

VOLKSMARCH: A Volksmarch is a walk, jog or run along a route at your own pace. These events are not competitive, are not timed and are designed for fun, fitness and friendship.

Events are open to everyone regardless of age, however, children under 12 must be accompanied by an adult.

A waiver must be signed by those participating in any event. A parent or guardian must sign for children under 18.

EVENT CONDITIONS: This event will take place regardless of weather conditions. There will be no refunds for credit fees. Paid registrants will receive IVV/AVA credit. You may walk for free if event credit is not desired.

DISCLAIMER: Every reasonable effort will be taken to make the event safe and enjoyable for everyone. However we cannot be held responsible for any lost or stolen articles, accidents or injury of any kind.



SOUTH BAY STRIDERS

present

Christmas in Monterey

Monterey Adobes & Pacific Grove

Two 5K Walks

December 14, 2019

CREDIT ONLY



SANCTION N0: PA19/115557 AVA 0338



START TABLE LOCATION: Dennis the Menace
Playground, 777 Pearl Avenue, Monterey, CA 93940

REGISTRATION: 1:00 to 5:00 PM, Stamp and go as it
will be late when you finish.

DISTANCE: 5K or 10K

TRAIL: 1B -- stairs and uneven walkways.

FEES: Credit only is \$3.00. Anyone may participate for
free if no credit is desired.

TICKETS FOR ADOBE ENTRY: On sale Oct 12 at the
Custom House Store (1 Custom House Plaza,
Monterey, CA 93940). Adults are \$20 before Nov
1st. and \$25 afterwards. 6 to 17 year olds are \$2.
On line sales begin Oct 15th at www.mshpa.org.
Call (831) 649 7111 for additional inquiries.

PACIFIC GROVE (5K Daylight Walk)

DRIVE TO START: Driving directions to the walk start
will be listed in the walk directions. Street parking is
available in Pacific Grove.

DESCRIPTION: This is a new route on sidewalks and
city streets through the charming town of Pacific
Grove. You will see unique cottages and the back
streets. A focus on special programs dictated much
of the route.

Stop for dinner before moving to Monterey and the
second 5K.

PETS: Dogs on leash with clean-up OK.

WHEELCHAIRS AND STROLLERS: Medium for
strollers, not recommended for wheelchairs. There
are no sidewalks in some areas.

WATER AND RESTROOMS: Available at start point
and along the route.

THE MONTEREY ADOBES (5K Night Walk)

DRIVE TO START: Driving directions to the walk start
will be listed in the walk directions.

DESCRIPTION: This night walk begins with
Monterey's *Christmas in the Adobes celebration*.
You'll visit these historic buildings and be treated to
entertainment and goodies. You must purchase a
ticket to the event, either online or at the Custom
House Store in Monterey.

PETS: Dogs on leash with clean-up OK on streets, but
not in Adobes.

WHEELCHAIRS AND STROLLERS: Difficult. Most
Adobe's were constructed long before the ADA.

WATER AND RESTROOMS: Available at start point
and along the route.

ADDITIONAL INFORMATION

PREREGISTRATION: There is no pre-registration.
Credit only is \$3.00. You may walk for free if no
credit is desired. No refunds given.

SPECIAL PROGRAMS:

Bridges - Spanning the USA

Little Free Libraries

Make a Wish at a Water Fountain

Points of Reference

Take a Walk In a City Park

Treasure Hunt - A way to walk our precious trails

ADDITIONAL INFORMATION: Chris Zegelin at
408-529-9724 or at www.sbstriders.org

DIRECTIONS: *North on Hwy 1:* Take Aguajito Rd exit
SOUTH. *South on Hwy 1:* Take Monterey exit. *Both:*
Follow signs for the Naval School. Turn RIGHT onto
Camino Aguajito, then LEFT onto Pearl St.