

**DIRECTIONS:**

**From the North:** Take Rte. 13 south and turn RIGHT onto POW/MIA Parkway at the traffic light just past Ollie's. Continue 0.75 miles to the traffic light at Baden Powell Way. Turn LEFT and continue to the 2<sup>nd</sup> left. Turn LEFT and follow the road to the parking area to the rear of the Kent County Recreation Center.

**From the South:** Take Rte. 13 north and turn LEFT at the traffic light past Brecknock Park onto POW/MIA Parkway. Continue 0.75 miles to the traffic light at Baden Powell Way. Turn LEFT and continue to the 2<sup>nd</sup> left. Turn LEFT and follow the road to the parking area to the rear of the Kent County Recreation Center.

**LOCATION:** Kent County Recreation Center and Boys & Girls Club in Dover, 1683 New Burton Rd, Dover, DE 19904.

**GPS Coordinates:**

39 degrees 07 min 35.50 sec North  
75 degrees 32 min 52.51 sec West



Jim McDonald set up the KCRC walk in 2018. Since his passing this is the first time that we are re-introducing this event, as our Spring walk. Jim was instrumental in providing web support and handling other operations. Jim is greatly missed and in recognition we are dedicating May 22, 2021 walk in his name.

*“Thanks for walking with WEBBY”*

# FIRST STATE WEBFOOTERS WALKING CLUB      AVA-065

## May 22, 2021 SPRING WALK

### 5K / 10K Walk Event



**Kent County Recreation Center  
Dover, Delaware 19904**

**Event ID: 116383  
(Walk – 1B Trail Rating)**

**Jim McDonald Memorial Walk**



**AMERICA'S  
WALKING CLUB**  
— ESTABLISHED 1976 —

**START/FINISH:** The start and finish will be in the parking lot behind the Kent County Recreation Center/Boys & Girls Club of Dover building 1683 New Burton Rd, Dover, DE 19904.

**TIMES:** START any time between 8:00 am and 12:00 pm & FINISH before 3:00 pm.

**DISTANCE/RATING:** 5K (3.1 mile) & 10K (6.2 mile) walk events – AVA Trail Rating 1B (meaning, a significant part of the route is on well-groomed trails with very few obstacles).

**SPECIAL PROGRAMS:** Walking with American Veterans, Walking the United States (50 States/51 Capitals), Walking the USA A-Z.

**ELIGIBILITY:** EVERYONE IS WELCOME to walk, jog or run the trail at your own pace. IVV CREDIT must be purchased and a fee is assessed for non-IVV participants as well. Children under 12 must be accompanied by an adult.

**CONDITIONS:** The walk will be held in all weather conditions unless determined unsafe. Pets must be kept on a leash at all times. NO LITTERING. Restrooms & water available.

**REGISTRATION:** The fee is \$3.00 for both IVV CREDIT and for non-IVV participants. Children under 12 not wishing IVV credit may walk free.

**DISCLAIMER/PROCEDURE:** The American Volkssport Association (AVA) or its' subsidiary clubs are not responsible for theft or loss of personal belongings or property. This policy requires every participant to register AND sign the AVA Waiver and Release of Liability Form, and carry a Start Card. At the Start Point after registering each participant will be given a numbered Start Card which will be validated at control points along the trail. Validated Start Cards are turned in and Distance and/or Event books are stamped for official credit.

**REFRESHMENTS:** Candy, water and other refreshments will be made available at the start/finish.

**For addition information, please contact POC:**  
**Kathy Kresko at 302-339-0097 <mailto:ESWF.kathy@gmail.com>**

**AVA Website: [www.AVA.ORG](http://www.AVA.ORG)**

**Website: [www.MDVolks.org/ESW](http://www.MDVolks.org/ESW)**

**\*\*\*\* YEAR ROUND WALKS \*\*\*\***

**AT 2018/109659**

Lat 39 Degrees 39 Min 47 Sec North  
Lon 75 Degrees 34 Min 03 Sec West

**New Castle, Delaware**

Start/Finish Point A Pizza History, 625 Delaware Street

**AT 2018/109581**

Lat 38 Degrees 42 Min 43 Sec North  
Lon 75 Degrees 05 Min 53 Sec West

**Rehoboth Beach, Delaware**

Start/Finish Point: Sussex Family YMCA, 105 Church Street

**AT 2018/109580**

Lat 38 Degrees 46 Min 41 Sec North  
Lon 75 Degrees 08 Min 06 Sec West

**Lewes, Delaware**

Start/Finish Point: Lemon Tree Restaurant

**AT 2018/109582**

Lat 38 Degrees 31 Min 48 Sec North  
Lon 75 Degrees 03 Min 26 Sec West

**Bethany Beach, Delaware**

Start/Finish point: Holiday Inn Express

**AT 2018/109579**

Lat 39 Degrees 08 Min 40 Sec North  
Lon 75 Degrees 31 Min 19 Sec West

**Dover, Delaware**

Start/Finish Point: Central Delaware YMCA

**AT 2018/109578**

Lat 39 Degrees 41 min 16 sec North  
Lon 75 Degrees 45 min 35 sec West

**Newark, Delaware**

Start/Finish Point: Courtyard Marriott - Newark

**This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts towards the acquisition of IVV Achievement Awards.**