

DIRECTIONS:

From Richmond, Williamsburg, Hampton, and Newport News, Virginia - Take I-64 towards Norfolk. Take Exit 277A (Signs for VA 168 South). Turn right on East Virginia Beach Boulevard. Continue straight as the street name changes to West Virginia Beach Boulevard. Turn right on Llewellyn Avenue. Turn left on Westover Avenue. Turn right on Botetourt Gardens.

From Suffolk, Virginia – Take US58 E. Keep straight onto US-460E / US - 13N / US 58 Suffolk Northern Bypass. Take ramp right for I-664S / US-13N. At Exit 15A, take ramp left for I-264 E toward Norfolk / Portsmouth. Keep left onto US-460 E ALT / Berkley Bridge. Turn right to stay on US-460 E ALT / St Paul's Blvd. Turn left onto US-58 / VA-337 / E Brambleton Ave. Turn right onto Boush St. Keep straight onto Llewellyn Ave. Turn left onto Westover Ave. Turn right onto Botetourt Gardens.

From Chesapeake and Virginia Beach, Virginia – Take favorite route to I-264W At exit 10, take ramp right and follow signs for City Hall Ave. Turn right onto St Paul's Blvd. Bear left onto US-460 E ALT / St Paul's Blvd. Turn left onto US-58 / VA-337 / E Brambleton Ave. Turn right onto Boush St. Keep straight onto Llewellyn Ave. Turn left onto Westover Ave. Turn right onto Botetourt Gardens.

There is ample street parking available at the Fred Huette Center.



**AMERICA'S
WALKING CLUB**
— ESTABLISHED 1976 —

For more information about Volkssporting or the Gator Club please visit the AVA website, www.ava.org, which has links to all local clubs and events or the Gator website at ava.org

Gator Volksmarsch Club
P. O. Box 16953
Chesapeake, VA 23328-6953

**VIRGINIA
IS FOR
WALKING
LOVERS™**

Gator Volksmarsch Club
AVA - 13

Club Walk/Picnic
May 16, 2020

Fred Huette Center
1000 Botetourt Gardens
Norfolk, Virginia

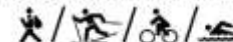
Event Number: AT 20-114049

05K/10K (3.1 / 6.2 miles) Walk
TRAIL RATING: 1A



**AMERICA'S
WALKING CLUB**
— ESTABLISHED 1976 —

SANCTIONED EVENT
Eligible for credit towards IVV Achievement Awards



SANCTION: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts for acquisition of IVV achievement awards.

SPONSOR: Gator Volksmarsch Club (AVA 013)

DATE: Saturday, May 16, 2020

START- POINT: Fred Huette Center, 1000 Botetourt Gardens,
Norfolk, Virginia 36.86095005 N, 76.29300976 W

DISTANCE: There is one 5-kilometer (3.1 mile) trail and one 10 kilometer (6.2 mile) trail. The 10-kilometer walk may be completed a second time for credit at no additional fee.

ELIGIBILITY: Everyone! Children under 12 must be accompanied by an adult. Groups are welcome.

START AND FINISH TIMES: Start 9:00 AM. – 12:00 PM, Finish by 3:00 PM.

WALK FEES: The credit only fee is \$3.00. There is no fee just to walk the trail--but you **MUST** carry a start card. There will be no refund of any monies paid.

PROCEDURES: At the start point, each participant will be issued his/her own start card, which must be signed and personally presented at the control points for stamping. The individual start cards will be turned in at the finish table after completing the event.

CONDITIONS: Pets are permitted on this event; but not inside the building and must be on a 6-foot leash. Water will be available at the start point and at the checkpoint. Restrooms are available at the start point. Litter must be deposited in the designated containers. This event will be held regardless of most weather conditions.

IVV CREDIT: All previous participants of IVV events are reminded to bring their IVV books to this event. You may purchase new books at the event.

COURSE DESCRIPTION: Trail Rating 1A. The trail is almost completely flat, and will go over city sidewalks, bike trails and street in the **Norfolk Downtown and Ghent area**. This trail is suitable for strollers and wagons or wheelchairs with some high curbs.

FOR FURTHER INFORMATION: Please call Don Bradford, (757) 576-0966, gvcwalker64@hotmail.com

SPECIAL ACTIVITIES: The Gators will hold a picnic in conjunction with this walk event. The club will furnish hamburgers, hot dogs, buns, paper plates, cups, napkins, utensils and ice. We ask that everyone bring a covered dish, salad, or dessert to share, and your own drinks (sorry, no alcoholic beverages allowed). **If you're able to attend please contact Don Bradford at 757-576-0966 or email gvcwalker64@hotmail.com, so we can get an accurate count of attendees.**

SPECIAL PROGRAMS CLASSIFICATIONS: Rockin Around the Clock, Underground Railroad, Walking the USA "N" for Norfolk, Virginia Cities program – Norfolk, and "Find the Love."

FRED HUETTE CENTER: For over 30 years, the Fred Heutte Center - at the intersection of Westover Avenue and Botetourt Gardens in the historic Ghent community of Norfolk, Virginia - has been the focal point of the Friends of Fred Heutte Foundation whose members work to continue Mr. Heutte's wish to enrich our community by sharing his ideals of urban beautification through horticultural education.

DISCLAIMER OF LIABILITY: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver. The sponsor will make every reasonable effort to make the event safe, educational and enjoyable.

WHAT IS A VOLKSMARCH?

A non-competitive walk event where a participant follows a marked trail at his/her own pace, stopping at points for a "control stamp", rest, and refreshments. Volksmarches are aimed at getting all people, regardless of age, out-of-doors to exercise non-competitively. Many senior citizens participate regularly. Many parents bring their children with them, carrying infants (or use strollers or wagons where the terrain allows). More information can be found at www.ava.org.

