



WALKIN' TENNESSEE

St Jude's Fundraiser

Come join us for a 3-event weekend, with optional 2 OLSB events

Directions: 7784 Wolf Trail Cove, Germantown TN 38138. Take Exit 16 off I-40E or Exit 16A off I-40W. Go South on Germantown Parkway approximately 7.5 miles. Turn right at light on Wolf Trail Cove. From Mississippi I-55 North to I-240 East to exit 13, Walnut Grove Road east. Turn right on Germantown Parkway, go to fourth light and make right on Wolf Trail Cove. Hotel is behind Waffle House. From St Louis: I-55 South, then I-40 East, Exit 16 (Germantown Parkway) and Go South and right at light into Wolf Trail Cove. Hotel behind Waffle House.

This Weekend's Special Programs: Clock Tower, Memphis YRE has Border Crossing and Clock Tower. Collierville has a Little Free Library.

Contact: DJ Moore (850) 628-4016 or dj.tyc1949@gmail.com



Please support St Jude's Children's Research Hospital

Hosted by the
Emerald Coast Volkssport Club
#0110

March 19-21, 2021



AMERICA'S WALKING CLUB
— ESTABLISHED 1976 —

SE2021/116249/116250/116251
+ YRE 15474 & 115661



"This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. Visit: www.AVA.org for more info.

Dates: 19-20-21 March 2021

What: A volkswalk is a *non-competitive* walk, usually 10K (6.2 miles). These events offer a choice of distances. Choose between 5K (3.1 miles) or 10K (6.2 miles) or more if available. Volkswalks are a **FUN** activity to be done with a club members/groups, friends, family, or by yourself. Participants must register, sign a standard waiver, and carry a start card, which must be returned whether or not walk is completed. Pre-registration is not required, but obviously appreciated. Events will take place regardless; (rain or shine). All walks are open to everyone; club membership is not a requirement. Consider joining a club if you have fun. Just ask! Children under 12 should walk with an adult.

SPONSORS: The Emerald Coast Volkssport Club (ECVC) is trying to remain an active walk club, normally sponsoring walking events in the Florida panhandle. We are affiliated with the American VolksSport Association (AVA), also known as America's Walking Club. More information can be obtained @ www.AVA.org with walk info for about 2,000 walks in the U.S. annually, along with directions to get to the events, and lists of POCs to obtain more information. Walking is an extremely healthy exercise and a means to get out and see different areas in each state that you might ordinarily drive right by. We have two active Year-Round Events (YREs) in the FL panhandle that can be walked any day of the year that a registration point is open. Ask us about our clubs and our walks. Get involved in your health!

WALKS

5 walks in or near Memphis TN, commencing with a BYOB social at the Holiday Inn Express registration room from 6:30 p.m. to 8:00 p.m. We will host two events on Saturday, one on Sunday, PLUS our two ALMOST NEW OLSB events. They can be done on Friday, Saturday, or Sunday, avoiding on-line registration, OR any day thru the OLSB registration method.

Refreshments: Water/candy will be available at start/finish.

Finish Times:

Saturday: Germantown Wolf River Trail: Noon

Saturday: City of Germantown: 4:00 p.m.

*Sunday: Shelby Farms: Noon. Walkers should plan to complete trails in a reasonable timeframe for trail sweeping efforts. **Please***

check in at the local finish when you return so we know you have completed the event.

Procedure: *Walk between the start times and register on a start sheet. You receive detailed walk instructions, a map, and a start number at the Holiday Inn Express. Participants walk at their own pace, normally taking 1 hour for 3 miles (5 kilometers) and 2-2.5 hours for 6 miles (10 kilometers). Each walk returns to its start location.*

Disclaimer: *The AVA, ECVC, Holiday Inn Express, The City of Germantown, Shelby Farms, and the Cities of Memphis and Collierville are not responsible for accidents, injuries, or property damage. Every effort will be made by the Emerald Coast Volkssport Club to expend all reasonable means to make this event safe and enjoyable for all.*

Waiver

In consideration of being allowed to participate in any way in American Volkssport Association volkssporting programs and related events and activities, the undersigned

1. Agrees that before or during my participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate;

2. Acknowledges and fully understands that each participant will be engaging in activities that could involve risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time;

3. Assumes all the foregoing risks and accept personal responsibility for the damages following injury, permanent disability or death;

4. Release, waive, discharge and promise not to sue the American Volkssport Association, its affiliated clubs, their respective administrators, directors, agents, or other volunteers and employees of the organization, other participants, sponsoring agencies, sponsors, and advertisers and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter

referred to as "releasees," from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.

The undersigned has read the above waiver and release, understands that I have given up substantial rights by signing it and sign it voluntarily. I further understand that if I place my name on the form upon which this waiver and release is printed, that I voluntarily agree that I understand that I have given up substantial rights.

→ Sign here:

#1 _____

#2 _____



SUPPORT ST JUDE'S CHILDREN RESEARCH HOSPITAL

REGISTRATION FORM

Please print/copy this page. You may sign up to 2 people with same address. All must sign a waiver (adult for children under 16). Mail with check made out to Emerald Coast Volkssport Club to: DJ Moore, event coordinator, 844 N. Tyndall Pkwy, #121, Panama City FL 32404, postmarked by Feb 19, 2021.

Name #1: _____

Name #2: _____

Address: _____

Phone: _____

Email: _____

SIGN Waiver (separate sheet)	Mark "X" Next to # to indicate participation	IVV Credit \$3.00
We will assign # on waiver	#1	
	#2	
Wolf River Trail 20 March 2021, a.m.	#1	
	#2	
Germantown 20 March 2020, p.m.	#1	
	#2	
Shelby Farms 21 March 2020, a.m.	#1	
	#2	
Memphis TN YRE Normally OLSB	#1	
	#2	
Collierville TN YRE Normally OLSB	#1	
	#2	

Check desired walks above:

Total enclosed: _____

You can write 1 check for both participants if appropriate. Please print clearly. THANKS!

Sometime during the weekend, we'd appreciate a small donation to St Jude's.



Stay:

Holiday Inn Express & Suites, 7784 Wolf Trail Cove, Germantown TN 38138. Cut-off date for registration is February 19, 2021 for room rate of \$114-\$129 depending on type room selected, blocked under "WTN". **(Walkin' TN)** Phone 901-309-6700.

Headquarters for all events.

SOCIAL:

Friday evening, 6:30 pm – 8:00 pm: "Bring Your Own Beverage" social @ Holiday Inn Event Registration Room.

Registration: All walkers personally register at the start and drive to the walk location.

Trail Ratings:

Germantown Wolf River Trail. 1B, accessible to wheelchairs and strollers. (Saturday Morning Walk)

Germantown. 2B, no wheelchairs, strollers may have some difficulty. (Saturday Afternoon Walk)

Shelby Farms. 2B, Wheelchairs and strollers may have some difficulty. (Sunday Morning Walk)
Both OLSB events may be done at any time you can fit them in. We

will have directions and stamps **ONLY** during this weekend.

Pets: Please have your pets on leashes and pick up after them.

Fees: All participants will pay a fee of \$3.00 per event and for that fee; they may also receive IVV Record Book credits. New walkers will be provided information pertaining to books, credits, other events, volkswalking in general, etc., upon inquiry.



START TIMES: Friday, 19 March, BYOB Social 6:30 – 8:00 p.m.
Saturday: 8:00 a.m. – 9:00 a.m., Germantown Wolf River Trail, registration
Saturday: Noon – 1:00 p.m., City of Germantown Registration
Sunday: 08:00 a.m. - 9:00 a.m., Shelby Farms registration
Sunday: Noon – 1:00 p.m., Stamping and registration of Memphis and Collierville OLSB events

NOTE: EVENTS CAN BE DONE IN ANY ORDER.

Walk routes/written directions: to events will be provided to registered participants at the Holiday Inn Express in Germantown.

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