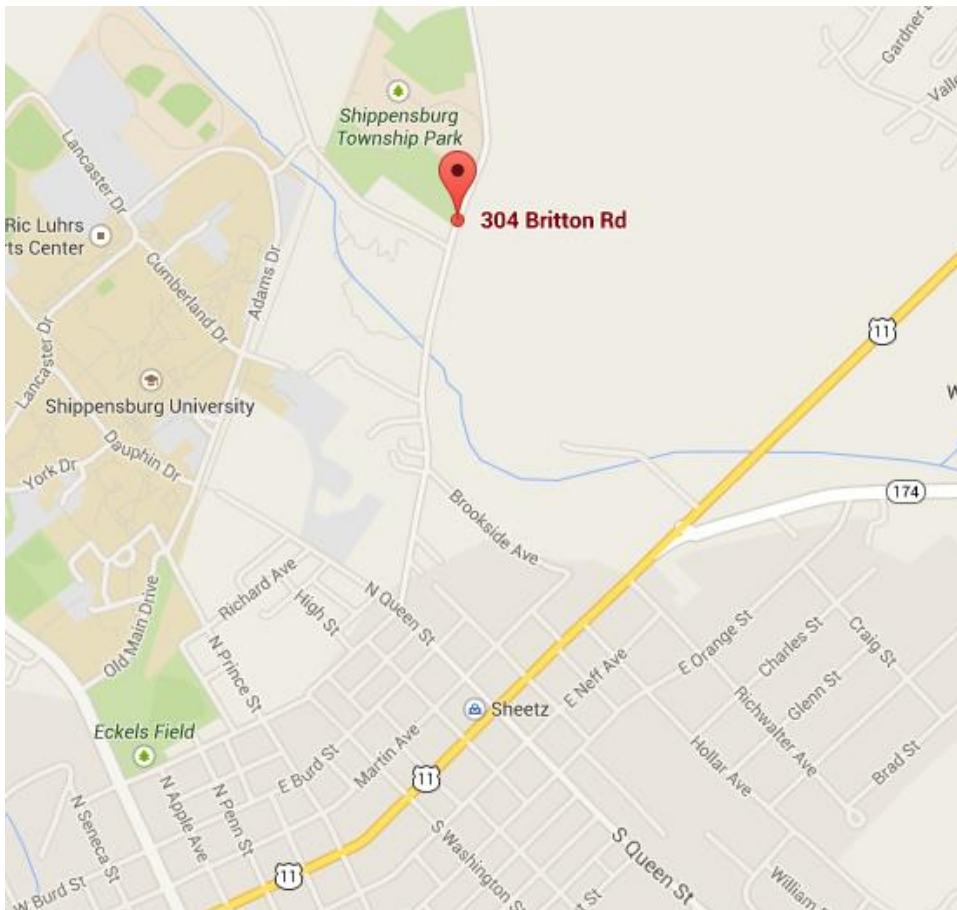


Directions to Shippensburg Township Park:

304 Britton Rd, Shippensburg, PA 17257

From the North: Use I-81 exit 29, turn right onto Walnut Bottom Rd. Left onto King Street (US 11). Turn right onto North Queen Street at Sheetz, and then right onto Britton Road. Go approximately 1/2 mile to the park. Use the park entrance that has a large pavilion on the left and kiddie's pool/basketball court on the right. Go to the small pavilion at the back.

From the South: Use I-81 exit 24, turn left onto Olde Scotland Rd. Left onto Fayette Street. Right onto King Street (US 11). Turn left onto North Queen Street at Sheetz and then right onto Britton Road. Go approximately 1/2 mile to the park entrance that has a large pavilion on the left and kiddie's pool/basketball court on the right. Go to the small pavilion at the back.



Shippensburg, PA

York White Rose Wanderers Invites you to a “Guided Bike” Event



in conjunction with the
“TrailFest” sponsored by the
Cumberland Valley Rails-to-Trails Council

Friday, September 4, 2020

**10K to 40K “Guided Bike” Event
AVA – 236, AT20/116463**

**Shippensburg Township Park
Cumberland County**



Shippensburg, PA

“Guided Bike” Event

AVA Event AT20/116463
10K to 40K Trails, Rated 1B

Arrive at Shippensburg Township Park by 2:45 pm for a 3:15 pm departure
<https://my.ava.org/event-view.php?sn=116463>

DATE: Friday, September 4, 2020

SPONSOR: York White Rose Wanderers, AVA-236

“TrailFest”: This “guided bike” event is being done in conjunction with this fundraiser sponsored by the Cumberland Valley Rails-to-Trails Council. Funds raised from this event go towards trail maintenance and the expansion of the rail trail from Newville to Carlisle. Volkssporters must be registered for the “TrailFest” bike for the 3:30 pm – 4:00 pm time slot.

SANCTIONED BY: This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. This event counts towards the acquisition of IVV Achievement Awards.

PROCEDURE: AVA policy requires that every participant, fee or non-fee, sign the insurance waiver and obtain a numbered start card which is stamped at control points along the course. At the Finish, the validated card is turned in and IVV books are stamped for official credit, if the credit fee has been paid. The trail may be biked a second time on the same day using the same start card at no additional cost.

ELIGIBILITY: Everyone is welcome to participate. Children 12 and under must be accompanied by an adult. Ride at your own pace.

REGISTRATION and FEES: Participants must be registered for TrailFest for the 3:30 pm to 4:00 pm time slot. The registration form for the event is at the “register online” link at https://www.cvraceseries.us/Events/EventPage.php?event_id=770

Cost for TrailFest is \$20. Register by August 23 to be guaranteed a t-shirt. Participants will receive a t-shirt and snacks at the rest stop in Newville. There is no registration on the day of the event. IVV credit is an additional \$3.00.

CONDITIONS: The event will be held regardless of the weather. There will be no littering. Wildlife and plant life are not to be disturbed. No refunds. Pets are not allowed.

PARKING: There is plenty of free parking at the start.

AWARD: IVV Credit only.

SPECIAL PROGRAMS: Little Free Library (at mile 0 at Shippensburg Station).

START LOCATION: Shippensburg Township Park

REFRESHMENTS: Bring a filled water bottle. The TrailFest will provide water and snacks in Newville. Food and beverages may be purchased at Ship First Fridays at Shippensburg Station after the bike ride.

RESTROOMS: Restrooms are available at the start at Shippensburg Station, at Shippensburg Township Park, about a 1/2K off the trail in Oakville, and in Newville.

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. Reasonable efforts will be made by the sponsors to make this a safe, enjoyable and memorable event.

FOR MORE INFORMATION: Contact Tom Jackson. Home phone: (717) 677-6511. Email: thomasjackson@embarqmail.com. On the day of the event, call cell phone (717) 309-6088.

LET US KNOW YOU ARE COMING: If you plan to participate, please inform Tom Jackson at thomasjackson@embarqmail.com. We need to provide you additional instructions.

VOLKSBIKE REGISTRATION: Register for the “Guided Bike” event at the small pavilion and have IVV books stamped. Restrooms are also at the pavilion.

BIKE ROUTE DESCRIPTION: This route will be on the Cumberland Valley Rail-Trail which has a smooth, crushed stone surface and runs through the beautiful farmland of the Cumberland Valley. The 40K route is an out and back from Shippensburg Station to the end of the trail past Newville. We will identify the turn-arounds for shorter distances. Bicycles with a wider tire (hybrid or mountain bike) are recommended; road bikes will have difficulty. Bike helmets must be worn.

“GUIDED BIKE” EVENTS: These are group bike rides with one person leading and another bringing up the rear. Ride at your own pace – the guides will stay with you.

Ship First Fridays: TrailFest is being held in conjunction with Ship First Fridays which includes food trucks, beer garden and live music.