

WELCOME: The Hoosier Hikers invite you to celebrate their Twenty Eighth Anniversary and October 2019 as National Volkssport Month with an offering of two walk distances and one bike distance through historic Winamac, Indiana, and along the Panhandle Pathway.

WHAT ARE VOLKSSPORTS? A Volksmarch is a non-competitive walking event. The walk is generally ten kilometers or 6.2 miles in length. Other Volkssporting events include swimming, biking, and skiing. These events are hosted by clubs in more than 25 nations worldwide. The purpose of Volkssporting events is to encourage physical fitness, promote fellowship, and to enjoy the outdoors. Because these events are not contests of speed or endurance, you may participate at a pace that safe, comfortable, and enjoyable. When Volkssporting events are sanctioned by the International Volkssport Verbund (IVV), individuals may receive credit for event participation and/or distance. This credit is recorded in IVV Record Books, which presently cost \$6.00 each. After completing a pre-determined number of events and/or distance, your achievement will be recognized with a pin, patch, and certificate by the IVV. Further information will be available at the start/finish point.

SPONSOR: The Hoosier Hikers (AVA Club #723) of South Bend, Indiana.

START/FINISH: The walk start/finish and bike registration point are located at the shelter across from The Winamac Depot at 200 West Main Street, Winamac, Indiana 46996. You may start the event anytime between 9 a.m. and 1 p.m. (EDT) and must complete the event by 4 p.m. An average walker may complete a ten-kilometer trail in about two hours. An average cyclist may complete 15-kilometer trail in about one hour.

FEES: Everyone is welcome and may participate in the event for FREE. However, the fee for IVV Credit Only is \$3.00. The fee for the "A" Award and IVV credit on the day of the event may be \$8.00. Pre-registration is available, and recommended if you desire the A-Award (only a limited quantity will be available).

PROCEDURE: At the start point obtain a start card with a number, sign-in on the register and receive a map with directions for either the walks or bike. Walk or bike the designated Volkssport routes at your own pace. The event is not marked with engineer tape and signs. Along the way have your card stamped at each checkpoint. After completing the route, turn-in your card at the finish point to receive your medal and/or IVV Credit, as appropriate. NOTE: ALL participants must register at the start point and return the card at the finish point, even if participating for free.

IVV CREDIT: Participants completing this event are eligible for IVV event and distance credits.

SPECIAL EVENT CREDITS: National Register of Historic Places, Vice Presidential Walks, Bridges-Spanning the USA, Cities in Song, Honoring Our Flag, Take a Walk in a City Park, Lady Liberty, Cities in Song, Walking the USA A-Z and You'll Never Walk Alone.

"A" AWARD: An "A" Award is available. It is a "multi-color embroidered patch to celebrate October 2019 as National Volkssport Month. Only a limited quantity will be available. Completion of the trail and payment of the registration fee is required to receive the award.

TRAIL DESCRIPTION: The unmarked Volksmarch routes mostly make use of the Panhandle Pathway and town designated sidewalks and other trails in the City of Winamac.

TRAIL RATING: The trail is rated 1-A and will be mostly flat, shaded and over sidewalks in town or improved trails along the Saint Joseph River.

SPECIAL NEEDS: A special needs trail will be available upon request.

REFRESHMENT: Water will be available at the start/finish and at all checkpoints. RESTROOMS ARE AVAILABLE AT THE START/FINISH POINT on the day of the event. If not, restrooms will be available near-by and along the event routes.

PRE-REGISTRATION: Pre-registration is available. Pre-registrations need to be received with payment no later than October 12, 2019. No pre-registrations will be accepted by email or without payment.

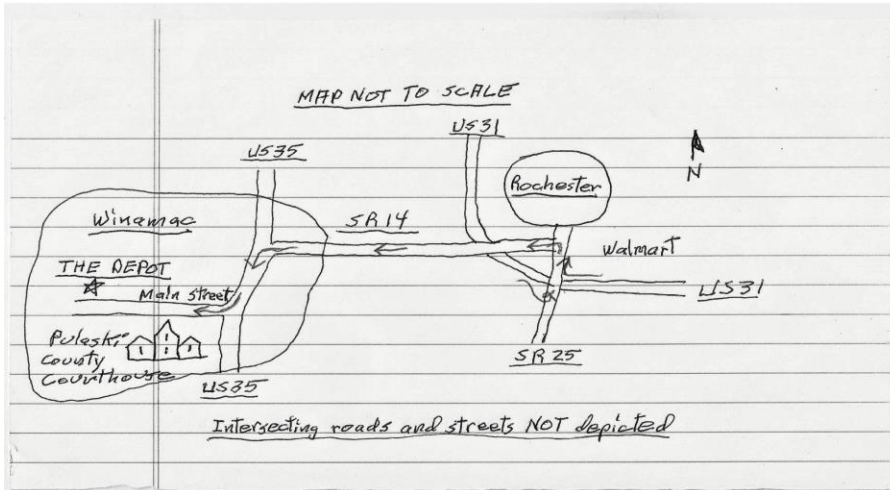
REFUND POLICY: NO refunds given.

WEATHER: This event will be held rain, shine, or SNOW.

DISCLAIMER: The Hoosier Hikers, INVA (Indiana Volkssport Association), the State of Indiana, Pulaski County, the Town of Winamac and the Friends of the Panhandle Pathway are not liable for accidents, theft, or material damage. Every reasonable effort will be made to make the events safe and enjoyable. Children under the age of 12 must be accompanied by an adult, and pets must be kept on leashes. Pet owners are Responsible for cleaning up after their pets. Per municipal ordinances, the consumption of alcoholic beverages is prohibited in municipal parks.

POINT OF CONTACT: Bob Buzolich at (574) 339-9140, or via e.mail at sonofbuzz@prodigy.net.

To check on other Volkssporting activities in Indiana, please visit the website for the Indiana Volkssport Association at <http://avaclubs.org/inva>.



DIRECTIONS: Taking US 31 from North or South, exit onto SR 25 Northbound. At intersection of SR 25 and SR 14 turn left onto SR 14 heading Westbound. After about 20 miles, SR 14 intersects with US 35. Turn left onto Southbound US 35. At the intersection of US 35 and East Main Street turn right onto Main Street, where you will see the Pulaski County Courthouse. After three blocks you will see The Winamac Depot on your right. To your left and across from The Depot will be the Start/Finish Point, which will be identified with an IVV banner. You may park in the lot behind The Depot.

Pre-Registration Deadline: October 12, 2019
Mail to: Hoosier Hikers, P.O. Box 11101, South Bend, IN 46634
Make checks payable to: Hoosier Hikers

PRE-REGISTRATION FORM

NAME: _____ **PHONE:** _____

ADDRESS: _____

PARTICIPANT	A-AWARD	CR ONLY
_____	\$8.00	\$3.00
_____	\$8.00	\$3.00
_____	\$8.00	\$3.00
_____	\$8.00	\$3.00

**THE HOOSIER HIKERS
 INVITE YOU
 TO CELEBRATE THEIR
 TWENTY EIGHTH ANNIVERSARY
 AND NATIONAL VOLKSSPORTING MONTH**



OCTOBER 19, 2019
START: 9:00 A.M. TO 1:00 P.M. (EDT)

WINAMAC, INDIANA

5 & 10 KM VOLKSMARCH (AVA MA19/114050)
15 KM VOLKSBike (AVA MA19/114051)

INVA # _____

