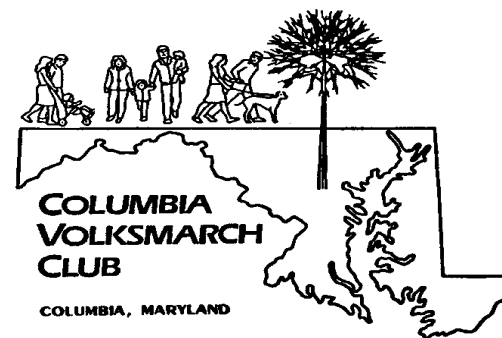


## Covid Safety Measures

- All participants will be asked to sign a **CVC COVID-19** waiver in addition to the AVA waiver.
- All people **must wear** masks in the pavilion.
- Participants are encouraged to bring their own disinfecting wipes, pens and water.
- Sick people should not participate.
- Club-approved workers and walkers should only be in the pavilion while actively signing in, stamping start cards or stamping record books for participants.
- No more than 10 persons will be allowed in pavilion at the same time.
- Participants must maintain social distancing in pavilion.
- No socializing in the pavilion.
- Hand sanitizer will be available.
- All volunteers wear gloves.
- Volunteers will control traffic into, within, and out of the pavilion.
- There will be No Food, Water nor Candy.
- There will be No brochure table.
- There will be No Checkpoint on the trail.



AVA-264

**Presents a Saturday Fall Walk**

**In Howard County Parks, Maryland**

**November 7, 2020 – Cedar Lane Park**

AT2020/ 116326; 10 km/5 km; Trail Rating 2A

### DIRECTIONS

5081 Cedar Lane (West), Columbia, MD 21044

From Washington DC area, Take I-95 N. Take exit 38B to merge onto MD-32 W toward Columbia. Use the right lane to take exit 17 for Cedar Ln. Turn right onto Cedar Ln to end. Turn left onto Harpers Farm Rd. Turn right onto Rivendell Ln. Continue onto Cedar Ln. Turn right into Cedar Lane Park. ... ..

From Baltimore Area Take I-95 S toward Washington Take exit 43B to merge onto MD-100 W toward Ellicott City Use the left lane to merge onto US-29 S toward Washington Immediately Take exit 21B to merge onto MD-108 W/Clarksville Pike toward Clarksville Continue on MD-108 to Cedar Ln Turn left onto Cedar Ln Turn left into Cedar Lane Park ... ..

From I-70 Frederick. Take exit 87A to merge onto US-29 S toward Columbia/Washington.

From I-70 Baltimore Beltway. Use the left 2 lanes to turn left onto US-29 S/Columbia Pike. Take exit 21B to merge onto MD-108 W/Clarksville Pike toward Clarksville Continue on MD-108 to Cedar Ln Turn left onto Cedar Ln Turn left into Cedar Lane Park



**SPONSORED BY:** The Columbia Volksmarch Club (AVA 264).



A proud member of the  
**MARYLAND VOLKSSPORT  
ASSOCIATION**

**SANCTIONED BY:** The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV), promoting leisure sports in the interest of family health, recreation, fun and companionship.

**COURSE DESCRIPTIONS:** There is one event for this walk: Two (2) 5 km trails. The trails for this event are on Columbia pathways and sidewalks in Cedar Lane Park and the Columbia Village of Harpers Choice. Wheelchairs and strollers should not have difficulty. TR 2A  
Trail Distances: 5 km & 10 km Trail Rating 2A

**REFRESHMENTS:** Restrooms will be located at the start point. Water and candy will **NOT** be available.

#### **PARTICIPATION FEES:**

- The participation fee for IVV Credit Only is \$3. (maximum \$10 for families with minor children living together).
- *There is no fee to walk the trail without receiving the IVV credit.*

**START/FINISH** (see directions on front cover):  
5081 Cedar Lane (West), Columbia, MD 21044 Pavilion B.  
Pavillion is on the right at the far end of parking lot.  
Start anytime from 8:00 a.m. to 11:00 a.m.; finish by 2:00 p.m.



**PROCEDURE:** Each participant will be issued a start card. It must be carried on the walk. Only one start card will be validated per participant. Start cards must be turned in at the Finish Table after completing the event. Only those participants with a properly validated start card will be eligible for IVV credit. The trail may be walked two times per start card on the same day at no additional cost.

**CONDITIONS:** The events are open to all. The events will be held during all reasonable weather conditions, including rain. Littering along the trails is prohibited. Dogs are permitted on the trail but not inside buildings. **EACH PARTICIPANT, OR GUARDIAN, MUST AGREE TO AND SIGN THE CVC 2020 COVID-19 WAIVER.**

**DISCLAIMER:** Neither the Columbia Volksmarch Club, nor Howard County Recreations and Parks shall be liable for accidents, theft, or material damage. Every reasonable effort will be made to make this a safe, enjoyable, and memorable event.

**INFORMATION:** call (410) 290-6510 or  
e-mail [johndye@comcast.net](mailto:johndye@comcast.net)  
**CVC Web Page:** <http://www.mdvolks.org/CVC/>

#### **TRAIL RATING**

- 2 Some moderate hills.
- A Almost entirely on pavement.

Our Seven **Year Round Events** are open dawn to dusk.

From French Twist Cafe  
Historic Sykesville

From Roger Carter Center  
Two events: Ellicott City/Oella \* & Centennial Lake \*

From Feet First Wilde Lake Village Center  
Wilde Lake Village

From Starbucks in the Columbia Mall \*  
Columbia Mall Walk indoor and outdoor alternative

From McDonalds in Kings Contrivance  
Two events: Kings Contrivance / Patuxent Branch Trail and  
Lake Elkhorn \*

\* Physical and Online Start Box