



**First Avenue Trail Seasonal Walk**  
**TRAIL RATED 1A - 5K AND 10K ROUTES**  
© Nebraska Wander Freunde Trailblazers 1/1/26  
**SPECIAL PROGRAMS: Anniversaries**  
**Hurrah, Grain Elevators, Monarchs of**  
**the Plains, Par for the Course, Rails to**  
**Trails**



An easy stroll along the First Avenue Trail, a Rails-to-Trails Conservancy rail-trail. The First Avenue Trail celebrates Council Bluffs with multiple murals and native plantings.

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*This walk will also be available as a group walk during the April AVA Signature event weekend, if you preregister for the signature events, you should not preregister for this walk if you sign up on the OSB.*

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**Walk Registration:**

Registration takes place online using the AVA Online Start Box, on my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. The POC does not provide event directions or accept alternate payment methods.

**Walk Completion and Walk Credit:**

Once you have physically completed the walk, please login to your Online Start Box account click on the “My Start Box” tab, then the “Finish Table” tab, then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

**Table of Contents:**

Use the following table to guide what portion of this document you may wish to print out.

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**Starting Point Location:**

41.260487, -95.879997  
West Broadway HyVee South Parking Lot  
105 S. 24<sup>th</sup> St.  
Council Bluffs, IA 51501

**Start Point/Driving Directions:** From I-480, take the Broadway exit to 35<sup>th</sup> St. Turn right (south) on 35<sup>th</sup> St. to 2<sup>nd</sup> Ave. Left (east) on 2<sup>nd</sup> Ave. to 24<sup>th</sup> St. Left (north) on 24<sup>th</sup> St. toward HyVee. Park in the first lot on the left. From the parking lot, you will walk south to the trail.

**Restrooms:**

Restrooms available in HyVee and various businesses on Broadway (one block north of the trail). Fast Food restaurants are located at 16<sup>th</sup> & Broadway.

**AVA 50<sup>th</sup> Anniversary**


This event will be part of the signature weekend events taking place April 17-19<sup>th</sup> in Council Bluffs, IA. For more information, go to <https://bit.ly/MMotMM> or visit our website at [nebraskatrailblazers.com](http://nebraskatrailblazers.com).

**FIRST AVE Trail**

First Avenue, a former rail corridor, creates a link to Downtown Omaha, and presents a unique user experience. Part of the Great American Trail, it is conducive to walking, biking, and micro-mobility options, trail amenities include lighting, landscaping, public spaces, and trail plazas, making the corridor a linear park, not just a trail. The many murals along the trail tell the story of Council Bluffs. This includes the longest mural in Council Bluffs, "Tracks of Time" made up of 22 individual train cars, each a mural in itself.



**Emergency Numbers:**

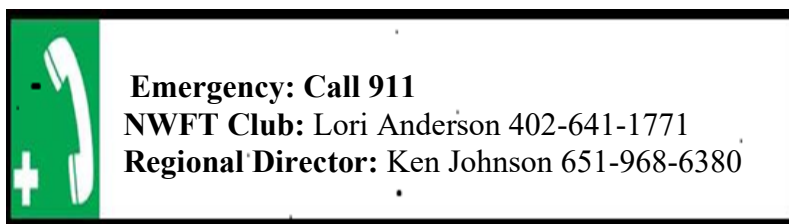
	In case of Emergency: Dial 911 Event related assistance: Sandy Spaulding 712-322-2797
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# 5k Directions

1. Leave the parking lot, walking north to the trail.
2. Turn left on the trail to 35<sup>th</sup> St. at the Trail Stop Plaza
3. At 35<sup>th</sup> St., turn around and retrace your steps, passing 24<sup>th</sup> St. and continue to 19<sup>th</sup> St. (east end of Train Car Mural)
4. Turn around and retrace your steps to 24<sup>th</sup> St. to finish.

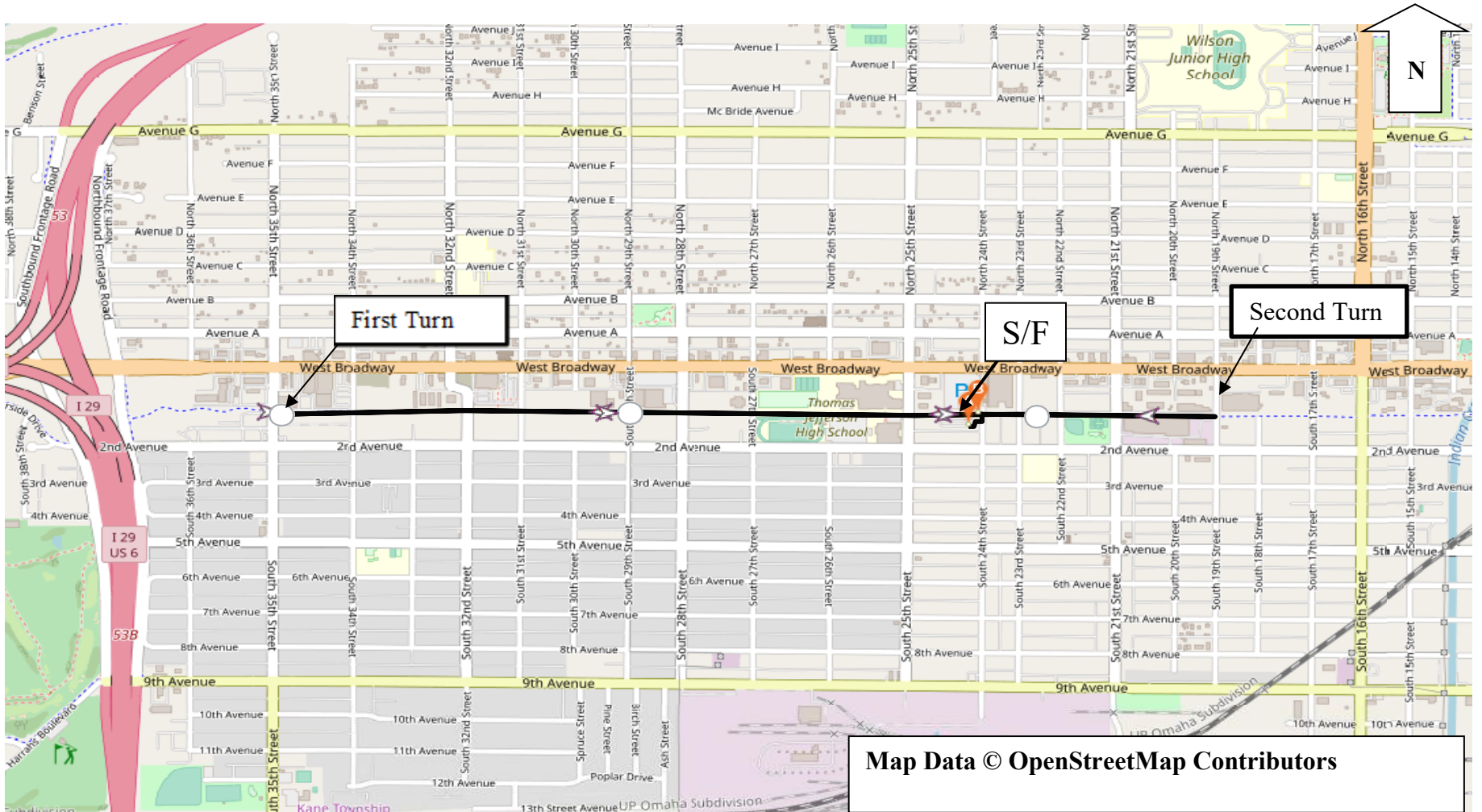
# 10K Directions

1. Leave the parking lot, walking north to the trail.
2. Turn left on the trail at the Trail Stop Plaza
3. At 35<sup>th</sup> St., turn around and retrace your steps, passing 24<sup>th</sup> St., Cochran Park to 16<sup>th</sup> St. (Fast food restaurants with restrooms are one block north on 16<sup>th</sup> St. if needed).
4. Continue east on the trail until it curves north and becomes Indian Creek Trail (not marked).
5. Continue (north) following Indian Creek Trail to crosswalk at Red Nelson Dr. (just before reaching bridge).
6. Turn left (west) on Red Nelson Dr. to 15<sup>th</sup> St.
7. Turn right (north) on 15<sup>th</sup> St. to G St.
8. Turn right (east) on Avenue G, crossing the viaduct to 8<sup>th</sup> St.
9. Turn right (south) on 8<sup>th</sup> St. to Broadway.
10. Turn right (west) on Broadway crossing over the Viaduct to 16<sup>th</sup> St. and cross.
11. Turn left, crossing Broadway at the light and continue to First Avenue Trail.
12. Turn right (west) on First Avenue Trail to return to start.



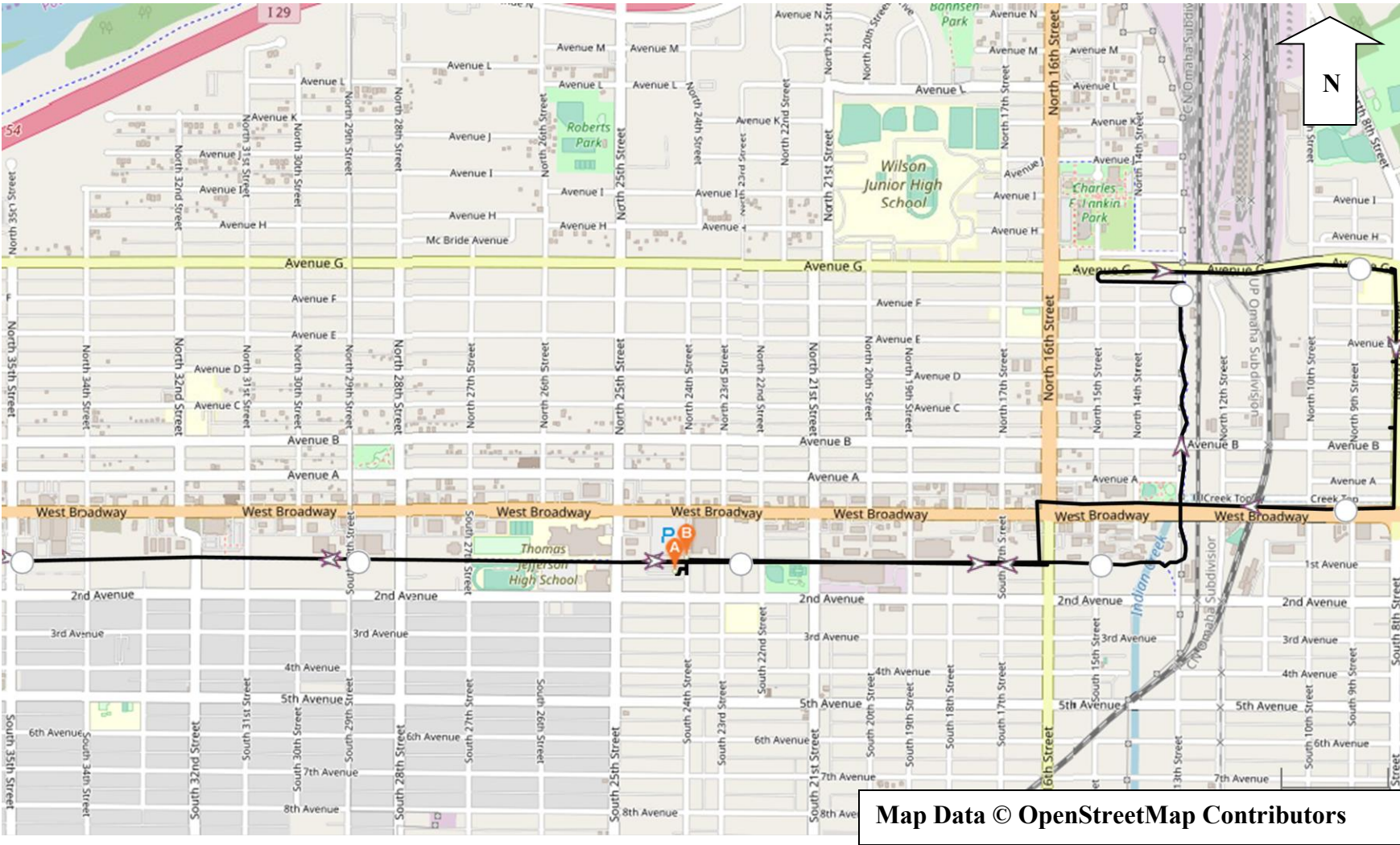
**Emergency: Call 911**  
**NWFT Club:** Lori Anderson 402-641-1771  
**Regional Director:** Ken Johnson 651-968-6380

**First Avenue Trail Seasonal Walk – 5 K**  
**START POINT – West Broadway HyVee South Parking Lot**  
**105 S. 24<sup>th</sup> St.**  
**41.260487, -95.879997**



*These walk directions and maps may only be used in conjunction with a signed American Volkssport Association Athletic Waiver. All other uses are prohibited.*

**First Avenue Trail Seasonal Walk – 10 K**  
**START POINT – West Broadway HyVee South**  
**Parking Lot**  
**105 S. 24<sup>th</sup> St.**  
41.260487, -95.879997



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