



Fredericksburg Walking Club

FREDERICKSBURG – Ni River Trail — 5K & 10K Walk | Y3666 | Rated 2C

Start Point: 8110 River Stone Dr. Fredericksburg, VA 22407 (Spotsylvania County)

Restrooms: None on-site. Gas Station with Restrooms at the intersection of Patriot Hwy. and Massaponax Church Rd.

An AVA Sanctioned Season Event (Credit Only) – July 26, 2025—December 31, 2025

Enjoy this 5K/10K walk on tree shaded trails that take you around a small pond and along the Ni River. A few markers along the way describe the unique forests, wetlands, and species of trees. The 10K walk repeats the 5K walk backwards. The walk start / finish point is the Ni River Trailhead (see Driving Directions below for details).

Walk Registration:

Registrations is through the AVA Online Start Box (OSB), which is located on the website my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions (print if desired). The Point of Contact (POC) does not provide event directions or accept payments.

Driving Directions: Note that Parking at Trailhead is limited.

Ni River Trailhead is located at 6: 8110 River Stone Dr. Fredericksburg, VA 22407.

From I-95 S: Exit at 126. Follow US-S for 4 miles Turn Right on to River Run Parkway. The Parking Area will be on your left at some concrete barriers.

From I-95 N: Take Exit 118 in Thornburg. In 4.5 miles, use any lane to turn left onto Mallard Rd. in 0.4 miles, turn left using the 2 left turn lanes to turn into Mudd Tavern Rd. Stay on Mudd Taven Rd through the traffic circle. 0.3 miles after the traffic circle, turn right onto US-1 N and follow it 3.3 miles. Turn left onto River Run Parkway; the Parking Area will be on your left at some concrete barriers.

Restrooms:

None on-site. Gas Station with Restrooms at the intersection of Patriot Hwy. and Massaponax Church Rd.

Special Programs:

Centurion Achievement Challenge, IVV Americas, Walking the United States – States, and Walking the USA A-Z.

Walk Completion and Walk Credit:

OSB only. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB. Once you have completed the walk, log in to your AVA OSB Account. Click on the "My Start Box" tab, click the "Finish Table" tab, and then click "Go to Finish Table" button for the event that you completed. Use the displayed entry form to submit the date and distance for your walk, as well as selecting the applicable AVA Special Programs. This will generate the stamped virtual insert cards that you may choose to print out.

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

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Contact Information: If there is an emergency, please call 911. Club POC is Roger Carr at 540-249-2239.



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Start Point: 8110 River Stone Dr., Fredericksburg, VA 22407

Restrooms: None on-site. Gas Station with restrooms available at intersection of Patriot Hwy. and Massaponax Church Rd.

1. Walk in the direction of arrow on trail sign next to parking.
2. **LEFT** towards Wetland Overlook Trail, pond on right.
3. **LEFT** on Wetland Overlook Trail.
4. **RIGHT** on Wetland Overlook Trail.
5. **LEFT** towards Ni River Trail, pond on right.
6. **LEFT** on Ni River Trail, blue trail markings on trees.
7. **STRAIGHT** on Ni River Trail, past Upland Forest Trail.
8. **STRAIGHT** on Ni River Trail, past Hilltop Trail.
9. **RIGHT** on Rolling Trail, yellow trail markings on trees.
10. **STRAIGHT** on Rolling Trail, past Tree Fall Trail.
11. **LEFT** on Salamander Loop, towards Vernal Pond with white trail markings on trees.
12. **LEFT** on Upland Forest Trail, white trail markings on trees.
13. **STRAIGHT** on Upland Forest Trail, past Tree Fall Trail.
14. **LEFT** on Ni River Trail, blue trail markings on trees.
15. **LEFT** towards Trailhead, pond on right.
16. **LEFT** towards Trailhead, returning to Trailhead.
****5K walk**** completed
****10K walk**** continue to step #17
17. Walk in the direction of arrow on trail sign next to parking.
18. **RIGHT** at pond, keeping pond on left.
19. **RIGHT** on Ni River Trail, blue trail markings on trees.
20. **RIGHT** on Upland Forest Trail white trail markings on trees.
21. **STRAIGHT** on Upland Forest Trail, past Tree Fall Trail.
22. **RIGHT** on Salamander Loop, towards Vernal Pond with white trail markings on trees.
23. **RIGHT** on Rolling Trail, yellow trail markings on trees.
24. **STRAIGHT** on Rolling Trail, past Tree Fall Trail.
25. **LEFT** on Ni River Trail, blue trail markings on trees.
26. **STRAIGHT** on Ni River Trail, past Hilltop Trail.
27. **STRAIGHT** on Ni River Trail, past Upland Forest Trail.
28. **VEER RIGHT** at pond, keep pond on left.
29. **RIGHT** on Wetland Overlook Trail.
30. **STRAIGHT** past Wetland Overlook Trail turn sign.
31. **LEFT** on Wetland Overlook Trail.
32. **VEER RIGHT** at pond, keep pond on left.
33. **RIGHT** towards Trailhead, returning to Trailhead.

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In case of Emergency: CALL 911

POC: Roger Carr 540-429-2239

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