

ACKNOWLEDGEMENTS: We appreciate the hospitality of Le Moulin Rouge as our Start/Finish host location and the cooperation of the Holy Trinity Episcopal Church. Photos in this brochure courtesy of Ann Plichta. Thanks to all our walk volunteers, who devoted their time and talent to make this event a reality.

SANCTION & IVV CREDIT: This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

FACILITIES: Restrooms are located at the Start/Finish and along the trail.

REFRESHMENTS: Water and hard candy are provided at the Start/Finish and checkpoints. You may carry refreshments, but please do not litter.

CONDITIONS: This event will be held regardless of weather conditions. There are no refunds for any reason.



AMERICA'S WALKING CLUB
— ESTABLISHED 1976 —

ADDITIONAL INFORMATION:

Karen Plichta Ann Plichta
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DIRECTIONS:

From the North:

1. Either I-495 South or I-95/Route 128 South to Route 24 South.
2. ** Route 24 South to Exit 5 in Rhode Island (Route 77S/Tiverton, Route 177 South/Little Compton).
3. **LEFT** on Main Road, which is also Route 77 South and Route 138 for .4 miles to start located on the right.

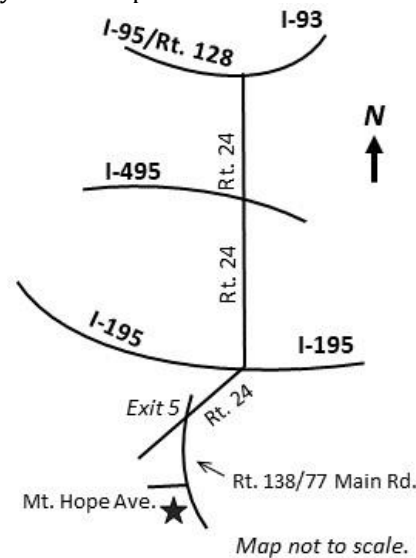
From Providence:

1. I-195 East to Massachusetts Exit 8A, Route 24 South/Newport, RI.
2. Follow from ** above.

From the East:

1. I-195 West to Exit 8, Rt. 24 South/Newport, RI.
2. Follow from ** above.

PARKING: In Le Moulin Rouge parking lot or on nearby Mount Hope Avenue.



**More information on walk events
and Walk 'n Mass Volkssport Club at:**
www.walknmass.org

Tiverton

Rhode Island

5km and 10km Walk Routes



sponsored by
Walk 'n Mass Volkssport Club
www.walknmass.org

AVA Special Programs: Mayflower 400th Anniversary

Credit Only Event



Saturday, April 25, 2020

Start: 9:00 a.m. to Noon



Event Number: NE 20/116109



WELCOME! The Walk 'n Mass Volkssport Club invites you to walk either the 5km (3.1 miles) or 10km (6.2 miles) routes exploring Tiverton, RI.

Anyone may participate regardless of age or physical fitness. A non-competitive event, this walk is accomplished at your own pace along a marked 5km (3.1 miles) or 10km (6.2 miles) route. Children under the age of 12 must be accompanied by an adult. Leashed pets are welcomed on the trail and clean-up laws apply.

START/FINISH:

Le Moulin Rouge Restaurant
1403 Main Road
Tiverton, RI 02878

START TIME:

Saturday, April 25, 2020
9:00 a.m. – Noon

FINISH TIME: by 3:00 p.m.

REGISTRATION AND FEES: This event is **FREE** to those who wish to participate without receiving IVV Credit. Registration for IVV Credit is \$3.00. (Ask us about this achievement program!)

AWARD: This is a credit only event. Limited quantities of “B” Awards from prior events will be available for \$4.00 which includes IVV Credit.

PROCEDURE: Each participant must register, fill out a Registration Card, and sign an insurance waiver at the start. Cards are validated at checkpoints along the route, and must be turned in at the finish table after completing the event. This procedure is necessary to keep track of participants.

Holy Trinity



TRAIL DESCRIPTIONS: Both walk routes traverse the Highland Road District with many historic homes built in a variety of architectural styles and offer beautiful water views and then continue on Main Road, following Sakonnet River, and pass through the Stone Bridge Historic District.

The 10km walk route further explores the staging area at Fort Barton, a Revolutionary War redoubt for the Battle of Rhode Island, which is listed on the National Register of Historic Places; walkers will also travel through the residential Nanaquaket neighborhood with scenic views of Nanaquaket Pond (below).

Both the 5km and 10km walk routes are on paved surfaces with some hills. The AVA rating for the 5km route is 1A while the 10km route has one steep hill and an AVA rating of 2A. Both routes are unsuitable for wheelchairs and only the 5km is doable for baby joggers.



FORT BARTON: The view from Fort Barton overlooks the Sakonnet River. The fort was used as a launching position for the American forces during the Battle of Rhode Island. The site was named after Lt. Col. William Barton, who successfully captured British General Prescott during a midnight raid on the British headquarters at Prescott Farm on Rhode Island's Aquidneck Island. Fort Barton was added to the National Register of Historic Places in 1977.

BRIEF HISTORY: The area known today as Tiverton was first settled by the Pocasset tribe of the Wampanoags in the early 1600s as a place to hunt and fish. With the settlement of Plymouth Colony nearby in 1620, friction began between the natives and settlers. King Philip's War in 1675 began to drive the natives out, and the Massachusetts Bay Colony overtook the land in 1692. It was incorporated as a town in 1694, and named after Tiverton, England. In 1746, Rhode Island was ceded the town of Tiverton by Royal Decree. For about three years during the Revolutionary War, when the British occupied Aquidneck Island, Tiverton was an asylum for Americans fleeing from British occupation. The town became a mustering point for Colonial forces who gathered together to drive the British off the island. Farming and agriculture were the main industries throughout the 18th and 19th centuries with some fishing and boating. Today, Tiverton is a suburban community and summer resort with many beautiful historic homes and original fieldstone walls.