

SEVEN TWC Year-Round Walk Events

Walk 1: Bartlesville (50 miles North of Tulsa): Contact the POC for Registration information

Walk 2: Mannford/Lake Keystone: Start/Finish point is the Park Store just inside the entrance to the park. Store hours vary with season. Please call the Park Store, phone: 918/865-4477, to confirm the Store will be open for your visit. Park Pass may be required. Check with Ranger office.

Walk 3: Tulsa/LaFortune Park: Start/Finish point Tandy Family YMCA, 5005 S. Darlington Avenue (East of Yale on 51st Street; the "Y" is on your left). Call for hours. Phone: 918/280-9622.

Walk 4: Tulsa/Promenade Mall: Start/Finish point Mall Customer Service Desk inside mall, corner of Yale Ave. & 41st Street. Store phone is 918/627-9282, ext. 0. Call Desk for open hours before going.

Walk 5: Tulsa/Utica Square: Start/Finish point Walgreen's Drug Store, 1714 S. Utica Square at 21st St & Utica Ave. Walk down to dusk. Store Phone: 918/743-9968.

Walk 6: Tulsa-Jenks/River Parks Trails: Start point address is 2738 E 91st St., located at corner of 91st & Delaware (between Harvard & Riverside) Tulsa, OK. Register at convenience store (918/299-8131), and then drive a short distance to trailhead at 96th & Riverside Drive. (Please let business customers go first.)

Walk 7: Tulsa/Historic Downtown: Start/Finish point is Fairfield Inn and Suites, 111 N. Main Street, Tulsa Oklahoma. Ask for Walkbox in the lobby on 2nd floor. Walk down to dusk. Phone: 918-879-1800

Visit us on
FaceBook!

[Tulsa Walking
Club](#)



Fun, Fitness, Friendship

YRE COORDINATOR CONTACTS

1 Bartlesville YRE Walk

Call C. Childress at 918/857-4682

Email:

catherine.childress4682@gmail.com

2 Mannford Lake Keystone YRE Walk

Call Dan Nerren at 918/798-3629

Email: Nerren4@aol.com

3 Tulsa LaFortune Park YRE Walk

Call Lew York at 918/230-4422

Email: lewfaye2@att.net

4 Tulsa Promenade Mall YRE Walk

Call Cheryl Hiatt at 918/706-5493

Email: cherylhiatt@att.net

5 Tulsa Utica Square YRE Walk

Call Cynthia Hines at 918/406-6077

Email: vetretiredclh@yahoo.com

6 Tulsa/Jenks RiverWalk YRE Walk

Call Teresa Arnold at 918/630-3206

Email: arnoldtea@hotmail.com

7 Tulsa Historic Downtown YRE Walk

Call Cynthia Hines at 918/406-6077

Email: vetretiredclh@yahoo.com

CONTACT FOR THIS EVENT: For more information on this walk, contact coordinator:

Rhonda Shockey
918/855-0195 or
rjm0123@aol.com

The Tulsa Walking Club welcomes you to this Volkssporting walk. Our goal is to make it a safe, enjoyable experience for you. Walking gives health, energy, and physical fitness making You a WINNER when you walk!

2021 Event # SC-116328

Tulsa Walking Club

AVA Club 0291

WOODLAND HILLS MALL



TULSA, OK

10K AND 5K TRAILS

Saturday, August 21, 2021

Start Time: 10:00 AM to 11:30 AM



START TIMES: Start time is **10:00 AM until 11:30 AM.**

START POINT LOCATION: Woodland Hills Mall is located on the Northeast corner of the intersection of 71st Street and Memorial Drive, in Tulsa, Oklahoma. Mall Entrance we are using is on the Northeast side of the mall. This entrance is located next to Visionworks on the left and Dillard's on the right. **Due to Covid, we are not allowed to register inside the mall. We will register at POC's car, located near this entrance.**

COURSE DESCRIPTION: Trail is inside the mall. Rated 1A: suitable for wheelchairs and strollers.

REFRESHMENTS: Water and restrooms will be available at the Startpoint. There are restrooms inside the mall.

ELIGIBILITY: This event is open to the public and all are welcome to participate. This is an excellent activity for families; children under age twelve must be accompanied by an adult.

PROCEDURE: All participants must obtain a start card at the registration (start/finish) point. Upon completing the walk, the card is surrendered, and the walker receives any award or IVV credit earned. Remember your IVV record books to record your credit. Record books are for sale at the event.

AWARDS AND FEES: "Credit only" is \$3.00. Walk free if no IVV credit is desired. This walk has no "A" award.

DISCLAIMER: Sponsors of this event are not liable for accidents, thefts, and/or material damage. Every effort will be made to keep this event safe, enjoyable and memorable.



"Moving together toward a healthier America"

What is a Volkssporting Event?"

Volkssporting events cover a number of physical activities, including walking, biking, swimming and cross-country skiing. A volkswalk or a volks-bike is an organized, leisurely walk or bike through a scenic, historic or interesting area over a predetermined route. Swims are usually held in pools, though some are held in natural bodies of water. Volkssporting is designed to appeal to people of all ages. The walk, bike, swim or ski is non-competitive. Participants can travel at their own pace, thus making it an excellent recreational activity for the entire family. A volkssporting event is a great way to meet new friends and a fun way for individuals to exercise.

Special Programs: Carousels; Doin' the Louisiana Purchase; and Walking USA – A-Z.

DRIVING DIRECTIONS

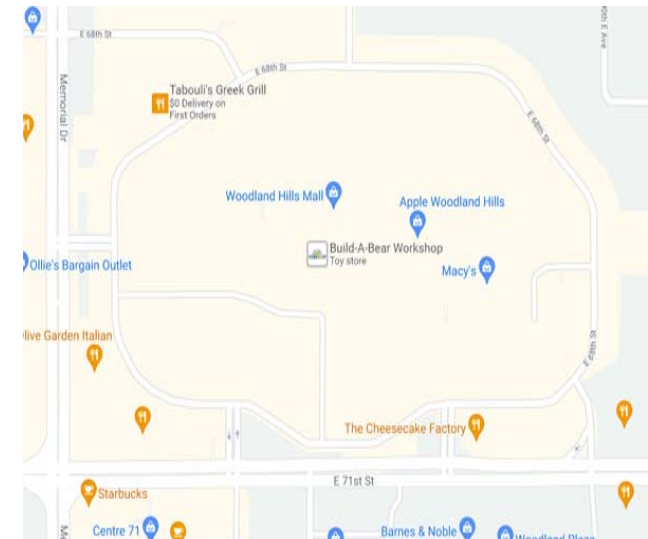
From the East:

I-44 to South Highway 169, take the 71st Street exit and turn to your Right onto 71st Street; you will be now be heading West and proceed to Memorial Drive. The Mall is on the Northeast corner of the intersection of Memorial Drive and 71st Street. The Mall will be on your Right. Take the first entrance to Woodland Hills Mall, and turn right. Enter the Mall parking lot, continue right and drive around the outer loop of the parking lot. When you see Holiday Inn

Express & Suites, (you are now on the backside/North of Macy's) turn Left (West) and proceed to the Woodland Hills Mall entrance which is right next door to Visionworks. Park near the Mall entrance. Look for POC car, the Startpoint.

From the West:

I-44 to Creek Turnpike, (tolls apply) East on Creek Turnpike to Memorial Drive exit, then North on Memorial Drive. Enter the parking lot, and proceed around the outer loop until you see Holiday Inn Express & Suites, (you will be on the back/North of Macy's) and turn to the West. Continue with instructions for East above.



Woodland Hills Mall is a 2-story enclosed mall with many chain stores & boutiques, plus a kids' play area & a food court.

Come and walk in Oklahoma during August and keep cool! Plan to make a day of walking, shopping, and eating!!