

**Baltimore/Washington International Airport – 5 & 10 KM and BWI Trail Loop 5/10/17/20K
Year-Round Event
Hosted by the Annapolis Amblers**

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Trail Description:

There are two trail options with this event:

1. BWI Airport Route: This trail is a convenient way to get your steps in and a volksmarch while you are waiting for your flight or baggage at the Baltimore/Washington International Thurgood Marshall Airport (BWI). The airport authorities have marked two different 1K loops, one before security and one after security in concourses A-C. Trails are marked with BWI Cardio Trail logos which is pictured on the map.
2. BWI Trail Loop: For those that just like watching airplanes takeoff and land, this trail circumnavigates the BWI airport providing great views of airport operations and the surrounding area.

Special Programs: BWI Trail Loop – Walking With American Veterans (WWAV)

Annapolis Amblers Website: www.annapolisamblers.org

Start Point:

BWI Airport Route: BWI, 7050 Friendship Rd, Baltimore, MD 21240

BWI Trail Loop: Thomas A. Dixon, Jr. Aircraft Observation Area, 1911 Dorsey Rd, Glen Burnie, MD 21061

Amenities:

Airport Route: Restrooms, restaurants, and snacks are available throughout the terminal on either side of security.

Trail Loop: Porta pots available at start. There are some convenience stores along the route as well.

Driving Directions:

BWI Airport Route: The airport is surrounding by a bunch of different roads, but from I-295 take I-195 East and follow the signs to the airport. Then, follow the overhead signs for the daily garage.

BWI Trail Loop: Take I-97 to Rt 176 and head West. Observation Area will be on your left.


Walk Registration:

Registration takes place online using the AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

Note: The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distance and any special program using the OSB. See below.


Revision Date: 26 May 2025

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	<p>In case of Emergency: Dial 911 Event related assistance: Amanda Kelly - 443-534-1246</p>	<p>These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.</p>
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Walk Completion and Walk Credit:

Once you have physically completed the walk, please log in to your Online Start Box account, click on the “My Start Box” tab, then the “Finish Table” tab, and click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

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Baltimore/Washington International Airport – 5/10 KM Walk

BEFORE SECURITY OPTION

1. Starting from any entry door (look for the number on the door), **TURN RIGHT** and walk to the end of the Terminal past the A security gates. You should see BWI Cardio Trail signs along the route.
2. **TURN AROUND** and walk to the other end of the Terminal past the international check-in counters.
3. Again, **TURN AROUND**, returning to your entry door (remember your door number) (1K).
4. **REPEAT** instructions 1-3 completing 5 loops for a 5K and 10 loops for the 10K.

AFTER SECURITY OPTION (A-C Gates)

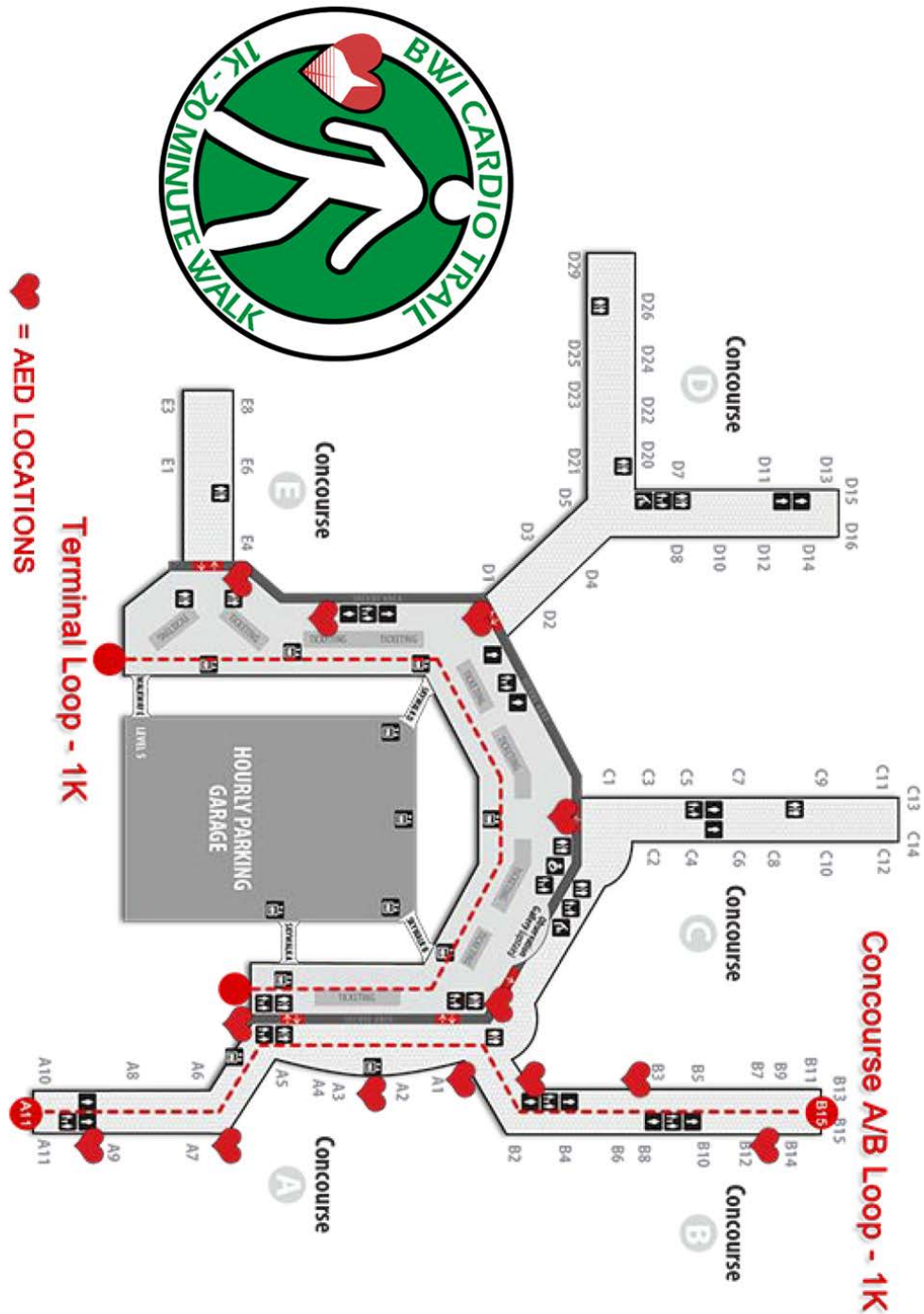
1. Starting from either the A or B security check points, **TURN RIGHT** and walk to gate A-11. You should see BWI Cardio Trail signs along the route.
2. **TURN AROUND** and walk back through concourse A, the A/B connector, and concourse B.
3. At gate B-15, **TURN AROUND**, returning to the security checkpoint you entered through (1K).
4. **REPEAT** instructions 1-3 completing 5 loops for a 5K and 10 loops for the 10K.

Thank you for walking with the Annapolis Amblers and safe travels! We hope you enjoyed your walk and your trip. If you have not already done so, please login to my.ava.org then click on the “My Start Box” tab, then the “Finish Table” tab to “complete” your walk.



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Map retrieved from <https://bwiairport.com/at-bwi/things-to-do/fitness/cardio-trail/>



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BWI Trail Loop – 5/10/17/20 KM Walk

1. Walk to the end of the parking lot away from the airport to sign posts. (Porta pots on right.) **TURN RIGHT** to walk on left side of parking lot towards the airport.
2. **CROSS** W B&A Rd. and **TURN RIGHT** to cross Rt 176. Follow the trail to the left carefully crossing all driveways and access roads.

NOTE: VFW Post 160 on left before Connelly Dr. (1.4K) (WWAV)

3. **5K Walkers:** The trail turns right at the intersection of Rt 176 and Rt 170. **TURN AROUND** and retrace your steps back to the start.
10K+ Walkers: Continue following the trail to the right. Passing Midfield Cargo Complex on right (4.2K).

4. **10K Walkers:** At Stoney Run, **TURN AROUND** and retrace your steps back to the start.

17K+ Walkers: Continue following the trail to the left taking the bridge over Rt 170. **TURN RIGHT** through the wall following the trail signs back down to street level.

5. Continue on the trail eventually passing parking lots on the way to the Amtrak station. **TURN RIGHT** at the crosswalk and carefully crossing the road. BWI Trail sign will be on your left with a parking garage ahead in the distance. (6.4K)

6. Follow the path as it covers right and then left up and over I-195. At the fork in the road:

17K Walkers: Take the left fork and continue along the trail.

20K Walkers: Take the right fork and continue to the terminal. **CROSS** Terminal Rd and **TURN LEFT** to Elm Rd. **TURN RIGHT** on

Air Cargo Service Rd. Once you reach the terminal, **TURN AROUND** retracing your steps over the bridge to the fork and **TURN RIGHT**.

7. At Terminal Road (stop sign), **TURN LEFT** after carefully cross right turn lane and cross Elkridge Landing Rd.
8. Follow the trail, **TURN RIGHT** on the sidewalk at Andover Rd. Carefully cross Rt 170/Camp Meade Rd and then Rt 162/Aviation Blvd.
9. **TURN LEFT** on the trail and continue to Dorsey Rd. With traffic light, carefully cross Dorsey Rd. and continue straight.
10. Immediately after passing Newport Rd., **TURN RIGHT** to follow the trail. Do not continue over bridge and I-97. Remain on the trail until you reach the Dixon Aircraft Observation Area.

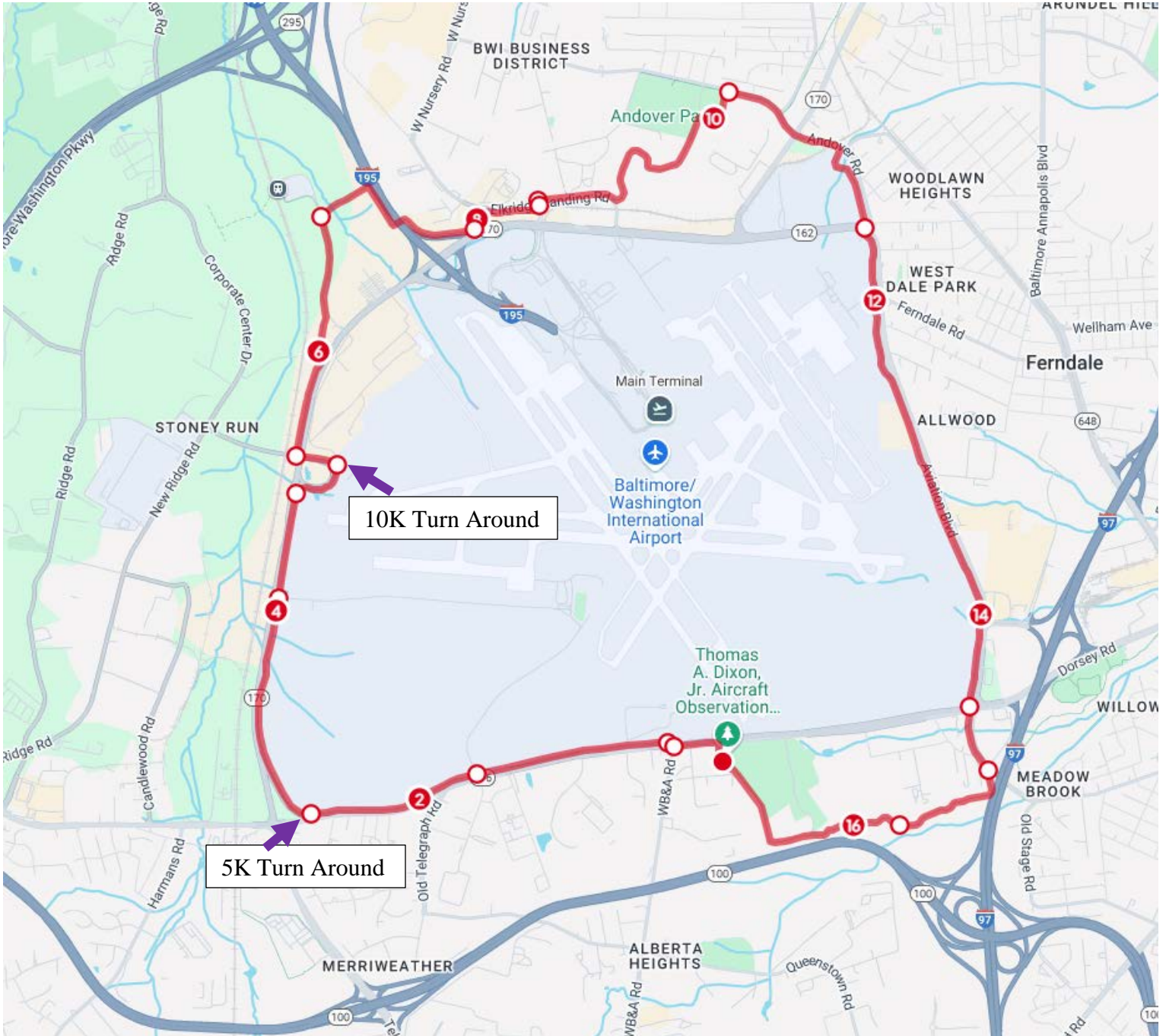
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5K/10K/17K Map



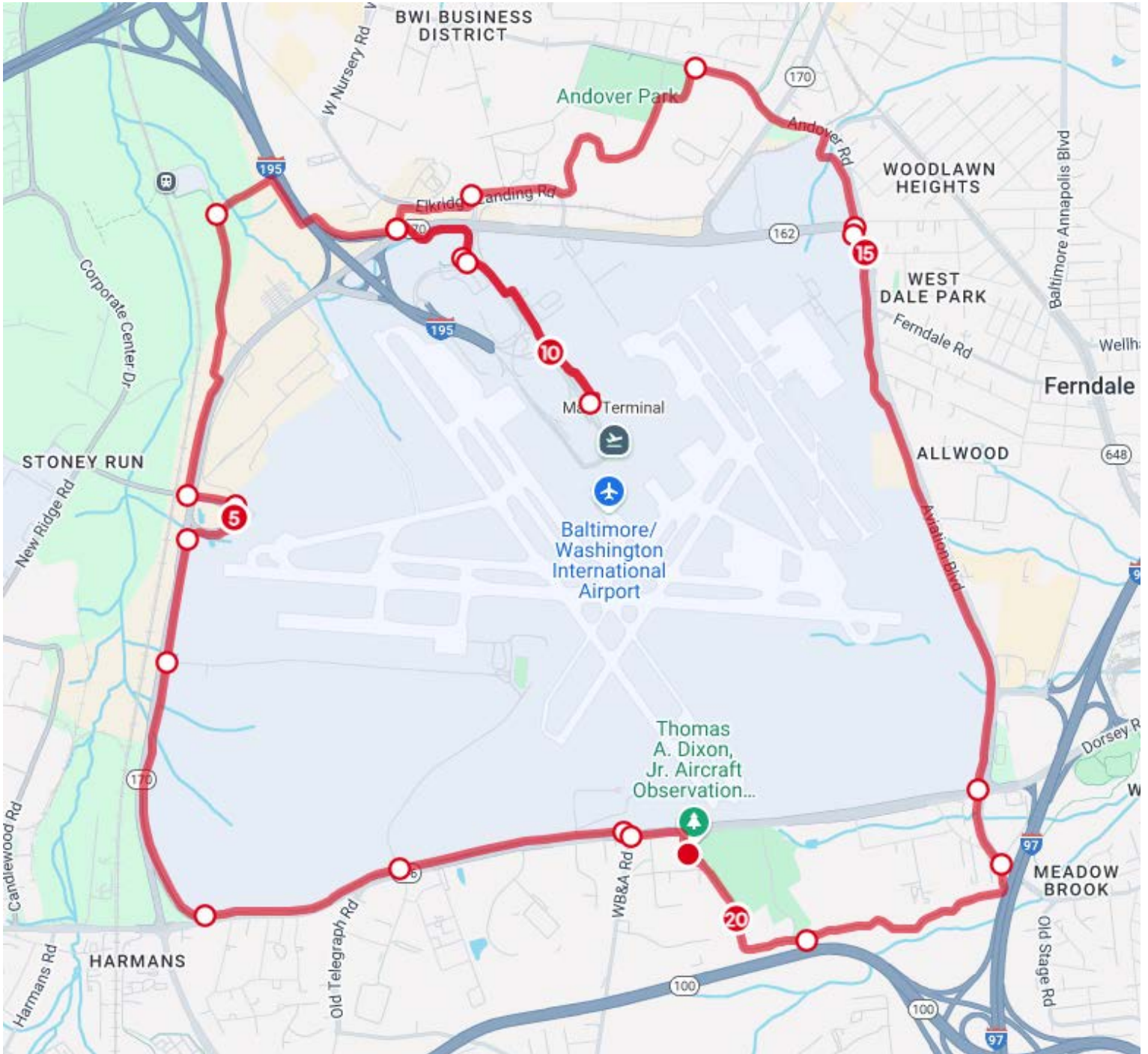
Map created using mapmywalk.com



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20K Map



Map created using mapmywalk.com



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