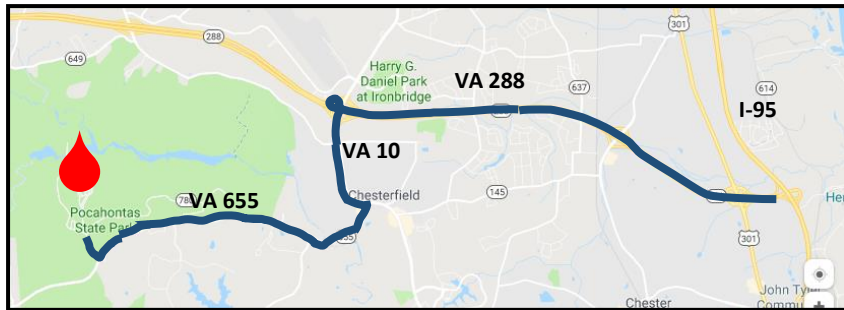


**Directions to Pocahontas State Park**  
**10301 State Park Rd, Chesterfield, VA 23832**  
**N 37.3662 W 77.57374**

Park is southwest of Richmond.

**From I-95: Exit 62** onto VA Rt 288. Exit at VA Rt 10 East (Iron Bridge Road - Chesterfield). Drive East for 1.5 miles on VA Rt 10 to Beach Road, VA Rt 655. **Right** on Beach Road 4.1 miles to park entrance on **right**. After paying the parking fee of \$10 at the contact station (Virginia State Park Pass honored), continue on main park road for 1.5 miles, past turnoff to Visitor Center. Upon arrival at the large parking lot, turn right down the second or fourth lane and park. Walk toward the lower corner of the parking lot and continue on the road toward the Boat Ramp. Shelter #2 (and Restrooms) are on the right.



**PRE-REGISTRATION FORM (Must be received by Apr 7, 2021)**

Send to: Gin Armacost, 3530 Rock Creek Villa Dr., Quinton, VA 23141

Name \_\_\_\_\_ Phone (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_

| NAME<br>(LAST, FIRST) | AWARD<br>(\$10.00) | CREDIT<br>(\$3.00) | FREE | TOTAL |
|-----------------------|--------------------|--------------------|------|-------|
|                       |                    |                    |      |       |
|                       |                    |                    |      |       |
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|                       |                    |                    |      |       |

**LEE LEPUS VOLKSVERBAND**

(Walking Club)

**88TH IVV/AVA INTERNATIONAL VOLKSMARCH**

**WALK EVENT *NEW DATE!!***

**~~April 11, 2020~~ April 10, 2021**

**Pocahontas State Park**  
**Chesterfield, VA**  
**Chesterfield County**



**WALK: 116167      5 and 10 KM      TRAIL RATING 2B**



**AMERICA'S  
WALKING CLUB**  
ESTABLISHED 1976

**SANCTIONED EVENT**  
Eligible for credit towards IVV Achievement Awards



**START/FINISH: Shelter #2,** Pocahontas State Park, 10301 State Park Rd, Chesterfield, VA. Phone (804) 796-4255

**START:** Start between 9:00 am and 12:00 noon.

**FINISH TIME:** 3:00 p.m.

**DISTANCES:** 5 and 10k trail (3.1 & 6.2 miles). 10k route can be repeated one time at no additional fee.

**TRAIL DESCRIPTION/RATING:** WALK: Rated 2B – On park roads and trails, with moderate hills for both the 5 and 10k. Not suitable for strollers and wheelchairs.

**AWARD:** The award is a patch depicting the Lee Lepus mascot bunny carrying a basket of colored eggs (as depicted on brochure cover). There are 20 patches available and we will reorder as necessary.

Size: 3” x 4”.

**FEES:** Award patch and IVV credit is \$10.00. IVV credit only is \$3.00. Participants may walk for a “B” award for an additional \$2.00 each. Free walkers welcome, but all participants must register at the Start.

**PARKING FEE:** Per vehicle: \$10. Virginia State Park Pass honored.

**PRE-REGISTRATION:** Must be received by April 7, 2021.

**SANCTIONED:** This event is sanctioned by American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). Additional events can be located at the AVA website, [www.ava.org](http://www.ava.org).

**SPECIAL PROGRAMS:** Mayflower – 400<sup>th</sup> Anniversary Walks, Walking the USA A-Z (C), Chesterfield (Virginia Counties Program).

**REFRESHMENTS:** Please bring your own bottled water. Restrooms are available at start point.

**CONDITIONS:** Please wear a mask at the Start/Finish area and bring a pen and exact change or a check to pay event fees. The walk will be held regardless of most weather conditions. Participants are requested to observe all traffic laws and to place all litter in proper receptacles.

**PETS MUST BE LEASHED!**

**ELIGIBILITY:** This event is open to all; everyone is welcome regardless of sex, creed, race, or nationality. An adult must accompany children under the age of twelve.

**IVV BOOKS:** This event counts toward acquisition of IVV Achievement Awards. IVV event/distance books and new walker packets are available at the finish point at a cost of \$6.00 each.

**DISCLAIMER:** The American Volkssport Association and its subsidiary clubs are not responsible for theft or loss of personal belongings or property. All participants must sign a waiver. Every reasonable effort will be expended by the sponsors to make the event safe, enjoyable, and memorable.

**FOR FURTHER INFORMATION:** Dee Schrum 804-731-2863  
[dschrum4@comcast.net](mailto:dschrum4@comcast.net)



**LEE LEPUS VOLKSVERBAND** sponsors three Year Round Events in Richmond. We also sponsor Year Round Events at Pocahontas State Park, at Petersburg National Battlefield Park, at Lewis Ginter Botanical Gardens, and in Farmville, VA. All trails are 5 and 10 km. Pick up our brochures at the

walk or contact Dee Schrum, 804-768-0055, 804-731-2863, or email [dschrum4@comcast.net](mailto:dschrum4@comcast.net) for additional information.

### **What is Volkssporting?**

Volkssporting started in Germany and simply defined, is a personal fitness sports and recreation program offering noncompetitive walks, hikes, bike rides, swims, and in some regions cross-country skiing. You may choose your time to start within the start/finish “window” and participate in the sport at your own pace. Walking – also called “volksmarching” – is the most popular of all the volkssporting activities.

Volkssporting in the United States is sponsored by the American Volkssport Association (AVA) which has a nationwide, grassroots network of about 300 active clubs presenting more than 3,000 volkssporting events each year. Founded in 1976, AVA is an educational nonprofit 501(c)3 corporation dedicated to promoting fun, fitness and friendship.