

Use INFORMATION: Website: midfloridamilers.org
Facebook: <https://www.facebook.com/groups/944495342308231/>

For 29 November see: happywanderersfl.org

STIPULATIONS: These events are open to everyone; they take place regardless of weather conditions.

REGISTRATION: All walkers personally register at the start and begin the walk.

PROCEDURE: Arrive during the start time stated and register. We provide detailed walk instructions with a map. Participants walk at their own pace, normally taking 1 hour for 3 miles (5 kilometers) and 2-2.5 hours for 6 miles (10 kilometers). Walkers must return to the start by the completion time when one is stated.

PARTICIPATION: This is a fun and safe event for all persons. People of all ages are welcome to participate though an adult must accompany minors.

FOOD and WATER: Water and hard candy are available at the start and any checkpoints. For your safety carry your own drinking water.

SANCTIONED: This event is sanctioned by *AVA-America's Walking Club* (ava.org), a member of the International Federation of Popular Sports (IVV).

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

PRE-REGISTRATION: 1-3 November Required. See WAF29 brochure for events and social/food options.

FEES: There is a \$3 fee for all participants that includes an AVA/IVV event stamp used to record the event. Minors under 13 are free if not recording the event. No refund of the fee is provided after the start of the walk.

CONTACT US: President: Rosemary at 407.920.3174, rbarna1949@gmail.com. Trailmaster: Mike at 407.695.9181, mlanpher@cfl.rr.com.

DATE: 1-3 November 2019
LOCATION: Venice – Walk Around Florida 29
EVENT: 4 Walks, 1 Bike
START: Preregister for events/socials

AVA Special Programs: *See Brochure*

DESCRIPTION: Preregister for walks and socials in Carnival of Venice brochure (www.midfloridamilers.org or at any walk) by 21 October. Join the Happy Wanderers, Mid-Florida Milers and Suncoast Sandpipers in a longstanding tradition: Walk Around Florida, a weekend of volkssports, food and camaraderie occurring in a different location each year. For 2019, the sponsors have chosen the Venice area of Sarasota County. Venice's lovely downtown and beautiful beaches, the storied circus past, the rail and aviation ties and the allure of a carnival theme proved irresistible to WAF 29 planners. For information, 407.695.9181/ mlanpher@cfl.rr.com.

DIRECTIONS: [Map](#): GPS: 27.299634 -82.566036

From Orlando: To the Venezia Hotel at 425 US 41 Bypass, N. Venice FL, use I-4W to Exit 9, I-75S, toward Naples. Follow I-75S to exit 200, FL681, following to and onto US41S/Tamiami Trail, going through Laurel and Nokomis. Keep left onto US 41 Bypass as you enter Venice. Hotel will be on right, with a large V sign. Questions on days of the events, call 407.304.6394.

Award: Award and Credit.

DATE: 16 November 2019
LOCATION: Apopka, Wekiwa Springs State Park
EVENT: 6/10 km walk, Register 8:30-9:00 am

AVA Special Programs: *Points of Reference, Walking the USA A - Z:A*

DESCRIPTION: This YRE was MFM's 1st Traditional event in 1990 and 2d YRE. This event will unfortunately end 31 December. Walk 6 or 10K. This is the oldest AVA walk in a Florida park and is on the Park's trail map. You will have detailed directions and map. Note that the park fills early and there may be a delay at the gate. This event is on 70% shaded park trails, spring boil bridge, and boardwalk.

Event SE19/Y0267. Trail is rated 2B and is not suitable for strollers or wheelchairs. Pets are allowed on a 6 ft. leash but not in the springs swimming area. Restrooms at start. Call for information to 407.695.9181.

DIRECTIONS: Map: <http://tinyurl.com/WSSP-MFM>

GPS: 28.7116901, -81.4647017 . To the Park at 1800 Wekiwa Circle from Orlando and Daytona use I-4 exit 94. Turn left from Orlando and right from Daytona on FL434W for 1.0 mile. Turn right on Wekiwa Springs Rd. for 4.2 miles and right into park. The cost is \$6 for 2-8 and \$4 for one. Follow signs to register near Oak Pavilion. Questions on days of the events, call 407.304.6394.

Award: Credit Only.

Upcoming Events

7 December	The Villages @ Spanish Springs
21 December	Mt Dora evening 5K Guided and lights
1 January	Disney Springs @ Pirates Cove Golf

DATE: 29 November 2019 – “Opt Outside” on Black Fri
LOCATION: DeLand - DeLeon State Park
EVENT: 5 & 10K Walk
START: Register 8:30-10:00; Finish by 1.

AVA Special Programs: *Walking the USA A - Z:D*

DESCRIPTION: The Happy Wanderers and MFM team up to “Opt Outside” on Black Friday. Register between 8:30-10:00, finish by 1pm, for the 5 & 10K walks. Walk fee is \$3 per participant and children under 13 are free if not walking for credit. The 5 & 10km self-paced walks on park trails and grounds. Pets are allowed. Please carry water. Event: SE19/115828. Trail is rated 2B and is not suitable for strollers or wheelchairs. Pets are allowed on a 6 ft. leash but not in the springs. For information, 407.695.9181/ mlanpher@cfl.rr.com.

DIRECTIONS: [Map](#). To the Park at 601 Ponce Deleon Blvd. from Orlando follow I-4E to exit 114, Howland Blvd. in Deltona. Right on FL472W, Howland Blvd. to US-17N/US-92E/S, Woodland Blvd. Curve right on Woodland Blvd., passing Burger King (on the left in 1.4 mi). Use the left 2 lanes to turn left onto FL15N/E (Alt), Taylor Rd. Continue to follow FL-15 Alt N for 6.9 mi. Use the left 2 lanes to turn left onto US-17N for 3.0 mi. Turn left onto Ponce Deleon Blvd. Entrance fees are \$6 per vehicle and \$4 for one occupant. Look for signs to the start. Questions on day of event, 407.304.6394. **Award:** Credit only.

DATE: 30 November 2019
LOCATION: Orlando, Comfort Inn & Suites
EVENT: 6&10K Walk, Register 8:30-9:15, Finish by 12:15
AVA Special Programs: *Bridges, Points of Reference, Walk the USA St. by St., Walking the USA A - Z:O*

DESCRIPTION: Walk along I-Drive, a ‘walking-speed’ circuit of tourist attractions, including Ripley’s, Madam Tussaud’s, Wonder Works, The Wheel (400 ft. observation wheel), Titanic Experience, the 420 ft. spinning StarFlyer. Visit the convention Center and walk its “bridges”. There are 50+ restaurants, helicopter rides, & mini golf. Restrooms on route and at Visitor Center. Please carry water. Event: SE19/114401. Trail is rated 1A, on sidewalks. Suitable for strollers/wheelchairs. No pets. For information, 407.695.9181/ mlanpher@cfl.rr.com.

DIRECTIONS: [Map](#). GPS: 28.4531637,-81.4679442 Start at Comfort Inn & Suites at 7495 Canada Avenue off Sand Lake Road. From Tampa use I-4E to Exit 75A, Universal/Intl Drive, right lane. Right on Universal Blvd crossing Intl Drive for .3 mile, right on Carrier Dr.; left on Canada Ave to hotel on left. From Daytona/Sanford on I-4W stay in right lane to Exit 75B-A FL435/Kirkman Rd/Intl Drive. Stay to left at Exit 75B and over I-4, cross Intl Dr. for .3 mile; right on Carrier at stop light. Right at stop sign, cross Universal Blvd., and then left on Canada Ave to hotel on left. Questions on days of the events, call 407.304.6394.

Award: Credit only.

November 2019 Events

Mid-Florida Milers Walking Club

AVA AMERICA’S WALKING CLUB



30 Years
walking in
Central Florida
est 1989

- ⇒ 1-3 November – Venice
Hotel Venezia
4 walks, 1 bike
- ⇒ 16 November – Apopka
Wekiwa Springs State Park
6/10 km walk
- ⇒ 29 November – Deleon Springs
DeLeon Springs - 5/10 km walks
- ⇒ 30 November – Orlando I-Drive
Comfort Inn & Suites – 6/10km walks



WalkinginFlorida.org midfloridamillers.org [MFM Facebook](https://www.facebook.com/mfmwalkingclub)

