

SANCTION: This event is sanctioned by the American Volkssport Association, a member of the International Federation of Popular Sports (IVV). This event counts toward acquisition of IVV achievement awards.

SPONSOR: Peninsula Pathfinders - Event Number is AT 2019-113577.

START POINT: Shelter #1, Waller Mill Park, 901 Airport Rd, Williamsburg, VA. GPS Coordinates: N37° 18' 49.8", W076° 42' 15.6".

TIMES: Start between 9 am and noon. Finish by 3 pm.

DISTANCE: There are 5- and 10-kilometer (3.1 miles/6.2 miles) trails. The walk may be completed a second time for credit at no additional fee.

ELIGIBILITY: All are welcome! Everyone must register and sign the insurance waiver at the start and carry a start card, turning it in at the completion of the walk. Children under 12 must be accompanied by an adult. Groups are welcome.

AWARD: A B-award is available for this event. It is a 4" X 3" patch of the grey fox. The grey fox is native to Virginia, unlike the red fox. The early settlers did not like the fact that the grey fox could climb trees, which ruined their fox hunts, so they imported the red fox.

FEES: The cost of the B-award and credit will be \$6. The credit only fee is \$3.00. There is no fee just to walk the trail. There will be no refunds of any monies paid. **There is also a \$2 parking fee.**

IVV BOOKS: All previous participants of IVV events are reminded to bring their IVV books to this event. Those wishing to purchase new books may do so at the sales table of the event.

CONDITIONS: Water will be available at the start/finish and at the check point. Restrooms available at the park office and at one other place along the trail. Litter must be

deposited in designated containers. The event will be held regardless of most weather conditions. All pets are to be kept on a leash (6 feet or less) at all times and the pet owners are responsible for cleaning up the droppings of their pets.

TRAIL DESCRIPTION: Trail Rating: 2C The trail is along three natural forest trails and a small part along a paved bike path. The 5 KM trail is suitable for wheelchairs or strollers, but not the 10 KM trail. Recommend bug spray for all and hiking boots or sturdy shoes for the 10 KM.

AVA SPECIAL PROGRAMS: Bridges—Spanning the USA, Take a Walk in a City Park, Virginia Cities (Williamsburg).

FOR FURTHER INFORMATION: Contact Sandy Croushore at (757) 476-5789 or by email at szcroushore@verizon.net.

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary clubs are not responsible for theft of loss of personal belongings or property.

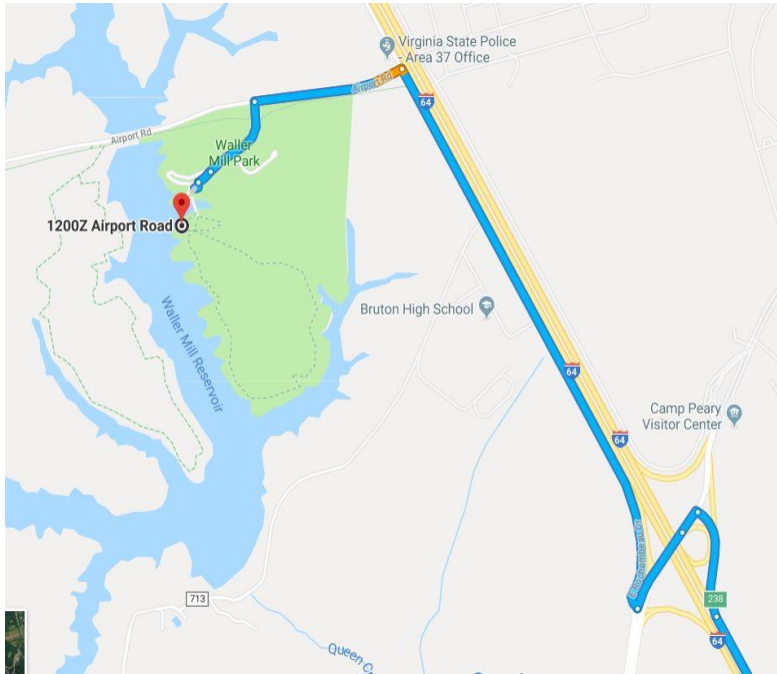
WHAT IS A VOLKSMARCH?

A non-competitive outdoor event where a participant follows a marked trail at his/her own pace, stopping at points for a "control stamp", rest, and refreshments. Volksmarches are aimed at getting all people, regardless of age, out-of-doors to exercise non-competitively. Many senior citizens participate regularly. Many parents bring their children with them, carrying infants (or use strollers or wagons where the terrain allows). Learn more about Volksmarching at www.ava.org.

EVERYONE IS A WINNER! When awards are available, each participant who purchases a start card and pays the award fee receives an attractive commemorative award upon completion of the trail. Participants may enroll in the international (IVV) awards program by purchasing the proper record books (event, distance, or both). Completing all or part of the trail entitles the participant to a certification stamp for the record books. Upon completion of a record book, the owner receives a certificate, a hatpin, and a patch, in recognition of reaching a certain milestone.

DIRECTIONS:

Take I-64 West to Exit 138 (Rte 143/Camp Peary. Turn onto Rte 143 toward Williamsburg. At the traffic light, turn right onto E Rochambeau Dr. Pass Bruton High School entrance and exit. Take the next left onto Airport Rd. Take the next left into Waller Mill Park. At the entrance gate, take a ticket for parking. Go straight into the lower parking lot. Go past the office and across the bridge to Shelter #1.



PENINSULA PATHFINDERS

FALL EVENT

**Shelter #1
Waller Mill Park
Williamsburg, VA**

21 September 2019

B-Award Event

START TIME: 9 am to Noon

**5 and 10 Kilometers
AT 19/113577**

**PRE-REGISTRATION: Mail to Peninsula Pathfinders, 302
Queens Crescent, Williamsburg VA 23185 by 7 September,
2019:**

Name	\$6 B-Award & Credit	\$3 Credit Only

