

**SANCTION:** This event is sanctioned by the American Volkssport Association, a member of the International Federation of Popular Sports (IVV). This event counts toward acquisition of IVV achievement awards.

**SPONSORS:** Thomas Nelson Community College and Peninsula Pathfinders - Event Number is AT-118628.

**START POINT:** Starting line/registration table in front of Peninsula Workforce Development Center (PWDC), 600 Butler Farm Rd, Hampton, VA, 23666. GPS Coordinates: 37.06195 N, 76.41482 W.

**TIMES:** Start between 9 am and 1 pm. Finish by 4 pm.

**COVID RESTRICTIONS:** All participants must wear a mask at the start/finish point.

**DISTANCE:** There are 5- and 10-kilometer (3.1/6.2 mile) trails. The 10 KM walk may be completed a second time for credit at no additional fee.

**ELIGIBILITY:** All are welcome! Everyone must register and sign the insurance waiver at the start and carry a start card, turning it in at the completion of the walk. Children under 12 must be accompanied by an adult. Groups are welcome.

**AWARD:** An A-award is featured for this event. It is a T-shirt honoring those who served as part of the Veteran's Day commemoration at Thomas Nelson. The design of the T-shirt is on this brochure.

**FEES:** The cost of the A-award and credit will be \$20. There will be no refunds of any monies paid. Part of the proceeds will fund military scholarships at TNCC.

**IVV BOOKS:** All previous participants of IVV events are reminded to bring their IVV books to this event. Those wishing to purchase new books may do so at the sales table of the event.

**SPECIAL PROGRAMS:** Virginia Cities (Hampton), Walking the USA A – Z.

**CONDITIONS:** Bottles of water will be available at the start/finish. Restrooms are available in PWDC. Litter must be deposited in designated containers. The event will be held regardless of most weather conditions. All pets are to be always kept on a leash (6 feet or less), and the pet owners are responsible for cleaning up the droppings of their pets. Pets are not allowed inside PWDC.

**TRAIL DESCRIPTION:** Trail Rating is 1A. The trail is on sidewalks and shoulders of the road. The 10 KM trail goes onto the Matteson Trail around the Hamptons Golf Course.

**FOR FURTHER INFORMATION:** Contact Sandy Croushore at (757) 532-3468 or by email at [szcroushore@verizon.net](mailto:szcroushore@verizon.net).

**DISCLAIMER OF LIABILITY:** Thomas Nelson Community College, the American Volkssport Association or its subsidiary clubs are not responsible for theft of loss of personal belongings or property.

### **WHAT IS A VOLKSMARCH?**

A non-competitive outdoor event where a participant follows a marked trail at his/her own pace, stopping at points for a "control stamp", rest, and refreshments. Volksmarches are aimed at getting all people, regardless of age, out-of-doors to exercise non-competitively. Many senior citizens participate regularly. Many parents bring their children with them, carrying infants (or use strollers or wagons where the terrain allows). Learn more about Volksmarching at [www.ava.org](http://www.ava.org).

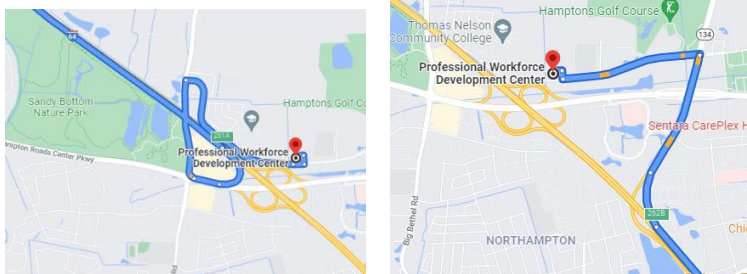
**EVERYONE IS A WINNER!** Each participant who purchases a start card and pays the fee receives an attractive T-shirt award upon completion of the trail. Participants may enroll in the international (IVV) awards program by purchasing the proper record books (event, distance, or both). Completing all or part of the trail entitles the participant to a certification stamp for the record books. New Walker packets are available at the finish point.

# Peninsula Pathfinders

13 November 2021

**DIRECTIONS:**

Take I-64 East to Exit 261A to Hampton Roads Center Parkway W and continue to the traffic signal at Big Bethel Rd. Turn RIGHT on Big Bethel Rd and continue to the next traffic signal at Thomas Nelson Dr. Turn RIGHT and continue just past the next traffic signal onto the campus. Continue past the campus parking lots to the next building, PWDC. Turn LEFT into the parking lot. From Norfolk: Take I-64 West to Exit 262B VA-134/Neil Armstrong Pkwy to the traffic signal at Butler Farm Rd. Turn LEFT and continue to just past the Hampton III building. Turn RIGHT into the parking lot.



**PRE-REGISTRATION: Mail check to:**  
**Thomas Nelson Educational Foundation**  
**99 Thomas Nelson Drive**  
**Hampton, VA 23666**  
**attn. VetsVolksmarch**

**Register on-line: [tnc.edu/volksmarch21](http://tnc.edu/volksmarch21)**

Name	\$20	
	A-Award & Credit	T-shirt Size
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_____		

## HONORING THOSE WHO SERVED



**VOLKSMARCH FOR VETS**  
**Veterans Day Weekend 2021**



**COME WALK WITH US**  
**10K WALK    5K WALK    1 MILE FUN**

## A-Award Only Event



**VIRGINIA IS FOR WALKING LOVERS**