



**Fredericksburg Walking Club**  
**Caledon State Park — 5K & 10K Walk | Y3665 | Rated 2B**  
**Start Point: Caledon State Park, 11617 Caledon Rd., King George, VA 22485**  
**Restrooms: At the park visitor center**

An AVA Sanctioned Seasonal Walk (Credit Only) August 1, 2025—December 31, 2025

A National Natural Landmark known for its old growth forest and summer home to many American bald eagles, Caledon attracts bird watchers of all ages. Wooded trails, including Boyd's Hole Trail, which leads to the Potomac River, are open year-round. A visitor center with bald eagle exhibits, four picnic areas, a picnic shelter and restrooms also are available. The park visitor center and gift shop are open 10 a.m. to 4 p.m., Friday through Sunday. Hours are subject to change. Caledon State Park is closed to the public two days in November and the first Saturday of December for resource management projects. Please check Park Alerts for the exact dates. Phone: 540-663-3861

**This is a Virginia State Park with admission fees. Passenger Vehicle Parking and Admission Fee is \$5 per vehicle.**

**Walk Registration:**

This walk is through AVA Online Start Box (OSB), which is located on the website [my.ava.org](http://my.ava.org). Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions (print if desired). The Point of Contact (POC) does not provide event directions or accept payments.

**Driving Directions:**

**Caledon State Park:** 11617 Caledon Rd., King George, VA 22485.

**From I-95N:** Take I-95N to Exit 104 toward Bowling Green on VA 207 E Bypass/Bowling Green. Continue following Bowling Green Bypass. Continue onto US 301 N (AP Hill Blvd) for 19.3 miles and then turn left onto St Rte 611. In 2.2 miles, turn right on VA 206 E. In 3 miles, take a sharp left onto VA 218 W. In 1.2 miles, turn right into the park. On the park road, keep right to the Visitor Center.

**From I-95S:** Exit to US-17 BUS S/Warrenton Rd. Take US-17 Business S to Falmouth and then continue straight onto VA-218 E/Butler Rd. Continue on US-218 20.2 miles. Turn left into the park. On the park road, keep right to the Visitor Center.

**Restrooms:**

There are restrooms in the Visitor Center.

**Special Programs:**

None.

**Walk Completion and Walk Credit:**

***Please use either the OSB to register and complete the event. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.*** Once you have completed the walk, log in to your AVA OSB Account. If you are using the OSB, click on the "My Start Box" tab, click the "Finish Table" tab, and then click "Go to Finish Table" button for the event that you completed. Use the displayed entry form to submit the date and distance for your walk, as well as selecting the applicable AVA Special Programs. This will generate the stamped virtual insert cards that you may choose to print out.

**These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.**

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**Contact Information:** If there is an emergency, please call 911. Club POC is Roger Carr at 540-429-2239.



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Start Point: Caledon State Park, 11617 Caledon Rd., King George, VA 22485

Restrooms: At the park visitor center

1. Leave the Visitor Center Start/Finish Point and turn **RIGHT** onto the gravel path.
2. Turn **RIGHT** on the gravel road and enter Boyd's Hole trail.
3. At the next trail junction sign, continue **STRAIGHT** on Boyd's Hole trail. Trail Markers are Cobalt Blue.
4. At the **next trail junction sign**, continue **STRAIGHT** on Boyd's Hole trail. (1.2 km)
5. At the next trail junction sign ("Triangle" sign on right), **BEAR RIGHT** at the **Y intersection**, continuing on Boyd's Hole trail.
6. **DECISION POINT:**  
**5km Walkers:** At the **next trail junction sign**, 5km walkers turn **RIGHT** onto the Potomac Overlook trail and skip to **Direction #15**.  
**10km Walkers:** 10km walkers continue **STRAIGHT** onto Potomac Overlook trail (3.1 km). Trail Markers are Gold.
7. **10km Walkers only:** At the next trail junction sign ("**T**" intersection), turn **LEFT**, continuing on Potomac River Overlook trail. (3.8 km)
8. At the **next trail junction sign**, turn **RIGHT** onto the Hampsted Road trail. (4 km). Trail Markers are Violet.
9. At the next trail junction sign, continue **STRAIGHT**, following the grass/dirt trail to Stuart's Warf. Pass under a rope barrier.
10. At Stuart's Warf (5.3 km), enjoy the view of the Potomac River! **TURN AROUND** and retrace your steps back to the gravel Hampsted Road trail.
11. After passing the rope barrier, continue **STRAIGHT** ahead on the Hampsted Road trail. (6.2 km on wooden bench on left)
12. At the next trail junction sign ("**T**" intersection), turn **LEFT** onto the Potomac River Overlook trail.
13. At the next trail junction sign, turn left, **CONTINUING** on the Potomac River Overlook trail.
14. At the **next trail junction sign**, turn **LEFT**, continuing on the Potomac Overlook trail (7.5 km)
15. **5km and 10km Walkers:** At the next trail junction sign ("**T**" intersection, turn **LEFT** onto the Boyd's Hole trail (4.1 km / 8.5 km).
16. At the **next trail junction marker**, continue **STRAIGHT** on the Boyd's Hole trail.
17. **DECISION POINT:**  
At the end of the Boyd's Hill trail, continue **STRAIGHT** onto the gravel road, passing a garage and several buildings on your left.  
**5km Walkers:** 5km walkers, turn **LEFT** on the gravel path and return to the Visitor Center (Start/Finish Point). **5km Walkers end.**  
**10km Walkers:** 10km walkers continue on the gravel road until you reach the Belmont Trailhead sign on your right.
18. **TURN AROUND** and return to the Visitor Center (Start/Finish Point). **10km Walkers end.**

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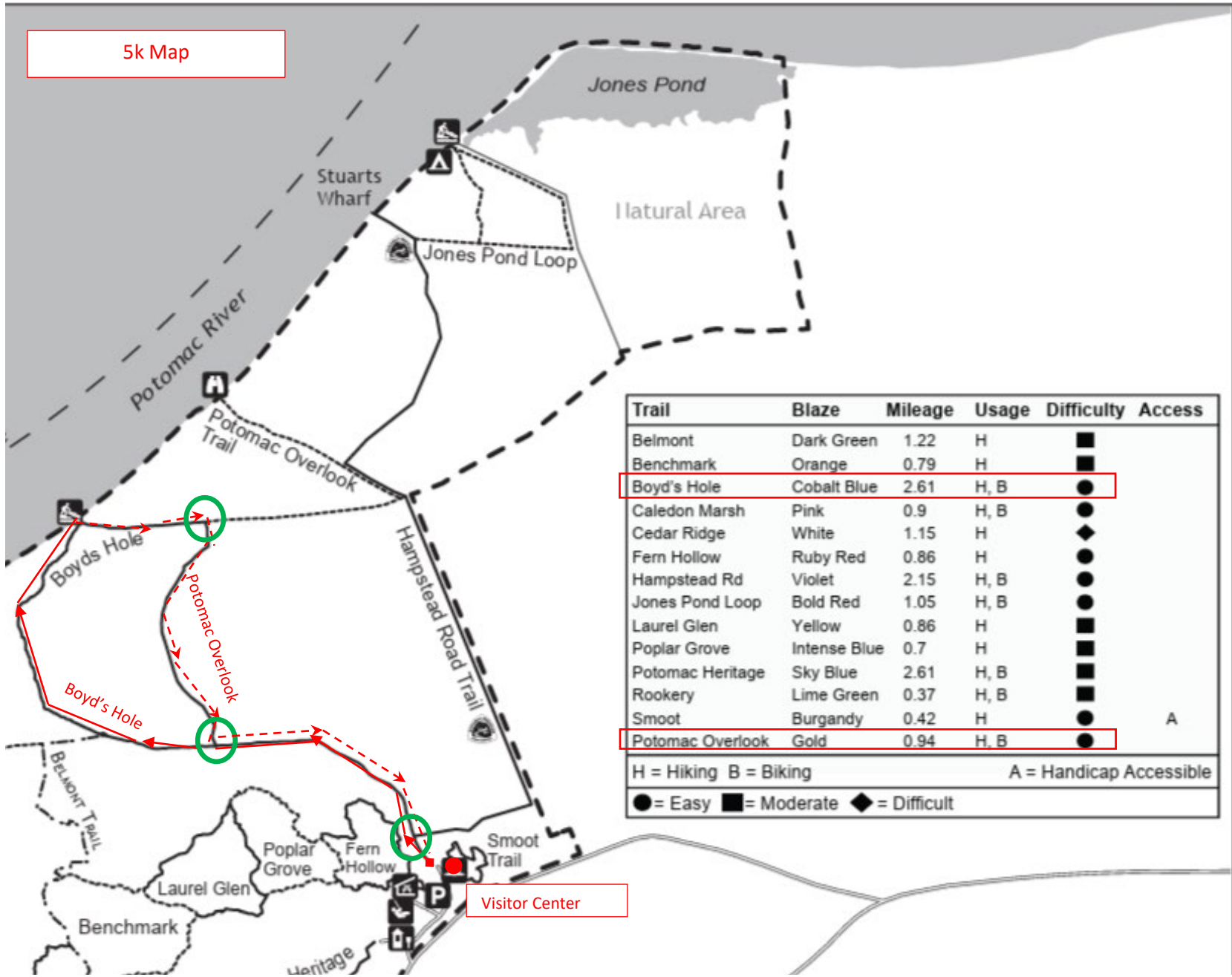
In case of Emergency: Call 911

**POC:** Roger Carr at 540-429-2239

**Trail disturbances?** Call the King George County Sheriff's office: 540-775-2049

**SPECIAL PROGRAMS:** *None*

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