

WELCOME: We are returning to Potato Creek State Park to beat the heat of the Dog Days with a mid-Summer Volkssporting event that is guaranteed to cover your brow with sweat, if not freeze your butt off. This event offers you a choice of walking five, ten or fifteen kilometers, or you may do an eleven-kilometer bike event. Potato Creek State Park is among the newest of Indiana's state parks. It's fairly flat topography and hard-wood forest provides year-round outdoor recreational activities that are enjoyed by many Volkssporters.

WHAT ARE VOLKSSPORTS? A Volksmarch is a non-competitive walking event. The walk is generally ten kilometers or 6.2 miles in length. Other Volkssporting events include swimming, biking, and skiing. These events are hosted by clubs in more than 40 nations worldwide. The purpose of Volkssporting events is to encourage physical fitness, promote fellowship, and to enjoy the outdoors. Because these events are not contests of speed or endurance, you may participate at a pace that safe, comfortable, and enjoyable. When Volkssporting events are sanctioned by the International Volkssport Verband (IVV), individuals may receive credit for event participation and/or distance. This credit is recorded in IVV Record Books, which presently cost \$6.00 each. After completing a pre-determined number of events and/or distance, your achievement will be recognized with a pin, patch, and certificate by the IVV. Further information will be available at the start/finish point.

SPONSOR: The Hoosier Hikers (AVA Club #723) of South Bend, Indiana.

START/FINISH: The start/finish point is in the vicinity of the Nature Center at Potato Creek State Park, 25601 State Road 4, North Liberty, Indiana, 46554. You may start the event anytime between 8 a.m. and 1 p.m. (EDT), and must complete the event by 4 p.m. The average walker can complete a ten-kilometer trail in about two hours.

FEES: Everyone is welcome and may participate in the event for FREE. However, the fee for the state park award, which includes IVV Credit and an identifying bar, is \$15.00 on the day of the event. The fee for only the identifying bar and IVV credit is \$10.00 on the day of the event. Pre-registration is available. The fee for IVV Credit Only is \$3.00. There is a park gate admission fee of \$7.00 for Indiana plated vehicles and \$9.00 for out-of-state plated vehicles.

PROCEDURE: At the start point obtain a start card with a number and sign-in on the register. Walk the Volksmarch route at your own pace. The event routes may be marked with engineer tape and signs. Along the way have your card stamped at each checkpoint. After completing the route, turn-in your card at the finish point to receive your medal and/or IVV Credit, as appropriate. NOTE: ALL participants must register at the start point and return the card at the finish point, even if participating for free.

IVV CREDIT: Participants completing this event are eligible for IVV event and distance credits.

STATE PARK AWARDS: For all events in an Indiana State Park during the year 2020 there is a 2-1/4-inch single die cast medal with a scenic photo from an Indiana State Park. To this medal an identifying bar for the park may be attached. The bar may be purchased separately from the medal. Events at other state parks will offer other identifying bars. Completion of the trail and payment of the registration fee is required to receive the award.

SPECIAL EVENT STAMPS: Walking the USA A to Z and Little Free Libraries.

TRAIL DESCRIPTION: The walk routes make use of the state park's existing trail system. These trails wind through mostly flat wooded areas. Two hills may be encountered along the route. The trails are rated 2-B based upon the current AVA rating scheme. The trails are not suitable for wheelchairs or strollers. The bike route makes use of an existing bike trail.

SPECIAL NEEDS: A special needs trail will be available upon request.

REFRESHMENT: Water will be available at the start/finish and at all checkpoints. However, it is recommended that participants carry some water with them along the route, because of the possibly hot weather (this ain't dreaming) and lack of water along stretches of the routes. Restrooms (not air conditioned) will be available at the Start/Finish and may be located near other stretches of the trail.

PRE-REGISTRATION: Pre-registration for the events is not mandatory. There are discounts associated with pre-registration. A pre-registration form is provided on the back page. The deadline for pre-registration is July 28, 2020. NO pre-registrations accepted via email or without payment.

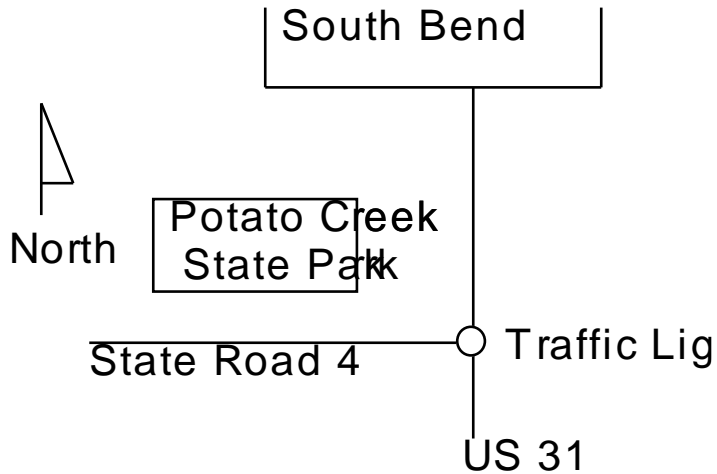
REFUND POLICY: NO refunds given.

WEATHER: These events will be held rain, shine, or snow.

DISCLAIMER: The Hoosier Hikers, INVA (Indiana Volkssport Association), the AVA (American Volkssport Association), the State of Indiana, Potato Creek State Park, and the Indiana Department of Natural Resources are not liable for accidents, theft, or material damage. Every reasonable effort will be made to make the events safe and enjoyable. Children under the age of 12 must be accompanied by an adult, and pets must be kept on leashes.

POINT OF CONTACT: Bob Buzolich at (574) 339-9140, or via email to Sonofbuzz@prodigy.net.

DIRECTIONS: Potato Creek State Park is four miles West of U.S. 31 on State Road 4. From the gate house at the park entrance you should follow the signs to the Nature Center. The Start Point is in the vicinity of the Nature Center. Address: 25601 State Road 4, North Liberty, Indiana, 46554.



THE HOOSIER HIKERS

INVITE YOU TO



**A 5 KM, 10 KM & 15 KM VOLKSMARCH
AND A 11 KM BIKE EVENT**

POTATO CREEK STATE PARK

NORTH LIBERTY, INDIANA

AUGUST 1, 2020

START: 08:00 A.M. TO 1:00 P.M. (EDT)

FINISH BY 4:00 P.M.

Pre-Registration Deadline: July 28, 2020
Please make checks payable to HOOSIER HIKERS.
Please mail to Hoosier Hikers, P.O. Box 11101, South Bend, IN 46634

PRE-REGISTRATION FORM

NAME: _____ PHONE: _____

ADDRESS: _____

PARTICIPANT	A-AWARD	BAR ONLY	CR ONLY
_____	\$13.00	\$8.00	\$3.00
_____	\$13.00	\$8.00	\$3.00
_____	\$13.00	\$8.00	\$3.00
_____	\$13.00	\$8.00	\$3.00



INVA # 825
MA2020/116503 (WALK)
MA2020/116504 (BIKE)

COVID-19 PROCEDURES

As we slowly resume our activities, the corona virus remains active in our communities with a threat of spreading, which is dependent on how we regulate our personal interactions. For the foreseeable future we will need to plan and conduct our events with this in mind. Accordingly, the Hoosier Hikers request participants at our events observe the following:

- 1) Maintain social distancing guidance (6 feet & 360 degrees) at events and other club activities.

- 3) Highly recommend participants have available personal masks, hand sanitizer, a pen and potable water, and use as appropriate, especially at the Start/Finish Point.

- 4) Until further notice no self-service snacks or beverages will be provided. Please provide your own.

- 5) Please complete Start Cards for each participant prior to approaching the Start/Finish Point. A Start Card is provided below and may be copied as needed. When approaching the Start/Finish Point, please pay by check for the exact amount, or have the exact amount of cash. **NO CHANGE** will be made on site.

OFFICIAL EVENT START CARD		Start No.						
Name _____								
Address _____								
City _____	State _____	Zip _____						
E-Mail _____								
Distance _____ km	Paid \$ _____	STAMP # _____						
DISCLAIMER OF LIABILITY In consideration of being allowed to participate in any way in AVA volkssporting programs and related events and activities, the undersigned:								
1. Agrees that before or during my participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate.		NEW WALKER						
2. Acknowledges and fully understands that each participant will be engaging in activities that involve the risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.		COUPON USED						
3. Assumes all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.		AWARD W/ IVV CREDIT						
4. Release, waive, discharge and promise not to sue the American Volkssport Association, its affiliated clubs, their respective administrators, directors, agents, or other volunteers and employees of the organization, other participants, sponsoring agencies, sponsors, advertisers and if applicable, owners and lessors of premises used to conduct the event, all of which are hereinafter referred to as "releasess", from demands, losses or damages on account of injury, including death or damage to property, caused or alleged to be caused in whole or in part by the negligence of the releasee or otherwise.		IVV CREDIT ONLY						
5. Members, please be aware that when you share photos, via digital image or otherwise, with AVA, such photos or images become the property of AVA And AVA, its legal representatives and assigns, retain the right and permission to publish, any such photo or image in any written or electronic publication, including Checkpoint or TAW, on social media, websites, or in audiovisual presentations, promotional literature, advertising or in similar ways.		NON-IVV PARTICIPANT						
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Signature _____		Date _____						
How did you hear about us? <input type="checkbox"/> Social Media <input type="checkbox"/> Friend <input type="checkbox"/> Brochure <input type="checkbox"/> Website								
CK PT	1	2	3	4	5	6	7	8

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3. Assumes all the foregoing risks and accept personal responsibility for the damages following such injury, permanent disability or death.		AWARD W/ IVV CREDIT						
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Signature _____		Date _____						
How did you hear about us? <input type="checkbox"/> Social Media <input type="checkbox"/> Friend <input type="checkbox"/> Brochure <input type="checkbox"/> Website								
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