

Light Rail – Marymoor YR3774 6K/10K Rated 1B



Interlaken Trailblazers welcome you to Marymoor
Starting Point: Marymoor Village Light Rail station 17301 NE 70th St, Redmond, WA 98052
Restrooms: ½ k from station. 10k has an additional restroom at midpoint.

This walk is designed to be accessed via light rail, but there are 1400 parking spaces at the start.

Pets are not allowed on light rail, but OK on the route if you arrive another way.

**Special Programs: AVA – A-Z (R) Par for the Course, Rails to Trails, Step to the Beat.
ESVA – That’s Entertainment**

Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

WALK COMPLETION AND CREDIT: Be sure to log back into the OSB system to finish/complete your online registration after doing the event. The OSB system does not deduct any event fee from a participants Event Bank until they have submitted event completion info including the date the event was walked, the distance walked, and the selection of applicable special programs that person is participating in. Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the users Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a users Event Bank when he/she submits the event completion info as a paying for credit participant. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days

POC:
Katie Sell
aclayjar@gmail.com
(425)753-1772
(Text msg preferred)

Index	
Page 1	Introduction, Info and Details
Page 2 & 3	10K Walk Directions, Map
Page 4	5k Walk Directions
Page 5	5k Map



Light Rail - Marymoor Village

YR 3774 10k rated 1B

Emergency dial 911



Start: Start: Marymoor Village Light Rail station 17301 NE 70th St, Redmond, WA 98052

Restrooms at .5k and on route

© 2026 Interlaken Trailblazers Volkssport Club. Walk directions and map may only be used by those who have a signed AVA athletic waiver. All other uses prohibited

1. From the station or the garage, walk to the street (NE 70th Street Unmarked here)
2. **TURN LEFT** and walk to the stoplight
3. **RIGHT** to cross NE 70th St
4. **LEFT** to cross 176th Ave NE and continue on NE 70th St.
5. Cross 1 driveway, then **RIGHT** on a wide paved trail.
6. **** (RESTROOMS: port a potties on right in 25 yds. Or to use Whole Foods, continue to the second left. LEFT under the arbor and continue entering 1st door. Restrooms are on the right.) *** Continue on trail.**
7. **CROSS** NE 65th with the crosswalk
8. Shortly after the Storage business, **TURN RIGHT**, entering the paved Marymoor Connector Trail
9. The paved path will intersect a roadway. **CROSS** and Continue on the paved path to a stop sign.
10. Pass the stop sign and look on the left for a wood post with a blue "31" marker. Across the street is a split rail fence **CAREFULLY** cross the road and walk with the fence on your right.
11. Continue along the fence as it curves right through a maintenance area and pass a white gate to a gravel parking area.
12. **TURN LEFT** at the gravel area carefully walking across parking to an information kiosk.
13. **ENTER** trail to the right of the kiosk marked Audubon Loop Main Trail.
14. The gravel path gives way to a paved path then a boardwalk that takes you to Lake Sammamish. **VEER LEFT** to the pier and enjoy views.
15. Return and **LEFT** to continue on the boardwalk with water to your left.
16. The boardwalk will give way to a dirt path; continue to a gate to Off-leash dog park.
17. **PASS** through the gate closing it behind you.
18. After another short boardwalk, the path widens. **Continue**, passing 3 water access points on the left.
19. Just after 3rd access **VEER RIGHT** (a green "barn" and portapotties on your left as you turn) head towards a bark path in the distance.
20. **STRAIGHT** onto the bark path.
21. **STRAIGHT** at the next intersection. Look ahead for a wood arbor.
22. At the next bark path, **JOG LEFT** then **RIGHT** to the arbor. Open gate and enter pet memorial (please close gate behind you)
23. Tour the Pet Memorial, then **EXIT** through the gate where you entered.
24. **RIGHT** on the wide bark path.
25. After crossing "DOG ON IT" bridge **VEER SLIGHTLY LEFT** (Kiosk on your left) and continue, paralleling the parking area to a paved path.
26. **RIGHT** on the paved path and walk along the left edge of the parking area to the opposite side .
27. **VEER LEFT** onto a gravel path with a white post. (Marymoor Concert Venue on your right).
28. Stay **LEFT** to join paved path
29. Stay **LEFT** at the intersections continuing to a windmill. *(In 1910 when the ship canal was built it lowered the Sammamish River 15 feet leaving the river windmill stranded and unable to pump water to the farm)*
30. After viewing the windmill continue on the path as it curves right to a "Y"
31. **RIGHT** at the "Y" for a short distance, then **LEFT** to a path along side Clise Mansion (now only open for private functions)
32. If the gate is open, walk in and enjoy the garden. **EXIT** through the gate where you entered.
33. Retrace your steps along the building then **RIGHT** on the path.
34. Exit through the gate, **TURN LEFT** and continue to the park road.
35. **CAREFULLY** cross both sections of the road then **LEFT** onto a paved path
36. At the next walkway intersection, **ANGLE LEFT** and cross the foot bridge.
37. **RIGHT** after the bridge. You are on the Sammamish River Trail. Stay on the main trail with the river to your right for 1k
38. At Leary Way, path dips under the road then curves up and left to a pedestrian bridge over the river.
39. AT the end of the bridge **VEER RIGHT** to a stoplight at Leary Way and 159th PI NE
40. **CROSS** 159th PL with the light, continue straight.
41. In a few feet, at the short black metal fence, **LEFT** onto Heron Rookery Trail to a street (Bear Creek PKWY unmarked)

- 42. At street **RIGHT** for a short distance to crosswalk under the sign for 161st Ave NE
- 43. **LEFT to CROSS** then **VEER RIGHT** to join Redmond Connector trail. Stay on trail, crossing streets in crosswalks, for 1.3k

- 44. At NE 70th ST, Turn **RIGHT** at return to Start

Thank you for walking with us today!





Light Rail - Marymoor Village Y3774

6k Rated 1B

Start: Marymoor Village Light Rail station 17301 NE 70th St, Redmond, WA 98052

Restrooms at .5k

Emergency 911



This map and directions may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited. © 2026 Interlaken Trailblazers Volkssport Club.

- 1) From the station or the garage, walk to the street. (NE 70th Street Unmarked here)
- 2) **TURN LEFT** and walk to the stoplight
- 3) **RIGHT** to cross NE 70th St
- 4) **LEFT** to cross and continue on NE 70th St.
- 5) Cross 1 driveway. **RIGHT** on a wide paved trail.
(RESTROOMS: port a potties on right in 25 yds. Or to use Whole Foods, continue to the second left. LEFT under the arbor and continue to 1st door. Restrooms to the right.) * Continue on trail.
- 6) **CROSS** NE 65th with the crosswalk
- 7) Shortly after the storage business, **RIGHT**, entering the paved Marymoor Connector Trail (sign on right)
- 8) The paved path will intersect a roadway. **CROSS** and **CONTINUE** on the paved path to a stop sign.
- 9) Pass the stop sign and look on the left for a wood post with a blue "31" marker. Across the street is a split rail fence. **CAREFULLY CROSS** the road and walk with the fence on your right.
- 10) Continue along the fence as it curves right through a maintenance area and pass a white gate to a large parking area.
- 11) **STRAIGHT**, **CAREFULLY** walk directly across the area passing a pay station to a wide path with soccer fields on the right, trees on the left.
- 12) **LEFT** at the 3rd path to a parking area
- 13) **STRAIGHT** to other side of parking area
- 14) **Pass to the right** of the Off Leash Dog Park sign.
- 15) **STRAIGHT** on the bark path
- 16) **RIGHT** on next bark path
- 17) **STRAIGHT** on path lined with split rail fence signed "SOGGY DOG BRIDGE"
- 18) After crossing bridge, a path comes in from the left. Continue straight a short distance then **RIGHT** at a small path leading to a wood arbor.
- 19) Open gate and enter pet memorial (please close gate behind you)
- 20) Tour the pet memorial park, then **EXIT** through the gate where you entered.
- 21) **RIGHT** on the wide bark path.
- 22) After crossing "DOG ON IT" bridge **VEER SLIGHTLY LEFT** (Kiosk on your left) and continue, paralleling the parking area to a paved path.
- 23) **RIGHT** on the paved path and walk along the left edge of the parking area to the opposite side.
- 24) **VEER LEFT** onto a gravel path with a white post. (Marymoor Concert Venue on your right). Stay **LEFT** to join paved path
- 25) **VEER LEFT** at trail intersections and continue on the trail as it winds to the windmill. *(Stop and take a look at this historic Dutch style windmill. In 1910 when the ship canal was built it lowered the Sammamish River 15 feet leaving the river windmill stranded and unable to pump water to the farm)*
- 26) **CONTINUE** as the trail curves to a "Y"
- 27) **VEER LEFT** and exit through the gate.
- 28) **TURN LEFT** immediately after passing through gate and continue to the park road.
- 29) Carefully cross both directions of roadway and **TURN RIGHT** onto paved path
- 30) **CONTINUE** on the paved path for about .8k to the pyramidal climbing area (you will cross 4 driveways with stop signs.)
- 31) Just after the 4th stop sign ("LOT I" on left) look for the green sign for Marymoor Village Station. **LEFT** on asphalt path with a yellow strip in the middle.
- 32) Follow the path as it curves left. You will pass the climbing structure on your left, then the velodrome on your left.
- 33) When the path curves to the right you will see the station and the parking garage. Continue to finish.

Thank you for walking with us today!

