



The Capitol Volkssport Club
Welcomes you to
WILD & WOODESY in WASHINGTON
MILLERSYLVANIA STATE PARK



Distances: 5K and 10K

There are two separate loops, both starting at the Boat Launch Parking Lot. Combine the two loops to make 10K.

Difficulty Ratings: **5K LOOP 1 RATED 1B** – A mostly-flat walk that starts parallel to the lake, goes through the woods passing many buildings built by the Civilian Conservation Corps (CCC), through an old orchard and the campground.
5K LOOP 2 RATED 2B – Some elevation change as you trek through the trees and over some wetlands on boardwalks.

The park was originally called “Miller’s Glade” by the Miller family, who once owned the property. The family later changed the name to “Millersylvania,” meaning “wooded glade.” The park was homesteaded by Squire Lathum in 1855 before being sold to John Miller. Miller’s family gave the property to the state in 1921, stipulating that the land must forever be used as a park. Many of the park structures, including the kitchen shelters, were built by the CCC in the 1930s, making the park a great place to see and admire the hallmark artisanship of that era.

Pets are allowed on leash with owners responsible for cleanup. **Restrooms** are available at the swimming area near the start, and on Loop 1 only, in the campground area about 3K into the walk. **Trails may be slick and muddy.**

Walk Registration

Registration takes place online using the AVA Online Start Box at my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed.

Walk Completion and Walk Credit

Once you have physically completed the walk, please login to your Online Start Box account; click on the “My Start Box” tab; then the “Finish Table” tab; then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate a stamped “virtual” insert card that you may print.

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MILLERSYLVANIA STATE PARK

5K – LOOP 1



In case of emergency: **Dial 911**
Event related Assistance:
Julie – 360-556-5622

Difficulty level: 1B

ESVA challenges: Discover Your Parks,
39 Counties (Thurston);

Start Point: 12245 Tilley Road SW, Olympia, WA
A Washington State Discover Pass or a day use pass is required for parking inside the park.
Lat. 46.911, Lng. -122.909

Driving directions:

From I-5 Southbound: Take exit 99. Left onto WA 121 S/93rd Ave SW. Right onto Tilley Road (WA 121 S) to park entrance on the right. Follow signs to Day Use, then Boat Launch parking area.

From I-5 Northbound: Take exit 95. Right onto WA 121 N/Maytown Rd SW. Turn left onto Tilley Road (WA 121 N) to park entrance on the left. Follow signs to Day Use, then Boat Launch parking.

Miscellaneous: Restrooms available near start and in the campground. Pets allowed on leash. Bring your own water.

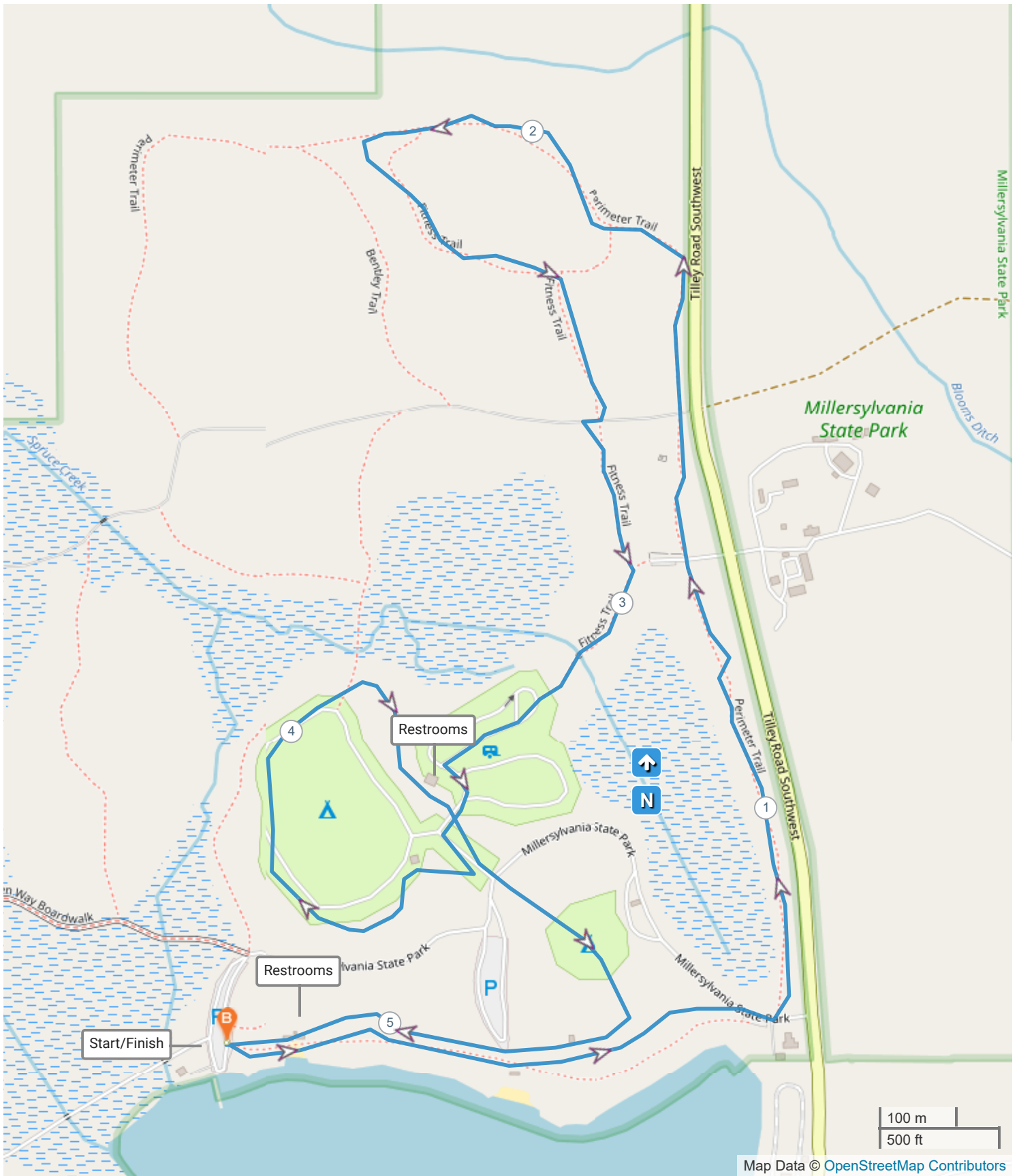
Walking directions:

1. From the parking lot, facing the lake turn **LEFT** onto the gravel trail into the park, past the “No Parking” sign. At the swimming area veer left to front of restrooms. Follow the path next to the restrooms. Continue on the path to the left side (entrance side) of kitchen #3.
2. Walk past entrance to kitchen #3 and continue on the path parallel to the lake passing bathhouse #1 and kitchen #2 and Lakeside Taphouse building (seasonally open).
3. Continue on main trail parallel to the lake, disregarding side paths. At the fork just past Group Picnic Area Shelter #1, bear **RIGHT** passing restroom #1 on your left.
4. Walk across grassy/dirt area, towards informational signs about the park’s history and the parking area.

5. Cross Park road and enter the trail on the **LEFT** just before the park entrance.
6. Where a road to a parking lot crosses trail, go straight ahead, through opening in the fence and follow trail. (1K)
7. Cross unpaved Park Service Road and continue straight on narrow path (fitness trail).
8. **RIGHT** at T intersection.
9. **LEFT** at next intersection by mappost.
10. **RIGHT** at next intersection by mappost.
11. **RIGHT** at next intersection for very short distance on service road.
12. **LEFT** by map post leading to Orchard Trail.
13. Follow grass path on right side of meadow/orchard with picnic tables.
14. **RIGHT** on gravel road to campground going straight onto blacktop toward brown building/restrooms. (3K)
15. With back to restroom, follow road to right as it curves right. Walk toward additional campsites.
16. When road Ts at campsite #7, turn **LEFT**.
17. **RIGHT** at “T” and sign to sites 80-132. Go around gate and continue on road (gate may be open).
18. Pass restroom #5 and **STAY LEFT**.
19. **LEFT** at “Do Not Enter” sign (meant for cars), staying on paved road.
20. **STAY LEFT** at next “Do Not Enter” sign. Turn **LEFT** to walk past campsite #53. Pass around/through pole gate. Continue straight past 2 roads to right with “Do Not Enter” signs.
21. At campsite #8 go around gate and continue on road (the gate may be open).
22. At campsite #7 continue straight on road veering **LEFT** toward stop sign.
23. Cross road and go between posts to gravel road.
24. Walk on gravel road passing a picnic shelter, restroom #4, and then another restroom on the left. Keep right.
25. **RIGHT** at Group Picnic Area Kitchen#1.
26. Pass kitchen #2 on your left, Lakeside Taphouse building on your right and bathhouse #1 on your left.
27. Continue on the trail passing kitchen #3 on your left and between the swimming area and the restroom building, until you reach the boat launch area parking lot.

If you have not already done so, please login to my.ava.org then click on the “My Start Box” tab, then the “Finish Table” tab to “complete” your walk.

Millersylvania 5K Loop 1



MILLERSYLVANIA STATE PARK

5K – LOOP 2



In case of emergency: **Dial 911**
Event related Assistance:
Julie – 360-556-5622

Difficulty level: 2B

ESVA challenges: Discover Your Parks,
39 Counties (Thurston)

Start Point: 12245 Tilley Road SW, Olympia, WA
A Washington State Discover Pass or a day use pass is required for parking inside the park.
Lat. 46.911, Lng. -122.909

Driving directions:

From I-5 Southbound: Take exit 99. Left onto WA 121 S/93rd Ave SW. Right onto Tilley Road (WA 121 S) to park entrance on the right. Follow signs to Day Use, then Boat Launch parking area.

From I-5 Northbound: Take exit 95. Right onto WA 121 N/Maytown Rd SW. Turn left onto Tilley Road (WA 121 N) to park entrance on the left. Follow signs to Day Use, then Boat Launch parking.

Miscellaneous: Restrooms available near start and in the campground. Pets allowed on leash. Bring your own water.

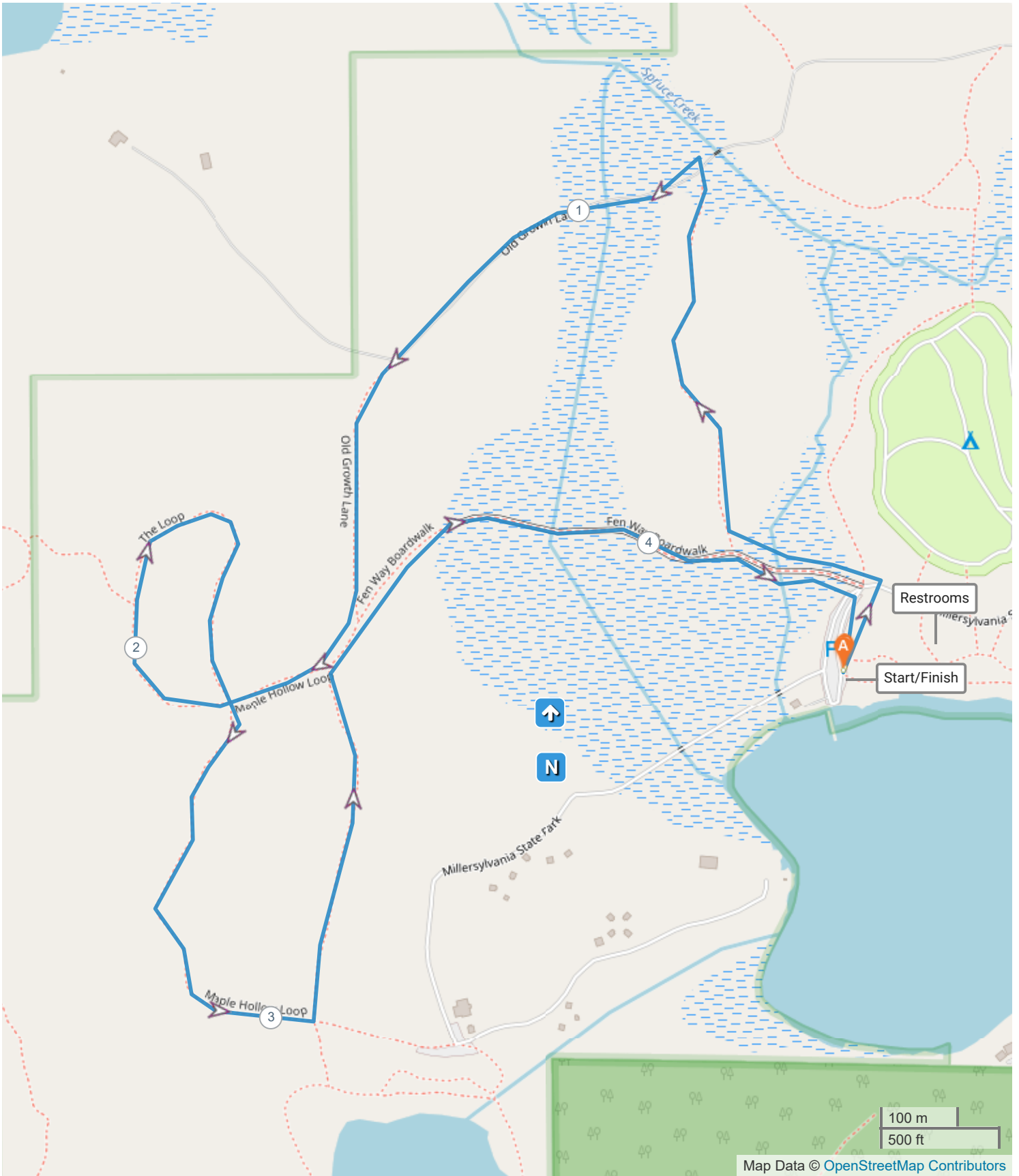
Walking directions:

1. From the Boat Launch parking lot with your back to the lake walk to the end of parking lot away from lake.
2. At brown kiosk, turn **LEFT** onto Fen Way Boardwalk trail to the end.
3. **RIGHT** at 1st intersection to gravel service road.
4. **LEFT** on gravel service road (Old Growth Lane). (~1K).
5. When road forks at the top of the hill (3 trees in intersection), continue **STRAIGHT**.
6. At next intersection (with one tree in intersection), continue **STRAIGHT**.
7. At 3-way intersection, continue **STRAIGHT**.
8. At 4-way intersection, continue **STRAIGHT** onto the Loop Trail, passing a chain link fence enclosure (2K).
9. Back at 4-way intersection, continue **STRAIGHT** onto Maple Hollow Loop.
10. At Quarry Ponds sign, stay **LEFT**.
11. At gravel road, turn **RIGHT**.
12. At the “Y” with 1 tree in the middle, go **RIGHT**.
13. At next intersection, go **SLIGHTLY RIGHT**, eventually crossing a bridge and onto the Fen Way boardwalk.
14. At asphalt road, turn **RIGHT**, back to the Boat Launch parking lot.

Thank you for participating in our walk!

If you have not already done so, please login to my.ava.org then click on the “My Start Box” tab, then the “Finish Table” tab to “complete” your walk.

Millersylvania 5K Loop 2



ESVA/OTSVVA/AVA SPECIAL CHALLENGE PROGRAMS - 2026

For more information on ESVA go to: <http://www.esva.online/challenges/>

WALK NAME: Millersylvania State Park		WALK NUMBER: 3768		
CURRENT ESVA SPECIAL PROGRAMS Please note the years [in brackets] that each challenge is active.				
39 COUNTIES - (ONGOING)	Thurston			
DISCOVER YOUR STATE AND NATIONAL PARKS [2026-2028]	Yes			
TELL ME A STORY [2025-2027]				
THAT'S ENTERTAINMENT [2024-2026]	CULTURAL	FAIRS, FESTIVALS, ARCADES	CRAFTS/HOBBIES	SPORTS VENUES
PREVIOUS ESVA SPECIAL PROGRAMS Patches for books received past the end date will be sent while supplies last. No refunds.				
FRONTLINE HEROES [2021-2023]	MEDICAL CENTERS	DELIVERY SERVICES	SUSTENANCE PROVIDERS	ESSENTIAL SERVICES
ON THE ROAD AGAIN [2022-2024]	Yes			
STROLLING ALONG THE RIVERS [2023-2025]	Yes, Spruce Creek			
CURRENT OTSVA SPECIAL PROGRAMS For more information on OTSVA go to: https://www.otsva.org/challenges.html				
BUTTERFLY [2026-2028]				
PEACE POLES [2024-2026]				
CURRENT AVA SPECIAL PROGRAMS For more information on AVA go to: https://cb.ava.org/specprog.php Most programs allow the participants up to 12 months from the official end date to complete.				
50 STATES/51 CAPITALS	[ONGOING]	Washington		
A-Z (Walking the US A-Z)	[ONGOING]			
A-MAZ-ING LABYRINTHS	[2024-2026]			
ANNIVERSARIES HURRAH	[ONLY 2026]	All AVA sanctioned events qualify for Anniversaries Hurrah.		
GRAIN ELEVATORS: MONARCHS OF THE PLAINS	[2025-2027]			
IVV-AMERICAS	[2022-NO END]	All AVA sanctioned events qualify for the IVV-America's Special Program.		
LIGHTHOUSES II	[2023-2025]			
PAR FOR THE COURSE	[2023-2025]			
RAILS TO TRAILS	[2022-2025]			
STEP TO THE BEAT	[2024-2026]			
WALKING WITH AMERICAN VETERANS	[2021-2027]			
WALKING WITH THE WILD THINGS	[2025-2027]			