg Walking Club

Dahlgren Rails to Trails Walk — 5K & 13K Walk | Y3664 | Rated 1B

Start Point: Trailhead Parking on Bloomsbury, 10431 Bloomsbury Road, King George, VA 22485

Restrooms: There are no restrooms

An AVA Sanctioned Seasonal Walk (Credit Only) August 1, 2025—December 31, 2025

The Dahlgren Railroad Heritage Trail is an old railroad line that has been converted to a multiuse trail that winds through 240 acres of preserved land, mostly woodland. The trail is clear, and the historic railroad ties are removed. The natural surface is even and good for walking, hiking, biking, and running. The first four miles are particularly well used and maintained, and are suitable for strollers and children. There is little elevation change on this trail. This trail is out and back. You can walk as far as you'd like - just keep track of your distance.

This is a privately owned trail. All walkers are required to have a permit, which is free and can be applied for online at: <https://www.dahlgrentrail.org/use-permits.html>

Walk Registration:

This walk is through AVA Online Start Box (OSB), which is located on the website my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions (print if desired). The Point of Contact (POC) does not provide event directions or accept payments.

Driving Directions:

Trailhead Parking on Bloomsbury, 10431 Bloomsbury Road, King George, VA 22485.

From I-95 (either direction): Exit 133 US 17 / Warrenton. Stay on Warrenton, crossing Route 1, and then Warrenton turns into Butler. Turn right on Cool Springs Rd., then left onto Route 3, Kings Highway. After 8.7 miles, turn left onto State Rte 665. In 1.5 miles, turn left of Rte 605. Parking lot will be on the left.

Caution: Some GPS has the left turn into the Bloomsbury parking lot approximately .3 mile further from the actual turn.

Restrooms:

There are no restrooms.

Special Programs:

Rails to Trails

Walk Completion and Walk Credit:

Please use either the OSB to register and complete the event. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB. Once you have completed the walk, log in to your AVA OSB Account. If you are using the OSB, click on the "My Start Box" tab, click the "Finish Table" tab, and then click "Go to Finish Table" button for the event that you completed. Use the displayed entry form to submit the date and distance for your walk, as well as selecting the applicable AVA Special Programs. This will generate the stamped virtual insert cards that you may choose to print out.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

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Contact Information: If there is an emergency, please call 911. Club POC is Roger Carr at 540-429-2239.



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This walk is out and back.

The entire section of trail from the Bloomsbury Trail head to State Route 610 (Indiantown Road) is 8 Miles.

You can walk as far as you'd like; just keep track of your distance.

There are mile markers on the trail.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.



In case of Emergency: Call 911

POC: Roger Carr at 540-429-2239

Trail disturbances? Call the King George County Sheriff's office: 540.775.2049

SPECIAL PROGRAMS: *Rail to Trails*

Dahlgren Rails to Trails: Dahlgren Railroad Heritage Trail Section 1

Section 1 of the trail encompasses approximately 8 miles, and spans from the State Route 605 (Bloomsbury Road) trailhead to State Route 610 (Indiantown Road).

