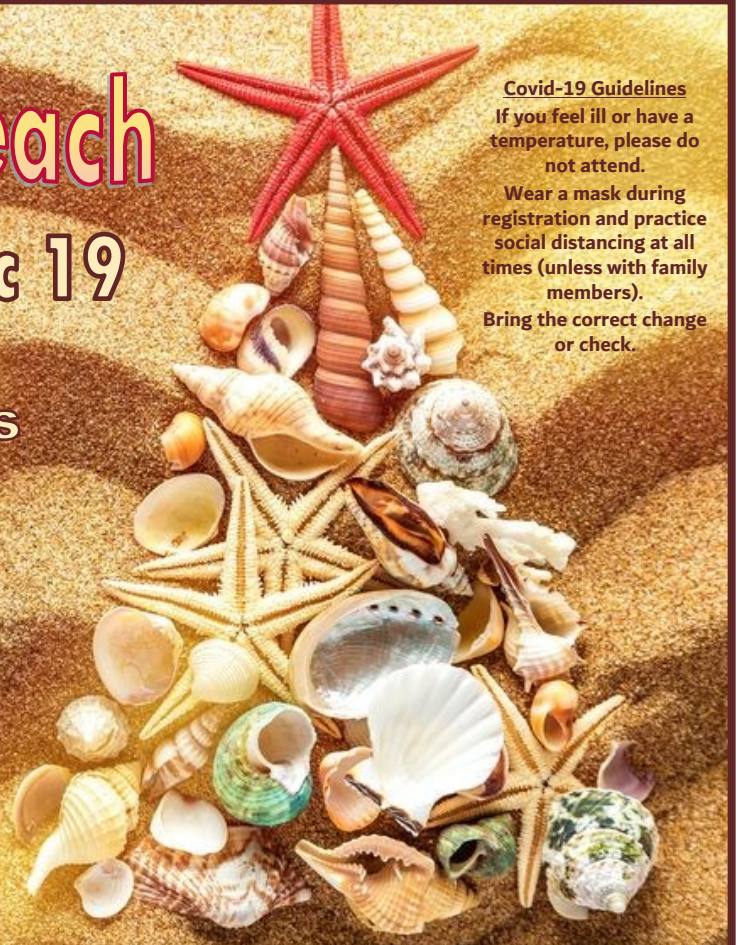


Indian Rocks Beach

5 & 10K Walks Dec 19

Sponsored by the
Suncoast Sandpipers



Covid-19 Guidelines
If you feel ill or have a temperature, please do not attend.
Wear a mask during registration and practice social distancing at all times (unless with family members).
Bring the correct change or check.



Walk Start: Everyone is welcome to enjoy a festive, noncompetitive walk in a lively beach community, starting from Kolb Park Pavilion, 1508 Bay Palm Blvd, Indian Rocks Beach. Everyone must sign register and sign a waiver (adults sign for kids). No need to stand in line! Contact the club to obtain a registration form ahead of time. Place in box with payment at the start. Water and restrooms are available at start and on the way. Sorry, no pets. Questions? Contact Alice: 727-595-2173/pipers@tampabay.rr.com/727-542-9742.

Walk Route: After registration participants follow written directions or join a group. Both routes visit the city's nature preserve, beach trail and waterside neighborhoods, with the 10K walking by city restaurants, shops, and the Intercoastal Waterway. Walks are rated 1A, easy. There is a short distance on sand (alternate route for wheelchairs/strollers).

Time: Start anytime from 8 to 9 a.m. (guided walks head out at 8:45). Finish by noon.

Volkssports: The American Volkssport Association (AVA), member of the International Federation of Popular Sports (IVV), has sanctioned this walk, event (#118517). It counts towards acquisition of IVV Achievement Awards. Interested in volkssports? Ask at start table for information or see www.AVA.org.



Fees: Walk fee is \$2; volkssport stamping of event and distance books is an additional \$1. Club pins will be on sale for just \$2—a great holiday present! Make checks out to the Suncoast Sandpipers.

Special Programs: Walk is eligible for Ice Cream Parlors and Walk the USA A-Z—I programs.

Directions: From I-275S, take exit 30, merging onto SR-686W to Airport/Largo-Clearwater. Stay straight to go onto SR 688 (Ulmerton Blvd./Walsingham Blvd.) Drive about 14 miles to Gulf Blvd. Turn right and go about 1 mile to 15th Ave. Turn right to second intersection, Pay Palms Blvd. Left to pavilion on left. Park in spots along the park or public parking lots.

From I-275N, take exit 28 and left on SR 694W/Park Blvd. to beaches. Drive about 11 miles to Gulf Blvd. Turn right about 4 miles to 15th Ave. Turn right to second intersection, Pay Palms Blvd. Left to pavilion on left. Park in spots along the park or public parking lots.

Disclaimer: The AVA or its subsidiary clubs are not responsible for theft or loss of personal belongings or property.

Lost? 727-542-9742

