



WILD & WOODSY in WASHINGTON TOLMIE STATE PARK Y3868

Distance: 5K and 9K routes.

Difficulty Rating: 5K and 9K RATED 2C – An informative hike in the woods with exposed tree roots and hills. Views of Puget Sound and the Olympic Mountains and Cascade Mountains.

The park was named in honor of Dr. William Fraser Tolmie (1812-1886), a surgeon, fur trader, and scientist who commanded the Hudson Bay Company's Fort Nisqually from 1843 to 1859. Tolmie also engaged in the scientific study of the native plants of the Pacific Northwest. Among others, the common Youth-on-Age flower (*Tolmiea menziesii*), found throughout today's park, was named in recognition of his botanical contributions.

Park information © 2006-2024 Washington State Parks and Recreation Commission.

Woodpeckers, Bald Eagles, and Great Blue Herons can be seen or heard in the park.

Walk Registration

Registration takes place online using the AVA Online Start Box at my.ava.org. Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed.

Walk Completion and Walk Credit

Once you have physically completed the walk, please login to your Online Start Box account; click on the “My Start Box” tab; then the “Finish Table” tab; then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate a stamped “virtual” insert card that you may print.

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Please use either the Online Start Box (OSB) or Physical Start Box (PSB) to register and complete the event. Do NOT mix and match, for example, by registering using the OSB then completing your event using the PSB nor signing the PSB log sheet. The sponsoring club only receives credit for an OSB participation when an OSB registration has been completed online by entering your participation date, distances, and any special programs using the OSB.

TOLMIE STATE PARK Y3868

In case of emergency: Dial 911

Event related Assistance: Chase 360-584-6446

Distance: 5K and 9K

Difficulty level: 2C

ESVA Challenges: Discover Your Parks, 39 Counties (Thurston)

AVA Challenges:

Start Point: Tolmie State Park, Beach Parking Lot, 7730 61st Ave. NE, Olympia, WA

Lat: 47.120124, Lng. -122.776141

Driving Directions:

I-5: Exit 111. Northbound left/Southbound right on Marvin Road NE. Follow signs to Tolmie State Park by continuing on Marvin Road approximately 3.5 miles through several roundabouts until you reach a T with a stop sign. Right on 56th Ave NE. Left on Hill St NE. Veer Left onto 61st Ave NE. Pass the upper parking lot towards the sign marked “To Beach Parking”.

Restrooms available in the beach parking lot shelter across the vehicle bridge. **Remember to display your Discover Pass or day pass to avoid a \$99 fine. There is a kiosk to purchase a pass at the upper parking lot.**

Note: If the beach parking lot is full, park in the upper parking lot and follow the trail on the left side (as you face it) of the shelter down to the beach parking lot.

Miscellaneous: Restrooms available at start. Pets allowed on leash.

5K and 9K Combined Directions

1. Walk away from the water to the end of the lower parking lot.
2. Follow the dirt trail to the left of the Tolmie Trail Map kiosk (Four Cedars Trail Loop).
3. **KEEP RIGHT** at the trail intersection from the left.
4. **LEFT** at the Y with a “Twin Creeks Trail and Exit” sign (2K).
5. **KEEP RIGHT** at the next trail intersection (NOT exiting the park to Sandy Point Beach Road).
6. **LEFT** on the road in front of the kitchen shelter building (restrooms).
7. At the end of the road, follow the “Sandy Beach Trail” to its end.
8. Turn around and return to the kitchen shelter building.
9. **LEFT** at the shelter building on the concrete walkway across a pedestrian bridge to the spit. **NOTE:** If baby seals are on the beach, do not get within 100 feet of the seals.
10. **LEFT** on the spit to the end.
11. Turn around and walk past the bridge.
12. **RIGHT** towards the “Pay Here” sign.
13. **CONTINUE** on the trail back to the road.
14. **5K only STRAIGHT** into the lower parking lot and to your car.
9K only RIGHT across the bridge towards the kitchen shelter building.
15. **LEFT** on the 4 Cedars Trail.

TOLMIE STATE PARK

16. **KEEP LEFT** at the next trail intersection (NOT exiting the park to Sandy Point Road).
17. **RIGHT** at the Y (a “Twin Creeks Trail and Exit” sign is on the left but is facing away from you).
18. **RIGHT** at the next major trail intersection. There is a temporary sign showing that the 4 Cedars Trail is the one that you were on.
19. **VEER RIGHT** at the road (it’s a small loop) and **CAREFULLY CROSS** the main road into the upper parking lot.
20. **KEEP LEFT** through the parking lot towards the large shelter building.
21. **LEFT** just past the kiosk onto the concrete walkway towards the shelter building (restrooms).
22. **CONTINUE** past the shelter building onto a gravel trail into the picnic area.
23. **FOLLOW** the trail as it winds around then turns right and down some stairs.
24. **RIGHT** to follow the railing to the amphitheater.
25. **RIGHT** to exit, keeping the amphitheater on your left.
26. **STRAIGHT** at the trail intersection, heading on the gravel path back towards the shelter building.
27. **LEFT** on the asphalt trail down to the beach. The mountains to the left are the Olympic Mountains.
28. **TURN AROUND** and return to the top of the hill. **LEFT** to follow the asphalt path to the upper parking lot.
29. **KEEP LEFT** walking through the parking lot back to the road.
30. **CAREFULLY CROSS** the main road and follow the small loop **RIGHT** to the dirt trail that you came out earlier. There’s a brown sign with a hiker icon.
31. **LEFT** on the trail.
32. **RIGHT** at the T. You’re back on the 4 Cedars Trail.
33. **CONTINUE** on the trail back to the lower parking lot and to your car.

Don’t forget to log back into the OSB system to “finish/complete” your online registration.

We hope you enjoyed your walk!

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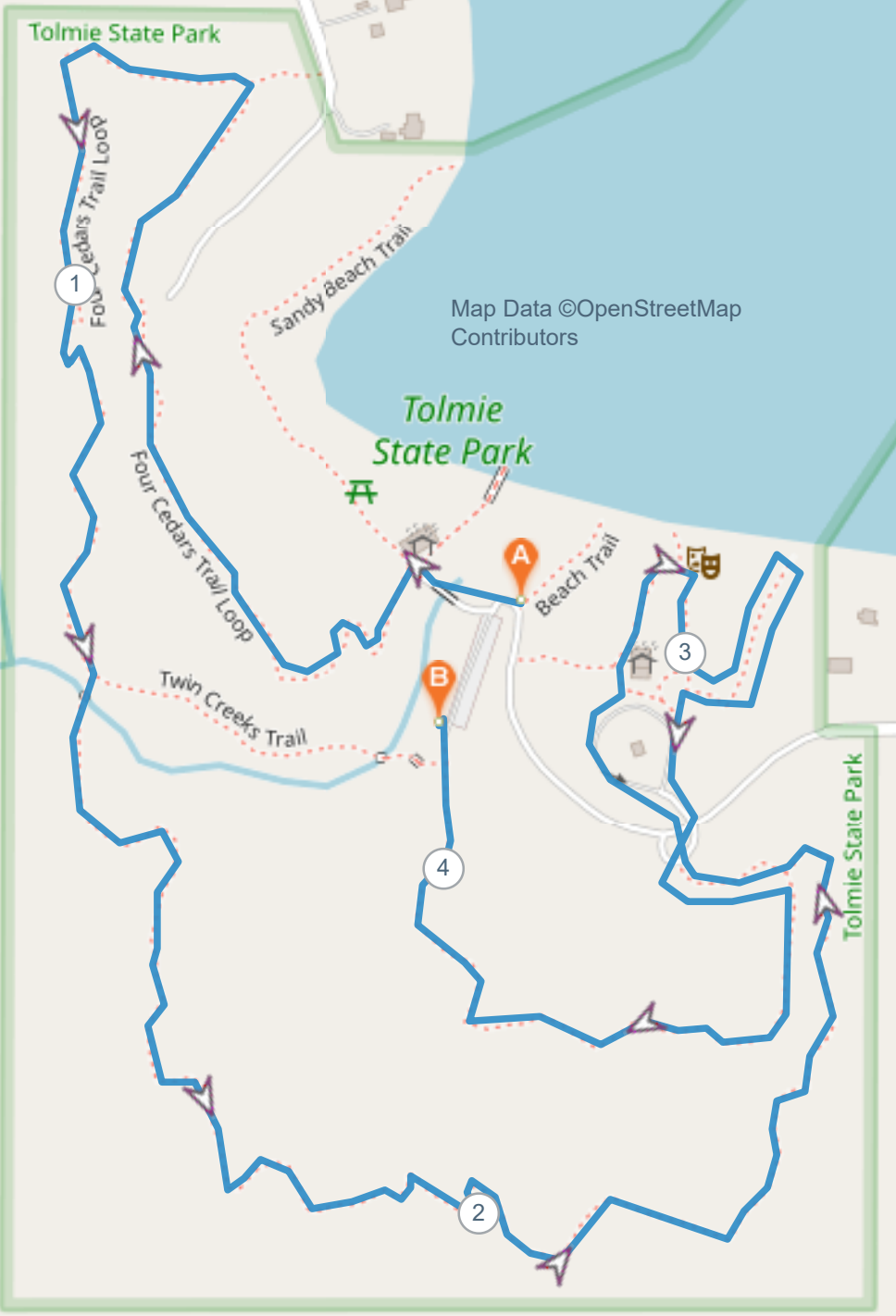
Tolmie State Park 5K



Sandy Point

Tolmie State Park 9K (the back 4K)

Use the 5K map first and then continue with this map



ESVA/OTSVVA/AVA SPECIAL CHALLENGE PROGRAMS - 2026

For more information on ESVA go to: <http://www.esva.online/challenges/>

WALK NAME:		Tolmie State Park			WALK NUMBER:		3868	
CURRENT ESVA SPECIAL PROGRAMS								
Please note the years [in brackets] that each challenge is active.								
39 COUNTIES - (ONGOING)		Thurston						
DISCOVER YOUR STATE AND NATIONAL PARKS [2026-2028]		Yes						
TELL ME A STORY [2025-2027]								
THAT'S ENTERTAINMENT [2024-2026]		CULTURAL	FAIRS, FESTIVALS, ARCADES	CRAFTS/HOBBIES	SPORTS VENUES			
PREVIOUS ESVA SPECIAL PROGRAMS								
Patches for books received past the end date will be sent while supplies last. No refunds.								
FRONTLINE HEROES [2021-2023]		MEDICAL CENTERS	DELIVERY SERVICES	SUSTENANCE PROVIDERS	ESSENTIAL SERVICES			
ON THE ROAD AGAIN [2022-2024]		ONLY APPLIES TO TRADITIONAL EVENTS						
STROLLING ALONG THE RIVERS [2023-2025]		Yes, Creek not identified						
CURRENT OTSVA SPECIAL PROGRAMS								
For more information on OTSVA go to: https://www.otsva.org/challenges.html								
BUTTERFLY [2026-2028]								
PEACE POLES [2024-2026]								
CURRENT AVA SPECIAL PROGRAMS								
For more information on AVA go to: https://cb.ava.org/specprog.php								
Most programs allow the participants up to 12 months from the official end date to complete.								
50 STATES/51 CAPITALS		[ONGOING]	Washington					
A-Z (Walking the US A-Z)		[ONGOING]	Olympia					
A-MAZ-ING LABYRINTHS		[2024-2026]						
ANNIVERSARIES HURRAH		[ONLY 2026]	All AVA sanctioned events qualify for Anniversaries Hurrah.					
GRAIN ELEVATORS: MONARCHS OF THE PLAINS		[2025-2027]						
IVV-AMERICAS		[2022-NO END]	All AVA sanctioned events qualify for the IVV-America's Special Program.					
LIGHTHOUSES II		[2023-2025]						
PAR FOR THE COURSE		[2023-2025]						
RAILS TO TRAILS		[2022-2025]						
STEP TO THE BEAT		[2024-2026]						
WALKING WITH AMERICAN VETERANS		[2021-2027]						
WALKING WITH THE WILD THINGS		[2025-2027]						