



The Capitol Volkssport Club  
 Welcomes you to  
**WILD & WOOSY in WASHINGTON**



**MIMA FALLS HIKE**

**Distance: 10K, 7K**  
**Difficulty Rating: 2C**

The Mima Falls Hike is located in the Capitol State Forest, which is a beautiful destination just a short drive from Olympia. This trail takes you through some lush forest and past verdant wet-lands to Mima Falls which are best viewed in spring when the creek is rushing over the small, but lovely, waterfall. The 110,000-acre Capitol State Forest is both a timber-producing forest and a recreation destination, so on this hike you may notice some evidence of past logging.

This Washington state-managed land is providing sustainable revenue in support of schools, state universities and the local county public services. People, their dogs, horses and bike riders all share this trail, so be sure to keep alert and yield to horses.

**Pets** are allowed on leash with owners responsible for cleanup.

**Restrooms:** There is a pit toilet at the trail head, but no other facilities along the way.

**Walk Registration**

Registration takes place online using the AVA Online Start Box at [my.ava.org](http://my.ava.org). Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed.

**Walk Completion and Walk Credit**

Once you have physically completed the walk, please login to your Online Start Box account; click on the “My Start Box” tab; then the “Finish Table” tab; then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate a stamped “virtual” insert card that you may print.

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# Mima Falls Hike 10K



In case of emergency: **Dial 911**

Event related Assistance: Carol 360-292-0830

## **Difficulty level: 2C**

**ESVA Challenges:** 39 Counties (Thurston); On the Road Again; Strolling Along the Rivers

**Start Point:** Mima Falls Trailhead, Capitol State Forest. **Washington State Parks Discover**

**Pass is required for parking.**

Lat: 46.904, Lng: -123.064

## **Driving Directions:**

I-5 Exit 95 (Littlerock/Maytown). **Northbound** left and then right at second stop sign/**Southbound** straight on Maytown Road SW. In about 3 miles, at stop sign, continue straight. Continue straight on 128th Ave. SW (NOT curving left on Littlerock Rd). At stop sign, left on Mima Rd SW. In 1.3 miles, right on Bordeaux Rd SW (follow signs to Mima Falls Trailhead). In 0.7 miles, right on Marksman St SW. After 0.8 miles, bear left to the Mima Falls Trailhead entrance and continue 0.3 miles up gravel road to Mima Falls Trailhead. **Be sure to display your pass to avoid a \$99 fine.**

**Restrooms:** Pit toilet available at the trailhead.

**Miscellaneous:** Pets allowed on leash. The Evergreen Sportsman's Club is nearby, so you may hear target practice.

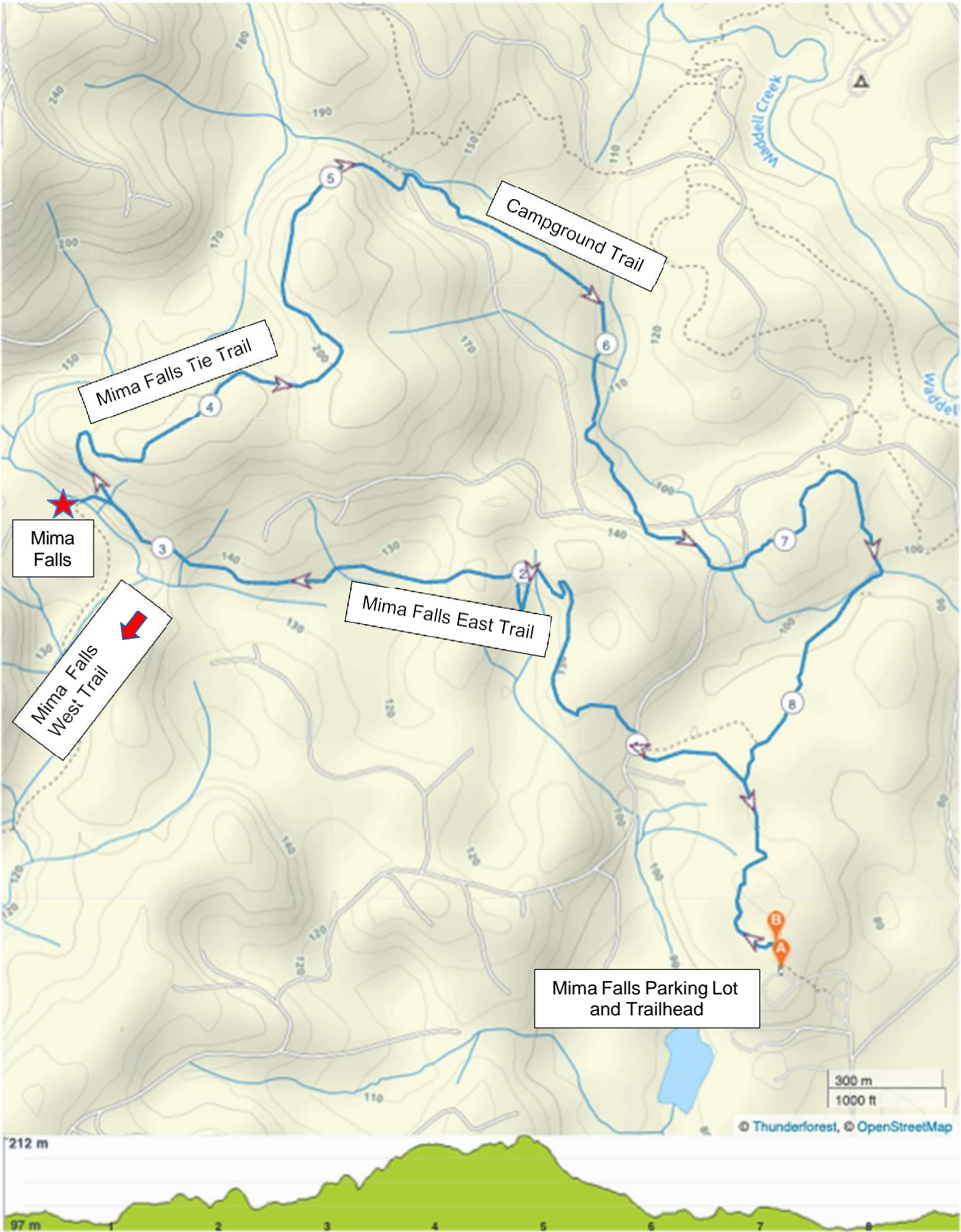
## **Hiking Directions:**

1. Enter Mima Falls East Trail near Mima Falls East Trail sign and pit toilets.
2. **STRAIGHT** passing trail on right to Capitol Peak, Porter Creek, Wedekind, & Fall Creek.
3. **RIGHT** on logging road for 50 yards.
4. **LEFT** on Mima Falls East Trail.
5. **STRAIGHT** on main trail, passing unmarked trail on the left.
6. **LEFT** at junction with Mima Falls Tie Trail, following Mima Falls West Trail.
7. **STRAIGHT** on Mima Falls West Trail, passing small trail on right.
8. Arrive at Mima Falls picnic area, just a small clearing with a picnic table.
9. Straight beyond the picnic table is a small primitive trail to view Mima Falls. Use caution on the rough and steep trail leading to nice views of the falls.
10. **TURN AROUND** and proceed back to the junction of the Mima Falls West Trail and the Mima Falls Tie Trail.
11. **LEFT** on the Mima Falls Tie Trail.
12. **STRAIGHT** on the Mima Falls Tie Trail for approximately 1.6 miles passing through forest and a short section of recent logging.
13. At intersection with gravel road, **CROSS ROAD** and **VEER RIGHT** to Campground Trail. Trail signage directs you to the Mima Falls Trailhead.
14. **STRAIGHT** on Campground Trail crossing an unmarked logging road.
15. **STRAIGHT** on Campground Trail crossing a second road, Road E9000.
16. **STRAIGHT** at intersection with Equine Loop Trail, continuing on Campground Trail.
17. **STRAIGHT** on Campground Trail passing Happy Horse Trail.
18. **LEFT** at Intersection onto Mima Falls East Trail continuing to trailhead parking lot.

**We hope you enjoyed your hike!**

**Don't forget to log back into the OSB system to "finish/complete" your online registration.**

# Mima Falls 10K Loop



# Mima Falls Hike 7K



In case of emergency: **Dial 911**

Event related Assistance: Carol 360-292-0830

## **Difficulty level: 2C**

**ESVA Challenges:** 39 Counties (Thurston); On the Road Again; Strolling Along the Rivers

**Start Point:** Mima Falls Trailhead, Capitol State Forest. **Washington State Parks Discover**

**Pass is required for parking.**

Lat: 46.904, Lng: -123.064

## **Driving Directions:**

I-5 Exit 95 (Littlerock/Maytown). **Northbound** left and then right at second stop sign/**Southbound** straight on Maytown Road SW. In about 3 miles, at stop sign, continue straight. Continue straight on 128th Ave. SW (NOT curving left on Littlerock Rd). At stop sign, left on Mima Rd SW. In 1.3 miles, right on Bordeaux Rd SW (follow signs to Mima Falls Trailhead). In 0.7 miles, right on Marksman St SW. After 0.8 miles, bear left to the Mima Falls Trailhead entrance and continue 0.3 miles up gravel road to Mima Falls Trailhead. **Be sure to display your pass to avoid a \$99 fine.**

**Restrooms:** Pit toilet available at the trailhead.

**Miscellaneous:** Pets allowed on leash. The Evergreen Sportsman's Club is nearby, so you may hear target practice.

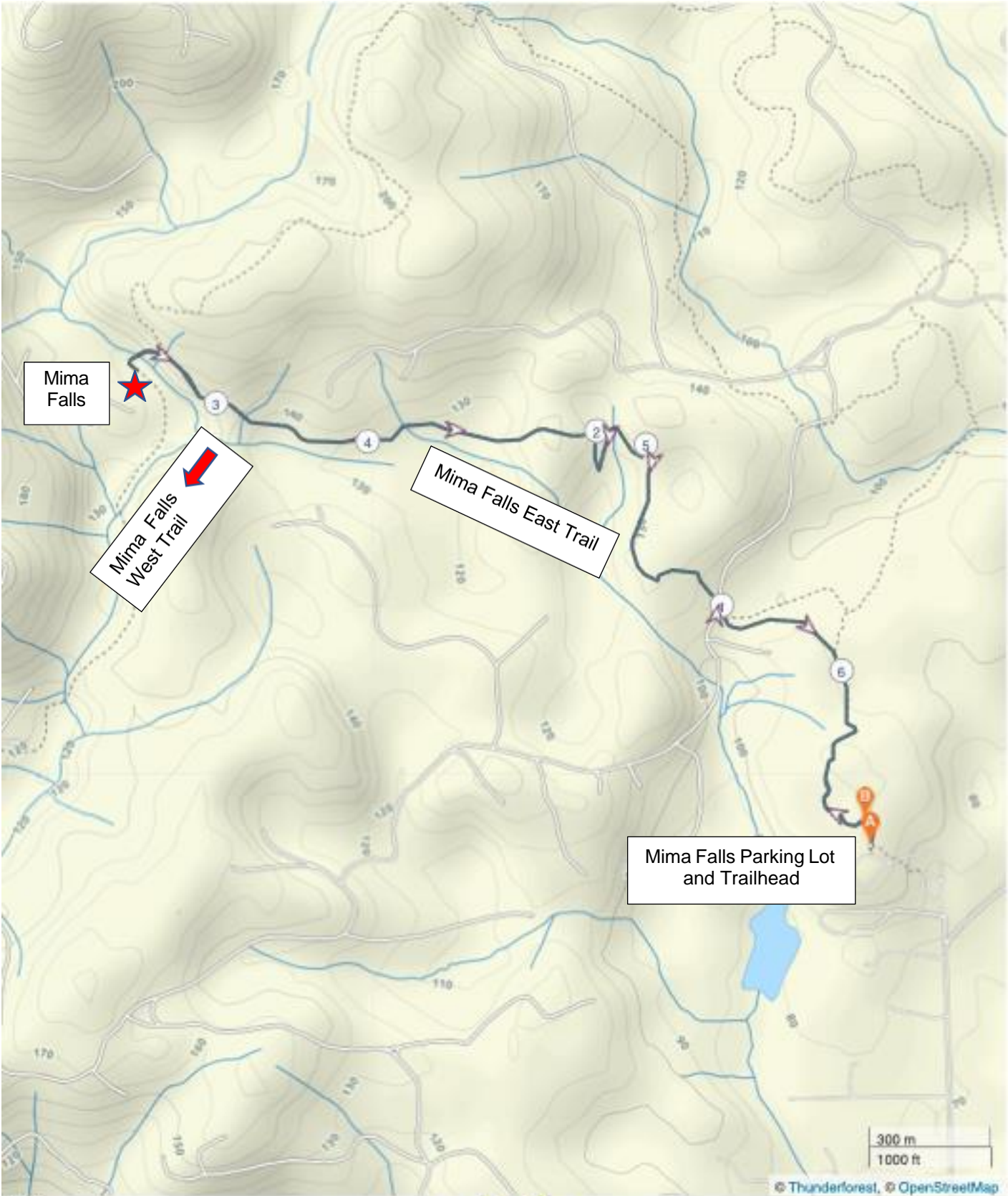
## **Hiking Directions:**

1. Enter Mima Falls East Trail near Mima Falls East Trail sign and pit toilets.
2. **STRAIGHT** passing trail on right to Capitol Peak, Porter Creek, Wedekind, & Fall Creek.
3. **RIGHT** on logging road for 50 yards.
4. **LEFT** on Mima Falls East Trail.
5. **STRAIGHT** on main trail, passing unmarked trail on the left.
6. **LEFT** at junction with Mima Falls Tie Trail, following Mima Falls West Trail.
7. **STRAIGHT** on Mima Falls West Trail, passing small trail on right.
8. Arrive at Mima Falls picnic area, just a small clearing with a picnic table.
9. Straight beyond the picnic table is a small primitive trail to view Mima Falls. Use caution on the rough and steep trail leading to nice views of the falls.
10. **TURN AROUND** and proceed back to the junction of the Mima Falls West Trail and the Mima Falls Tie Trail. Continue Straight at the junction. The trail becomes the Mima Falls East Trail.
11. **RIGHT** on logging road for 50 yards.
12. **LEFT** on Mima Falls East Trail.
13. **STRAIGHT** passing trail on left to Capitol Peak, Porter Creek Wedekind, & Fall Creek.
14. **STRAIGHT** to Mima Falls Trailhead parking lot.

**We hope you enjoyed your hike!**

**Don't forget to log back into the OSB system to "finish/complete" your online registration.**

# Mima Falls Out and Back 7K Route



# ESVA/OTSVVA/AVA SPECIAL CHALLENGE PROGRAMS - 2026

For more information on ESVA go to: <http://www.esva.online/challenges/>

<b>WALK NAME:</b>		<b>WALK NUMBER:</b>		
Mima Falls Hike		3867		
<b>CURRENT ESVA SPECIAL PROGRAMS</b>				
Please note the years [in brackets] that each challenge is active.				
39 COUNTIES - (ONGOING)	Thurston			
DISCOVER YOUR STATE AND NATIONAL PARKS [2026-2028]	Yes, Capitol State Forest			
TELL ME A STORY [2025-2027]				
THAT'S ENTERTAINMENT [2024-2026]	CULTURAL	FAIRS, FESTIVALS, ARCADES	CRAFTS/HOBBIES	SPORTS VENUES
<b>PREVIOUS ESVA SPECIAL PROGRAMS</b>				
Patches for books received past the end date will be sent while supplies last. No refunds.				
FRONTLINE HEROES [2021-2023]	MEDICAL CENTERS	DELIVERY SERVICES	SUSTENANCE PROVIDERS	ESSENTIAL SERVICES
ON THE ROAD AGAIN [2022-2024]	Yes			
STROLLING ALONG THE RIVERS [2023-2025]	Yes, Mima Creek			
<b>CURRENT OTSVA SPECIAL PROGRAMS</b>				
For more information on OTSVA go to: <a href="https://www.otsva.org/challenges.html">https://www.otsva.org/challenges.html</a>				
BUTTERFLY [2026-2028]				
PEACE POLES [2024-2026]				
<b>CURRENT AVA SPECIAL PROGRAMS</b>				
For more information on AVA go to: <a href="https://cb.ava.org/specprog.php">https://cb.ava.org/specprog.php</a>				
Most programs allow the participants up to 12 months from the official end date to complete.				
50 STATES/51 CAPITALS	[ONGOING]	Washington		
A-Z (Walking the US A-Z)	[ONGOING]	Littlerock		
A-MAZ-ING LABYRINTHS	[2024-2026]			
ANNIVERSARIES HURRAH	[ONLY 2026]	All AVA sanctioned events qualify for Anniversaries Hurrah.		
GRAIN ELEVATORS: MONARCHS OF THE PLAINS	[2025-2027]			
IVV-AMERICAS	[2022-NO END]	All AVA sanctioned events qualify for the IVV-America's Special Program.		
LIGHTHOUSES II	[2023-2025]			
PAR FOR THE COURSE	[2023-2025]			
RAILS TO TRAILS	[2022-2025]			
STEP TO THE BEAT	[2024-2026]			
WALKING WITH AMERICA'S VETERANS	[2021-2027]			
WALKING WITH THE WILD THINGS	[2025-2027]			