

SEVEN TWC Year-Round Walk Events

Walk 1: Bartlesville (50 miles North of Tulsa): Contact the POC for Registration information

Walk 2: Mannford/Lake Keystone: Start/Finish point is the Park Store just inside the entrance to the park. Store hours vary with season. Please call the Park Store, phone: 918/865-4477, to confirm the Store will be open for your visit.

Walk 3: Tulsa/LaFortune Park: Start/Finish point Tandy Family YMCA, 5005 S. Darlington Avenue (East of Yale on 51st Street; the "Y" is on your left). Open 5:00AM to 9:30PM Mon. thru Fri; Sat. 7:30 AM to 6:30 PM; Sundays, open 1:00PM to 6:00PM. Phone 918/280-9622.

Walk 4: Tulsa/Promenade Mall: Start/Finish point Mall Customer Service Desk inside mall, corner of Yale Ave. & 41st Street. Store phone is 918/627-9282, ext. 0. Call Desk for open hours before going.

Walk 5: Tulsa/Utica Square: Start/Finish point Walgreen's Drug Store, 1714 S. Utica Square at 21st St & Utica Ave. Walk dawn to dusk. Store Phone: 918/743-9968.

Walk 6: Tulsa-Jenks/River Parks Trails: Start point address is 2738 E 91st St., located at corner of 91st & Delaware (between Harvard & Riverside) Tulsa, OK. Register at Fiesta Mart (918/299-8131), and then drive a short distance to trailhead at 96th & Riverside Drive. (Please let business customers go first.)

Walk 7: Tulsa/Historic Downtown: Start/Finish point is Fairfield Inn and Suites, 111 N. Main Street, Tulsa Oklahoma. Ask for Walkbox in the lobby on 2nd floor. Walk dawn to dusk. Phone: 918-879-1800

Visit us on the Web!

<https://sites.google.com/site/tulsawalkingclub>



YRE COORDINATOR CONTACTS

1 Bartlesville YRE Walk

Call C. Childress at 918/857-4682
Email: catherine.childress4682@gmail.com

2 Mannford Lake Keystone YRE Walk

Call Dan Nerren at 918/798-3629
Email: Nerren4@aol.com

3 Tulsa LaFortune Park YRE Walk

Call Lew York at 918/230-4422
Email: lewfaye2@att.net

4 Tulsa Promenade Mall YRE Walk

Call Cheryl Hiatt at 918/706-5493
Email: cherylhiatt@att.net

5 Tulsa Utica Square YRE Walk

Call Cynthia Hines at 918/398-7665
Email: vetreiredclh@yahoo.com

6 Tulsa/Jenks RiverWalk YRE Walk

Call Teresa Arnold at 918/630-3206
Email: arnoldtea@hotmail.com

7 Tulsa Historic Downtown YRE Walk

Call Cynthia Hines at 918/398-7665
Email: vetreiredclh@yahoo.com

CONTACT FOR THIS EVENT: For more information on this walk, contact coordinator:

Cathy Childress 918/857-4682
OR catherine.childress4682@gmail.com

The Tulsa Walking Club welcomes you to this Volkssporting walk. Our goal is to make it a safe, enjoyable experience for you. Walking gives health, energy, and physical fitness to your body, making You a WINNER when you walk.

2021-Event # SC/116215 (Tulsa Co.)

NEWBLOCK PARK Tulsa Oklahoma

10K AND 5K VOLKSWALK EVENT



Saturday, April 17, 2021

Start Time: 9:00 am to Noon
Finish by 3:00 pm

Sponsored by
Green Country Wander-Freunde, Inc.

AVA Club 0291
dba

The Tulsa Walking Club



ELIGIBILITY: This event is open to the public and all are welcome to participate. This is an excellent activity for families. Children under age twelve must be accompanied by an adult.

LOCATION OF EVENT: Newblock Park, 1710 Charles Page Blvd. From Tulsa: Head toward Sand Springs on Highway 412. Exit on Gilcrease Museum Road and turn Left (South). Proceed to Charles Page Blvd, and turn Left (East). The Park will be on your right (South). Follow TWC signs to start table. GPS Coordinates: 36° 8'59.56"N; 96° 0'41.14"W

COURSE DESCRIPTION: The trail, rated 1A, is along paved walking trails, and would be considered medium difficulty for wheelchairs or strollers.

START/FINISH TIMES: This event will take place on Saturday, April 17, 2021, rain or shine. Start any time from **9:00 AM until Noon**. Finish by **3:00 PM**. No refund will be available for non-completion.

PROCEDURE: All participants must obtain a start card at the registration (start/finish) point and present this card at all check points along the route, even if no fee is required. Upon completing the walk, the card is surrendered, and the participant then receives any award or IVV credit earned. Remember to bring your IVV record books to record your credit. Record books are for sale at the event.

AWARDS AND FEES: "Credit only" is \$3.00. No "A" Award is offered with this event. No fee is charged if IVV credit is not desired.

FACILITIES: Water will be available at the start point. Restrooms are available at the startpoint AFTER 8:30 AM.

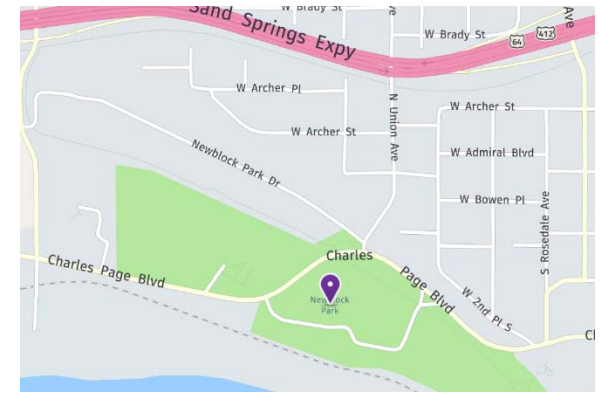
DISCLAIMER: Sponsors of this event are not liable for accidents, thefts, and/or material damage. Every effort will be made to keep this event safe, enjoyable and memorable.

Special Programs: Doin' the Louisiana Purchase; Take a Walk in a City Park; and Walking USA – A-Z.

What is a Volkssport?

Besides the Tulsa Walking Club, there are more than 300 volkssporting clubs in the US, which sponsor thousands of walking events per year in all 50 states annually. Volkssporting events also include swimming, cross-country skiing and bicycling. Volkssport participants may enroll in an awards program by purchasing Events and Distance records books. Upon completion of milestones, participants receive pins, patches and certificates. Besides the health benefits, you will find opportunities to travel and meet many friendly people. You will see sights you would normally miss zooming by in a car. Our walks are typically through pretty residential areas, parks, natural areas and historical sites.

The German word "volks" means 'people' in English. A volkswalk or a volks-bike is an organized, leisurely walk or bike through a scenic, historic or interesting area over a predetermined route. Volkssporting is designed to appeal to people of all ages. The walk, bike, swim or ski is non-competitive. Participants can travel at their own pace, thus making it an excellent recreational activity for the entire family. A volkssporting event is a great way to meet new friends and a fun way for individuals to exercise.



Newblock Park

The park, which opened in 1927, was named for Herman F. Newblock, who served four terms (1922 – 1928 and 1932 – 1934) as mayor of Tulsa. The site now occupied by the park was originally used for a water filtration plant by the Tulsa Water Department in the early 20th century. Its purpose was to remove silt from Arkansas River water, which was then piped to users in Tulsa. The filtration plant was unable to meet the design requirements and was abandoned in 1918. In 1923, the Arkansas River flooded the original treatment plant. The original 1910 brick building has been converted to the WaterWorks Art Center. Newblock Swimming Pool was the cool place to be back in the Old Tulsa Days. It had double pools (Shallow and Deep/both Olympic Size) At that time, this pool was the largest concrete pool in Oklahoma. The Folks flocked to it by the hundreds! It had a 10-foot diving board and a low board, tall life guard towers, a slanted wood "board walk" for sunbathing. It was beautiful and so was the very large building with a recreation area, huge entry area, and large dressing rooms.