



The Dallas Trekkers
 Welcomes You to
The Star in Frisco
 AVA Sanctioned Year Round Event



This walk is composed of 5km and 10km routes. All routes are rated 1A and are along city streets and concrete paths along the Hall Complex. The walk start/end point is the Ascension Coffee shop at 3625 The Star Blvd near the Cowboys training facility at The Star in Frisco.

Walk Registration:

Please use the Online Start Box (OSB) to register and complete the event. Several group walks are planned this fall. Check with the POC, Helen Hull for dates and time. Registration, directions, and stamp will be available at those times.

Walk Completion and Walk Credit:

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out

Driving Directions to Start Point:

The walk starts at the Ascension Coffee shop at 3625 The Star Blvd. Street parking and parking garages are available in the area. From the Dallas North Tollway, take Warren Parkway west to Internet. Right (north) on Internet. Parking is available in the parking garages and parking lots around the facility at 9 Cowboys Way as well as street parking next to restaurants and businesses in the area. After parking, make your way to the coffee shop.

Table of Contents:

Use the following table to guide what portion of this document you may wish to print out.

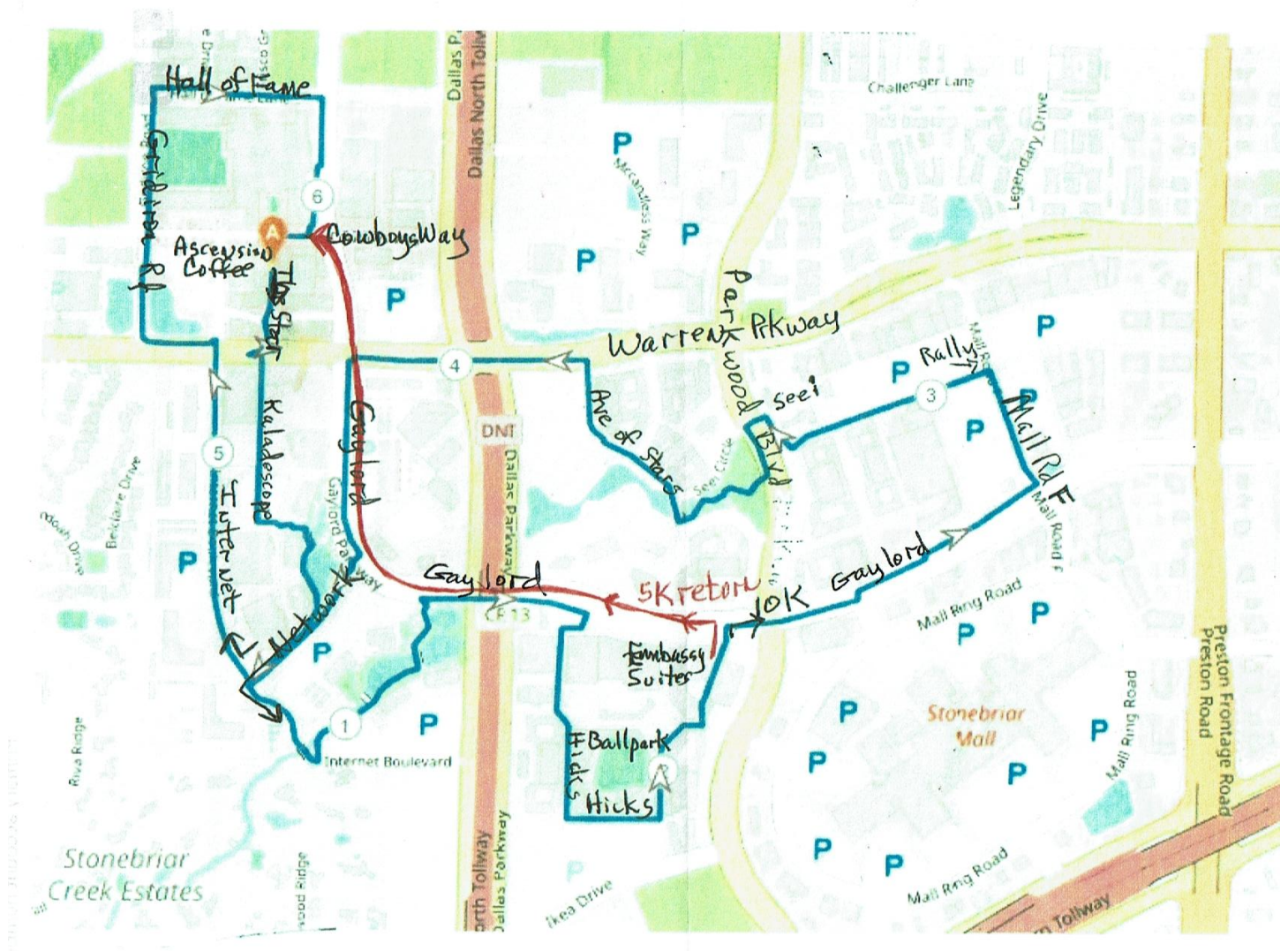
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THE STAR IN FRISCO – 5/10K

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

1. From the front of the coffee shop, **LEFT** on The Star Blvd toward the Huddle sculpture and Warren Parkway.
2. **CROSS** Warren and continue straight on unnamed 'alley' along Kaleidoscope Park to the end. Restroom located in the park. Admire the various art sculptures.
3. **LEFT** at end of 'alley' a short way to a cul-de-sac and a walkway. **RIGHT** on walkway next to the lake (on left) to the end at Network.
4. **RIGHT** on Network to Internet, then **LEFT** on Internet crossing a bridge to the parking lot on the left.
5. **VEER LEFT** into the parking lot and the paved path on left next to the creek. **CONTINUE** to the second bridge.
6. **CROSS** bridge, then stay **RIGHT** passing various sculptures and continue to the street (Gaylord Pkwy).
7. **RIGHT** on Gaylord Pkwy to North Dallas Tollway. Carefully cross the frontage roads under the tollway, and continue to the first street toward the Comerica Center (Dallas Stars Hockey training facility).
8. **RIGHT in front of the building, then LEFT** again between the buildings. Continue toward the Dr Pepper Baseball stadium (home of the Frisco Rough Riders) on your left.
9. **CONTINUE** 3/4 of way around the stadium.
10. **RIGHT** on street to the back entry to Embassy Suites. Enter the Embassy Suites (restrooms) and then exit the building onto Gaylord Pkwy.
11. **10K ONLY: GO TO STEP 14.**
12. **5K ONLY: LEFT** on Gaylord Parkway, cross Warren Pkwy, continue on Gaylord as it curves to the right. Cross Gaylord when safe to walk on right side of street.
13. **CROSS** Warren Parkway and continue to Winning Way. **LEFT** on Winning Way to the Huddle sculpture and your car. **END of 5K.**
14. **10K continues here: RIGHT** to the light, then **CROSS and RIGHT** on Gaylord to the Mall F entry.
15. **LEFT** on Mall F and follow the cattle drive to the oblique in the middle of the street.
16. **LEFT** on the street to the end. Parkwood Blvd will be in front of you.
17. **RIGHT** on sidewalk to the light. **CROSS** to the other side of Parkwood, then **LEFT** short way to the cattle stampede sculptures in Seei Park.
18. **RIGHT** up the stairs thru the park and the cattle sculptures. Continue to the top, then down the other side to the street (Ave of Stars).
19. **RIGHT** on Ave of Stars to Warren Parkway crossing one street.
20. **LEFT** on Warren to Gaylord Pkwy carefully crossing Dallas North Tollway. The Star will be in front and on the right, but we need to go a bit further for 10K.
21. **LEFT** on Gaylord (staying on the left side of street) to Network.
22. **RIGHT** on Network to Internet (you came this way earlier but this time we will be turning right, not left), then **RIGHT** on Internet to Warren Pkwy.
23. **CROSS** Warren, then **LEFT** a short distance to Gridiron.
24. **RIGHT** on Gridiron to Hall of Fame. **RIGHT** on Hall of Fame to Gaylord, then **RIGHT** again to Winning Way.
25. **RIGHT** on Winning Way to the Huddle sculpture and return to your car.

**Event related assistance:
Helen Hull: 972-530-1026**



Map Data © OpenStreetMap Contributors

Frisco – 5/10k