

SEVEN TWC Year-Round Walk Events

Walk 1: Bartlesville (50 miles North of Tulsa): Contact the POC for Registration information

Walk 2: Mannford/Lake Keystone: Start/Finish point is the Park Store just inside the entrance to the park. Store hours vary with season. Please call the Park Store, phone: 918/865-4477, to confirm the Store will be open for your visit.

Walk 3: Tulsa/LaFortune Park: Start/Finish point Tandy Family YMCA, 5005 S. Darlington Avenue (East of Yale on 51st Street; the "Y" is on your left). Open 5:00AM to 9:30PM Mon. thru Fri; Sat.7:30 AM to 6:30 PM; Sundays, open 1:00PM to 6:00PM. Phone918/280-9622.

Walk 4: Tulsa/Promenade Mall: Start/Finish point Mall Customer Service Desk inside mall, corner of Yale Ave. & 41st Street. Store phone is 918/627-9282, ext. 0. Call Desk for open hours before going.

Walk 5: Tulsa/Utica Square: Start/Finish point Walgreen's Drug Store, 1714 S. Utica Square at 21st St & Utica Ave. Walk dawn to dusk. Store Phone: 918/743-9968.

Walk 6: Tulsa-Jenks/River Parks Trails: Start point address is 2738 E 91st St., located at corner of 91st & Delaware (between Harvard & Riverside) Tulsa, OK. Register at Fiesta Mart (918/299-8131), and then drive a short distance to trailhead at 96th & Riverside Drive. (Please let business customers go first.)

Walk 7: Tulsa/Historic Downtown: Start/Finish point is Fairfield Inn and Suites, 111 N. Main Street, Tulsa Oklahoma. Ask for Walkbox in the lobby on 2nd floor. Walk dawn to dusk. Phone: 918-879-1800

Visit us on the web!

sites.google.com/site/tulsawalkingclub



YRE COORDINATOR CONTACTS

1 Bartlesville YRE Walk

Call C. Childress at 918/857-4682

Email:

catherine.childress4682@gmail.com

2 Mannford Lake Keystone YRE Walk

Call Dan Nerren at 918/798-3629

Email: Nerren4@aol.com

3 Tulsa LaFortune Park YRE Walk

Call Lew York at 918/230-4422

Email: lewfaye2@att.net

4 Tulsa Promenade Mall YRE Walk

Call Cheryl Hiatt at 918/706-5493

Email: cherylhiatt@att.net

5 Tulsa Utica Square YRE Walk

Call Cynthia Hines at 918/398-7665

Email: vetretiredclh@yahoo.com

6 Tulsa/Jenks RiverWalk YRE Walk

Call Teresa Arnold at 918/630-3206

Email: arnoldtea@hotmail.com

7 Tulsa Historic Downtown YRE Walk

Call Cynthia Hines at 918/398-7665

Email: vetretiredclh@yahoo.com

CONTACT FOR THIS EVENT: For more information on this walk, contact coordinator:

Rhonda Shockey

918/855-0195 or

rjm0123@aol.com

The Tulsa Walking Club welcomes you to this Volkssporting walk. Our goal is to make it a safe, enjoyable experience for you. Walking gives health, energy, and physical fitness making You a WINNER when you walk!

2021 Event # SC-118826

Tulsa Walking Club

AVA Club 0291

WASHINGTON IRVING MEMORIAL PARK



BIXBY, OK

Saturday, May 15, 2021

Start Time: 8:30 AM to 11:30 AM

Finish by 2:30 PM

Special Programs: Doin' the Louisiana Purchase; Take a Walk in a City Park; and Walking USA – A-Z.



START/FINISH TIMES: Start time is 8:30 AM until 11:30 AM. Finish by 2:30 PM.

START POINT LOCATION: Washington Irving Memorial Park and Arboretum 13700 S Memorial Drive, Bixby, Oklahoma 74008.

COURSE DESCRIPTION: Trail is mostly on paved trails and city streets. Rated 1A: suitable for wheelchairs and strollers.

REFRESHMENTS: Water and restrooms will be available at the Startpoint.

ELIGIBILITY: This event is open to the public and all are welcome to participate. This is an excellent activity for families; children under age twelve must be accompanied by an adult.

PROCEDURE: All participants must obtain a start card at the registration (start/finish) point. Upon completing the walk, the card is surrendered, and the walker receives any award or IVV credit earned. Remember your IVV record books to record your credit. Record books are for sale at the event.

AWARDS AND FEES: "Credit only" is \$3.00. Walk free if no IVV credit is desired. This walk has no "A" award.

DISCLAIMER: Sponsors of this event are not liable for accidents, thefts, and/or material damage. Every effort will be made to keep this event safe, enjoyable and memorable.



"Moving together toward a healthier America"



What is a Volkssporting Event?"

Volkssporting events cover a number of physical activities, including walking, biking, swimming and cross-country skiing. A volkswalk or a volks-bike is an organized, leisurely walk or bike through a scenic, historic or interesting area over a predetermined route. Swims are usually held in pools, though some are held in natural bodies of water. Volkssporting is designed to appeal to people of all ages. The walk, bike, swim or ski is non-competitive. Participants can travel at their own pace, thus making it an excellent recreational activity for the entire family. A volkssporting event is a great way to meet new friends and a fun way for individuals to exercise.

DRIVING DIRECTIONS

From the East:

I-44 to Memorial Drive exit, then South on Memorial Drive past 131st to just before the bridge for the Arkansas River. Turn right into the entrance. Look for TWC sign.

From the West:

I-44 to Creek Turnpike, (tolls apply) East on Creek Turnpike to Memorial Drive exit, then South on Memorial Drive. See instructions for East above.

Washington Irving

American author, short story writer, essayist, poet, travel book writer, biographer, and columnist. Irving has been called the father of the American short story. He is best known for *The Legend of Sleepy Hollow*, in which the schoolmaster, Ichabod Crane, meets with a headless horseman, and *Rip Van Winkle*, about a man who falls asleep for 20 years.

Washington Irving was born in New York City as the youngest of 11 children. His father was a wealthy merchant, and his mother, an English woman, was the granddaughter of a clergyman. According to a story, George Washington met Irving, named after him, and gave his blessing. In the years to come, Irving would write one of his greatest works, *THE LIFE OF GEORGE WASHINGTON* (1855-59).

