

FOR MORE INFORMATION

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Or write to:
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On the Web at
<http://www.avaclubs.org/WestPoint/>
and
<http://www.ava.org/>

Web info at:
<https://my.ava.org/event-view.php?sn=114030>

OTHER WALKS

The Volkssport Club at West Point holds group walks of one of our Year Round & Seasonal walks many weekends and weekdays. The walks are at Appalachian Trail (New York State wide seasonal), Beacon, Cold Spring, Cornwall, Fort Montgomery (Seasonal), Highland Falls, Hyde Park, Highland (the Walkway Over the Hudson), New Paltz, Rhinebeck, Southampton, and West Point.

DIRECTIONS TO START POINT

Take NY State Route 9W (on west side of the Hudson River) to Kingston. Exit at Garraghan Drive, turn left on Broadway. Start Point is at end of Broadway at West Strand at the Rondout (a creek off of the Hudson). Parking is available along streets and nearby public lots. Starting Point is in the **small** Gazebo by the public bathrooms (not the larger gazebo nearby). Use '1 Broadway, Kingston NY' for GPS.

CONDITIONS

This event will be held regardless of weather conditions. There will be no refunds.

PETS

Dogs are allowed on a leash of not more than 10 feet. Pets are not permitted in buildings.

ACKNOWLEDGEMENTS

Thank you to the City of Kingston Recreation Department for their assistance in this event.

The Volkssport Club at West Point

A walk of the historic
Rondout District of
Kingston, NY
(The first state capital of
New York)

A 5 and 10 km AVA sanctioned
traditional walking event rated
1B and/or 3B



Saturday, 28 September 2019
Event NE2019/114030



WELCOME

This event is a non-competitive walk sponsored by the Volkssport Club at West Point, a 501c3 organization. It is open to everyone. Children under 12 must be accompanied by an adult.

START/FINISH LOCATION

The **small** gazebo at TR Gallo Park at the end of Broadway at the intersection of Broadway and West Strand Street, Kingston NY. (Note: **Not** the larger gazebo nearby). {GPS: 41.918047, -73.982432}

REGISTRATION

Register between 9 AM to 11 AM; finish by 2 PM. No preregistration will be available.

PARKING

There is parking along side streets and small lots. Ensure you are not parking in a private location and you 'feed' the meters if need be.

RESTRICTIONS

Due to both hills and gravel, the trail is unsuitable for wheelchairs, and is of medium difficulty for strollers.

PROCEDURE

Each participant must receive an event card and sign a waiver at the start. The event card must be turned in at the finish, regardless of whether or not you complete the walk.

FEES AND AWARDS

The fee for IVV credit is \$3. The walk is free for those who wish to walk without receiving IVV credit, although donations are cheerfully accepted.

TRAIL DESCRIPTION

Two 5k trails go through the historic Rondout section. One is an easy 5K rated 1B a portion of which is along the Hudson River. The other is a more difficult 3B through the village with some hills. The Rondout was the largest shipping facility on the Hudson River between New York City and Albany in the late 1800s. It was the coal loading point of the D&H Canal, and contained Kingston Point Park that people would ferry from New York City to visit. Today, shops, a major Hudson River marina, the Hudson River Maritime Museum, and the Kingston Trolley Car museum are all located in the district.

FACILITIES

Water and rest rooms will be available at the start point.

SANCTION AND IVV CREDIT

This event has been sanctioned by the American Volkssport Association (AVA, America's Walking Club) and the International Federation of Popular Sports (IVV). Fee-paying participants will be eligible to earn IVV credit for distance and event, plus AVA credit for the listed "AVA Special Programs" below.

AVA SPECIAL PROGRAMS

Make a Wish at a Water Fountain, Points of Reference, Take a Walk In a City Park, Walking the USA A - Z

DISCLAIMER

The sponsor of this event cannot be held responsible for any lost or stolen items, accidents, or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.