



The Capitol Volkssport Club
Welcomes you to
WILD & WOODSY in WASHINGTON



HAWKS PRAIRIE NEIGHBORHOOD

Distances: Two 5Ks and 10K

Difficulty Ratings: 5K RATED 1A – Stays on flat terrain and paved city sidewalks. This walk is great for strollers and/or wheelchairs.

5K RATED 1C – Goes through woods on dirt paths with exposed roots and other tripping hazards.

11K RATED 1B – Goes through woods on dirt paths with exposed roots and other tripping hazards. Continues through the neighborhood.

This is the only walk of the Wild and Woodsy event walks to start at the event's start point. There are three different versions of this walk. All three versions go through beautiful city neighborhoods and past lovely golf course areas. The 5K-1A walk stays on flat and paved city sidewalks. This walk is great for strollers and/or wheelchairs. The 5K-1C goes through the woods on the William Ives Trail. This trail is on hard dirt paths and has some exposed roots and other tripping hazards. The 10K goes through the woods on the William Ives Trail as well.

Walk Registration

Register online using the AVA Online Start Box at my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed.

Walk Completion and Walk Credit

Once you have physically completed the walk, please login to your Online Start Box account; click on the "My Start Box" tab; then the "Finish Table" tab; then click on "Go to Finish Table" button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate a stamped "virtual" insert card that you may print.

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HAWKS PRAIRIE NEIGHBORHOOD

5K Rated 1A



In case of emergency: Dial 911

Event related Assistance:
Chase 360-584-6446

Distance: 5K
Difficulty level: 1A
ESVA Challenges: 39 Counties (Thurston)

Start Point: Washington Association of Sheriffs and Police Chiefs (WASPC), 3060 Willamette Dr NE, Lacey, WA
Lat: 47.076114, Lng: -122.750375

Driving Directions: I-5 Exit #111. Northbound left/southbound right on Marvin Road NE. Right on Hogum Bay Road NE (first street) . Right on Willamette Dr. NE (roundabout). Parking lot will be on your right in approximately 1.5 miles. If you miss the turn, turn right on 31st Ave at the roundabout and right into the parking lot.

Restrooms: On the first floor, inside the front doors and past the staircase.

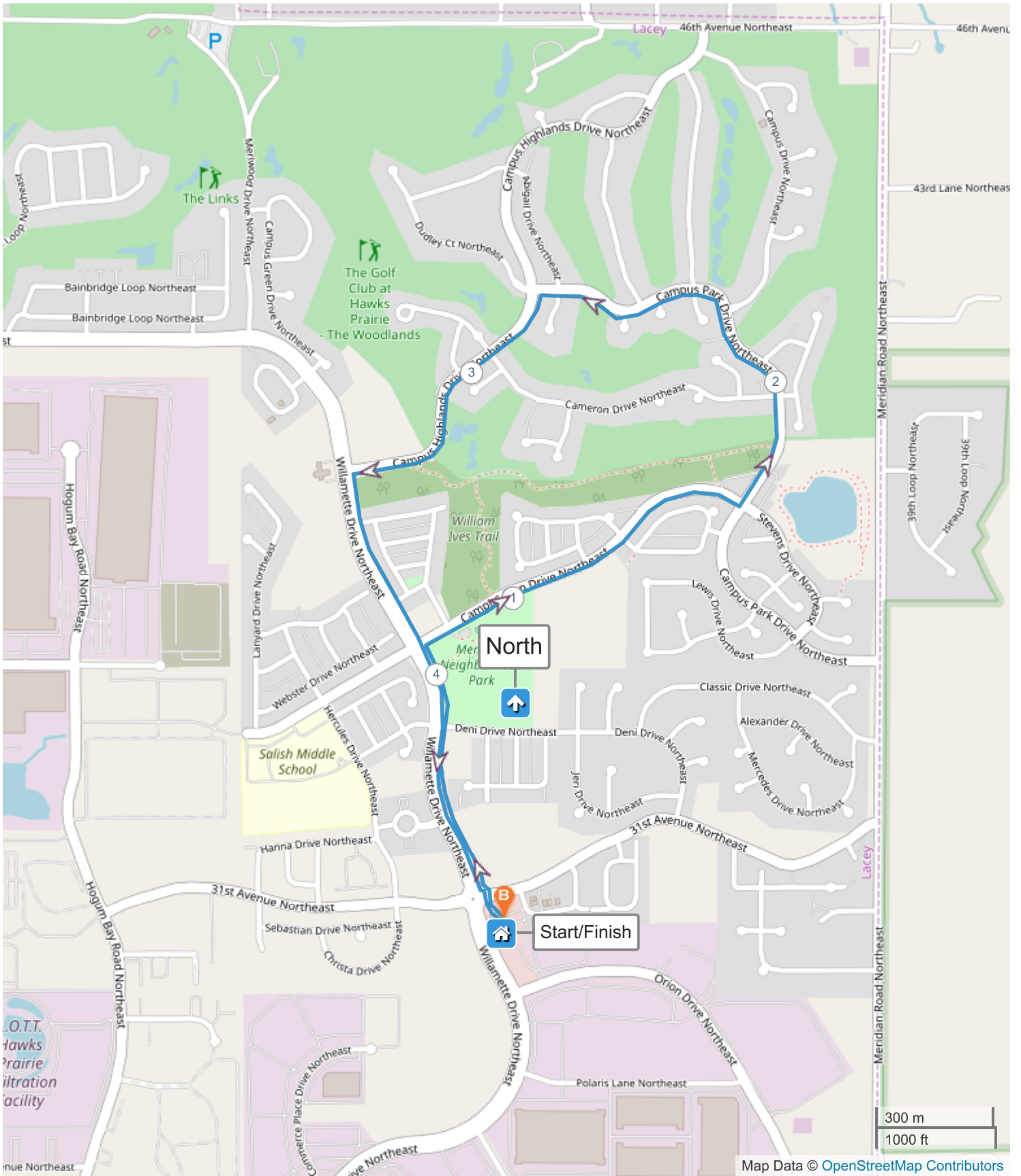
Walking Directions:

1. With your back to the building, **LEFT** along the building to the crosswalk at 31st Ave.
2. **STRAIGHT** to cross 31st Ave.
3. **BEAR LEFT** to follow the sidewalk and then **BEAR RIGHT** to continue along Willamette Dr.
4. **RIGHT** on Campus Glen Dr. Restrooms are located on the right in the Meridian Neighborhood Park.
5. **LEFT** on Campus Park Dr.
6. **LEFT** on Campus Highlands Dr.
7. **LEFT** on Willamette Dr. Restrooms are located on the left in the Meridian Neighborhood Park.
8. **STRAIGHT** to cross 31st Ave.
9. **BEAR LEFT** on the sidewalk prior to the Washington Association of Sheriffs and Police Chiefs sign.
10. **CONTINUE FORWARD** along the building back to the start point.

Thank you for participating in our walk!

Don't forget to log back into the OSB system to "finish/complete" your online registration.

Hawks Prairie Neighborhood 5K



HAWKS PRAIRIE NEIGHBORHOOD

5K Rated 1C



In case of emergency: Dial 911

Event related Assistance:
Chase 360-584-6446

Distance: 5K
Difficulty level: 1C
ESVA Challenges: 39 Counties (Thurston)

Start Point: Washington Association of Sheriffs and Police Chiefs, 3060 Willamette Dr NE Suite 200, Lacey, WA
Lat: 47.076114, Lng: -122.750375

Driving Directions: I-5 Exit #111. Northbound left/southbound right on Marvin Road NE. Right on Hogum Bay Road NE (first street) . Right on Willamette Dr. NE (roundabout). Parking lot will be on your right in approximately 1.5 miles. If you miss the turn, turn right on 31st Ave at the roundabout and right into the parking lot.

Restrooms: On the first floor, inside the front doors and past the staircase.

Walking Directions:

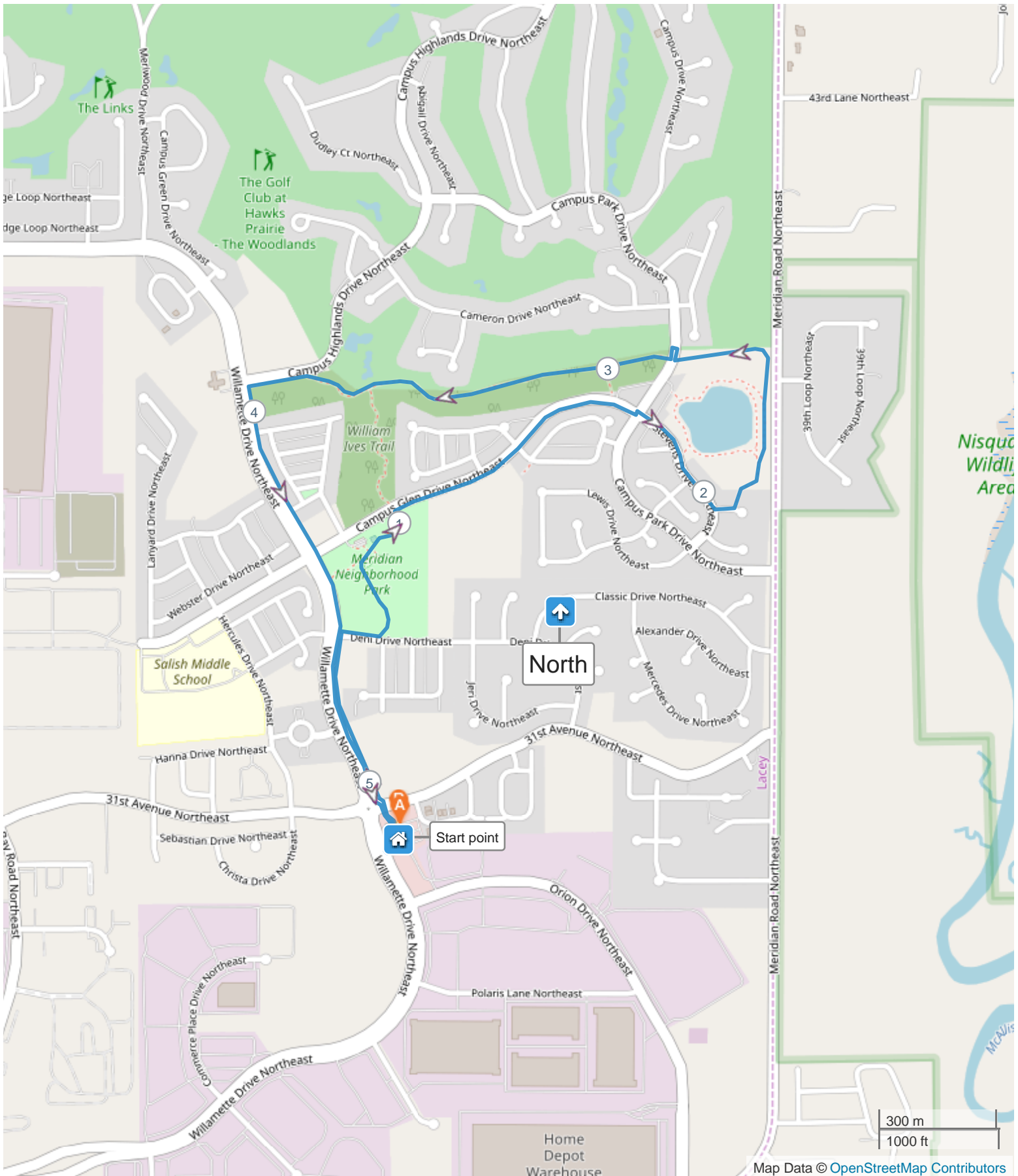
1. With your back to the building, **LEFT** along the building to the crosswalk at 31st Ave.
2. **STRAIGHT** to cross 31st Ave.
3. **BEAR LEFT** to follow the sidewalk and then **BEAR RIGHT** to continue along Willamette Dr.
4. **CROSS AND RIGHT** on Deni Dr.
5. **LEFT** on the first gravel trail (opposite Aurora St on the right side).
6. **IMMEDIATELY VEER LEFT/STRAIGHT** at the Y.
7. **CONTINUE STRAIGHT** across the clearing toward the swing set.
8. **BEAR RIGHT** toward the restrooms.
9. **CONTINUE PAST** the restrooms and around the picnic table shelter onto a gravel trail.
10. **LEFT** on the next trail.
11. **RIGHT** on Campus Glen Dr (unmarked).

12. At the stop sign, **LEFT** to **CROSS** Campus Glen Dr and then **RIGHT** to cross Campus Park Dr.
13. **CONTINUE STRAIGHT** on what is now Stevens Dr.
14. **LEFT** on Budd Ct.
15. Just past house #9404, **LEFT** on the **William Ives Trail** (sign, grass trail behind what looks like a cabled-off driveway).
16. **KEEP RIGHT** at each gravel trail Y and T, past a lake, uphill, and around a storm water retention pond.
17. **RIGHT** at the first street (unmarked Campus Park Dr).
18. At the first marked crosswalk, **LEFT** to **CROSS** Campus Park Dr.
19. **LEFT** a short distance, then **RIGHT** on a gravel path that enters the woods (City of Lacey Adopt a Trail Program sign).
20. **CONTINUE FORWARD** through the woods, ignoring all side trails. **STRAIGHT** at the four-way trail intersection.
21. **LEFT** on Campus Highlands Dr (unmarked).
22. **LEFT** on Willamette Dr.
23. **STRAIGHT** to cross 31st Ave (unmarked).
24. **BEAR LEFT** on the sidewalk prior to the Washington Association of Sheriffs and Police Chiefs sign.
25. **CONTINUE FORWARD** along the building back to the start point.

Thank you for participating in our walk!

Don't forget to log back into the OSB system to "finish/complete" your online registration

Hawks Prairie Neighborhood Alternate 1C 5K



HAWKS PRAIRIE NEIGHBORHOOD

10K Rated 1C



In case of emergency: Dial 911

Event related Assistance:
Chase 360-584-6446

Distance: 5K

Difficulty level: 1C

ESVA Challenges: 39 Counties (Thurston)

Start Point: Washington Association of Sheriffs and Police Chiefs, 3060 Willamette Dr NE Suite 200, Lacey, WA

Lat: 47.076114, Lng: -122.750375

Driving Directions: I-5 Exit #111. Northbound left/southbound right on Marvin Road NE. Right on Hogum Bay Road NE (first street) . Right on Willamette Dr. NE (roundabout). Parking lot will be on your right in approximately 1.5 miles. If you miss the turn, turn right on 31st Ave at the roundabout and right into the parking lot.

Restrooms: On the first floor, inside the front doors and past the staircase.

Walking Directions:

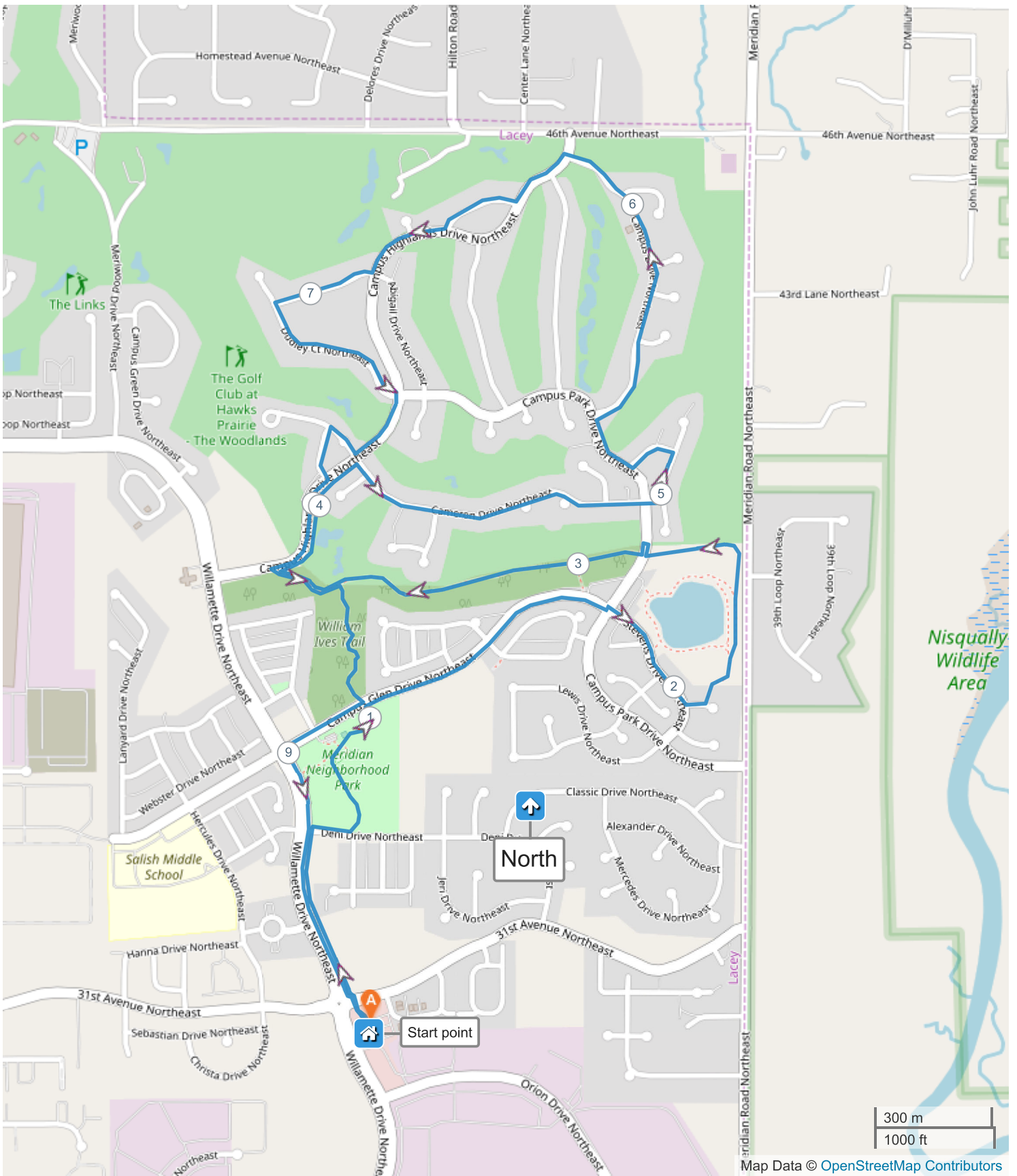
1. With your back to the building, **LEFT** along the building to the crosswalk at 31st Ave.
2. **STRAIGHT** to cross 31st Ave.
3. **BEAR LEFT** to follow the sidewalk and then **BEAR RIGHT** to continue along Willamette Dr.
4. **CROSS AND RIGHT** on Deni Dr.
5. **LEFT** on the first gravel trail (opposite Aurora St on the right side).
6. **IMMEDIATELY VEER LEFT/STRAIGHT** at the Y.
7. **CONTINUE STRAIGHT** across the clearing toward the swing set.
8. **BEAR RIGHT** toward the restrooms.
9. **CONTINUE PAST** the restrooms and around the picnic table shelter onto a gravel trail.
10. **LEFT** on the next trail.
11. **RIGHT** on Campus Glen Dr (unmarked).
12. At the stop sign, **LEFT** to **CROSS** Campus Glen Dr and then **RIGHT** to cross Campus Park Dr.
13. **CONTINUE STRAIGHT** on what is now Stevens Dr.
14. **LEFT** on Budd Ct.
15. Just past house #9404, **LEFT** on the **William Ives Trail** (sign, grass trail behind what looks like a

cabled-off driveway).

16. **KEEP RIGHT** at each gravel trail Y and T, past a lake, uphill, and around a storm water retention pond.
17. **RIGHT** at the first street (unmarked Campus Park Dr).
18. At the first marked crosswalk, **LEFT** to **CROSS** Campus Park Dr.
19. **LEFT** a short distance, then **RIGHT** on a gravel path that enters the woods (City of Lacey Adopt a Trail Program sign).
20. **CONTINUE FORWARD** through the woods, ignoring all side trails. **STRAIGHT** at the four-way trail intersection.
21. **RIGHT** on Campus Highlands Dr (unmarked).
22. **RIGHT** on Cameron Dr.
23. **LEFT** on Amelia Ct (after carefully crossing Campus Park Dr at the stop sign)
24. **LEFT** on Earhart St.
25. **RIGHT** on Campus Park Dr.
26. **RIGHT** on Campus Dr.
27. **CROSS and LEFT** on Campus Highlands Dr.
28. **RIGHT** on Bristonwood Dr.
29. **RIGHT** on Campus Highlands Dr. (unmarked)
30. **RIGHT** on Shepard Way.
31. **LEFT** on Dudley Dr.
32. **RIGHT** on Campus Highlands Dr.
33. **RIGHT** on Cameron Dr (map says Cameron Lane).
34. **LEFT** on Jayden St (street only on the left).
35. **CROSS and RIGHT** on Campus Highlands Dr (unmarked).
36. **LEFT** on the first dirt path, “William Ives Trail” sign (you were on this trail previously).
37. **RIGHT** at the first four-way trail intersection.
38. **RIGHT** on the first street: Campus Glen Dr (unmarked).
39. **LEFT** on Willamette Dr.
40. **STRAIGHT** to cross 31st Ave (unmarked).
41. **BEAR LEFT** on the sidewalk prior to the Washington Association of Sheriffs and Police Chiefs sign.
42. **CONTINUE FORWARD** along the building back to the start point.

Don't forget to log back into the OSB system to “finish/complete” your online registration

Hawks Prairie Neighborhood 10K



ESVA/OTSVVA/AVA SPECIAL CHALLENGE PROGRAMS - 2026

For more information on ESVA go to: <http://www.esva.online/challenges/>

WALK NAME:		WALK NUMBER:		
Hawks Prairie		3770		
CURRENT ESVA SPECIAL PROGRAMS				
Please note the years [in brackets] that each challenge is active.				
39 COUNTIES - (ONGOING)	Thurston			
DISCOVER YOUR STATE AND NATIONAL PARKS [2026-2028]				
TELL ME A STORY [2025-2027]				
THAT'S ENTERTAINMENT [2024-2026]	CULTURAL	FAIRS, FESTIVALS, ARCADES	CRAFTS/HOBBIES	SPORTS VENUES
PREVIOUS ESVA SPECIAL PROGRAMS				
Patches for books received past the end date will be sent while supplies last. No refunds.				
FRONTLINE HEROES [2021-2023]	MEDICAL CENTERS	DELIVERY SERVICES	SUSTENANCE PROVIDERS	ESSENTIAL SERVICES
ON THE ROAD AGAIN [2022-2024]	Yes			
STROLLING ALONG THE RIVERS [2023-2025]				
CURRENT OTSVA SPECIAL PROGRAMS				
For more information on OTSVA go to: https://www.otsva.org/challenges.html				
BUTTERFLY [2026-2028]				
PEACE POLES [2024-2026]				
CURRENT AVA SPECIAL PROGRAMS				
For more information on AVA go to: https://cb.ava.org/specprog.php				
Most programs allow the participants up to 12 months from the official end date to complete.				
50 STATES/51 CAPITALS	[ONGOING]	Washington		
A-Z (Walking the US A-Z)	[ONGOING]	Lacey		
A-MAZ-ING LABYRINTHS	[2024-2026]			
ANNIVERSARIES HURRAH	[ONLY 2026]	All AVA sanctioned events qualify for Anniversaries Hurrah.		
GRAIN ELEVATORS: MONARCHS OF THE PLAINS	[2025-2027]			
IVV-AMERICAS	[2022-NO END]	All AVA sanctioned events qualify for the IVV-America's Special Program.		
LIGHTHOUSES II	[2023-2025]			
STEP TO THE BEAT	[2024-2026]			
WALKING WITH AMERICAN VETERANS	[2021-2027]			
WALKING WITH THE WILD THINGS	[2025-2027]			