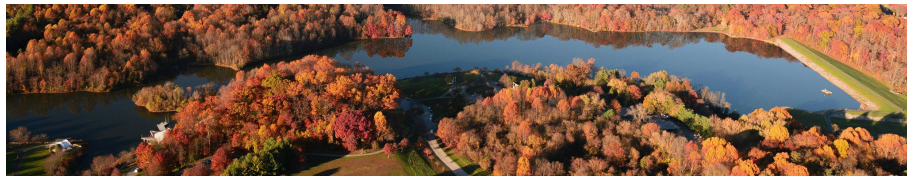


Covid Safety Measures

- All participants will be asked to sign a **CVC COVID-19** waiver in addition the AVA waiver.
- All people **must wear** masks in the pavilion.
- Participants are encouraged to bring their own disinfecting wipes, pens and water.
- Sick people should not participate.
- Club-approved workers and walkers should only be in the pavilion while actively signing in, stamping start cards or stamping record books for participants.
- No more than 10 persons will be allowed in pavilion at the same time.
- Participants must maintain social distancing in pavilion.
- No socializing in the pavilion.
- Hand sanitizer will be available.
- All volunteers wear gloves,
- Volunteers will control traffic into, within, and out of the pavilion.
- There will be No Food, Water nor Candy.
- There will be No brochure table.
- There will be No Checkpoint on the trail.

DIRECTIONS *July 11, 2020:*

Summer Walk in Centennial Park



Centennial Park, Pavilion A

10000 Clarksville Pike (Rt 108), Ellicott City, MD 21042

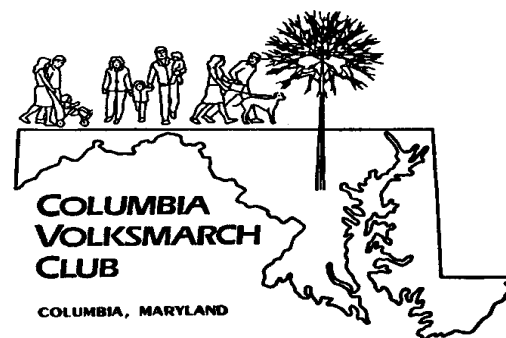
From I-695, take I-70 West to Rt 29 South.

From I-95, take MD-100 W to Rt 29 South.

Exit onto Route 108 Westbound; Proceed 1.1 miles to 2nd light.

Turn right into South Entrance of Centennial Park

Bear Left and proceed up the short hill to Pavilion A



AVA-264

Presents The Last of Its 2020 Saturday



In Howard County Parks, Maryland

July 11, 2020 - Centennial Park

AT2020/ 116299; 10 km/5 km; Trail Rating 2A



SPONSORED BY: The Columbia Volksmarch Club
(AVA 264).



A proud member of the
**MARYLAND VOLKSSPORT
ASSOCIATION**

SANCTIONED BY: The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV), promoting leisure sports in the interest of family health, recreation, fun and companionship.

COURSE DESCRIPTIONS: There is one event for this walk: Two (2) 5 km trails. The trails for this event are on Columbia pathways and sidewalks. Wheelchairs and strollers should not have difficulty.

- **July 11:** One 5 km trail will be on paved paths around Centennial Lake. The second 5 km trail will continue into adjacent residential community. TR 2A.

PROCEDURE: Each participant will be issued a start card. It must be carried on the walk. Only one start card will be validated per participant. Start cards must be turned in at the Finish Table after completing the event. Only those participants with a properly validated start card will be eligible for IVV credit. The trail may be walked two times per start card on the same day at no additional cost.

REFRESHMENTS: Restrooms will be located at the start point. Water and candy will **NOT** be available.

PARTICIPATION FEES:

- The participation fee for IVV Credit Only is \$3. (maximum \$10 for families with minor children living together).
- *There is no fee to walk the trail without receiving the IVV credit.*

START/FINISH (see directions on back cover):

- **Saturday July 11: Centennial Park**
10000 Clarksville Pike (Rt 108), Ellicott City, MD 21042
Trail Distances: 5 km & 10 km Trail Rating 2A
Start anytime from 7:30 a.m. to 9:00 a.m.; finish by Noon

CONDITIONS: The events are open to all. The events will be held during all reasonable weather conditions, including rain. Littering along the trails is prohibited. Dogs are permitted on the trail but not inside buildings. **EACH PARTICIPANT, OR GUARDIAN, MUST AGREE TO AND SIGN THE CVC 2020 COVID-19 WAIVER.**

DISCLAIMER: Neither the Columbia Volksmarch Club, nor Howard County Recreations and Parks shall be liable for accidents, theft, or material damage. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

INFORMATION: call (410) 290-6510 or
e-mail johndye@comcast.net
CVC Web Page: <http://www.mdvolks.org/CVC/>

TRAIL RATING

- 2 Some moderate hills.
- A Almost entirely on pavement.

Our Seven **Year Round Events** are open dawn to dusk.

From French Twist Cafe
Historic Sykesville

From Roger Carter Center
Two events: Ellicott City/Oella & Centennial Lake

From Feet First Wilde Lake Village Center
Wilde Lake Village

From Starbucks in the Columbia Mall
Columbia Mall Walk indoor and outdoor alternative

From McDonalds in Kings Contrivance
Two events: Kings Contrivance / Patuxent Branch Trail and
Lake Elkhorn