



The Wood and Dale Wanderers Volksmarch Club  
Welcomes You to  
**Washington-Rochambeau Revolutionary Route VA-1**  
An AVA Sanctioned Year-Round Event (Credit only)



This walk is composed of a linear 30 km walking path of multi-use trail maintained by the National Park Service – the Mount Vernon Trail which is also known as the “Purple Heart Trail.” There are three 10 km segments. Walkers can choose one or more segments to do to assist them with their walking goals. Walkers may choose to do a distance and back track to their segment’s start point. Some youth groups may choose to walk 14 miles as needed.

The entire trail is rated 1A. The walk starts and finishes as needed to meet the distance required and to accomplish the Washington-Rochambeau Revolutionary Route as needed. **Restrooms** are available at the initial start location, at multiple locations along the trail and in the City of Alexandria which has many restaurants and historical venues related to the Washington-Rochambeau event in 1781 and 1782.

### **Walk Registration:**

Registration takes place online using the AVA Online Start Box, on [my.ava.org](http://my.ava.org). Follow the instructions provided to create a user account and sign the AVA waiver (one time). Instructions for payment are also included. Download the directions and print as needed. **Extended distance event.** You must register and pay \$4 for IVV credit for each day that you walk. You can take event credit for each day and take distance credit for the distance you walk that day. The POC does not USUALLY provide event directions or accept alternate payment methods for OSB registrations unless specific requests are made several weeks in advance.

### **Walk Completion and Walk Credit:**

Once you have physically completed the walk, please login to your Online Start Box account click on the “My Start Box” tab, then the “Finish Table” tab, then click on “Go to Finish Table” button for the event you have completed. Use the displayed entry form to submit the date and distance of your walk as well as select applicable AVA Special Programs to generate stamped “virtual” insert cards that you may choose to print out.

### **Special Programs:**

#### **AVA:**

**Washington-Rochambeau Revolutionary Route** (until 2031)

**Walking with America’s Veterans** (2021-2027, redeem by 12/31/2028). Two qualifiers

**50 States / 51 Capitals** (no end date): Virginia / **Walking the USA A-Z** (no end date)

**IVV Americas**

### **Table of Contents:**

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## Driving Directions and Walk Info

### Initial Starting Point Location:

Francis Scott Key Bridge, Arlington, Virginia. An address located near Gateway Park is 1919 N. Lynn Ave., Arlington, VA 22209.  
GPS: 38.900467, -77.070594

**From I-66,** I-66 E to Langston Blvd. in Arlington. Take exit 73 from I-66 E and take Langston Blvd to N. Lynn Street.

**From I-95,** At the I-495/I-395 (beltway) intersection, take I-395 N to VA-27 N/Washington Blvd in Arlington. Take exit 8B from I-395 N. Continue on Washington Blvd. Take S Arlington Blvd to N Lynn St.

**Parking:** Note that there are multiple parking lots around the blocks near the bridge and trail entrance. Arlington has paid parking on the streets. The Rosslyn Metro Station has an indoor parking lot at 1850 N. Moore Street.

There is parking at Dangerfield Island Park for Segment 2.

### Restrooms:

Inside Gateway Park -- across from the trail entrance. Multiple restrooms along the trail and in the City of Alexandria.

### Emergency Numbers:



In case of Emergency: Dial 911  
Event related assistance:  
Tim Miner: 571-212-0804

These walk directions and maps may only be used in conjunction with a signed American Volkssport Association athletic waiver. All other uses are prohibited.

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WALKING  
LOVERS™**

**Walk Directions:**

1. **(SEGMENT 1)** With the Francis Scott Key Bridge to the back, travel on the left side of N. Lynn Ave to the first light. Turn **← LEFT** onto the Mount Vernon Trail located at the bottom of the hill. NOTE: There is a nice **restroom** at the intersection in Gateway Park.

2. After descending the path to the multi-use trail, continue straight. At 0.7 km pass the entrance to Roosevelt Island. There is a **restroom** on the island.

3. Continue on the trail under the Theodore Roosevelt Bridge (1.0K). George Washington Parkway is on the right side of the trail.

4. The Merchant Marine/Seaman Memorial (an **AVA Walking with America's Veterans** qualifier) is located at 3.5 km. (NOTE: **Restroom** and dining located at the marina accessible on the trail on the memorial's left side and under the GW Parkway) Continue the trail on the right side of the memorial.

5. Portable **restrooms** located at Gravelly Park north of the airport. (5K)

6. **Restrooms** and parking located south of the airport at Dangerfield Park. **(9.6K and end of Segment 1)**

7. **(SEGMENT 2)** Continue south on the trail located on left of GW Parkway from the 9.6K point. By 11K enter the City of Alexandria, George Washington's "hometown." The trail turns left to parallel abandoned railroad tracks.

8. Cross First, Montgomery, Madison, Pendleton and Oronoco Streets. Here at the 12.3K point the trail turns slightly left to be on North Union Street.

9. At 12.8K is King Street and the cultural heart of the restaurant and historic district. Continue

straight to South Union Street. This street ends at 13.7K and the Mount Vernon Trail veers left.

10. At 14.4K go under the major highway and turn right (west) to go UP the ramp. At the top is Washington Street at 15.5K.

11. Turn **← LEFT** to walk on the left side of Washington Street which becomes the George Washington Parkway.

12. At Dyke Marsh Park there are **restrooms** along the trail. (16.5K and at the autopark at 17K)

13. The trail merges onto Northdown Road at 20.3K. At Alexandria Road turn **→ RIGHT**. After crossing under the GWP turn **← LEFT** onto the Mt Vernon Trail now on the right side of the parkway. **This ends SEGMENT 2 at 21K**

14. **(SEGMENT 3)** Continue distance count at 21K and go straight on the Mt Vernon Trail. Within 1K cross Chadwick Ave. Collingwood Park is on the right side of the trail.

**FOR YOUTH GROUPS THAT NEED THE 14 MILE DISTANCE, THIS COMPLETES THE WALK.**

15. Continue on the trail. **Restrooms** at Fort Hunt Park (24.6K). The Mt Vernon Trail passes under the GW Parkway to finish on the left side. **Restrooms** at Riverside Park at 27K.

16. **FINISH** this third segment at the entrance to the Mount Vernon estate, home of the Nation's first President. Restaurant and **restrooms** inside. The "Purple Heart Trail" memorial is near the end of this segment. **(Walking with America's Veterans)**.

***Thank you for walking with us!  
Huzzah!***

NOTE: Map of entire trail is on next page

Washington Rochambeau NoVA Seg 1-3 Feb 14 26

