

Norfolk TRAIL –5K and 10K
Y3781-2026 Connecticut Valley Volkssport Club

“PRE-AMBLE”:

City/State	Norfolk, CT
Event Name <i>(50 char.) and</i> “Pitch” <i>(200 char.)</i>	Village architecture, wooded trails - Litchfield County. This “Northwest Hills” Gilded Age summer resort will appeal to those interested in elegant architecture and landscaping, music, and history, plus a nice village pub. A 5K portion of the 10K consists of moderate wooded trails.
Event Type	OSB Seasonal Walk (2026/Y3781) 4/1 – 12/31/2026
Award	IVV Credit Only
Rating	5K: 1A, 10K: 2B
Distance	5K and 10K
Strollers	Medium - 5K only
Wheelchairs	Medium – 5K only
Pets	Yes
Restrooms and Water	Yes. The Berkshire Country Store at 6 Station Place (7 am – 2 pm)
Sponsoring Club	Connecticut Valley Volkssport Club
POC	Lee West, lfwest@sbcglobal.net , 860-721-1185. P.O. Box 251, Glastonbury, CT 06033
Start Point/Driving Directions	WEB REGISTRATION ONLY, using the AVA Online Start Box. 5K/10K: Berkshire Country Store, 6 Station Place, Norfolk - off Rt. 44/Rt.272 Norfolk is approximately equidistant between Hartford, CT and Kingston, NY. From Hartford: I-84W, then 44W to Norfolk. The Berkshire Country Store is on the right in Norfolk’s Station Place, set back from the main road (Rt. 44/272/Greenwoods Rd. W.). Parking is available in angled spaces along Station Place.
Event Information <i>(600 char.)</i>	Trail Highlights: The 5K walk covers Norfolk’s Historic District, with residential and other buildings designed by nationally recognized architects of the 19 th /early 20 th centuries. The wealth of the Gilded Age is reflected throughout the town. The 10K walk includes the 5K route and an additional 5K loop on the trails of the Barbour Woods. While the elevation gain is not significant, hiking shoes and a water bottle are recommended. For music lovers: Norfolk’s Infinity Hall hosts events throughout the year. In summer, the Norfolk Chamber Music Festival presents concerts on the Stoeckel Estate and, 15 miles to the west in Falls Village, Music Mountain offers weekend chamber music and jazz concerts.
Hours	Dawn to dusk
Special Programs	Walk the USA A-Z, Walking with America’s Veterans, Step to the Beat, Anniversaries Hurrah

“POST-AMBLE”:

Be sure to log back into the OSB system to “finish/complete” your online registration after doing the walk. The OSB system does not deduct any walking fee from a walker’s Event Bank until they have submitted walk completion info., including the date the event was walked, the distance walked, and the selection of applicable special programs that walker is participating in. (Nevertheless, a fee of \$2 for a downloaded PDF is deducted from the user’s Event Bank when the PDF is downloaded. Later, any PDF fees are credited back to a walker’s Event Bank when he/she submits the walk completion info as a paying for credit walker. Note, however, the \$2 coupon for the downloaded PDF will expire in 60 days.)

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FOR IMMEDIATE EMERGENCY ASSISTANCE, CALL 911. LOCAL CLUB POINT OF CONTACT: Lee West,
 860-721-1185

DIRECTIONS	COMMENTARY
<p><i>The Norfolk event consists of a 5K walk through the Historic District and the Stoeckel Estate, and a 10K walk that includes the 5K route, plus an additional 5K on wooded trails in the Norfolk Land Trust's Barbour Woods.</i></p>	
<p>5K/10K Directions</p>	
<p>1. START POINT: Berkshire Country Store (parking in Station Place). Across the parking area in front of the Berkshire Country Store, find the paved terrace with the bronze statue of an owl. Unlatch the gate and go down three flights of stairs toward the meadow boardwalk below, also unlatching a gate at the bottom. On the boardwalk, go right at the first junction and walk through the Town Meadow Preserve, including the observation deck. Continue as far as the Fire Department on the north end of the meadow, then cross the Fire Department parking lot to Shepard Road, At Shepard Road, look right to see the 19th century brick and shingle livery stable, then walk left to the end of Shepard Road at Greenwoods Road/Rte. 44.</p>	<p>Historic District – notes below drawn from <i>Walking Historical Norfolk</i> brochure (2015), produced by the Norfolk Historical Society. From the terrace, you can see the rear of Infinity Hall, and across the valley you can see Haystack Mountain, with a stone tower barely visible at the summit. You can drive part way to the summit and then hike the rest of the way to the tower, with excellent views in all directions.</p> <p>Town Meadow – former cow pasture; boardwalk and field (between Fire Dept. and Station Place) are in process of being restored. At corner of Shepard and North St.: site of the Norfolk Inn (“Steven House” in 1890s).</p>
<p>2. Turn right on Rte 44 past Westside Rd. and Greenwoods Rd. W to left. Where Rt. 44/Greenwoods Rd. W turns left, stay straight on what is now “North Rd.,” past Veterans’ Memorial.</p>	<p>10 Station Pl: - Railroad Station Shepard Barn 3 Station Pl. – Royal Arcanum Building (1904), The Norfolk Pub</p> <p>:</p> <p>58 Greenwoods Rd. W, Norfolk Drugstore (1876) <i>Left side:</i> Greenwoods Rd. W – Warren Conde Hose (1836) 65 Greenwoods Rd. W – Ariel Lawrence Tavern (1797) <i>Right side:</i> On site of Welch homestead – William Henry Welch plaque Frederick M. Shepard Fountain (1917), a major contributor to the Center School that used to be on this site, now dry and containing a statue of St. George,. <i>Greenwoods Rd. W veers to left, and the main street is now called North St.</i> 4 North St. – Church of the Immaculate Conception and Rectory On left side of street, Memorial Green – Soldiers Monument (1920) to veterans of WWI.</p>
<p>3. Left at No. Colony Rd.</p>	
<p>4. Left into Center Cemetery. Go straight to edge of embankment/cliff. Stop and look left to historic sign marking grave of James Mars. Then go right and complete loop clockwise inside the cemetery and return to the entrance.</p>	<p>Freedom Trail – over 170 sites in CT, in 50 locations. James Mars’ grave at end of road to left – Norfolk abolitionist, author, freed slave. In 2021, May 1 was decreed James Mars Day in Connecticut. Next to James is the grave of his father, Jupiter, a Revolutionary War veteran. Many Norfolk Civil War veterans are buried here as well.</p>

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<p>5. Return to No. Colony Rd., turn right, and return to Rt. 44/North St. Turn right to walk south.</p>	<p><i>Haystack Mountain State Park is just to the north (left), with Robbins Battell Tower. If you're interested in an excursion after your walk: You can drive part of the way and then hike to the tower, or take a longer route on foot starting on trail on right near entrance. Good views of Berkshire Mountains in Massachusetts to the north and Catskills in New York to the west</i></p>
<p>6. Pass Station Place on your left, staying on Rt. 44/Greenwoods Rd. E. where it curves to left at Village Green. Continue past Pettibone Tavern and the elegant Whitehouse (you will see the back side of this house later, after you enter the Stoeckel Estate.). Note the red stone and tile Norfolk Library on your left and pop inside – the design and woodwork are exquisite). Continue past the library and turn right at the crosswalk, where you carefully cross busy Rt. 44/Greenwoods Rd. E. to the Village Green.</p>	<p><i>Right side:</i> Turnpike Signs (right side) – 1965 reproduction of 19th C. turnpike signs <i>Left side:</i> 3 Greenwoods Rd. E (left side) – Pettibone Tavern (1794) 9 Greenwoods Rd. E.– Norfolk Library (1888) Welch Fountain (1892) 18 Greenwoods Rd. W. – Norfolk Bank (1857), now Sigma Arts studio. 20 Greenwoods Rd. W. - Infinity Hall; formerly Villager Hall (1883); event schedule available at https://www.infinityhall.com for both Norfolk and Hartford venues. 24 Greenwoods Rd. W. – Thurston Building (1890s)</p>
<p>7. Take the first sidewalk on right to walk along the north side of the triangular Village Green. At the Turnpike Sign, turn left and walk down the west side of the Green. You will pass Church of Christ and Battell Chapel. At the end, note the Battell Fountain.</p>	<p>12 Village Green - Church of Christ Soldiers Monument – Civil War veterans Battell Fountain (1889)</p>
<p>8. Carefully cross Rt. 272/Litchfield Rd and turn right at Battell Rd. to enter into Stoeckel Estate at Norfolk Chamber Music Festival./Yale School of Music and Art building (Battell House).</p>	<p>Battell House Stoeckel Estate (78 acres) – left in trust to Yale University by Ellen Battell Stoeckel (she and her husband Carl founded the Norfolk Chamber Music Festival).</p>
<p>9. Follow signs to Art Barn/Battell Stoeckel Gallery</p>	<p>17 Stoeckel Rd., Whitehouse Art Barn</p>
<p>10. Retrace steps to Battell Rd. and turn right to go to Music Shed, following sign.</p>	<p>Concerts at Music Shed (1906)– Norfolk Chamber Music Festival. Check schedule at www.norfolkmusic.org for Fri./Sat. summer concerts at 8 pm. There are other music events 15 miles to the west of Norfolk in Falls Village, CT at Music Mountain Summer Festival. Check www.musicmountain.org for summer schedule (Saturday jazz at 7 pm and Sunday chamber music at 3 pm).</p>
<p>11. At Music Shed, turn left to proceed along Battell Rd., past various cottages. Continue back to Village Green.</p>	
<p>12. Cross the Green and turn left to walk along south side of Village Green. Proceed past the Norfolk Historical Society back to Rt. 44.</p>	<p>21 Village Green – Crissey Place 13 Village Green - Norfolk Historical Society (Norfolk Academy) 7 Village Green – Joseph Jones House 16 Greenwoods Rd. E – Dennison Store</p>
<p>13. At end of Green, cross Rt. 44/Greenwoods Rd. E. carefully at crosswalk.</p>	

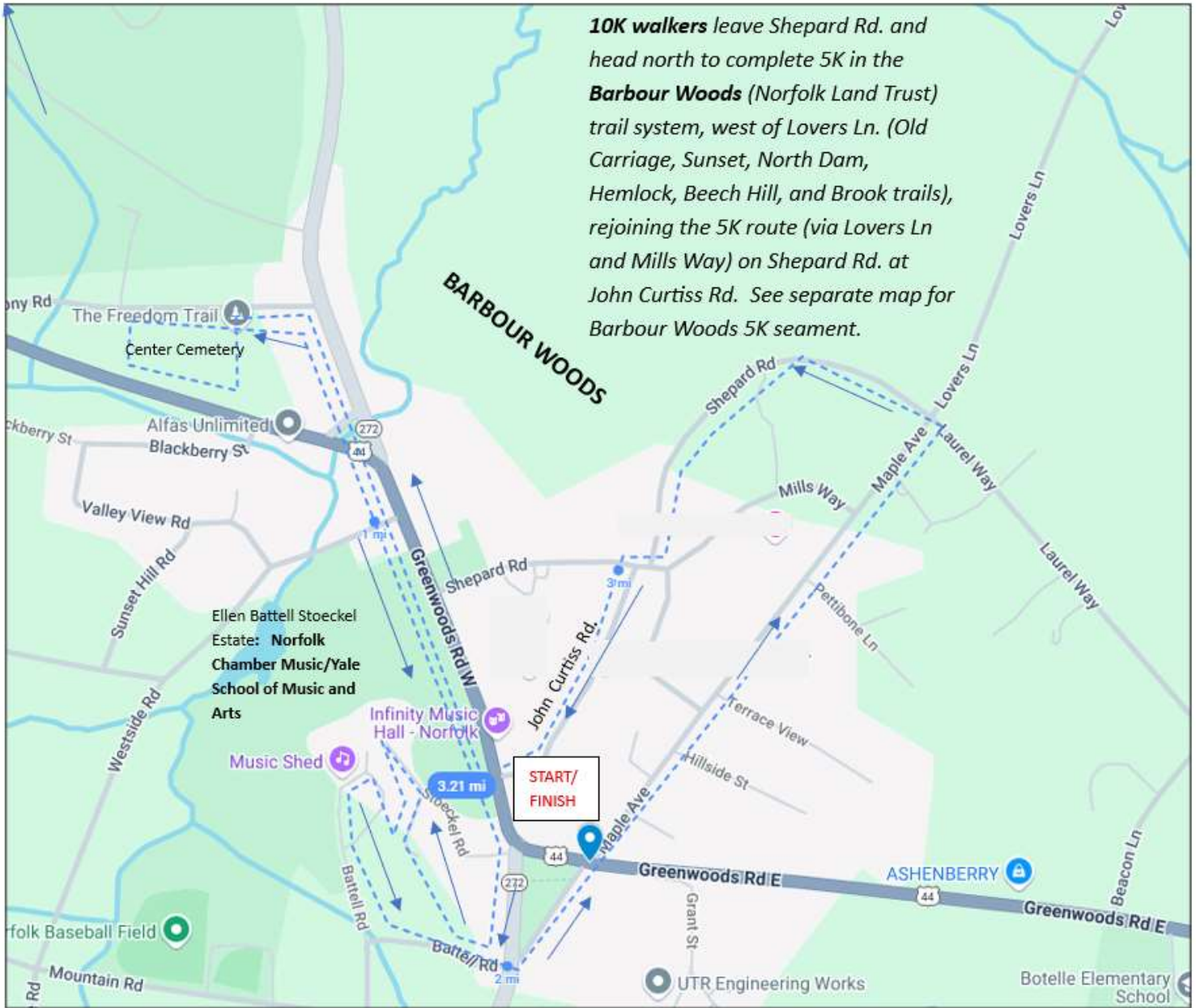
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<p>14. Proceed up Maple Ave., passing Hillside St. and Terrace View on right.</p>	<p><i>Left side of Maple Ave.:</i> 5 Maple Ave. - Giles Thompson House (1802) Railroad Bridge Railing <i>Right side of Maple Ave.:</i> 19 Greenwoods Rd. E. - Mills House (1802) 12 Maple Ave. - Collar Bros. Store, now subdivided into residences 22 Maple Ave., at Hillside St. – Judge Pettibone House (1802) <i>Left side of Maple Ave.:</i> 19 Maple Ave. – Eldridge Gymnasium (1892), now Town Hall</p>
<p>15. Cross over Hillside St. and Terrace View up to Mills Way.</p>	<p><i>Left side:</i> 35 Maple Ave. (left side) - John and Isabella Beecher Hooker House <i>Right side:</i> 44 Maple Ave. at Terrace View – Fairlawn 50 Maple Ave. – Mead Cottage (1886) 54 Maple Ave. – Walters Cottage (1884) <i>Left Side:</i> 69 Maple Ave.) – The Alders (1898) <i>Right Side:</i> 76 Maple Ave. – Bellows Block</p>
<p>16. Continue north to Shepard Rd.; turn left. Go past houses and then note stone near road on right engraved with “Barbour Woods.” This is where the 10K walkers enter to walk 5K Barbour Woods trails (a clockwise loop exiting at Lovers Ln.).</p>	<p>Originally (1900s) Barbour Woods was the property of surgeon and educator Dr. Frederick Shepard. Later was owned by Frederick Barbour, whose daughter Alison Barbour Fox donated the land to the Norfolk Land Trust in 1998.</p>
<p>5K Directions Skip to Step 26.</p>	
<p>10K Directions – Barbour Woods</p>	
<p>17. Turn right and enter woods at stone engraved with “Barbour Woods.” Go straight (north) on Old Carriage Rd. (white blaze)</p>	<p>Note the abundant pachysandra and periwinkle/vinca ground cover, suggesting a former estate.</p>
<p>18. At Brook Trail turn left (Yellow blaze). At Sunset Trail (white blaze) bear left. ■</p>	
<p>19. At fork with white blaze trail to left, take unmarked right fork out to open meadow. If you miss the unmarked fork and stay on the white-blazed trail, you come to a tee, where you should turn right and leave the woods into an open meadow. Whichever right turn you made, once out in the meadow, turn right and follow the meadow trail with the woods to your immediate right.</p>	<p>Scenic view at juncture of Sunset and South Dam.</p>
<p>20. Follow path on edge of meadow down steep grassy hill. You can see a grassy dam at the bottom of the hill but don’t go there. Down the hill, take a right on a 20-30’ wide grassy road which is the Billings Trail (not marked).</p>	
<p>21. Go straight on the Billings Trail for about half a mile, through woods, a marsh and over an old railroad culvert over a stream. Pass Mink Trail (white blaze) on right. Cross two bridges and then walk up a wide grassy slope which is the North Dam.</p>	<p>Two bridges over marshy Wood Creek Flood Control Area on Billings Trail and North Dam Trail.</p>

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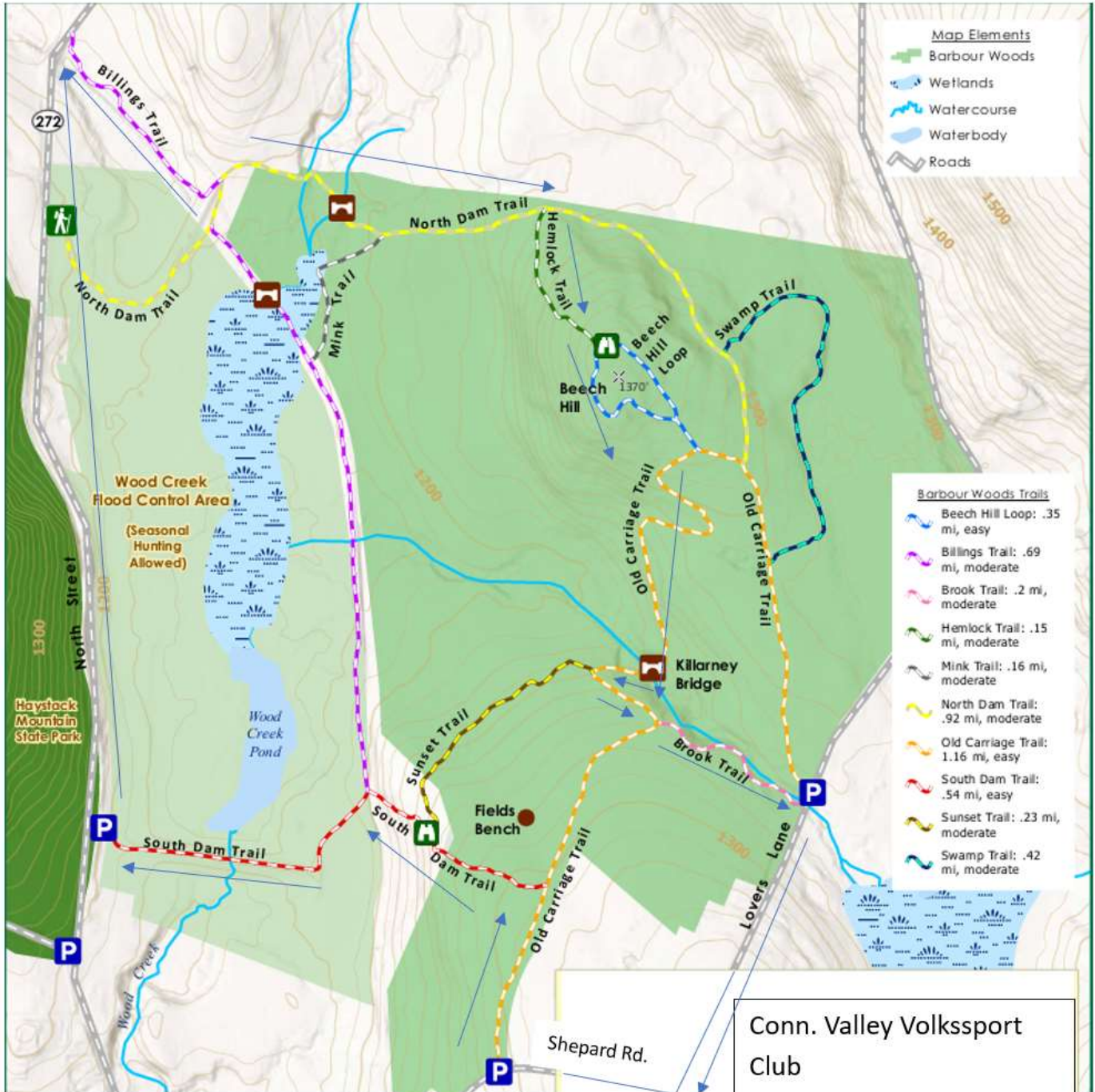
22. At top of dam, turn right and walk along the top of the dam toward the woods. Once in the woods, follow the white-blazed trail which is the North Dam Trail. At fork, go right. DO NOT go left through opening in stone wall.	
23. Cross two bridges marked with double white blazes. At Hemlock Trail, turn right, following white blaze.	
24. At Beech Hill Loop (no sign) stay right, now with yellow blaze. At end of loop (double yellow blaze) go right.	
25. Right on Old Carriage Trail (yellow blaze, no sign) over Killarney Bridge, at intersection with Old Carriage Trail, go left onto Brook Trail (yellow blaze, no sign). Go to end at Lovers Ln.	Old stone Killarney Bridge (1908) is washed out and fenced off, but an impressive ruin. A modern metal bridge takes the trail across the stream.
26. Right on Lovers Ln. Proceed down to Mills Rd.	
27. Right on Mills Rd.	21 Mills Way - On your right is the Church of the Transfiguration (1893) on the right, a distinctive "Shingle Style" Episcopal church.
5K and 10K Directions	
28. At junction of Shepard Rd. and John Curtiss Rd, turn left on John Curtiss Rd.	32 Shepard Rd. – A.P. Curtiss Feed & Grain 24 Shepard Rd. – Livery Norfolk Volunteer Fire Dept. Bell (1907), moved to new firehouse in 1974.
29. Return to START POINT at Station Pl.).	

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CVVC – Norfolk, CT Volkswalk (5K and 10K)- 2026

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To John Curtiss Rd., joining 5K route, to return to START POINT.

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Norfolk Volkswalk – 5K
 Barbour Woods section of the **10K** route (follow arrows).

Revised: 8-12-2025