

ACKNOWLEDGEMENTS: We thank Isabelle Schmidt at St. Paul's Episcopal Church. Hopkinton photos in this brochure courtesy of Bev Lange. Special acknowledgement of Chris Lipson for orchestrating the Soup Social! Thanks to all the volunteers, participants, and contributors to the array of soups & foods.

SANCTION & IVV CREDIT: This event has been sanctioned by the American Volkssport Association (AVA) and the International Federation of Popular Sports (IVV) and is conducted under the rules of those governing organizations. Fee paying participants will be eligible to earn IVV credit for event and distance. Event and Distance Books will be available for \$6.00 each at the Start/Finish. Participants who have previously purchased books are reminded to bring them.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make this event safe and enjoyable. By virtue of registering for this event, the participant agrees to the conditions set forth herein.

FACILITIES: Restrooms are located at the Start/Finish and near the checkpoints.

REFRESHMENTS: Water and hard candy are provided at the Start/Finish & checkpoints. You may carry refreshments, but please do not litter.

CONDITIONS: This event will be held regardless of weather conditions. There are no refunds for any reason.



**AMERICA'S
WALKING CLUB**
— ESTABLISHED 1976 —

ADDITIONAL INFORMATION:

Bev Lange	Beate Hait
H: 508-881-4811	H: 508-429-3564
C: 774-279-0740	C: 774-292-9098
wkearnso@gmail.com	beateh1@aol.com

DIRECTIONS:

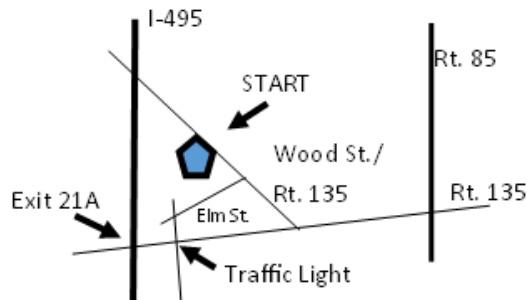
From Route 495 North or South:

1. Take Exit 21A (Main Street/Hopkinton).
2. Go 1/8 mile to first traffic light and turn **LEFT**.
3. **Immediate RIGHT** on Elm Street and follow to end (1/4 mile).
4. At T with Wood Street (Rt. 135), **LEFT** on Wood Street.
5. St. Paul's Episcopal Church is 1/8 mile ahead on left.

From Route 9:

1. Take Rt. 85 South in Southborough.
2. Continue 5 miles to intersection with Rt. 135 in Hopkinton center.
3. **RIGHT** on Rt. 135.
4. At first traffic light, just past Hopkinton Lumber, bear **RIGHT** on Wood Street/Rt. 135 toward Westborough.
5. St. Paul's Episcopal Church is 1/2 mile ahead on left.

PARKING: In church parking lot.



Map not to scale

More information on walk events
and Walk 'n Mass Volkssport Club at:

www.walknmass.org

Hopkinton

Massachusetts

Walk followed by Soup Social

5km and 10km routes



sponsored by
Walk 'n Mass Volkssport Club
www.walknmass.org

AVA Special Programs: Ice Cream Parlors,
Mayflower, Rockin' Around the Clock (10km only)

Credit Only Event



Saturday, March 28, 2020

10km Start: 9:00-10:00 a.m.

5km Start: 10:30-11:00 a.m.



Event Number: NE 20/116222



WELCOME! The Walk 'n Mass Volkssport Club invites you to walk either the 5km (3.1 miles) or 10km (6.2 miles) routes in Hopkinton, MA. After walking, please stay for our Soup Social provided by, and for, the walk participants beginning at noon.

Anyone may participate regardless of age or physical fitness. A non-competitive event, this walk is accomplished at your own pace along a marked 5km (3.1 miles) or 10km (6.2 miles) route. Children under the age of 12 must be accompanied by an adult. No pets allowed on church property.

START/FINISH:

St. Paul's Episcopal Church
61 Wood Street (Rt. 135)
Hopkinton, MA 01748

REGISTRATION/START TIMES:

Saturday, March 28, 2020

10km walkers: 9:00-10:00 a.m.

5km walkers: 10:30-11:00 a.m.

FINISH TIME: by noon.

The walk times are staggered so that walkers will finish shortly prior to noon when the soups are served. If you do not wish to stay for soup, you are nonetheless invited to join the walk event and start anytime between 9:00 and 11:00 a.m.

REGISTRATION AND FEES: This event is **FREE** to those who wish to participate without receiving IVV Credit. Registration for IVV Credit is \$3.00. (Ask us about this achievement program!)

PROCEDURE: Each participant must register, fill out a Registration Card, and sign an insurance waiver at the start. Cards are validated at checkpoints along the route, and must be turned in at the finish table after completing the event. This procedure is necessary to keep track of participants.

AWARD: This is a credit only event. "B" awards from prior events will be available for purchase.

TRAIL DESCRIPTIONS: Located 26 miles west of Boston, Hopkinton was incorporated as a town in 1715. The town takes pride in its role as the starting point for the Boston Marathon.

Participants may choose to walk either the 5km or 10km distance. Both routes are completely on sidewalks or paved surfaces and, with a few inclines, have an AVA rating of 2A, suitable for baby strollers but difficult for wheelchairs due to lack of curb cuts at some road crossings.

After leaving St. Paul's Episcopal Church, walkers will travel through residential neighborhoods before reaching Ice House Pond. Although the ice house was destroyed by a fire around 1950, the foundation still remains. In 2005 a renovated train depot was moved to the site. The depot was originally built in 1872 and served the Milford, Ashland, and Hopkinton loop of the Hopkinton Railroad, a freight and passenger line. **Ice House Pond** is still used in the winter for ice skating.



Walkers continue along West Main Street before the routes separate, with 5km walkers returning to the start/finish.

The 10km route proceeds to the school complex on Hayden Rowe which serves as the athlete's village on marathon day. Then walkers visit the Town Common, near the marathon start line, with several marathon-related sculptures, war memorials, and Claflin Fountain. After passing through downtown Hopkinton, walkers traverse another small neighborhood before returning to the start/finish for the soup social.

L: Claflin Fountain at Town Common
R: "The Starter" near Marathon Start Line



Soup Social

With soup being served at noon,

you are invited to join fellow walkers for this social gathering. If you would like to contribute an appetizer, soup, bread, or dessert, please notify Chris Lipson (c2lipson@msn.com or 781-275-0464) to indicate what you are planning to bring.

Note that it is not necessary to come with anything other than your smiling face, an appetite, and perhaps your favorite soup bowl and spoon. Beverages and paper goods will be provided.

