

Alexandria, PA – The Lower Trail – Blair & Huntingdon Counties
Sunday, October 11, 2020 - Arrive by 10:00 am for a 10:30 am departure

START LOCATION: Alfarata Trailhead, 1332 Main St, Alexandria, PA

RESTROOMS: Facilities are available at the Alfarata Trailhead, Williamsburg, and several other places on the trail.

BIKE ROUTE DESCRIPTION: The Lower Trail (rhymes with flower) is a recreational trail that follows the Petersburg Branch of the old Pennsylvania Railroad. The trail is flat with a mix of paved and crushed stone surface.

LUNCH: The plan is to cycle 11 miles to Williamsburg which is the only place where food may be purchased. Martin's General Store has a deli that will make a sandwich and sells pre-made sandwiches. We will eat at a park in Williamsburg which has picnic tables and restrooms. Most participants will then return to the start. Anyone preferring a shorter distance must bring their lunch with them.

SPECIAL PROGRAMS: Ice Cream Parlors

DIRECTIONS: From Huntingdon: Take US-22 West past Alexandria. After crossing the bridge over the Frankstown Branch of the Juniata River, immediately turn right onto Main St/Rt 4014. Go 0.2 miles and the trailhead will be on the right.

From State College: Go on S Atherton St towards Boalsburg. Turn right onto Hwy 45. Turn left onto Hwy 453. Turn left on US-22. Just before the bridge over the Frankstown Branch of the Juniata River, turn left onto Main St/Rt 4014. Go 0.2 miles and the trailhead is on the right.



York White Rose Wanderers Invites you to two “Guided Bike” Events

Rated 1B



Saturday, October 10, 2020
Mifflinburg, PA – Buffalo Valley Rail Trail
Union County

AT20/117628 – 10K to 30K

http://clubs.ava.org/gen3/data/event_details.asp?eventid=117628

Sunday, October 11, 2020
Alexandria, PA – The Lower Trail
Blair & Huntingdon Counties

AT20/117717 – 10K to 53K

http://clubs.ava.org/gen3/data/event_details.asp?eventid=117717



Two “Guided Bike” Events

SPONSOR: York White Rose Wanderers, AVA-236

“GUIDED BIKE” EVENTS: These are group bike rides with one person leading and another bringing up the rear. Ride at your own pace – the guides will stay with you.

SANCTIONED BY: These events are sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports. This event counts towards the acquisition of IVV Achievement Awards.

PROCEDURE: AVA policy requires that every participant, fee or non-fee, sign the insurance waiver and obtain a numbered start card which is stamped at control points along the course. At the Finish, the validated card is turned in and IVV books are stamped for official credit, if the credit fee has been paid. The trail may be biked a second time on the same day using the same start card at no additional cost.

DISCLAIMER: The American Volkssport Association or its subsidiary clubs are not responsible for theft or loss of personal belongings or property. Reasonable efforts will be made by the sponsors to make these safe, enjoyable and memorable events.

ELIGIBILITY: Everyone is welcome to participate. Children 12 and under must be accompanied by an adult. Ride at your own pace. Bike helmets must be worn.

REGISTRATION and FEES: IVV credit is \$3.00.

CONDITIONS: The event will be held regardless of the weather. There will be no littering. Wildlife and plant life are not to be disturbed. No refunds. Pets are not allowed.

AWARD: IVV Credit only.

BRING: Bring a filled water bottle. Bike helmets are mandatory. Facemasks do not need to be worn when cycling but bring one to wear where required.

FOR MORE INFORMATION: Contact Tom Jackson. Home phone: (717) 677-6511. Email: thomasjackson@embarqmail.com On the day of the event, use cell phone (717) 309-6088.

HOTELS: The Fall Foliage Weekend has been postponed but rooms are still available at the Super 8 State College at the rate of \$59.00 plus tax for up to 4 people. Reservations must be made by Sep 1, 2020. Call (814) 237-8005 and request the “Keystone State Volkssport Association” rate.

Mifflinburg, PA – Buffalo Valley Trail – Union County

Saturday, October 10, 2020 - Arrive by 10:00 am for a 10:20 am departure

START LOCATION: 131 N 5th St, Mifflinburg, PA 17844; Mifflinburg Community Park

RESTROOMS: There are restrooms/port-a-johns at each end and at a trailhead in the middle.

BIKE ROUTE DESCRIPTION: The Buffalo Valley Rail Trail goes between Mifflinburg and Lewisburg for 9.5 miles (19 miles roundtrip). The trail is paved at each end with packed gravel in the middle. The trail is basically flat with a very slight grade uphill between Lewisburg and Mifflinburg. The trail goes through an industrial area around Mifflinburg and residential/businesses in Lewisburg. In between, there are farms - primarily Amish and Mennonite.

LUNCH: We will stop for lunch either halfway in Lewisburg or after we finish in Mifflinburg.

SPECIAL PROGRAMS: Ice Cream Parlors

DIRECTIONS: Address is to a building at 131 N 5th St. Go past the building, cross the Buffalo Valley Rail Trail and enter Mifflinburg Community Park. Park in the first parking area on the left.

From US-15 at Lewisburg: Take Rt 45 west towards Mifflinburg. Once in the center of Mifflinburg, turn right onto 5th St and follow directions above.

From State College: Take South Atherton St/US 322 south towards Boalsburg. Turn left on Rt 45 and follow it into Mifflinburg. Turn left on 5th St and follow directions above.

