



The Washtenaw Wanderers Invite You To Walk Michigan's Island Lake Recreation Area - September 1st, 2026 Through November 30th, 2026

This is a walking tour of Island Lake Recreation Area. Located near the town of Brighton, MI, The park offers 4000 acres of scenic state land and has trails for hikers and bikers. There are four lakes in the park. There are picnic tables and playgrounds and two swimming beaches, one beach is next to our walking start point. Our walks are on paved paths and on unpaved paths through the woods. Come walk here and stay all week.

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Walk Registration

Registration takes place online using the AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Walk Completion and Walk Credit

Once you have physically completed the walk, please login to your Online Start Box account click on the "My Start Box" tab, then the "Finish Table" tab, then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped "virtual" insert cards that you may choose to print out.

Starting-Finish-Parking Location:

The start point is the **Kent Lake Beach Parking Area**. After entering the park - 6301 Kensington Rd., Brighton, MI 48116, take the entry road to the ranger station, show pass on license plate or pay daily fee, take the road straight (do not turn right) until you arrive at the Kent Lake beach parking lot (start point) there are picnic shelters and bathrooms at the start point.

Kent Lake Beach Parking is at Latitude: **42.51155** Longitude: **-83.67561**.

Walk **8:00 AM to Dusk - 1 September 2026 through 30 November 2026** - Use the Online Start Box to register.

Park Fees:

Michigan residents must have a state park sticker (currently \$15 annual fee). For non-residents there is a \$12 daily entry fee.

Restrooms:

There are restrooms at Kent Lake Beach (start point) and at strategic locations throughout the park.

Assistance:

Event Related Assistance: Rob Weaver 616-745-9627

Emergency: Dial 911

Island Lake State Recreation Area Michigan

AVA 5k Directions

This map and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. If you have a question about the instructions, call Rob Weaver at 616-745-9627.



In case of emergency, please call 911.

Special Programs:

Anniversaries Hurrah

1. Start in the middle of the Island Lake State Park's Kent Lake Beach parking area. Keep the Lake on your left and walk to the end of the parking lot to find the paved multi-use trail which parallels the road for cars.
2. Follow the multi-use trail without turning for about two kilometers up a long hill, passing a paved trail to the left, straight ahead into the woods until you arrive at the intersection of Kent Lake Road (for cars).
3. Do not cross the road. Do a one-eighty and return back up hill (the way you came) on the multi-use trail.
4. At the top of the hill turn left on the dirt hiking trail. Trail is marked "hiking trail"
5. Follow the dirt hiking trail, soon it turns to the right and zig-zags through the woods paralleling the paved park road. This trail is marked.
6. Continue straight, past three or four turn-offs until the trail ends at a T trail intersection.
7. Turn right and follow the trail across a field, then carefully across the paved park road.

8. Return across the parking lot to the start/end point Thanks for walking the Island Lake 5 km.



ISLAND LAKE STATE RECREATION AREA 5KM

3.12 mi

Distance

124 ft

Elevation Gain

Hike

Activity Type

Notes



Island Lake State Recreation Area Michigan

AVA 10k Directions

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Special Programs:

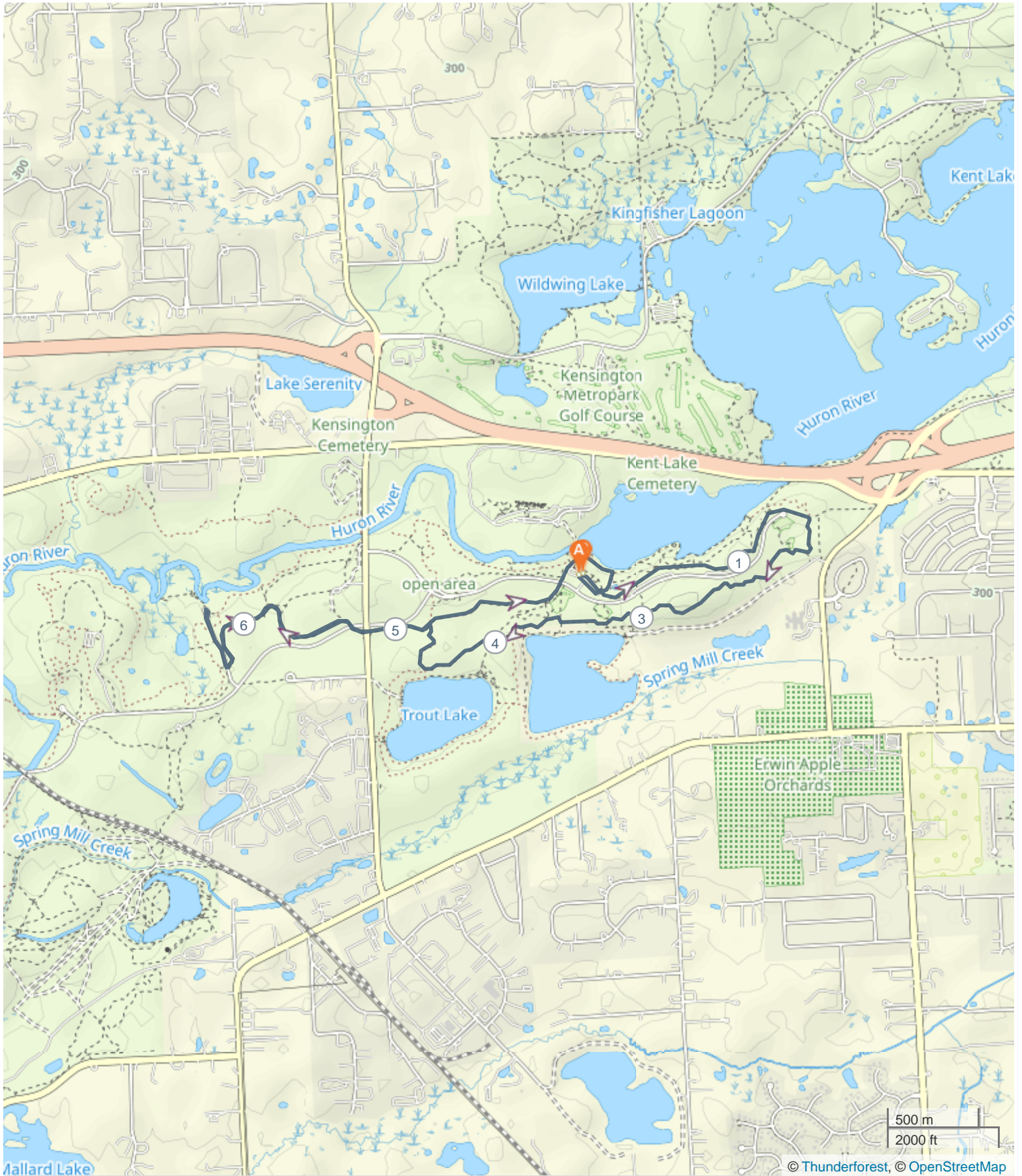
Anniversaries Hurrah

1. Start in the middle of the Island Lake State Park's Kent Lake Beach parking area. Keep the Lake on your left and walk to the end of the parking lot to find the paved multi-use trail which parallels the road for cars.
2. Follow the multi-use trail up a long hill, passing a paved trail to the left.
3. You will come to a dirt hiking trail which crosses the multi-use trail. There's a sign which says "hiking trail"
4. Turn right on the hiking trail into the woods.
5. Follow the dirt hiking trail, soon it turns to the right and zig-zags through the woods paralleling the paved park road. The hiking trail is marked.
6. Continue straight, past three or four turn-offs until the trail ends at a T trail intersection near the shore of Trout Lake.
7. Turn right and follow the dirt trail until it reaches the paved multi-use trail.

8. Turn left on the paved multi-use trail and follow until you come to a paved turn-off with a sign for the fishing site.
9. Turn right and walk to the loop parking lot for the fishing site at the river.
10. Turn around and walk back to the multi-use trail.
11. Turn left on the multi-use trail and follow it back to the Kent Lake Beach start point.
12. Walk down to the beach and sit by the lake and cool your feet. Thanks for walking the Island Lake Recreation Area 10km.



Island Lake State Recreation Area 10km



After Walking Island Lake State Recreation Area

Be sure to log back into <http://my.ava.org> > my account > finish table to log your walk as completed.

Island Lake State Recreation Area is only about ten minutes from downtown Brighton, MI. Restaurants near Brighton MI: https://www.tripadvisor.com/Restaurants-g42016-Brighton_Michigan.html



Washtenaw Wanderers Volkssporting Club©2026

Other Michigan Walks for 2026

2026 Year-Round Events:

Lansing - Capitol

Quincey

2026 Seasonal Events:

April 1st — May 31st

Ann Arbor Downtown & Argo Park

April 1st — September 30th

Grand Haven

Holland

Mackinac Island

Mackinaw City

Marquette

Northville-ITC Trail

Port Huron

Saint Joseph

Sault Ste Marie

South Haven

South Lyon

April 1st — October 31st

Maybury State Park

April 1st — December 31st

Frankenmuth

May 1st — October 31st

Westland Hines Parkway Trail

June 1st — September 30th

William C Sterling State Park

September 1st — November 30th

Island Lake State Recreation Area

Also, check on the Washtenaw Wanderers Volkssporting (Walking) Club Facebook page www.facebook.com/washtenawwanderers/ for additional opportunities to do informal walks on Tuesdays or Wednesdays.

**Washtenaw Wanderers Volkssporting
Club©2026**